PURSUING HAPPINESS AS REFLECTED ON ELIZABETH GILBERT'S EAT, PRAY, LOVE

THESIS

Presented in partial fulfilment of the requirements for completing the Sarjana Degree in the department of English Language and Literature



Written by:

Florentine Givenchy Purnamasita NBI : 611102798

FAKULTAS SASTRA UNIVERSITAS 17 AGUSTUS 1945 SURABAYA

2015

APPROVAL SHEET I

This is to certify that the Sarjana thesis of Florentine Givenchy Purnamasita entitled PURSUING HAPPINESS AS REFLECTED ON ELIZABETH GILBERT'S *EAT, PRAY, LOVE* has been approved by the thesis advisor for further approval by the Examining Committee.

Surabaya, 09 February 2015 Thesis advisor,

Drs. Y. B. Agung Prasaja, M.Hum

APPROVAL SHEET II

This is to certify that the Sarjana Thesis of Florentine Givenchy Purnamasita entitled PURSUING HAPPINESS AS REFLECTED ON ELIZABETH GILBERT'S EAT, PRAY, LOVE has been examined and approved by the thesis examining board as the requirement for Sarjana Degree in English Language and Literature.

Surabaya, 12 February 2015

Thesis Examining Committee:

Dra. Anik Cahyaning Rahayu, M.Pd.

Linusia Marsih, SS., M.Pd

Drs. Y. B. Agung Prasaja, M.Hum.

Acknowledged by, Dean of the Faculty of Letters

Drs. Danu Wahyono, M. Hum

First Member

Chairperson

Secretary

ACKNOLEDGEMENTS

I think all who in one way or another contributed in the completion of this thesis. First, I give thanks to God for protection and ability to do work.

I am so grateful to the English Language and Literature Faculty of Letters at the University 17 Agustus 1945 for making it possible for me to study here, I give thanks to the lectures. My special and heartily thanks to my supervisor, Drs. Y. B. Agung Prasaja, M.Hum. who encouraged and directed me. His challenges brought this work towards to a completion. It is with his supervision that this work comes into existence. For any faults I take full responsibility.

I would like to thank Luchia Kumala, who as a good friend, was always willing to encourage me whenever I lost hope to finish it.

I also thank my favourite person, Dimitri Cuccuru, who inspired this work and who transferred the spirit I needed to continue my journey. His life story teaches me what true happiness is. In you I found happiness.

Finally, I thank my family who encouraged me and prayed for me throughout the time of my research.

May the Almighty God richly bless all of you.

Surabaya, 09 February 2015

ABSTRACT

This thesis addresses the importance of happiness in life that can be seen from the topic the writer chooses which is "Pursuing Happiness as Reflected on Elizabeth Gilbert's Eat, Pray, Love. Eat, Pray, Love is a novel that responds to women's needs of knowing more deeply what happiness is and how to achieve it. In this thesis, the writer examines the life of a successful writer, a tragic yet fulfilling experience she has to undergo in search of true happiness without taking on account of society's perspective. The first chapter of the thesis explains about the background of this study that two problem statements are formulated. The writer picks up the main conflict that is happiness and analyses every aspect that relates to the main character's unhappiness from how the main character defines happiness to the cause and effect of her unhappiness using some literary methods. The writer would like to point out the primary conflict of the author in a deep analysis of every statement that is stated in this novel by giving some philosophers point of view about happiness to support the statements. Information about types and standardization of happiness are also explained here. Eventually, a conclusion from the whole research is given at the end of the thesis.

TABLE OF CONTENTS

APPROVAL SHEET I	i
APPROVAL SHEET II	ii
ACKNOWLEDGEMENTS	iii
ABSTRACT	iv
TABLE OF CONTENTS	v

CHAPTER I INTRODUCTION

Background of the Study	1
Statement of the Problem	3
Objective of the Study	3
Significance of the Study	
Scope and Limitation	4
Research Method	5

CHAPTER II REVIEW OF RELATED LITERATURE

a.	What is Happiness?	7
b.	Types of Happiness	10
c.	Standardization of Happiness	12

CHAPTER III ANALYSIS

3.1 Liz Perspective of Happiness	16
3.2 The Cause	24
3.3 The Effect	33

CHAPTER IV CONCLUSION

a.	Conclusion	40

APPENDICES

APPENDIX 1 Synopsis of Elizabeth Gilbert's Eat Pray Love APPENDIX 2 Biography of Elizabeth Gilbert