

LAMPIRAN

Lampiran 1. *Inform Consent*



**CALLING FOR
RESPONDEN**

ATTENTION

HALOOO.....

Perkenalkan saya Aurani Nurika Azahra Mahasiswa
PSikologi Universitas 17 Agustus 1945 Surabaya
Saat ini sayang sedang melakukan penelitian untuk tugas
akhir, saya berharap teman-teman bersedia untuk
menjadi responden dalam penelitian ini.

KRITERIA YANG DIBBURUHKAN:

- Berstatus sebagai mahasiswa tingkat akhir (minimal semester 7)
- berkuliah di ptn/pts di kota surabaya

Scan Me!!!!



Lampiran 2. Skala Kesejahteraan Psikologis

AITEM SKALA KESEJAHTERAAN PSIKOLOGIS

Anda akan disajikan sejumlah pernyataan dengan empat pilihan jawaban berikut:

1. Sangat Tidak Setuju
2. Tidak setuju
3. Setuju
4. Sangat Setuju

Pilihlah jawaban yang paling menggambarkan kondisi diri Anda dan berikan respons secara jujur sesuai keadaan yang Anda alami.

No	Uraian	Respon			
		1	2	3	4
1.	Saya belajar meningkatkan kemampuan yang belum saya kuasai.				
2.	Saya kesulitan menerima kekurangan saya.				
3.	Saya enggan memperbaiki kekurangan saya.				
4.	Saya sulit untuk menceritakan masalah dengan teman.				
5.	Saya sulit peduli pada perasaan orang lain.				
6.	Saya tidak mampu melakukan sesuatu tanpa bantuan orang lain.				
7.	Saya lebih percaya penilaian orang lain daripada penilaian saya sendiri mengenai kemampuan saya.				
8.	Saya belum tahu tujuan hidup yang ingin saya capai.				
9.	Saya merasa cukup dengan pengalaman yang saya miliki.				
10.	Saya mampu membandingkan diri saya yang dulu dan sekarang.				
11.	Saya berusaha mencapai hal yang berarti bagi hidup saya.				
12.	Saya merasa tidak memiliki ke_____ian seperti teman yang lain.				
13.	Saya sulit untuk mengganti pola belajar saya yang tidak teratur.				

14.	Saya tidak yakin ada orang yang benar-benar bisa membantu saya.				
15.	Saya merasa tidak punya energi untuk memberikan empati kepada orang lain.				
16.	Saya kurang mampu membuat pilihan akan rencana ke depan saya.				
17.	Saya sulit mengevaluasi kemampuan diri saya.				
18.	Saya sulit menyesuaikan diri pada lingkungan sehingga tujuan saya terhambat.				
19.	Saya merasa hidup saya tidak memiliki tujuan yang jelas.				
20.	Saya merasa tidak perlu berusaha mencapai hal yang berharga.				
21.	Saya tidak tertarik untuk mencoba tantangan baru dalam hidup saya.				

Lampiran 3. Skala *Cyberloafing*

AITEM SKALA *CYBERLOAFING*

Anda akan disajikan sejumlah pernyataan dengan empat pilihan jawaban berikut:

1. Tidak Pernah
2. Jarang
3. Sering
4. Selalu

Pilihlah jawaban yang paling menggambarkan kondisi diri Anda dan berikan respons secara jujur sesuai keadaan yang Anda alami.

No	Uraian	Respon			
		1	2	3	4
1.	Saya lebih memilih menggunakan media sosial daripada mengerjakan tugas.				
2.	Saya lebih banyak membaca berita/artikel <i>online</i> yang tidak ada hubungannya dengan tugas saya.				
3.	Saya tetap merespons percakapan non-akademik saat perkuliahan berlangsung.				
4.	Saya mengecek email pribadi atau notifikasi ponsel meskipun tidak penting.				
5.	Menonton video hiburan terasa lebih menarik dibanding mengerjakan tugas.				
6.	Saya menunda waktu belajar untuk menjelajahi situs belanja <i>online</i> (<i>e-commerce</i>).				
7.	Saya merasa lebih rileks setelah bermain <i>game</i> di tengah belajar.				
8.	Ketika sedang mengerjakan tugas, saya tetap <i>scroll</i> Instagram/TikTok.				
9.	Saya lebih berminat membaca artikel <i>online</i> yang membuat pekerjaan saya tertunda.				
10.	Saat bosan dengan tugas saya mengalihkan perhatian dengan membalas pesan pribadi.				
11.	Saya melihat notifikasi ponsel saat pembelajaran sedang berlangsung.				

12.	Saya merasa menonton video hiburan tidak mengganggu fokus belajar saya.				
13.	Saya mengatasi rasa bosan belajar dengan berbelanja produk di <i>marketplace</i> .				
14.	Saya pernah menunda tugas penting karena terlalu asyik dalam <i>game</i> .				
15.	Saya mudah terdistraksi oleh konten hiburan saat belajar.				

Lampiran 4. Skala *Problem Focused Coping*

AITEM SKALA *PROBLEM FOCUSED COPING*

Anda akan disajikan sejumlah pernyataan dengan empat pilihan jawaban berikut:

1. Sangat Tidak Setuju
2. Tidak setuju
3. Setuju
4. Sangat Setuju

Pilihlah jawaban yang paling menggambarkan kondisi diri Anda dan berikan respons secara jujur sesuai keadaan yang Anda alami.

No	Uraian	Respon			
		1	2	3	4
1.	Saya mencari teman untuk berbagi pikiran saat tertekan oleh masalah.				
2.	Saya mampu merencanakan penyelesaian masalah ketika menghadapi hambatan.				
3.	Saya sulit mengambil keputusan disituasi tertekan.				
4.	Saya sulit untuk menceritakan masalah dengan teman.				
5.	Saya tidak mampu merencanakan penyelesaian masalah.				
6.	Saya berani menyampaikan pendapat saat jawaban saya benar.				
7.	Saya meminta bantuan teman saat kesulitan mengerjakan tugas.				
8.	Saya membuat <i>to do list</i> kegiatan setiap hari.				
9.	Saya cenderung diam meskipun keputusan yang diambil tidak tepat.				
10.	Saya tetap mengerjakan tugas sendiri meskipun kesulitan.				
11.	Saya melakukan kegiatan sehari-hari tanpa perencanaan yang jelas.				

Lampiran 5. Tabulasi Skor Kesejahteraan Psikologis

No.	1 UF	2 UF	3 F	4 UF	5 UF	6 UF	7 UF	8 UF	9 UF	10 UF	11 UF	12 F	13 UF	14 UF	15 UF	16 UF	17 UF	18 F	19 UF	20 UF	21 UF	TOTAL
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Lampiran 6. Tabulasi Skor *Cyberloafing*

No	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	TOTAL
	F	F	F	F	F	F	F	F	F	F	F	F	F	F	F	
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5	4	4	4	4	2	3	3	3	4	4	4	1	2	3	4	49
6	3	1	3	4	2	3	1	2	2	4	4	1	3	1	3	37
7	3	1	4	1	2	2	1	2	2	3	2	2	3	1	2	31
8	3	3	4	4	3	3	4	3	2	3	3	4	3	4	3	49
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131	4	3	3	4	4	3	4	3	3	3	4	4	3	3	4	52
132	3	4	3	4	4	3	4	3	4	4	3	4	3	3	4	53
133	4	3	4	3	4	3	3	4	3	4	3	4	4	3	4	53
134	3	3	3	4	3	3	4	3	4	4	4	3	3	4	4	52
135	4	3	4	3	3	4	3	4	3	3	4	3	4	3	3	51
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137	3	3	4	4	3	3	4	3	4	4	4	3	3	3	4	52
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139	4	3	4	3	3	4	3	4	3	3	4	3	4	4	3	52
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141	4	1	3	3	3	4	4	4	4	3	3	4	4	4	4	52
142	4	4	4	4	3	3	4	4	3	4	4	3	4	4	4	56
143	4	4	4	3	3	4	4	3	4	3	3	3	4	3	3	52
144	4	3	3	4	3	3	4	4	4	3	3	4	4	3	4	53
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146	2	1	2	2	1	2	1	1	2	2	1	2	1	1	2	23
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149	1	2	2	1	2	2	1	1	2	1	2	2	1	1	2	23
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151	2	1	2	1	2	2	1	1	2	1	2	1	2	2	1	23
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156	2	1	2	2	1	1	2	1	2	1	2	2	1	1	2	23
157	1	2	2	1	2	2	1	1	2	1	1	2	1	2	1	22
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163	4	3	4	4	3	2	4	3	4	4	3	1	2	4	3	48
164	3	4	3	4	4	2	3	3	4	3	3	1	2	4	3	46
165	4	3	4	3	3	2	3	4	3	4	3	1	2	3	3	45
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167	3	4	4	3	3	1	3	4	3	4	4	2	2	3	3	46
168	4	3	3	4	4	2	3	4	3	4	3	1	2	3	3	46
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171	3	3	4	4	3	2	3	3	4	3	3	2	1	3	3	44
172	3	3	4	3	4	2	3	4	3	3	4	2	2	3	3	46
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174	2	2	3	3	3	3	3	3	3	3	3	3	3	2	3	42
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179	2	2	3	2	2	3	2	3	1	2	3	2	3	1	2	33
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191	3	4	3	4	3	3	4	3	4	3	3	3	4	3	4	51
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193	2	1	2	2	1	1	1	2	2	1	3	2	3	1	2	26
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195	3	3	2	3	3	2	2	3	3	3	2	3	2	3	4	41
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198	3	3	4	3	3	2	3	3	2	3	3	3	2	3	3	43
199	3	2	4	1	3	3	1	3	2	3	4	2	2	1	3	37
200	3	4	3	4	3	1	1	2	2	3	4	3	1	1	3	38

Lampiran 7. Tabulasi Skor *Problem Focused Coping*

No	1	2	3	4	5	6	7	8	9	10	11	TOTAL
	F	UF	UF	F	F	UF	UF	F	F	UF	UF	
1	3	1	1	3	1	2	1	1	2	2	2	19
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3	3	1	2	4	3	1	2	2	3	1	1	23
4	4	1	2	2	1	1	2	3	1	1	1	19
5	2	2	3	4	3	3	4	2	1	1	2	27
6	2	1	3	4	1	2	2	4	2	2	3	26
7	4	1	2	1	1	2	2	4	3	1	4	25
8	3	2	3	4	2	1	2	1	2	1	2	23
9	1	3	2	4	3	3	2	4	3	1	2	28
10	4	1	1	3	4	1	1	3	3	2	2	25
11	3	1	2	3	1	1	2	2	2	2	4	23
12	4	1	3	2	1	1	3	4	2	1	4	26
13	2	2	3	2	2	1	2	1	3	2	2	22
14	2	2	2	2	2	2	2	2	3	3	2	24
15	4	1	2	4	1	1	2	1	4	1	2	23
16	2	3	1	3	2	1	1	3	2	4	3	25
17	4	2	3	2	2	1	1	3	3	1	3	25
18	3	2	3	2	1	1	2	2	2	1	3	22
19	3	1	2	3	4	2	1	3	3	1	2	25
20	4	2	4	1	1	1	2	4	2	1	4	26
21	3	1	3	1	1	2	1	4	2	1	4	23
22	4	1	4	1	1	2	1	3	1	1	3	22
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24	4	2	3	1	1	2	1	4	1	1	3	23
25	3	1	2	3	4	2	2	3	4	2	1	27
26	2	3	4	1	2	2	4	2	2	4	3	29
27	3	1	3	3	3	1	2	4	3	1	2	26
28	3	1	2	4	4	3	2	3	4	2	1	29
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31	2	3	1	3	4	3	3	1	3	3	1	27
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33	3	1	3	2	1	2	1	3	2	2	4	24
34	3	2	4	1	1	1	1	4	1	1	4	23
35	3	2	4	2	1	2	1	4	1	4	4	28

36	3	2	4	1	1	1	1	4	1	4	4	26
37	4	2	4	2	1	1	4	4	1	1	4	28
38	3	1	4	1	2	1	2	3	1	4	4	26
39	3	2	4	1	1	1	1	4	1	4	4	26
40	4	2	4	1	1	1	1	4	1	4	4	27
41	4	1	4	1	1	1	1	4	1	3	4	25
42	4	1	4	2	1	1	1	4	1	3	4	26
43	3	1	4	2	1	1	4	4	2	1	4	27
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45	3	1	4	2	1	1	2	4	1	3	4	26
46	4	1	4	2	1	1	4	4	1	2	4	28
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48	4	1	4	2	1	1	4	4	1	1	4	27
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51	2	4	2	4	3	3	4	2	3	3	1	31
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54	3	2	4	1	2	1	1	4	1	1	4	24
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68	4	1	2	3	1	1	1	3	1	1	4	22
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71	2	3	2	3	3	2	2	1	2	2	2	24
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73	4	1	4	2	1	1	4	2	1	1	4	25
74	3	1	4	2	1	1	4	1	2	1	3	23
75	4	2	2	3	4	1	2	4	4	1	2	29

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79	4	2	2	4	4	1	2	3	4	1	1	28
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81	4	1	2	3	3	1	1	3	3	2	1	24
82	4	1	1	3	3	1	1	4	3	2	1	24
83	4	2	2	4	4	1	2	3	4	1	1	28
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91	4	2	4	2	1	1	4	2	1	1	4	26
92	1	1	2	3	4	4	2	2	4	1	2	26
93	3	3	2	4	3	3	4	3	4	2	3	34
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95	1	3	2	3	4	2	4	2	4	4	2	31
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162	2	4	1	4	3	3	3	1	3	3	1	28
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165	4	2	2	4	2	2	2	2	4	2	2	28
166	4	2	1	3	1	2	2	2	4	2	1	24
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169	4	1	2	3	1	2	1	2	3	2	1	22
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176	4	2	1	2	2	2	1	3	3	3	3	26
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198	2	2	2	4	2	2	2	2	3	2	2	25
199	4	2	2	2	2	2	2	2	3	2	2	25
200	1	4	2	4	1	3	2	1	3	1	2	24

Lampiran 8. Uji Validitas Skala Kesejahteraan Psikologis

Putaran 1

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	117.16	205.402	-.178	.891
A2	116.00	192.776	.438	.880
A3	116.56	201.802	-.040	.886
A4	116.36	194.725	.277	.882
A5	116.22	196.542	.187	.884
A6	116.20	200.041	.081	.884
A7	116.90	209.561	-.278	.896
A8	116.10	197.153	.217	.883
A9	115.94	198.507	.177	.883
A10	116.32	194.304	.403	.881
A11	116.96	190.080	.390	.881
A12	116.42	183.024	.596	.876
A13	117.20	185.469	.552	.877
A14	116.42	185.840	.653	.876
A15	116.88	183.618	.618	.876
A16	116.80	183.224	.693	.875
A17	117.68	196.100	.172	.885
A18	116.60	181.102	.767	.873
A19	116.44	201.435	-.004	.884
A20	116.94	191.282	.398	.880
A21	116.88	206.842	-.227	.892
A22	116.06	199.200	.130	.884
A23	116.32	198.875	.131	.884
A24	116.24	196.309	.227	.883
A25	116.06	197.282	.256	.883

A26	116.18	192.273	.507	.879
A27	116.18	194.926	.301	.882
A28	116.16	195.811	.282	.882
A29	116.06	192.915	.377	.881
A30	116.04	195.631	.300	.882
A31	116.90	181.643	.693	.874
A32	117.08	186.891	.555	.877
A33	117.06	188.180	.501	.878
A34	116.62	182.853	.655	.875
A35	116.62	183.873	.700	.875
A36	116.64	184.562	.645	.876
A37	116.80	184.898	.659	.876
A38	116.46	180.458	.700	.874
A39	116.34	182.964	.676	.875
A40	116.48	185.765	.522	.878

Putaran 2

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A2	66.96	177.835	.359	.935
A10	67.28	179.716	.289	.936
A11	67.92	171.626	.479	.934
A12	67.38	165.710	.648	.932
A13	68.16	168.627	.584	.933
A14	67.38	169.138	.685	.931
A15	67.84	166.423	.669	.931
A16	67.76	167.043	.705	.931
A18	67.56	164.251	.812	.929
A20	67.90	172.296	.521	.933
A26	67.14	176.694	.462	.934
A27	67.14	180.572	.192	.937
A29	67.02	177.489	.331	.936
A30	67.00	180.286	.235	.937

A31	67.86	164.980	.726	.930
A32	68.04	169.386	.617	.932
A33	68.02	170.591	.563	.933
A34	67.58	165.269	.724	.930
A35	67.58	168.126	.691	.931
A36	67.60	166.286	.746	.930
A37	67.76	168.309	.686	.931
A38	67.42	162.208	.796	.929
A39	67.30	164.663	.777	.929
A40	67.44	166.945	.631	.932

Putaran 3

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A2	56.94	165.772	.308	.942
A11	57.90	158.296	.505	.940
A12	57.36	153.419	.640	.938
A13	58.14	155.919	.589	.939
A14	57.36	156.358	.693	.937
A15	57.82	153.661	.679	.937
A16	57.74	154.523	.704	.937
A18	57.54	151.886	.809	.935
A20	57.88	159.373	.530	.939
A26	57.12	164.516	.417	.941
A29	57.00	164.694	.324	.942
A31	57.84	152.137	.742	.936

A32	58.02	157.163	.599	.938
A33	58.00	157.551	.580	.939
A34	57.56	152.537	.735	.936
A35	57.56	155.517	.692	.937
A36	57.58	153.473	.760	.936
A37	57.74	155.666	.689	.937
A38	57.40	149.510	.811	.935
A39	57.28	152.165	.780	.935
A40	57.42	154.167	.641	.938

Lampiran 9. Uji Validitas Skala *Cyberloafing*

Putaran 1

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	71.36	134.235	.424	.847
A2	71.20	132.857	.507	.845
A3	71.02	137.000	.362	.849
A4	71.02	132.306	.510	.845
A5	71.20	133.469	.475	.846
A6	71.26	130.360	.601	.842
A7	71.26	132.074	.414	.848
A8	70.56	137.476	.245	.852
A9	71.96	139.590	.179	.854
A10	71.16	138.504	.204	.853
A11	71.76	135.247	.373	.849
A12	71.82	135.253	.379	.849
A13	71.90	137.194	.319	.850
A14	71.72	132.410	.534	.844
A15	71.98	137.571	.254	.852
A16	72.16	135.321	.460	.847
A17	71.00	133.551	.496	.846
A18	71.66	132.882	.475	.846
A19	70.70	134.827	.389	.848
A20	70.92	134.116	.505	.846
A21	71.38	132.036	.458	.846
A22	71.20	134.327	.345	.850
A23	71.30	130.704	.471	.846
A24	70.86	133.511	.471	.846
A25	71.90	136.582	.306	.850
A26	72.00	137.020	.383	.849
A27	71.28	151.389	-.346	.870
A28	71.86	134.409	.455	.847
A29	71.58	135.351	.384	.848
A30	71.76	139.247	.175	.854
A31	71.70	138.459	.203	.853
A32	72.12	135.332	.428	.847

Putaran 2

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	55.44	114.660	.485	.876
A2	55.28	113.838	.545	.875
A3	55.10	116.622	.476	.877
A4	55.10	112.582	.587	.873
A5	55.28	113.879	.542	.875
A6	55.34	111.494	.639	.872
A7	55.34	112.270	.480	.877
A11	55.84	119.280	.236	.883
A12	55.90	118.010	.309	.881
A13	55.98	120.673	.192	.883
A14	55.80	115.592	.449	.877
A16	56.24	117.819	.394	.879
A17	55.08	113.381	.601	.873
A18	55.74	113.176	.547	.875
A19	54.78	114.583	.483	.876
A20	55.00	113.959	.614	.873
A21	55.46	113.356	.476	.877
A22	55.28	113.716	.445	.878
A23	55.38	110.853	.545	.874
A24	54.94	112.588	.614	.873
A25	55.98	119.040	.248	.882
A26	56.08	120.034	.271	.881
A28	55.94	117.527	.362	.879
A29	55.66	117.209	.362	.879
A32	56.20	118.490	.325	.880

Putaran 3

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	47.96	98.243	.502	.884
A2	47.80	97.184	.581	.882
A3	47.62	99.587	.532	.884
A4	47.62	95.955	.626	.880
A5	47.80	97.306	.573	.882
A6	47.86	95.388	.652	.880
A7	47.86	95.470	.521	.884
A12	48.42	102.371	.266	.891
A14	48.32	101.202	.340	.888
A16	48.76	102.635	.313	.889
A17	47.60	96.571	.652	.880
A18	48.26	96.196	.604	.881
A19	47.30	98.092	.505	.884
A20	47.52	97.642	.632	.881
A21	47.98	96.551	.516	.884
A22	47.80	97.020	.476	.885
A23	47.90	93.929	.598	.881
A24	47.46	95.560	.680	.879
A28	48.46	102.539	.278	.890
A29	48.18	101.906	.301	.890
A32	48.72	103.104	.259	.890

Putaran 4**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	42.48	84.132	.532	.889
A2	42.32	83.855	.564	.888
A3	42.14	85.307	.574	.888
A4	42.14	82.735	.608	.887
A5	42.32	83.283	.603	.887
A6	42.38	82.036	.646	.885
A7	42.38	81.342	.556	.889
A14	42.84	88.056	.293	.896
A16	43.28	89.471	.254	.897
A17	42.12	83.087	.649	.886
A18	42.78	82.583	.610	.887
A19	41.82	83.906	.540	.889
A20	42.04	83.958	.638	.886
A21	42.50	82.867	.524	.890
A22	42.32	82.753	.515	.890
A23	42.42	80.779	.587	.887
A24	41.98	81.734	.706	.884
A29	42.70	88.541	.265	.897

Putaran 5

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	36.66	72.351	.503	.902
A2	36.50	71.316	.592	.899
A3	36.32	72.753	.599	.899
A4	36.32	70.671	.608	.899
A5	36.50	71.480	.580	.900
A6	36.56	70.047	.644	.897
A7	36.56	69.068	.573	.900
A17	36.30	70.786	.666	.897
A18	36.96	69.917	.653	.897
A19	36.00	71.592	.550	.901
A20	36.22	71.889	.631	.898
A21	36.68	70.671	.530	.902
A22	36.50	70.418	.530	.902
A23	36.60	68.612	.601	.899
A24	36.16	69.647	.713	.895

Lampiran 10. Uji Validitas Skala *Problem Focused Coping*

Putaran 1

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	30.30	35.480	.241	.771
A2	30.14	35.551	.356	.759
A3	30.08	36.075	.364	.759
A4	31.28	33.022	.427	.751
A5	31.10	34.173	.318	.764
A6	30.58	30.657	.675	.721
A7	30.14	34.449	.429	.752
A8	30.54	33.029	.391	.756
A9	30.68	32.998	.370	.759
A10	31.04	31.753	.584	.733
A11	31.34	33.739	.354	.760
A12	31.06	33.404	.426	.751

Putaran 2

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A2	26.96	31.876	.362	.761
A3	26.90	32.622	.336	.764
A4	28.10	29.357	.441	.751
A5	27.92	30.116	.361	.762
A6	27.40	27.469	.656	.723
A7	26.96	30.774	.441	.752
A8	27.36	29.174	.421	.754
A9	27.50	29.847	.338	.766
A10	27.86	28.572	.558	.737
A11	28.16	30.260	.347	.763
A12	27.88	29.863	.428	.753

Lampiran 11. Uji Reliabilitas Skala Kesejahteraan Psikologis

Putaran 1

Reliability Statistics

Cronbach's Alpha	N of Items
.883	40

Putaran 2

Reliability Statistics

Cronbach's Alpha	N of Items
.935	24

Putaran 3

Reliability Statistics

Cronbach's Alpha	N of Items
.941	21

Lampiran 12. Uji Reliabilitas Skala *Cyberloafing*

Putaran 1

Reliability Statistics

Cronbach's Alpha	N of Items
.853	32

Putaran 2

Reliability Statistics

Cronbach's Alpha	N of Items
.882	25

Putaran 3

Reliability Statistics

Cronbach's Alpha	N of Items
.889	21

Putaran 4

Reliability Statistics

Cronbach's Alpha	N of Items
.895	18

Putaran 5

Reliability Statistics

Cronbach's Alpha	N of Items
.905	15

Lampiran 13. Uji Reliabilitas Skala *Problem Focused Coping*

Putaran 1

Reliability Statistics

Cronbach's Alpha	N of Items
.769	12

Putaran 2

Reliability Statistics

Cronbach's Alpha	N of Items
.771	11

Lampiran 14. Uji Normalitas

One-Sample Kolmogorov-Smirnov Test

		Unstandardized Residual
N		200
Normal Parameters ^{a,b}	Mean	.0000000
	Std. Deviation	3.05577779
Most Extreme Differences	Absolute	.047
	Positive	.027
	Negative	-.047
Test Statistic		.047
Asymp. Sig. (2-tailed)		.200 ^{c,d}

- a. Test distribution is Normal.
- b. Calculated from data.
- c. Lilliefors Significance Correction.
- d. This is a lower bound of the true significance.

Lampiran 15. Uji Linearitas

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Kesejahteraan Psikologis * PFC	Between Groups	(Combined)	3349.327	15	223.288	3.008	.000
		Linearity	2406.197	1	2406.197	32.419	.000
		Deviation from Linearity	943.130	14	67.366	.908	.552
	Within Groups		13656.993	184	74.223		
	Total		17006.320	199			

Lampiran 16. Uji Multikolinearitas

Coefficients ^a								
Model	Unstandardized Coefficients			Standardized Coefficients	t	Sig.	Collinearity Statistics	
	B	Std. Error		Beta			Tolerance	VIF
1	(Constant)	83.530	3.303		25.291	.000		
	Cyberloafing	-.556	.033	-.750	-16.617	.000	.891	1.122
	PFC	-.367	.129	-.129	-2.849	.005	.891	1.122

a. Dependent Variable: Kesejahteraan Psikologis

Lampiran 17. Uji Heterokedastisitas

Correlations					
			Cyberloafing	PFC	Unstandardized Residual
Spearman's rho	Cyberloafing	Correlation Coefficient	1.000	.364**	-.023
		Sig. (2-tailed)	.	.000	.744
		N	200	200	200
	PFC	Correlation Coefficient	.364**	1.000	.078
		Sig. (2-tailed)	.000	.	.274
		N	200	200	200
	Unstandardized Residual	Correlation Coefficient	-.023	.078	1.000
		Sig. (2-tailed)	.744	.274	.
		N	200	200	200

** . Correlation is significant at the 0.01 level (2-tailed).

Lampiran 18. Uji Jalur

Path Estimates

					95% Confidence Interval		Z	p	
		Label	Estimate	SE	Lower	Upper			
Cyberloafing	→	PFC	a	0.0857	0.0151	0.0520	0.117	5.67	< .001
PFC	→	Kesejahteraan Psikologis	b	-0.3671	0.1433	-0.6659	-0.111	-2.56	0.010
Cyberloafing	→	Kesejahteraan Psikologis	c	-0.5555	0.0328	-0.6268	-0.493	-16.94	< .001

Lampiran 19. Uji Mediasi

Mediation Estimates								
Effect	Label	Estimate	SE	95% Confidence Interval		Z	p	% Mediation
				Lower	Upper			
Indirect	$a \times b$	-0.0314	0.0141	-0.0613	-0.00988	-2.23	0.026	5.36
Direct	c	-0.5555	0.0328	-0.6268	-0.49338	-16.94	< .001	94.64
Total	$c + a \times b$	-0.5869	0.0264	-0.6482	-0.53820	-22.20	< .001	100.00