

**LAMPIRAN A: Skala Aitem Penelitian, Expert Judgment &
Profil Expert Judgment**

Lampiran 01: Skala Aitem VARIabel X

No	Pernyataan	STS	TS	N	S	SS
1	Orang tua ku mengetahui apa yang aku butuhkan dan aku mendapatkannya					
2	Orang tua ku memberiku nasehat ketika aku gagal / putus asa					
3	Orang tua ku menghargai pendapat yang aku sampaikan					
4	Orang tua ku menerima ku apa adanya					
5	Orang tua ku menanyakan keadaanku setiap hari					
6	Orang tuaku membandingkan aku dengan saudara/teman ku					
7	Orang tua ku mendukung setiap kegiatan yang aku lakukan					
8	Aku tidak betah berada di rumah					
9	Orang tua ku memberikan semangat ketika aku melakukan kegiatan/mengikuti perlombaan					
10	Aku mendengarkan nasehat orang tuaku					
11	Orang tua ku tidak peduli dengan keinginanku					
12	Aku ingin berada dekat dengan orang tua ku					
13	Aku dituntut mengikuti kemauan orang tua ku					
14	Aku dan orang tua ku saling menyayangi					
15	Setiap keputusan yang aku ambil dianggap salah oleh orang tuaku					
16	Orang tua ku memarahi aku dihadapan teman-teman ku					
17	Aku tidak memiliki teman bercerita ketika di rumah					

18	Orang tua ku adalah teman curhat/bercerita ketika di rumah					
19	Orang tua ku tidak pernah mendengarkan cerita/pendapatku					
20	Aku harus mengatakan berulang kali ketika aku menginginkan sesuatu sebelum aku mendapatkannya					
21	Orang tua ku tidak tahu ketika aku sedang berbohong					
22	Aku menceritakan semua masalah/pengalaman ku kepada orang tua ku					
23	Orang tuaku menghiburku ketika aku takut/sedih					
24	Aku bertengkar/berdebat dengan orang tuaku					
25	Orang tua ku mengenal semua teman ku					
26	Aku membantu orang tuaku sambil menggerutu					
27	Orang tuaku meminta bantuanku dalam mengerjakan pekerjaan rumah dan aku membantunya dengan senang hati					
28	Aku tidak meminta izin kepada orang tuaku ketika pergi/bermain dengan temanku					
29	Aku lebih sering memendam perasaanku sendiri, dibandingkan menceritakannya kepada orang tuaku					
30	Aku bersembunyi ketika menangis, agar orang tuaku tidak mengetahuinya					

Lampiran 02. Skala Aitem Variabel Y

No	Pernyataan	STS	TS	N	S	SS
1	Ketika aku ingin merasa lebih bahagia, aku memikirkkan hal-hal yang membuat ku bahagia					
2	aku menyimpan perasaan ku untuk diriku sendiri					
3	Ketika aku ingin rasa sedih/marah/khawatir berkurang, aku memikirkkan hal-hal yang lain					
4	Ketika aku merasa bahagia, aku berhati-hati untuk tidak terlalu menunjukkannya					
5	Ketika aku mengkhawatirkan sesuatu, aku memikirkkan hal-hal yang membuatku merasa lebih baik					
6	Aku mengendalikan perasaanku dengan menyembunyikannya					
7	Ketika aku ingin merasa lebih bahagia dalam melakukan sesuatu, aku mengubah cara berpikir ku tentang hal itu					
8	Aku mengendalikan perasaanku dengan mengubah cara berpikir ku					
9	Ketika aku merasa sedih/marah/khawatir, aku berusaha untuk tidak menunjukkannya					
10	Ketika aku ingin rasa sedih/marah/khawatir tentang sesuatu berkurang, aku mengubah caraku berpikir ku tentang hal itu					

Lampiran 03. *Expert Judgment*

SURAT KETERANGAN VALIDASI

Yang bertandatangan dibawah ini:

Nama: Aldi Prasetya, S.T

Telah membaca Informasi Penelitian dari proposal penelitian yang berjudul “Hubungan *Secure Attachment* Orang Tua dengan Regulasi Emosi Pada Remaja Awal”, yang diajukan oleh:

Nama: Nunuk Zuhliya

N.I.M: 1511600044

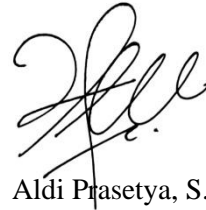
Fakultas/ Jurusan: Psikologi

Universitas: Universitas 17 Agustus 1945 Surabaya

Setelah memperhatikan terjemahan pada setiap butir instrument berdasarkan kisi-kisi instrument, maka instrument ini **layak** digunakan sebagai intrumen penelitian. Demikian keterangan ini dibuat agar dapat digunakan sebagaimana mestinya.

Surabaya, 16 Mei 2020

Validator



Aldi Prasetya, S.T

Lampiran 04. Profil *Expert Judgment*

<p>Contact</p> <p>www.linkedin.com/in/aldhiprasetya (LinkedIn)</p> <p>Top Skills</p> <p>Cross-cultural Communication Skills Project Management Public Speaking</p> <p>Certifications</p> <p>EF Standard English Test - Upper Intermediate Certified as Facilitator Employment Modules 'Ready to Work' Certified as Facilitator Foundational Modules Certificate Appreciation as Interpreter</p> <p>Honors-Awards</p> <p>Surabaya Modern Market Ambassador LINTAG Ambassador Best Operation Manager</p>	<p>Aldhi Prasetya Chief Marketing Officer at Jobhun East Java Province, Indonesia</p> <p>Summary</p> <p>Pursuing development through experience as a glass that contains half of water experience as a way for me to learn and fill out the glass until it's full. I'm passionate, persistence and naturally obligated to make a change whenever you put me in.</p> <p>Experience</p> <p>Jobhun 5 months Chief Marketing Officer May 2020 - Present (2 months) Surabaya, East Java, Indonesia</p> <ol style="list-style-type: none"> In-charge for product and service development Create and develop sales and marketing strategy Market analysis In-charge of shaping brand awareness Supervise Business Development and PR Evaluate division related Finalize and develop business model Creating business plan Managing direct sales with potential clients (B2B and B2C) In-charge for business partnership <p>Business Development Officer February 2020 - May 2020 (4 months) Surabaya, East Java, Indonesia</p> <p>Jobhun is a startup that specializes in career development.</p> <ul style="list-style-type: none"> Create, Improve and evaluating marketing strategy Expand market and business partnership Managing business process and strategy Market research and competition analysis Customer relationship management Direct Selling <p>Page 1 of 4</p>	<p>- Product Development Jobhun Academy and Jobhun Career Hub</p> <p>EQWIP HUBs: Powered by Canada World Youth and Youth Challenge International Communication & Trainer Assistance September 2019 - December 2019 (4 months) Surabaya Area, East Java, Indonesia</p> <p>HUBs is a joint project of Canada World Youth and Youth Challenge International, Canadian leaders in global youth development</p> <ul style="list-style-type: none"> Conduct User Registration Session Assist Trainers to deliver the session Conduct and Collecting pre and post-training surveys Liaison between Canadian and local partners Programs Implementation and outreach activities <p>PT. Rajawali Nusantara Indonesia (Persero) Engineer Intern July 2019 - September 2019 (3 months) Jl. Raya Candl, Sidoarjo</p> <ul style="list-style-type: none"> Maximize the Warehouse Management System (WMS) Analyzing the factory in the production process Report the analyzing process <p>EQWIP HUBs: Powered by Canada World Youth and Youth Challenge International Culture and Communication January 2019 - July 2019 (7 months) Surabaya Area, East Java, Indonesia</p> <p>HUBs is a joint project of Canada World Youth and Youth Challenge International, Canadian leaders in global youth development</p> <p>Job Description :</p> <ul style="list-style-type: none"> Liaison between Canadian and local partners Support project staff in administration Programs Implementation and outreach activities Manage social media account. <p>AIIESEC 1 year 9 months Local Committee Vice President Incoming Global Entrepreneur (IGE) 2018 February 2018 - February 2019 (1 year 1 month) Page 2 of 4</p>
<p>Surabaya Area, East Java, Indonesia</p> <p>AIIESEC is the world's largest youth-run organization.</p> <p>Job description</p> <ul style="list-style-type: none"> Facilitate exchange student from 124 countries in the world to do their Internship in Surabaya Coordinate selling process International Relation Maintain quality product and human resource Process <p>Standard and Satisfaction Manager at Outgoing Global Volunteer (oGV) June 2017 - 2018 (1 year) Manager</p> <p>Deliver and make sure quality for Exchange Participants, Managing Document, Payment system and arrange MoU with Exchange Participants.</p> <p>Jawa Pos Sales And Marketing Intern September 2018 - December 2018 (4 months) Jalan Pahlawan No.94 Surabaya</p> <p>Jawa Pos is a biggest daily news paper in Indonesia, based in Surabaya</p> <p>Job Description</p> <ul style="list-style-type: none"> Market Research Analyzing the potential market and selling Jawa Pos products Negotiate and collaborate with community and Institution Approach the potential client <p>Startapphubs PT Bisnis Media Komunitas Sales Marketing and Community Development June 2018 - September 2018 (4 months) Surabaya Area, East Java, Indonesia</p> <p>STARTAPPHUB (PT Bisnis Media Komunitas) is a creative Co-working space that provides convenient facilities that can increase work productivity for anyone.</p> <ul style="list-style-type: none"> Market Research Analyzing the potential market and selling Jawa Pos products Negotiate and collaborate with community and Institution Approach the potential client <p>Education</p> <p>Page 3 of 4</p>	<p>Universitas 17 Agustus 1945 Surabaya Bachelor of Engineering - BE, Engineering/Industrial Management: (2016 - 2020)</p> <p>SMA Negeri 1 Baranaw SCIENCE : (2013 - 2016)</p>	<p>Universitas 17 Agustus 1945 Surabaya Bachelor of Engineering - BE, Engineering/Industrial Management: (2016 - 2020)</p> <p>SMA Negeri 1 Baranaw SCIENCE : (2013 - 2016)</p> <p>Page 4 of 4</p>

Lampiran 05. Hasil Alih Bahasa Skala Variabel Y

No	Aspek	Aitem	Alih Bahasa
1	Cognitive Reappraisal	When i want to feel happier, i think about something different	Ketika aku ingin merasa lebih bahagia, aku memikirkkan hal-hal yang membuat ku bahagia
3		When i want to feel less bad (e.g. sad, angry, or worried) i think about something different	Ketika aku ingin rasa sedih/marah/khawatir berkurang, aku memikirkan hal-hal yang lain
5		When i worried about something, i make myself think about it in a way that helps me feel better	Ketika aku mengkhawatirkan sesuatu, aku memikirkan hal-hal yang membuatku merasa lebih baik
7		When i want to feel happier about something, i change the way i'm thinking about it	Ketika aku ingin merasa lebih bahagia dalam melakukan sesuatu, aku mengubah cara berpikir ku tentang hal itu
8		I control my feelings about things by changing the way i think about them	Aku mengendalikan perasaanku dengan mengubah cara berpikir ku
10		When i want to feel less bad (sad, angry, or worried) about something, i change the way i'm thinkig about it	Ketika aku ingin rasa sedih/marah/khawatir tentang sesuatu berkurang, aku mengubah caraku berpikir ku tentang hal itu
2	Expressive Suppression	I keep my feeling to my self	aku menyimpan perasaan ku untuk diriku sendiri

4		When i am feeling happy, i am careful not to show it	Ketika aku merasa bahagia, aku berhati-hati untuk tidak terlalu menunjukkannya
6		I control my feelings by not showing them	Aku mengendalikan perasaanku dengan menyembunyikannya
9		When i am feeling bad (e.g. sad, angry, or worried) i am careful not to show it	Ketika aku merasa sedih/marah/khawatir, aku berusaha untuk tidak menunjukkannya

**LAMPIRAN B: Tabulasi Penelitian & Data Kasar Hasil
Penelitian**

Lampiran 01. Tabulasi Penelitian Variabel X Sebelum Validasi

	S A 1	S A 2	S A 3	S A 4	S A 5	S A 6	S A 7	S A 8	S A 9	S A 10	S A 11	S A 12	S A 13	S A 14	S A 15	S A 16	S A 17	S A 18	S A 19	S A 20	S A 21	S A 22	S A 23	S A 24	S A 25	S A 26	S A 27	S A 28	S A 29	S A 30
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71	1	5	5	5	3	5	5	5	5	5	1	5	5	5	5	5	5	5	5	1	1	1	5	3	1	5	5	5	1	4	
72	4	2	5	5	5	3	4	3	4	4	4	4	2	4	1	1	3	4	4	2	3	4	5	1	5	4	3	2	1	2	

Lampiran 02. Tabulasi Penelitian Variabel X Setelah Validasi

	S A 1	S A 2	S A 3	S A 4	S A 5	S A 6	S A 7	S A 8	S A 9	S A 10	S A 11	S A 13	S A 14	S A 15	S A 16	S A 17	S A 18	S A 19	S A 20	S A 21	S A 22	S A 23	S A 24	S A 25	S A 27	S A 28	S A 29	
1	4	5	4	5	5	4	5	5	5	5	5	2	5	4	4	5	5	4	5	4	5	4	4	5	5	5	5	4
2	4	5	4	4	4	4	4	4	5	5	4	2	5	4	1	4	4	4	1	5	4	4	5	5	5	5	4	5
3	4	5	5	5	4	5	4	5	4	5	5	5	4	4	4	4	4	4	5	5	2	4	5	2	5	5	5	2
4	4	5	4	4	4	4	4	4	4	4	4	4	5	4	4	4	4	5	2	4	4	4	4	4	5	4	2	
5	4	5	4	4	4	2	4	4	4	5	4	4	5	4	4	2	4	4	2	4	4	4	2	5	4	2	1	
6	4	4	4	4	4	2	2	2	4	4	5	4	4	5	5	4	2	5	2	2	2	4	5	4	5	4	4	
7	5	5	5	5	4	5	5	5	5	5	5	4	5	5	4	4	5	5	4	5	4	4	5	4	5	5	4	
8	4	4	5	5	5	4	4	4	4	5	5	4	5	4	4	5	4	4	4	4	4	4	4	4	4	4	4	
9	1	4	2	5	2	1	5	1	5	5	1	2	4	1	5	1	1	1	2	2	4	1	2	5	4	5	1	
10	4	5	5	5	5	5	5	5	5	5	5	5	5	4	4	2	2	5	2	4	2	5	5	4	4	4	2	
11	4	5	5	5	5	4	5	4	5	5	5	4	5	5	5	4	5	5	2	4	5	5	5	4	5	5	4	
12	4	5	5	5	5	5	4	4	4	5	5	5	5	4	5	4	5	5	2	4	5	5	2	4	4	5	2	
13	4	5	5	4	5	2	5	4	5	4	5	4	5	5	5	5	5	5	4	4	5	4	4	5	4	4	5	
14	4	4	4	4	4	5	4	5	4	4	5	5	4	5	5	5	1	5	5	5	4	4	2	4	1	2	5	
15	2	4	4	4	4	4	4	2	4	4	4	4	4	4	4	4	4	4	2	4	4	4	4	4	4	4	2	
16	5	5	5	5	5	5	4	5	5	5	5	5	5	3	5	3	3	5	3	5	3	5	5	3	5	5	3	

17	5	5	4	4	5	3	5	4	5	4	1	4	5	4	4	5	5	5	3	5	5	4	3	5	4	4	5	
18	4	5	5	5	5	5	5	5	5	5	5	4	5	4	5	5	5	5	5	4	4	5	5	4	5	5	4	
19	4	5	3	5	3	4	3	3	5	5	4	5	5	3	5	3	4	3	4	5	2	4	5	4	5	4	2	
20	5	5	3	5	5	3	5	3	5	5	3	3	5	3	4	5	5	5	3	4	5	5	5	5	5	5	3	
21	3	3	4	4	3	4	4	3	4	4	3	3	4	3	4	3	3	3	3	3	3	3	3	3	4	3	2	
22	3	5	4	5	5	5	4	3	5	5	5	5	5	5	3	3	4	5	3	5	5	3	4	5	5	5	3	
23	3	5	5	5	4	5	5	5	5	5	4	4	5	4	4	4	4	4	3	4	3	4	5	3	4	4	3	
24	4	4	3	4	3	4	4	4	4	4	4	3	5	4	4	4	3	4	2	4	4	4	5	4	4	4	2	
25	3	4	3	5	3	1	4	4	4	5	4	1	4	4	4	2	4	4	2	4	4	4	4	4	3	4	4	4
26	4	5	5	5	5	4	4	5	5	5	5	3	5	3	5	4	4	4	3	4	4	4	5	5	5	5	3	
27	4	5	4	5	5	4	5	4	5	5	4	3	5	3	4	3	4	4	2	5	5	4	5	4	5	5	3	
28	4	5	5	5	5	5	3	1	4	5	5	5	5	4	5	3	5	5	4	5	4	5	5	4	5	5	3	
29	4	4	4	4	4	4	4	3	4	4	4	2	5	2	4	3	4	4	3	3	4	4	5	4	4	4	3	
30	5	5	5	5	5	4	5	4	5	5	5	4	5	5	5	4	5	5	4	3	4	5	4	5	5	5	2	
31	2	4	4	5	5	5	4	5	4	5	5	4	5	4	5	4	5	5	4	5	5	5	5	5	5	5	4	
32	3	4	4	4	3	4	4	2	4	3	4	4	4	4	4	3	3	3	3	3	3	3	3	3	3	3	2	
33	4	5	5	4	4	4	5	5	5	5	4	3	5	3	4	4	4	3	4	3	4	4	5	5	5	5	3	
34	4	4	4	4	4	3	4	4	4	4	4	3	4	3	4	3	4	4	3	4	4	4	3	4	3	4	4	
35	4	4	5	4	4	2	4	2	5	4	4	3	4	3	2	2	3	2	3	2	4	4	2	4	3	3	3	
36	4	5	3	5	5	3	2	3	4	5	5	4	5	4	3	4	5	5	1	2	5	2	3	4	5	5	2	
37	4	5	5	5	4	4	5	3	5	5	4	3	5	4	5	3	4	4	4	3	2	4	5	2	5	4	2	
38	5	5	5	4	5	4	5	5	5	5	4	4	5	4	4	4	5	4	4	2	4	5	2	5	5	4	4	
39	4	5	5	4	3	4	4	3	4	4	4	4	5	3	4	4	3	4	2	4	2	3	4	3	5	4	4	

40	4	5	3	4	3	4	4	3	4	5	4	3	5	3	4	5	2	4	2	1	4	4	4	5	4	4	1
41	3	4	4	4	3	3	3	2	3	4	3	1	3	3	2	3	3	3	3	3	3	3	3	2	4	4	2
42	4	4	4	4	4	4	4	4	4	4	4	2	4	2	4	4	4	4	4	2	4	4	4	2	4	4	4
43	5	3	5	5	5	5	5	5	5	5	4	5	4	5	1	2	5	2	5	3	4	5	5	5	1	3	
44	3	3	4	5	2	1	3	1	3	4	3	3	5	3	1	1	2	3	3	3	3	3	2	4	3	1	
45	3	3	3	4	2	2	3	3	4	4	3	3	3	3	3	2	2	3	3	3	3	3	3	3	4	3	2
46	3	5	4	5	4	4	4	4	4	5	5	3	5	2	3	1	4	3	2	4	5	3	5	4	5	1	2
47	4	5	4	5	5	3	4	5	4	4	4	3	4	4	4	5	4	4	4	3	4	3	4	4	4	4	3
48	5	5	4	5	5	3	4	3	5	5	5	2	5	4	3	5	5	5	2	4	4	5	3	4	2	3	1
49	4	5	4	5	4	3	4	3	4	5	3	3	4	3	4	1	3	3	2	4	3	2	4	3	4	5	3
50	3	4	3	4	3	2	4	2	3	4	3	2	5	3	4	1	2	3	3	3	2	3	4	2	4	4	2
51	3	5	3	5	4	5	3	4	5	5	4	3	4	3	4	4	4	4	3	3	4	5	5	3	5	5	3
52	4	5	3	4	4	3	3	3	4	5	3	2	5	4	4	2	4	3	4	4	4	3	5	3	3	3	2
53	4	5	4	5	4	5	5	3	3	5	5	3	5	3	4	3	3	3	3	4	3	3	5	3	5	2	2
54	3	5	4	5	5	5	5	5	5	4	5	5	5	3	5	5	5	5	3	3	4	5	5	4	4	4	3
55	3	3	3	5	3	2	4	3	5	3	4	2	5	2	5	3	3	4	2	4	3	3	3	4	3	2	2
56	5	4	3	4	3	3	3	3	3	5	4	3	5	3	4	3	4	4	2	4	3	4	5	3	5	3	3
57	5	4	4	4	4	4	4	3	4	4	4	4	4	4	4	4	4	4	2	4	4	2	4	4	4	2	2
58	3	5	4	5	3	4	4	5	3	5	3	3	5	4	5	3	4	4	4	5	3	1	3	3	4	5	1
59	4	3	3	5	4	1	3	3	4	4	1	5	1	5	3	3	3	4	4	2	3	5	3	4	4	4	5
60	3	5	4	5	4	3	5	4	5	4	4	3	5	4	5	5	3	5	3	4	3	4	5	4	5	5	3
61	3	5	5	5	5	4	5	3	5	5	4	4	5	4	5	4	3	5	4	3	3	4	4	3	5	4	3

62	3	5	4	5	4	4	5	5	4	5	5	4	2	1	1	4	5	2	5	5	5	5	5	5	2	4	
63	4	5	5	5	5	3	5	5	5	5	5	4	5	5	5	4	5	4	4	5	5	5	4	5	5	2	
64	3	5	5	4	4	5	4	4	4	5	4	4	5	5	4	4	5	4	4	4	5	5	3	4	4	4	
65	3	4	4	4	3	3	4	2	4	4	3	3	4	3	4	3	3	3	2	2	3	3	2	3	4	2	2
66	4	4	4	4	5	5	5	5	5	5	5	4	5	1	5	4	5	5	4	2	5	5	5	5	5	1	1
67	5	5	5	5	5	5	4	4	5	5	5	2	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
68	4	4	3	4	4	3	3	5	4	5	5	2	5	4	3	3	3	4	3	3	4	4	5	5	4	4	4
69	3	5	5	5	3	3	3	3	5	5	4	5	5	4	4	3	2	4	3	5	2	3	3	3	5	5	5
70	3	4	4	4	4	2	3	2	3	4	3	3	4	2	3	4	3	3	3	4	3	3	3	3	4	3	1
71	1	5	5	5	3	5	5	5	5	5	1	5	5	5	5	5	5	5	1	1	1	5	3	1	5	5	1
72	4	2	5	5	5	3	4	3	4	4	4	2	4	1	1	3	4	4	2	3	4	5	1	5	3	2	1

Lampiran 03. Data Kasar Variabel X (Google Form)

Kelas	SA1	SA2	SA3	SA4	SA5	SA6	SA7	SA8	SA9	SA10	SA11	SA12	SA13	SA14	SA15	SA16	SA17	SA18	SA19	SA20	SA21	SA22	SA23	SA24	SA25	SA26	SA27	SA28	SA29	SA30		
VIII	TS	S	S	S	S	TS	S	S	S	S	TS	S	TS	S	TS	TS	S	TS	S	TS	S	S	TS	S	TS	S	TS	S	S			
IX	SS	SS	SS	SS	SS	STS	S	STS	SS	SS	STS	SS	STS	SS	N	STS	N	N	STS	N	STS	N	SS	STS	N	SS	STS	N	N			
IX	SS	SS	S	S	SS	N	SS	TS	SS	S	SS	SS	TS	SS	TS	TS	STS	SS	STS	N	STS	SS	S	N	SS	N	S	TS	STS	SS		
VII	S	SS	SS	SS	SS	STS	SS	STS	SS	SS	STS	SS	SS	SS	TS	STS	SS	STS	SS	STS	TS	S	SS	STS	S	STS	SS	TS	TS	S		
VII	S	SS	N	SS	N	TS	N	N	SS	SS	TS	SS	STS	SS	N	STS	N	S	N	TS	STS	TS	S	STS	S	STS	SS	TS	S	S		
VII	SS	SS	N	SS	SS	N	SS	N	SS	SS	N	SS	N	SS	N	TS	STS	SS	STS	N	TS	SS	SS	STS	SS	STS	SS	STS	N	N		
IX	N	N	S	S	N	TS	S	N	S	S	N	S	N	S	N	TS	N	N	N	N	N	N	N	N	N	N	N	S	N	S	N	
IX	N	SS	S	SS	SS	STS	S	N	SS	SS	STS	SS	STS	SS	STS	N	N	S	STS	N	STS	SS	N	TS	SS	STS	SS	STS	N	SS		
VII	N	SS	SS	SS	S	STS	SS	STS	SS	SS	TS	SS	TS	SS	TS	TS	TS	S	TS	N	TS	N	S	STS	N	TS	S	TS	N	S		
VIII	S	S	N	S	N	TS	S	TS	S	S	TS	SS	N	SS	TS	TS	TS	N	TS	S	TS	S	S	STS	S	N	S	TS	S	S		
VII	N	S	N	SS	N	SS	S	TS	S	SS	TS	SS	SS	S	TS	TS	S	S	TS	S	TS	S	S	TS	N	TS	S	TS	TS	S		
VII	S	SS	SS	SS	SS	TS	S	STS	SS	SS	STS	S	N	SS	N	STS	S	S	TS	N	TS	S	S	STS	SS	STS	SS	STS	N	N		
VIII	S	SS	S	SS	SS	TS	SS	TS	SS	SS	TS	SS	N	SS	N	TS	N	S	TS	S	STS	SS	S	STS	S	TS	SS	STS	N	TS		
VIII	S	SS	SS	SS	SS	STS	N	SS	S	SS	STS	SS	STS	SS	TS	STS	N	SS	STS	TS	STS	N	SS	STS	S	TS	SS	STS	N	SS		
VIII	S	S	S	S	S	TS	S	N	S	S	TS	SS	S	SS	S	TS	N	S	TS	N	S	TS	N	S	S	STS	S	TS	N	S		
IX	SS	SS	SS	SS	SS	TS	SS	TS	SS	SS	STS	SS	TS	SS	TS	STS	STS	TS	SS	STS	TS	N	S	SS	TS	SS	S	SS	STS	S	SS	
VIII	TS	S	S	SS	SS	STS	S	STS	S	SS	STS	SS	TS	SS	TS	STS	SS	STS	SS	STS	SS	STS	SS	STS	SS	TS	SS	STS	TS	TS		
VII	N	S	S	S	N	TS	S	S	N	TS	S	TS	S	TS	TS	N	N	N	N	N	N	N	N	N	N	N	N	N	S	N		
VII	S	SS	SS	S	TS	SS	STS	SS	SS	SS	TS	S	N	SS	N	TS	TS	S	N	TS	N	S	S	STS	SS	STS	SS	STS	N	N		
VII	S	S	S	S	N	S	TS	S	S	TS	N	N	S	N	TS	N	S	TS	N	TS	S	S	S	N	S	TS	N	TS	TS	N		
IX	S	S	SS	S	S	S	S	SS	S	SS	S	TS	S	N	S	S	N	S	S	N	S	S	S	S	S	N	N	N	N	SS		
VII	S	SS	N	SS	SS	N	TS	N	S	SS	STS	SS	TS	SS	TS	N	TS	SS	STS	SS	S	SS	TS	N	S	N	SS	STS	S	SS		
IX	S	SS	SS	S	TS	SS	N	SS	SS	TS	SS	TS	S	N	SS	TS	STS	N	S	TS	N	TS	S	S	STS	TS	TS	S	S	S		
VIII	SS	SS	SS	S	SS	TS	SS	STS	SS	SS	TS	SS	TS	SS	TS	TS	TS	SS	TS	TS	S	S	SS	S	SS	TS	SS	TS	TS	SS		
IX	S	SS	SS	S	N	TS	S	N	S	S	TS	N	TS	SS	N	TS	TS	N	TS	S	TS	TS	N	TS	N	TS	N	SS	TS	TS	S	
VII	S	SS	N	S	N	TS	S	N	S	SS	TS	SS	N	SS	N	TS	STS	TS	TS	S	SS	S	S	TS	SS	S	S	TS	SS	S		
IX	N	S	S	S	N	N	N	S	N	S	N	S	SS	N	N	S	N	N	N	N	N	N	N	N	N	TS	TS	TS	S	TS	S	
VIII	S	S	S	S	S	TS	S	TS	S	S	TS	S	S	S	S	TS	TS	S	TS	TS	S	S	S	TS	TS	TS	S	TS	TS	TS	TS	
VII	SS	N	SS	SS	SS	STS	SS	STS	SS	SS	STS	SS	SS	TS	SS	TS	SS	STS	SS	TS	SS	S	STS	SS	STS	SS	SS	SS	N	SS		
IX	N	N	N	S	SS	TS	SS	N	SS	N	S	N	S	N	SS	N	SS	TS	N	N	N	N	N	N	N	TS	SS	S	N	SS	SS	
VII	N	N	N	S	TS	S	N	N	S	S	N	N	N	N	N	N	S	TS	N	N	N	N	N	N	N	N	TS	S	N	S	SS	
VII	N	SS	S	SS	S	TS	S	TS	S	SS	STS	SS	N	SS	S	N	SS	S	N	S	TS	SS	N	STS	S	STS	SS	SS	S	S	S	
VIII	S	SS	S	SS	SS	N	S	STS	S	S	TS	S	N	S	TS	TS	STS	S	TS	TS	N	S	N	TS	S	N	TS	S	TS	N	S	
VIII	SS	SS	S	SS	SS	N	S	N	SS	SS	STS	SS	S	SS	TS	N	STS	SS	STS	S	TS	S	SS	N	S	S	TS	N	SS	SS		
VIII	S	SS	S	SS	S	N	S	N	S	SS	N	SS	N	SS	N	TS	SS	N	TS	N	N	N	N	N	N	N	N	N	N	N	N	
IX	N	SS	S	SS	S	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	
VIII	S	SS	S	SS	S	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	
VIII	S	S	N	S	S	N	N	TS	S	SS	STS	SS	S	SS	TS	N	N	N	N	TS	N	N	S	S	STS	SS	TS	S	TS	TS	N	
VII	N	SS	SS	SS	N	N	N	SS	SS	SS	TS	N	STS	SS	TS	N	TS	TS	TS	TS	N	TS	N	N	N	N	SS	STS	STS	STS	STS	
VIII	N	S	S	S	N	S	N	S	N	S	N	S	N	S	N	S	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
VIII	N	S	S	S	N	S	N	S	N	S	N	S	N	S	N	S	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
IX	STS	SS	SS	N	STS	SS	STS	SS	SS	SS	STS	SS	SS	SS	SS	STS	STS	STS	SS	STS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	
VIII	S	TS	SS	SS	SS	N	S	N	S	S	TS	S	S	S	SS	SS	N	S	TS	S	N	S	SS	SS	SS	SS	TS	N	S	SS	S	

Lampiran 04. Tabulasi Penelitian Variabel Y

	RE1	RE2	RE3	RE4	RE5	RE6	RE7	RE8	RE9	RE10
1	5	2	4	4	5	5	2	5	4	5
2	4	4	5	5	4	2	4	2	4	4
3	5	4	5	4	4	4	5	4	5	4
4	4	4	5	4	5	5	2	5	5	4
5	5	4	4	4	4	5	4	4	5	4
6	4	2	4	5	4	1	4	4	5	4
7	4	4	5	5	5	5	4	5	5	4
8	4	2	4	2	4	2	4	4	5	4
9	4	5	2	1	5	5	4	5	5	1
10	5	5	4	2	4	5	4	5	5	4
11	5	4	4	4	5	5	4	4	4	4
12	5	1	4	4	5	2	4	4	4	4
13	5	4	5	2	5	4	5	5	5	5
14	4	2	4	4	4	2	2	2	4	4
15	5	2	4	2	4	2	4	4	2	4
16	4	4	5	4	4	5	4	4	4	3
17	1	3	4	1	5	3	5	4	3	5
18	4	5	5	5	4	4	3	4	5	4
19	4	5	5	3	5	5	4	5	1	3
20	5	4	3	1	5	3	3	5	3	4
21	4	3	1	3	4	4	2	4	4	4
22	4	1	4	3	5	3	2	2	3	2
23	4	4	4	2	2	5	5	4	4	3
24	5	3	4	4	4	4	3	4	4	4
25	4	4	2	4	3	4	2	4	4	3
26	4	4	4	4	5	5	4	4	4	3
27	4	4	3	4	5	2	4	5	2	2
28	5	4	4	2	4	4	3	4	4	4
29	5	3	5	3	5	5	4	5	3	4
30	5	4	4	4	5	4	2	4	5	5
31	4	2	4	3	4	4	4	4	3	4

32	4	3	3	3	3	3	4	4	3	3
33	5	2	4	3	5	3	5	4	4	2
34	4	3	4	4	3	4	4	4	4	4
35	5	2	2	4	4	4	2	4	4	4
36	4	3	4	3	5	2	2	4	3	5
37	4	3	5	3	5	4	2	4	2	4
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39	4	3	2	5	5	4	2	4	5	4
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43	3	4	4	2	1	3	5	3	5	5
44	5	4	3	4	4	3	4	3	3	3
45	4	5	3	5	3	4	2	4	3	3
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71	5	4	2	5	5	2	2	5	2	5
72	3	2	5	5	3	2	3	4	5	4

Lampiran 04. Data Kasar Variabel Y (*Google Form*)

Kelas	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10
VIII	SS	TS	S	TS	S	TS	S	S	TS	S
IX	S	S	SS	S	S	SS	S	S	S	N
IX	STS	N	S	STS	SS	N	SS	S	N	SS
VII	S	SS	SS	SS	S	S	N	S	SS	S
VII	S	SS	SS	N	SS	SS	S	SS	STS	N
VII	SS	S	N	STS	SS	N	N	SS	N	S
IX	S	N	STS	N	S	S	TS	S	S	S
IX	S	STS	S	N	SS	N	TS	TS	N	TS
VII	S	S	S	TS	TS	SS	SS	S	S	N
VIII	SS	N	S	S	S	S	N	S	S	S
VII	S	S	TS	S	N	S	TS	S	S	N
VII	S	S	S	S	SS	SS	S	S	S	N
VIII	S	S	N	S	SS	TS	S	SS	TS	TS
VIII	SS	S	S	TS	S	S	N	S	S	S
VIII	SS	N	SS	N	SS	SS	S	SS	N	S
IX	SS	S	S	S	SS	S	TS	S	SS	SS
VIII	S	TS	S	N	S	S	S	S	N	S
VII	S	N	N	N	N	N	S	S	N	N
VII	SS	TS	S	N	SS	N	SS	S	S	TS
VII	S	N	S	S	N	S	S	S	S	S
IX	SS	TS	TS	S	S	S	TS	S	S	S
VII	S	N	S	N	SS	TS	TS	S	N	SS
IX	S	N	SS	N	SS	S	TS	S	TS	S
VIII	TS	N	S	SS	S	S	N	S	TS	S
IX	S	N	TS	SS	SS	S	TS	S	SS	S
VII	S	N	TS	TS	S	SS	N	TS	S	TS
IX	S	N	SS	S	SS	N	SS	S	N	S
VIII	S	S	N	SS	S	TS	N	S	TS	S
VII	N	S	S	TS	STS	N	SS	N	SS	SS
IX	SS	S	N	S	S	N	S	N	N	N
VII	S	SS	N	SS	N	S	TS	S	N	N
VII	S	S	SS	SS	SS	S	SS	S	SS	SS
VIII	S	TS	SS	N	S	TS	S	S	S	SS
VIII	S	N	SS	N	SS	S	N	S	S	N
VIII	S	N	SS	N	S	N	N	S	TS	S
IX	S	S	S	S	S	S	S	S	S	S
VIII	TS	TS	S	N	S	S	N	SS	S	SS
VIII	S	S	N	SS	S	S	SS	S	TS	S
VIII	SS	S	SS	N	SS	N	S	S	N	S
IX	N	S	TS	N	S	S	TS	SS	S	S
VIII	N	S	N	TS	S	TS	S	N	N	TS
VII	N	TS	N	N	S	N	S	S	S	S
VIII	S	S	N	N	S	S	S	S	S	S
VII	S	S	N	S	S	N	TS	S	S	N
VIII	S	N	N	N	SS	N	SS	S	S	N
VIII	S	TS	TS	TS	S	N	S	S	S	S
IX	N	S	S	S	SS	SS	N	SS	N	S
VIII	S	S	TS	TS	TS	SS	STS	TS	S	TS
VII	SS	S	SS	S	SS	N	SS	S	SS	SS
VIII	S	N	TS	S	SS	TS	S	SS	SS	S
VIII	SS	SS	S	TS	S	S	S	S	S	S
VII	N	S	S	S	S	S	S	S	S	S
VII	SS	SS	TS	N	SS	N	SS	SS	SS	SS
VIII	S	N	N	N	S	N	S	S	N	N
VII	N	TS	N	SS	N	S	N	S	S	N
VIII	S	STS	S	N	S	S	S	S	S	N
IX	SS	S	TS	SS	SS	TS	TS	SS	TS	SS
VIII	N	TS	SS	SS	N	TS	N	S	SS	S

LAMPIRAN C: Output SPSS

Lampiran 01. Ouput SPSS Uji Validitas & Reliabilitas Variabel X Putaran 1 & 2

Reliability**Scale: *SECURE ATTACHMENT* putaran 1****Case Processing Summary**

		N	%
Cases	Valid	72	100.0
	Excluded ^a	0	.0
	Total	72	100.0

Reliability Statistics

Cronbach's Alpha	N of Items
.887	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
SA1	112.46	180.533	.333	.885
SA2	111.68	177.291	.589	.881
SA3	112.04	178.350	.484	.883
SA4	111.60	184.103	.343	.885
SA5	112.10	171.864	.718	.878
SA6	112.53	169.295	.612	.879
SA7	112.07	179.868	.406	.884
SA8	112.53	168.647	.642	.878
SA9	111.82	178.967	.545	.882
SA10	111.58	181.317	.498	.883
SA11	112.11	173.706	.526	.881
SA12	111.67	183.972	.270	.886

SA13	112.74	177.634	.367	.885
SA14	111.58	180.528	.394	.884
SA15	112.61	176.804	.404	.884
SA16	112.18	176.629	.410	.884
SA17	112.67	171.690	.523	.881
SA18	112.43	172.474	.545	.881
SA19	112.11	172.748	.657	.879
SA20	113.14	178.572	.335	.886
SA21	112.51	177.324	.378	.885
SA22	112.49	179.859	.313	.886
SA23	112.28	174.175	.543	.881
SA24	112.17	173.577	.492	.882
SA25	112.36	179.220	.333	.885
SA26	112.24	181.084	.274	.887
SA27	111.85	179.314	.418	.884
SA28	112.31	176.328	.376	.885
SA29	113.36	174.713	.403	.884
SA30	114.04	187.449	.014	.893

Scale: *SECURE ATTACHMENT* putaran 2

Case Processing Summary

		N	%
Cases	Valid	72	100.0
	Excluded ^a	0	.0
	Total	72	100.0

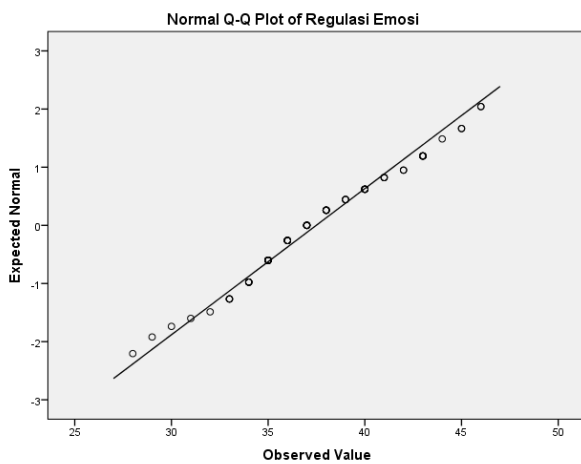
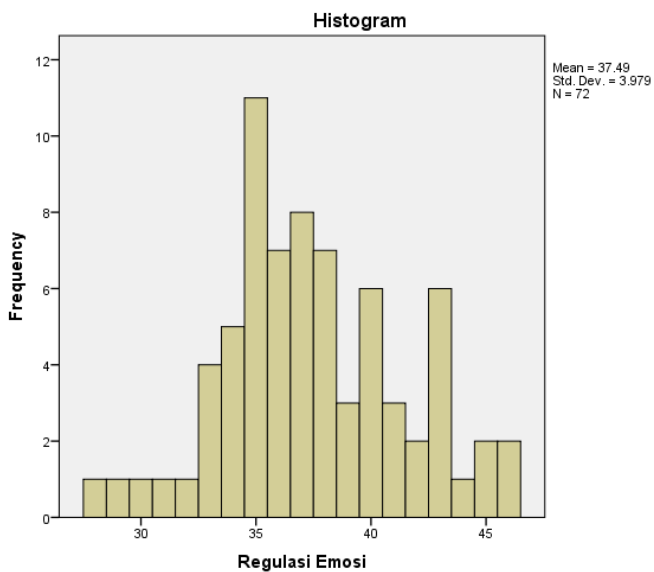
Reliability Statistics

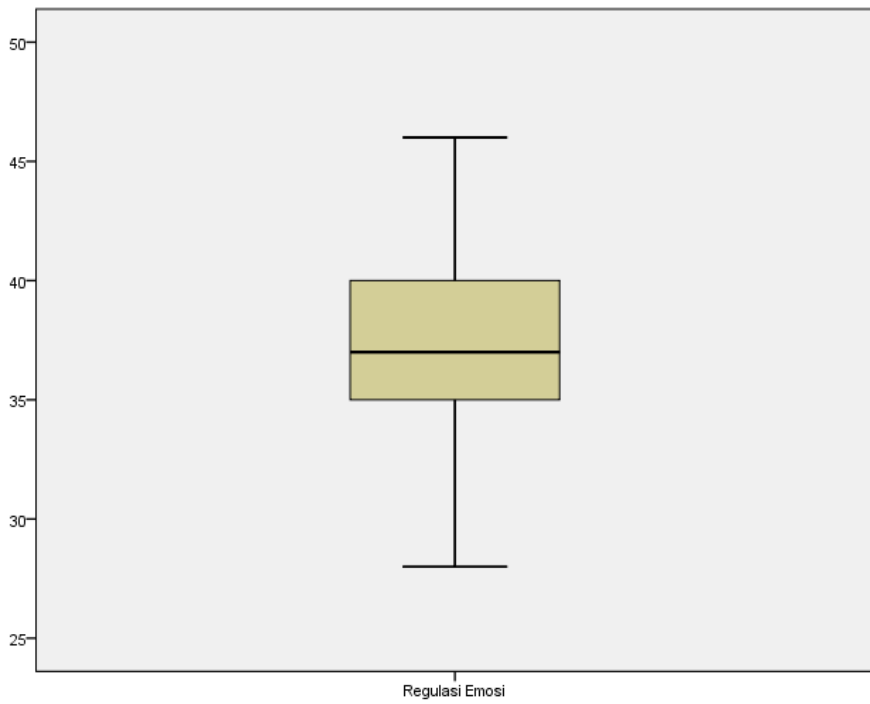
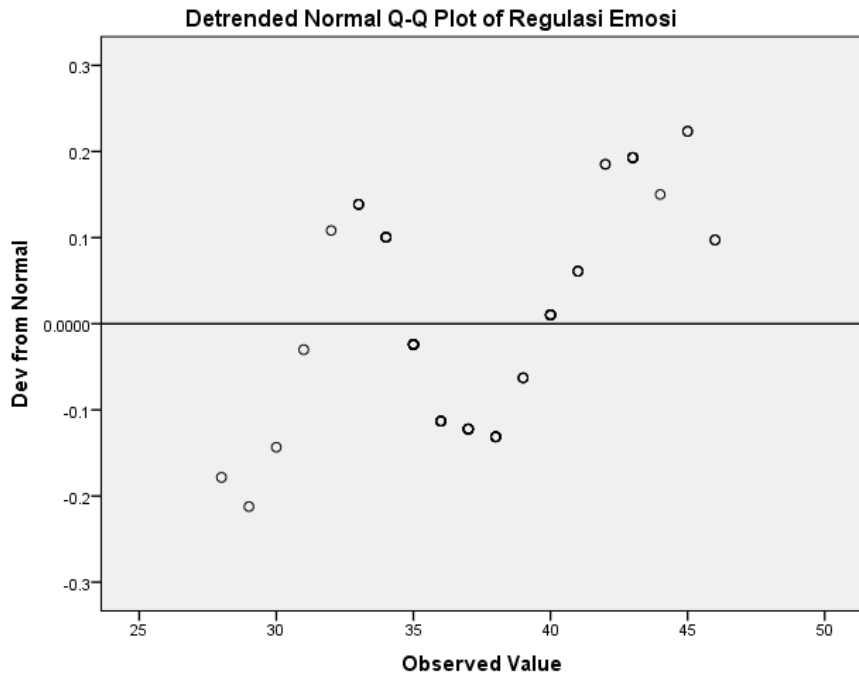
Cronbach's Alpha	N of Items
.893	27

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
SA1	101.86	165.868	.368	.891
SA2	101.08	163.514	.589	.887
SA3	101.44	164.166	.503	.888
SA4	101.00	170.338	.322	.892
SA5	101.50	157.972	.735	.883
SA6	101.93	156.206	.598	.885
SA7	101.47	165.999	.406	.890
SA8	101.93	155.699	.624	.885
SA9	101.22	165.302	.534	.888
SA10	100.99	167.676	.478	.890
SA11	101.51	159.859	.534	.887
SA13	102.14	163.614	.375	.891
SA14	100.99	166.549	.398	.890
SA15	102.01	162.577	.422	.890
SA16	101.58	163.599	.381	.891
SA17	102.07	157.558	.543	.887
SA18	101.83	158.254	.570	.886
SA19	101.51	158.873	.670	.884
SA20	102.54	164.618	.339	.892
SA21	101.92	163.570	.376	.891
SA22	101.89	165.340	.338	.891
SA23	101.68	160.277	.553	.887
SA24	101.57	160.418	.474	.889
SA25	101.76	165.225	.339	.891
SA27	101.25	165.937	.394	.890
SA28	101.71	162.998	.360	.892
SA29	102.76	161.394	.390	.891

Lampiran 02. Output SPSS Uji Normalitas

Tests of Normality						
	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Regulasi Emosi	.104	72	.051	.977	72	.203

Regulasi Emosi



Lampiran 03. Out SPSS Uji Linieritas

ANOVA Table				
			Sum of Squares	df
Regulasi Emosi * Secure Attachment	Between Groups	(Combined)	783.736	39
		Linearity	108.747	1
		Deviation from Linearity	674.989	38
	Within Groups		340.250	32
	Total		1123.986	71

ANOVA Table				
			Mean Square	F
Regulasi Emosi * Secure Attachment	Between Groups	(Combined)	20.096	1.890
		Linearity	108.747	10.227
		Deviation from Linearity	17.763	1.671
	Within Groups		10.633	
	Total			

ANOVA Table			
			Sig.
Regulasi Emosi * Secure Attachment	Between Groups	(Combined)	.034
		Linearity	.003
		Deviation from Linearity	.070

	Within Groups	
	Total	

Measures of Association				
	R	R Squared	Eta	Eta Squared
Regulasi Emosi * Secure Attachment	.311	.097	.835	.697

Lampiran 04. Output SPSS Uji Korelasi *Product Moment***Correlations**

Descriptive Statistics			
	Mean	Std. Deviation	N
Secure Attachment	105.58	13.219	72
Regulasi Emosi	37.49	3.979	72

Correlations			
		Secure Attachment	Regulasi Emosi
Secure Attachment	Pearson Correlation	1	.311**
	Sig. (2-tailed)		.008
	N	72	72
Regulasi Emosi	Pearson Correlation	.311**	1
	Sig. (2-tailed)	.008	
	N	72	72

** . Correlation is significant at the 0.01 level (2-tailed).

Halaman sengaja dikosongkan

LAMPIRAN D: Surat Izin Penelitian

Lampiran 01. Izin dari Universitas 17 Agustus 1945 Surabaya



YAYASAN PERGURUAN 17 AGUSTUS 1945 SURABAYA
UNIVERSITAS 17 AGUSTUS 1945 SURABAYA
FAKULTAS PSIKOLOGI

Jl. Semolowaru No. 45 Surabaya 60119
 Telp. (031) 5990029 ; 5931800 psw. 276, 253, 274 / Fax. (031) 5990029
 Homepage : www.untag-sby.ac.id ; E-mail : psikologi@untag-sby.ac.id

Nomor : 0454/K.F.Psi/VI/2020
 Lampiran : 1 (satu) berkas Proposal
 Perihal : Ijin Penelitian

25 Juni 2020

Yth. Kepala Sekolah M Ts. Hidayatus Shibyan
 Desa Kendalkemlagi, Kec.Karanggeneng
 di
 Lamongan

Schubungan dengan penyusunan karya ilmiah Skripsi pada mahasiswa strata satu (S-1) Fakultas Psikologi Universitas 17 Agustus 1945 Surabaya, mohon diperkenankan untuk mengadakan penelitian pada M Ts. Hidayatus Shibyan Lamongan yang Bapak/Ibu pimpin. Adapun mahasiswa tersebut adalah:

Nama : Nunuk Zuhliya
 NPM : 1511600044
 Alamat : Desa Kendalkemlagi, RT.01, RW.06, Kec.Karanggeneng,
 Lamongan

Judul Skripsi: Hubungan Secure Attachment Orang Tua dengan Regulasi Emosi pada Siswa MTs. Hidayatus Shibyan

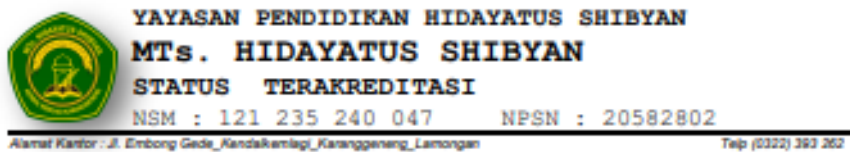
Demikian surat permohonan ini disampaikan, atas perhatian dan kerjasamanya diucapkan terima kasih.



Dekan,

Dr. Suroso, M.S., Psikolog
 NPP.20510.87.0122

Lampiran 02. Izin dari MTs. Hidayatus Shibyan



SURAT KETERANGAN
 NOMOR: A.1.216 /MTs.HS/SK/VI/2020

Yang bertanda tangan di bawah ini :

Nama : Drs. H. Noerhadi, M.Ag.
 Jabatan : Kepala Madrasah
 Unit Kerja : MTs. Hidayatus Shibyan
 Alamat : Jln. EmbongGede KendalKemplagi Karanggeneng Lamongan

Dengan ini memberikan izin kepada saudara:

Nama : NUNUK ZUHLIYA
 NPM : 1511600044
 Jurusan : Psikologi
 Perguruan Tinggi : Universitas 17 Agustus 1945 Surabaya

Untuk melakukan penelitian & di sekolah kami guna penulisan karya ilmiahnya dengan judul: "HUBUNGAN SECURE ATTCHMENT ORANG TUA DENGAN REGULASI EMOSI PADA SISWA MTs. HIDAYATUS SHIBYAN" Yang dilaksanakan pada 31 Mei 2020 tanggal sampai 18 Juni 2020.

Demikian surat izin ini dibuat untuk dapat dipergunakan sebagaimana mestinya.

KendalKemplagi, 27 Juni 2020
 Kepala Madrasah
 MTs. Hidayatus Shibyan

Drs. H. Noerhadi, M.Ag