

LAMPIRAN

Lampiran 1 Pertanyaan

Skala perilaku pembelian impulsif

No.	Pertanyaan	Jawaban			
1	Saya sering membeli barang tanpa merencanakannya terlebih dahulu.	SS	S	J	TP
2	Saya mudah membeli barang hanya karena kebetulan melihatnya.				
3	Saya membeli sesuatu meskipun sebelumnya tidak terpikir untuk membelinya.				
4	Saya biasanya membuat daftar kebutuhan sebelum berbelanja.				
5	Saya sering membeli sesuatu secara spontan karena terpikir tiba-tiba.				
6	Ketika menginginkan barang, saya langsung membelinya tanpa banyak pertimbangan.				
7	Saya membeli sesuatu hanya berdasarkan pikiran singkat saat itu juga.				
8	Saya mempertimbangkan baik buruknya sebelum membeli barang.				
9	Saya cenderung memikirkan konsekuensi sebelum memutuskan membeli sesuatu.				
10	Saya mendahulukan keinginan membeli barang daripada kebutuhan lain yang lebih penting.				
11	Saya tetap membeli barang meskipun sudah ada kebutuhan lain yang harus dipenuhi.				
12	Saya merasa tidak masalah membeli barang meskipun ada kebutuhan lain yang menunggu				
13	Saya selalu mengutamakan barang yang memang dibutuhkan.				

14	Saya membeli barang hanya jika memang diperlukan.				
15	Saya langsung ingin membeli barang ketika melihat produk yang menarik.				
16	Kemasan atau tampilan yang menarik membuat saya ingin segera membelinya.				
17	Saya sering tergoda membeli hanya karena barang itu terlihat bagus.				
18	Saya bisa menahan diri meski melihat produk yang menarik.				
19	Saya merasa biasa saja setelah membeli sesuatu				
20	Saya tetap merasa senang meski kemudian sadar barang itu tidak terlalu saya butuhkan.				

Skala *Mindfulness*

No.	Pertanyaan	Jawaban			
		SS	S	J	TP
1	Saya mengalami beberapa emosi dan tenggelam ke dalamnya sampai beberapa saat kemudian				
2	Saya kesulitan untuk tetap fokus pada apa yang terjadi saat ini				
3	Saya cenderung berjalan dengan cepat untuk sampai ke tujuan tanpa memperhatikan apa yang saya alami di sepanjang perjalanan				
4	Saya cepat lupa nama seseorang, setelah pertama kali saya diberitahu namanya				
5	Saya tidak menyadari apa yang sedang saya lakukan, itu terjadi begitu saja				
6	Saya terburu-buru saat mengerjakan sesuatu tanpa benar-benar memperhatikan apa yang sedang saya lakukan				

7	Saya begitu fokus pada tujuan yang ingin saya capai sehingga hal-hal yang saya lakukan untuk mencapai tujuan tersebut menjadi kacau				
8	Saya mengerjakan sesuatu mengalir begitu saja, tanpa sadar apa yang sedang saya lakukan				
9	Saya temukan diri saya asyik memikirkan masa depan/masa lalu saya				
10	Saya tidak memperhatikan apa yang sedang saya lakukan				

Lampiran 2 Tabulasi Jawaban

Pembelian Impulsif

No. Item pembelahan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
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Mindfulness

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Lampiran 3 Tabulasi Skor Total

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57	20
46	26
43	21
49	23
53	15
37	30
37	26
33	25
50	16
56	26
61	19
55	14
49	21
46	15
50	21
51	25
57	24
54	24
53	25
58	33
56	24
43	26
43	17
38	19
52	18
32	22
50	32
46	19
39	26
44	17
40	24
37	24
29	35
45	26
50	21
24	36
46	21
51	25
47	20
34	34
57	14
36	23
51	23
28	30
47	21
36	20
49	19
55	20
47	19
55	19
61	22
49	30
69	22
41	29
50	31
60	22
41	30
65	22
41	31
61	22
65	27
57	25
58	31
59	34

Lampiran 4 Uji Validitas
Putaran 1

Case Processing Summary

		N	%
Cases	Valid	40	100.0
	Excluded ^a	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
item1	72.37	131.061	.662	.872
item2	72.40	131.067	.716	.871
item3	72.22	132.538	.688	.872
item4	72.07	138.174	.334	.880
item5	72.02	146.384	-.050	.888
item6	71.92	133.917	.584	.874
item7	72.27	135.640	.499	.876
item8	72.32	133.456	.599	.874
item9	72.62	134.958	.518	.875
item10	72.42	135.276	.483	.876
item11	72.48	133.640	.601	.874
item12	72.48	134.153	.626	.873
item13	72.50	135.949	.466	.877
item14	72.92	137.404	.487	.876
item15	72.60	134.708	.621	.874
item16	72.22	130.281	.754	.870
item17	72.20	133.087	.528	.875
item18	72.12	133.804	.547	.875
item19	72.05	143.792	.068	.886
item20	72.57	135.020	.563	.875
item21	71.37	140.753	.283	.880
item22	71.48	139.025	.334	.879
item23	71.52	141.281	.222	.882
item24	71.95	137.946	.448	.877
item25	71.62	139.830	.259	.881

item26	72.22	134.025	.558	.874
item27	72.10	143.990	.068	.885
item28	71.72	142.974	.158	.882
item29	71.87	142.215	.126	.885
item30	72.15	145.515	-.015	.888

Putaran 2

Case Processing Summary

		N	%
Cases	Valid	40	100.0
	Excluded ^a	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
item1	46.98	109.102	.719	.916
item2	47.00	109.692	.743	.915
item3	46.82	110.558	.747	.915
item4	46.68	114.789	.433	.922
item6	46.52	112.153	.620	.918
item7	46.88	114.112	.512	.920
item8	46.92	111.046	.674	.917
item9	47.22	113.820	.512	.920
item10	47.02	114.025	.482	.921
item11	47.08	111.763	.645	.917
item12	47.08	112.122	.681	.917
item13	47.10	112.862	.566	.919
item14	47.52	115.281	.533	.920
item15	47.20	113.446	.625	.918
item16	46.82	108.610	.802	.914
item17	46.80	111.190	.569	.919
item18	46.72	111.076	.634	.918
item20	47.18	112.712	.629	.918
item22	46.08	120.328	.168	.927
item24	46.55	118.305	.328	.923
item26	46.82	113.840	.503	.920

Putaran 3**Case Processing Summary**

		N	%
Cases	Valid	40	100.0
	Excluded ^a	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
item1	43.80	105.703	.717	.920
item2	43.82	106.302	.740	.920
item3	43.65	107.003	.753	.920
item4	43.50	110.974	.449	.926
item6	43.35	108.541	.627	.922
item7	43.70	110.779	.502	.925
item8	43.75	107.474	.680	.921
item9	44.05	110.049	.527	.924
item10	43.85	110.336	.491	.925
item11	43.90	108.297	.644	.922
item12	43.90	108.656	.680	.921
item13	43.93	109.199	.575	.923
item14	44.35	111.618	.542	.924
item15	44.03	109.871	.630	.922
item16	43.65	105.362	.792	.919
item17	43.62	107.881	.560	.924
item18	43.55	107.690	.629	.922
item20	44.00	108.923	.647	.922
item24	43.38	114.907	.316	.928
item26	43.65	110.746	.479	.925

Lampiran 5 Uji Reliabilitas

Reliability Statistics

Cronbach's Alpha	N of Items
.927	20

Putaran 1

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
item1	35.38	31.728	.555	.740
item2	35.15	34.182	.272	.767
item3	35.40	31.990	.553	.741
item4	35.32	32.943	.404	.754
item5	35.47	35.589	.211	.769
item6	35.50	33.795	.365	.758
item7	35.25	32.141	.619	.737
item8	35.18	32.404	.594	.740
item9	35.32	32.738	.444	.750
item10	35.28	32.974	.461	.749
item11	35.52	35.333	.190	.773
item12	34.90	37.477	-.033	.794
item13	35.55	33.023	.418	.753
item14	34.88	34.163	.409	.755
item15	35.10	33.682	.286	.766

Putaran 2**Case Processing Summary**

		N	%
Cases	Valid	40	100.0
	Excluded ^a	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
item1	22.52	19.281	.569	.776
item3	22.55	19.228	.606	.771
item4	22.47	20.717	.348	.803
item6	22.65	21.105	.347	.801
item7	22.40	19.682	.626	.771
item8	22.32	19.969	.588	.776
item9	22.47	19.846	.486	.786
item10	22.42	20.046	.506	.784
item13	22.70	20.574	.390	.797
item14	22.02	21.563	.367	.798

Reliability Statistics

Cronbach's Alpha	N of Items
.804	10

Lampiran 6 Uji Asumsi

One-Sample Kolmogorov-Smirnov Test

		Unstandardized Residual
N		110
Normal Parameters ^a	Mean	.0000000
	Std. Deviation	9.95558540
Most Extreme Differences	Absolute	.040
	Positive	.035
	Negative	-.040
Kolmogorov-Smirnov Z		.423
Asymp. Sig. (2-tailed)		.994

a. Test distribution is Normal.

Linieritas

Case Processing Summary

	Cases					
	Included		Excluded		Total	
	N	Percent	N	Percent	N	Percent
Perilaku Pembelian Impulsif * <i>Mindfulness</i>	110	100.0%	0	.0%	110	100.0%

Report

Perilaku Pembelian Impulsif

<i>Mindfulness</i>	Mean	N	Std. Deviation
14	56.00	2	1.414
15	48.67	3	3.786
16	50.00	1	.
17	43.20	5	9.910
18	48.25	4	9.535
19	46.57	7	10.277
20	49.57	7	10.581
21	48.86	7	4.375
22	54.44	9	13.324
23	49.83	6	8.750
24	50.43	7	9.325
25	50.75	8	10.110
26	44.40	10	5.892
27	47.00	8	10.542
28	65.00	1	.
29	40.00	4	8.206
30	41.29	7	7.319
31	52.75	4	9.287
32	54.50	2	6.364
33	43.00	2	21.213
34	46.50	2	17.678
35	38.00	2	12.728
36	24.00	1	.
37	23.00	1	.
Total	47.60	110	10.221

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Perilaku Pembelian Impulsif	Between Groups	(Combined)	3392.049	23	147.480	1.587	.066
* <i>Mindfulness</i>	Within Groups	Linearity	583.009	1	583.009	6.272	.014
		Deviation from	2809.040	22	127.684	1.374	.152
		Linearity					
Total			11386.400	109	92.958		

Measures of Association

	R	R Squared	Eta	Eta Squared
Perilaku Pembelian Impulsif * <i>Mindfulness</i>	-.226	.051	.546	.298

Lampiran 7 Uji Korelasi Product Moment

Correlations

		<i>Mindfulness</i>	Perilaku Pembelian Impulsif
<i>Mindfulness</i>	Pearson Correlation	1	-.226*
	Sig. (2-tailed)		.017
	N	110	110
Perilaku Pembelian Impulsif	Pearson Correlation	-.226*	1
	Sig. (2-tailed)	.017	
	N	110	110

*. Correlation is significant at the 0.05 level (2-tailed).

Lampiran 8 Kategorisasi

Statistics			Statistics		
Perilaku Impulsif			Mindfullnes		
N	Valid	110	N	Valid	110
	Missing	0		Missing	0
Mean		47.60	Mean		24.23
Std. Deviation		10.221	Std. Deviation		5.256

Kategori

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	10	9.1	9.1	9.1
	2	25	22.7	22.7	31.8
	3	39	35.5	35.5	67.3
	4	30	27.3	27.3	94.5
	5	6	5.5	5.5	100.0
	Total	110	100.0	100.0	

Kategori2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	6	5.5	5.5	5.5
	2	30	27.3	27.3	32.7
	3	40	36.4	36.4	69.1
	4	26	23.6	23.6	92.7
	5	8	7.3	7.3	100.0
	Total	110	100.0	100.0	