**Lampiran 1. *Informed Concent***

**IDENTITAS**

Nama: Usia:

Jenis Kelamin: Asal Kampus:

Fakultas dan Prodi: Semester:

No.Handphone:

Assalamualaikum Wr. Wb

Perkenalkan nama Saya Agung Yudi Perwira mahasiswa S1 Fakultas Psikologi angkatan 2016 Universitas 17 Agustus 1945 Surabaya. Saya bermaksud melakukan penelitian mengenai “Hubungan Antara Kecemasan Menghadapi Wabah Covid19 Dengan Subjective Well Being Pada Mahasiswa Lampung Yang Kuliah Di Surabaya”. Penelitian ini dilakukan sebagai tahap akhir penyelesaian studi di Fakultas Psikologi Universitas 17 Agustus 1945 Surabaya. Saya berharap Anda bersedia untuk menjadi responden dalam penelitian ini. Selanjutnya dilakukan pengisian skala yang terkait dengan penelitian.

Semua informasi yang Anda berikan terjamin kerahasiaannya. Bacalah setiap pernyataan dengan jelas. Anda diminta untuk menjawab pernyataan sesuai dengan keadaan yang menggambarkan kondisi anda pada saat ini. Jawaban yang tersedia pada pilihan jawaban adalah sebagai berikut:

SS: Jika pernyataan tersebut Sangat Sesuai   
S: Jika pernyataan tersebut SesuaiT  
S: Jika pernyataan tersebut tidak Sesuai  
STS: Jika pernyataan tersebut Sangat Tidak Sesuai

**Lampiran 2. Skala I *Subjective Well Being***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| No. | Pernyataan | Jawaban | | | |
| STS | TS | S | SS |
| 1. | Kehidupan saya selama pandemi covid19 memuaskan |  |  |  |  |
| 2. | Kehidupan saya biasa saja selama pandemi covid19 |  |  |  |  |
| 3. | Saya kurang beruntung selama masa pandemi covid19 |  |  |  |  |
| 4. | Kualitas hidup saya meningkat selama pandemi covid19 |  |  |  |  |
| 5. | Kehidupan orang lain pada saat pandemi covid19 lebih baik dari pada saya |  |  |  |  |
| 6. | Saya memiliki kehidupan yang layak selama pandemi covid19 |  |  |  |  |
| 7. | Saya mensyukuri kehidupan saya pada saat pandemi covid19 |  |  |  |  |
| 8. | Harapan saya mudah terwujud pada saat pandemi covid19 |  |  |  |  |
| 9. | Saya kesulitan menggapai masa depan pada saat masa pandemi covid19 |  |  |  |  |
| 10. | Saya yakin dengan masa depan saya setelah pandemi covid19 |  |  |  |  |
| 11. | Saya mudah menyerah dalam aktivitas pada saat pandemi covid19 |  |  |  |  |
| 12. | Saya menikmati masa – masa pandemi covid19 |  |  |  |  |
| 13. | Saya sedih memikirkan kondisi pandemi covid19 |  |  |  |  |
| 14. | Pandemi covid19 membuat saya kesulitan dalam menikmati hidup |  |  |  |  |
| 15. | Saya melakukan berbagai kegiatan positif selama pandemi covid19 |  |  |  |  |
| 16. | Mencoba hal baru adalah kegiatan yang saya lakukan selama pandemi covid19 |  |  |  |  |
| 17. | Saya mudah bosan dengan aktivitas yang saya lakukan pada masa pandemi covid19 |  |  |  |  |
| 18. | Pandemi covid19 membuat saya mudah merasakan perasaan temperament |  |  |  |  |
| 19. | Saya cukup tenang menghadapi kondisi pandemi covid19 |  |  |  |  |
| 20. | Beraktivitas pada masa pandemi covid19 membuat saya lebih berhati – hati |  |  |  |  |
| 21. | Saya menutup diri dari lingkungan saat pandemi covid19 |  |  |  |  |
| 22. | Saya menikmati hidup meskipun dengan keadaan pandemi covid19 saat ini |  |  |  |  |
| 23. | Saya mudah melamun saat pandemi covid19 |  |  |  |  |
| 24. | Saya melakukan aktivitas sesuka saya saat kondisi pandemi covid19 |  |  |  |  |
| 25. | Saya memiliki kebanggaan hidup selama pandemi covid19 |  |  |  |  |
| 26. | Kebosanan menghampiri saya selama pandemi covid19 |  |  |  |  |
| 27. | Pandemi covid19 membuat saya kesulitan bersosialisasi dengan orang lain |  |  |  |  |
| 28. | Saya memiliki impian yang besar pada saat pandemi covid19 |  |  |  |  |
| 29. | Saya semangat dalam menjalani aktivitas keseharian walaupun dalam masa pandemi covid19 seperti ini |  |  |  |  |
| 30. | Saya mudah putus asa dengan situasi pandemi covid19 |  |  |  |  |
| 31. | Saya jenuh dengan rutinitas selama pandemi covid19 |  |  |  |  |
| 32. | Membuat diri saya selalu bahagia adalah hal utama yang harus saya lakukan |  |  |  |  |
| 33. | Saya lebih suka berdiam diri pada masa pandemi covid19 |  |  |  |  |
| 34. | Saya berusaha aktif dalam kondisi pandemi covid19 |  |  |  |  |
| 35. | Saya meluapkan amarah saya kepada lingkungan sekitar |  |  |  |  |
| 36. | Saya merasa emosi saya lebih stabil saat masa pandemi covid19 |  |  |  |  |
| 37. | Saya takut jika pergi ke tempat umum pada masa pandemi covid19 |  |  |  |  |
| 38. | Saya tetap bertemu dengan teman – teman saya selama pandemi covid19 |  |  |  |  |
| 39. | Saya mudah menyalahkan diri sendiri atas kondisi pandemi covid19 yang berada disekitar saya |  |  |  |  |
| 40. | Saya memaafkan orang lain ketika melanggar aturan pandemi covid19 yang dianjurkan pemerintah |  |  |  |  |
| 41. | Kehidupan saya sebelum pandemi covid19 lebih baik |  |  |  |  |
| 42. | Hidup saya menarik pada saat pandemi covid19 |  |  |  |  |
| 43. | Pandemi covid19 membuat saya kesulitan dalam menentukan tujuan |  |  |  |  |
| 44. | Hubungan saya dengan lingkungan baik – baik saja selama pandemi covid19 |  |  |  |  |
| 45. | Harapan hidup saya tinggi selama pandemi covid19 |  |  |  |  |
| 46. | Saya senang masih bisa menjalani rutinitas selama pandemi covid19 |  |  |  |  |

**Lampiran 3.** **Skala II Kecemasan**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| No. | Pernyataan | Jawaban | | | |
| STS | TS | S | SS |
| 1. | Saya kurang menikmati kehidupan saat kondisi pandemi covid19 |  |  |  |  |
| 2. | Saya cukup tenang dalam kondisi pandemi covid19 |  |  |  |  |
| 3. | Saya membeli barang apa pun untuk memenuhi kebutuhan jangka panjang selama pandemi covid19 |  |  |  |  |
| 4. | Saya merasa bahwa semuanya akan baik – baik saja selama pandemi covid19 |  |  |  |  |
| 5. | Saya mudah dalam menentukan tujuan pada masa pandemi covid19 |  |  |  |  |
| 6. | Saya sulit untuk menentukan keputusan selama masa pandemi covid19 |  |  |  |  |
| 7. | Saya sulit untuk menyelesaikan sesuatu dalam kondisi pandemi covid19 |  |  |  |  |
| 8. | Saya mengerjakan tugas kuliah dengan mudah selama masa pandemi covid19 |  |  |  |  |
| 9. | Pikiran saya dipenuhi berita situasi dan kondisi pandemi covid19 saat ini |  |  |  |  |
| 10. | Mengetahui informasi pandemi covid19 terkini membuat saya kurang tenang |  |  |  |  |
| 11. | Saya menikmati keadaan pada saat masa pandemi covid19 |  |  |  |  |
| 12. | Berusaha berfikir positif selama masa pandemi covid19 |  |  |  |  |
| 13. | Ketakutan selama pandemi covid19 ini mempengaruhi kehidupan saya dalam waktu dekat |  |  |  |  |
| 14. | Saya terkejut ketika melihat kondisi pandemi covid19 terkini di media massa |  |  |  |  |
| 15. | Saya cukup santai menikmati kondisi pandemi covid19 saat ini |  |  |  |  |
| 16. | Saya menikmati istirahat saya selama pandemi covid19 |  |  |  |  |
| 17. | Saya sulit istirahat karena memikirkan kondisi pandemi covid19 |  |  |  |  |
| 18. | Kondisi pandemi covid19 tidak mempengaruhi nafsu makan saya |  |  |  |  |
| 19. | Nafsu makan saya menurun pada kondisi pandemi covid19 |  |  |  |  |
| 20. | Anggota tubuh saya menjadi dingin secara tiba – tiba bila mengetahui informasi pandemi covid19 |  |  |  |  |
| 21. | Ketika mengetahui kondisi pandemi terkini, anggota tubuh saya merespon seperti biasanya |  |  |  |  |
| 22. | Saya mudah gugup dari pada biasanya |  |  |  |  |
| 23. | Saya melakukan kegiatan sehari – hari dengan tenang pada saat kondisi pandemi covid19 |  |  |  |  |
| 24. | Saya berbelanja kebutuhan sehari – hari sama seperti sebelum adanya pandemi covid19 |  |  |  |  |
| 25. | Saya terburu – buru dalam membelajakan uang saya untuk kebutuhan jangka panjang selama masa pandemi covid19 |  |  |  |  |
| 26. | Saya melakukan kegiatan keseharian saya seperti biasanya |  |  |  |  |
| 27. | Pandemi covid19 membuat saya kesulitan untuk memilih kebutuhan yang diperlukan |  |  |  |  |
| 28. | Saya cukup mudah menentukan pilihan selama pandemi covid19 |  |  |  |  |
| 29. | Saya tidak dapat berfikir ketika membayangkan perubahan yang terjadi selama pandemi covid19 |  |  |  |  |
| 30. | Saya merasakan seakan – akan saya gagal dan hancur dalam pandemi covid19 |  |  |  |  |
| 31. | Saya merasa takut tanpa suatu sebab yang jelas saat pandemi covid19 |  |  |  |  |
| 32. | Saya merasa bahwa semuanya akan baik – baik saja selama pandemi covid19 |  |  |  |  |
| 33. | Menyikapi dengan tenang keadaan pandemi covid19 adalah cara saya |  |  |  |  |
| 34. | Detak jantung saya berdetak dengan cepat ketika mengtahui kondisi pandemi covid19 di lingkungan sekitar saya |  |  |  |  |
| 35. | Selama pandemi covid19 saya mengalami mimpi buruk |  |  |  |  |
| 36. | Tidur saya terjaga selama pandemi covid19 |  |  |  |  |
| 37. | Saya menikmati makanan yang saat dalam kondisi pandemi covid19 |  |  |  |  |
| 38. | Ketika saya makan, saya pernah memuntahkan makanan karena melihat berita pandemi covid19 di media sosial |  |  |  |  |
| 39. | Tangan saya biasanya kering dan hangat |  |  |  |  |
| 40. | Saya mudah berkeringat dingin ketika memikirkan perubahan – perubahan yang terjadi selama pandemi covid19 |  |  |  |  |

**Lampiran 4.** **Tabulasi *Subjective Well Being* Sebelum Validasi**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | **1.** | **2.** | **3.** | **4.** | **5.** | **6.** | **7.** | **8.** | **9.** | **10.** | **11.** | **12.** | **13.** | **14.** | **15.** |
| **1.** | 2 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 |
| **2.** | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 |
| **3.** | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 2 |
| **4.** | 1 | 3 | 4 | 4 | 3 | 4 | 4 | 2 | 3 | 4 | 4 | 3 | 3 | 4 | 4 |
| **5.** | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 2 |
| **6.** | 3 | 1 | 3 | 2 | 2 | 3 | 4 | 2 | 2 | 4 | 2 | 3 | 2 | 2 | 2 |
| **7.** | 3 | 1 | 2 | 1 | 4 | 3 | 3 | 2 | 2 | 4 | 3 | 1 | 1 | 2 | 2 |
| **8.** | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 1 | 2 | 4 | 4 | 2 | 1 | 1 | 3 |
| **9.** | 2 | 3 | 3 | 2 | 3 | 2 | 4 | 2 | 4 | 2 | 4 | 2 | 1 | 2 | 4 |
| **10.** | 2 | 2 | 3 | 3 | 3 | 2 | 4 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 4 |
| **11.** | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 |
| **12.** | 2 | 1 | 3 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 3 | 4 | 2 | 2 | 3 |
| **13.** | 2 | 1 | 4 | 2 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 1 | 3 | 3 |
| **14.** | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 1 | 2 | 2 | 2 |
| **15.** | 1 | 1 | 2 | 1 | 2 | 2 | 4 | 1 | 1 | 4 | 4 | 3 | 1 | 1 | 4 |
| **16.** | 4 | 1 | 4 | 4 | 2 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 2 | 4 | 4 |
| **17.** | 2 | 2 | 3 | 1 | 2 | 3 | 3 | 2 | 4 | 4 | 3 | 3 | 2 | 2 | 2 |
| **18.** | 2 | 1 | 4 | 2 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 3 | 2 | 2 | 3 |
| **19.** | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 2 | 4 |
| **20.** | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 3 |
| **21.** | 3 | 3 | 3 | 1 | 2 | 2 | 4 | 1 | 2 | 4 | 3 | 2 | 1 | 2 | 3 |
| **22.** | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 2 |
| **23.** | 4 | 2 | 3 | 2 | 2 | 4 | 3 | 3 | 3 | 2 | 3 | 1 | 1 | 4 | 4 |
| **24.** | 1 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 2 |
| **25.** | 3 | 2 | 3 | 2 | 2 | 3 | 4 | 2 | 3 | 4 | 3 | 4 | 1 | 4 | 3 |
| **26.** | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 3 |
| **27.** | 2 | 2 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 4 | 4 | 1 | 2 | 3 |
| **28.** | 2 | 2 | 3 | 2 | 3 | 3 | 4 | 2 | 3 | 3 | 4 | 4 | 2 | 3 | 3 |
| **29.** | 2 | 3 | 2 | 2 | 2 | 3 | 4 | 2 | 2 | 4 | 3 | 2 | 3 | 2 | 2 |
| **30.** | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 2 | 2 | 3 | 3 |
| **31.** | 2 | 2 | 4 | 2 | 4 | 3 | 3 | 1 | 4 | 2 | 4 | 1 | 4 | 4 | 4 |
| **32.** | 1 | 3 | 3 | 1 | 3 | 3 | 4 | 2 | 3 | 4 | 2 | 2 | 2 | 3 | 2 |
| **33.** | 2 | 2 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 2 | 3 | 2 | 1 | 3 | 4 |
| **34.** | 3 | 1 | 2 | 4 | 1 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 4 |
| **35.** | 2 | 3 | 2 | 2 | 3 | 2 | 4 | 2 | 2 | 4 | 4 | 4 | 3 | 4 | 4 |
| **36.** | 3 | 2 | 3 | 3 | 3 | 2 | 4 | 2 | 3 | 4 | 3 | 2 | 2 | 3 | 3 |
| **37.** | 2 | 3 | 1 | 2 | 1 | 2 | 3 | 4 | 2 | 3 | 2 | 1 | 4 | 2 | 3 |
| **38.** | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 2 |
| **39.** | 2 | 2 | 3 | 2 | 3 | 3 | 4 | 2 | 2 | 4 | 4 | 3 | 2 | 2 | 3 |
| **40.** | 1 | 1 | 2 | 2 | 2 | 3 | 4 | 2 | 3 | 3 | 3 | 3 | 1 | 2 | 3 |
| **41.** | 2 | 2 | 3 | 2 | 2 | 3 | 4 | 2 | 2 | 3 | 4 | 2 | 1 | 2 | 4 |
| **42.** | 2 | 3 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 4 | 3 | 2 | 3 | 2 | 4 |
| **43.** | 3 | 2 | 3 | 3 | 2 | 2 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 3 |
| **44.** | 2 | 2 | 3 | 2 | 3 | 4 | 3 | 2 | 2 | 3 | 2 | 2 | 1 | 1 | 3 |
| **45.** | 4 | 3 | 2 | 3 | 4 | 4 | 4 | 2 | 3 | 4 | 3 | 4 | 3 | 3 | 3 |
| **46.** | 1 | 2 | 3 | 1 | 3 | 2 | 4 | 2 | 2 | 3 | 3 | 1 | 2 | 2 | 4 |
| **47.** | 2 | 2 | 2 | 2 | 3 | 3 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 3 |
| **48** | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 2 |
| **49.** | 1 | 4 | 1 | 1 | 4 | 1 | 4 | 1 | 1 | 4 | 4 | 3 | 1 | 1 | 4 |
| **50.** | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 4 | 3 | 2 | 2 | 2 | 3 |
| **51.** | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 2 | 3 | 2 | 2 | 1 | 3 | 3 | 2 |
| **52.** | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 4 | 3 | 3 | 2 | 3 | 2 |
| **53.** | 4 | 1 | 2 | 3 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 2 | 3 | 3 |
| **54.** | 2 | 1 | 2 | 2 | 3 | 4 | 4 | 2 | 2 | 4 | 3 | 2 | 1 | 2 | 3 |
| **55.** | 2 | 4 | 4 | 3 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| **56.** | 3 | 1 | 4 | 2 | 3 | 4 | 4 | 3 | 3 | 2 | 4 | 4 | 1 | 4 | 2 |
| **57.** | 2 | 2 | 2 | 3 | 2 | 3 | 4 | 3 | 2 | 4 | 4 | 3 | 1 | 2 | 3 |
| **58.** | 2 | 2 | 3 | 2 | 1 | 3 | 4 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 3 |
| **59.** | 3 | 2 | 4 | 2 | 3 | 3 | 4 | 2 | 3 | 4 | 3 | 3 | 3 | 4 | 3 |
| **60.** | 3 | 2 | 4 | 2 | 3 | 3 | 4 | 2 | 3 | 4 | 3 | 3 | 3 | 4 | 3 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **16.** | **17.** | **18.** | **19.** | **20.** | **21.** | **22.** | **23.** | **24.** | **25.** | **26.** | **27.** | **28.** |
| **1.** | 4 | 2 | 3 | 3 | 1 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 2 |
| **2.** | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 1 | 1 | 3 |
| **3.** | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 2 |
| **4.** | 4 | 3 | 4 | 4 | 1 | 2 | 4 | 4 | 1 | 2 | 2 | 3 | 4 |
| **5.** | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 2 |
| **6.** | 2 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 1 | 2 | 1 | 2 | 2 |
| **7.** | 3 | 1 | 1 | 2 | 1 | 3 | 3 | 2 | 1 | 1 | 2 | 1 | 1 |
| **8.** | 2 | 2 | 3 | 2 | 1 | 2 | 3 | 4 | 2 | 1 | 1 | 1 | 4 |
| **9.** | 3 | 1 | 2 | 3 | 1 | 2 | 3 | 3 | 2 | 1 | 2 | 2 | 3 |
| **10.** | 4 | 3 | 2 | 2 | 1 | 3 | 3 | 4 | 3 | 3 | 2 | 2 | 4 |
| **11.** | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 |
| **12.** | 2 | 1 | 3 | 4 | 1 | 2 | 4 | 2 | 3 | 1 | 1 | 2 | 1 |
| **13.** | 3 | 3 | 2 | 4 | 2 | 1 | 3 | 4 | 3 | 3 | 4 | 1 | 3 |
| **14.** | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 3 |
| **15.** | 2 | 1 | 2 | 4 | 1 | 4 | 4 | 4 | 3 | 3 | 2 | 1 | 1 |
| **16.** | 3 | 4 | 4 | 4 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 |
| **17.** | 2 | 2 | 3 | 3 | 1 | 3 | 3 | 3 | 2 | 1 | 2 | 2 | 2 |
| **18.** | 3 | 1 | 3 | 4 | 1 | 1 | 4 | 3 | 2 | 2 | 1 | 2 | 3 |
| **19.** | 4 | 3 | 3 | 3 | 1 | 4 | 4 | 4 | 2 | 1 | 3 | 2 | 2 |
| **20.** | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 3 |
| **21.** | 3 | 2 | 1 | 2 | 2 | 1 | 4 | 3 | 4 | 3 | 1 | 1 | 4 |
| **22.** | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 4 |
| **23.** | 4 | 1 | 2 | 4 | 1 | 3 | 4 | 1 | 2 | 2 | 1 | 1 | 4 |
| **24.** | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 3 |
| **25.** | 3 | 3 | 4 | 3 | 1 | 4 | 4 | 3 | 3 | 3 | 2 | 4 | 4 |
| **26.** | 2 | 1 | 1 | 4 | 1 | 2 | 4 | 2 | 2 | 1 | 4 | 1 | 4 |
| **27.** | 3 | 1 | 3 | 4 | 1 | 2 | 3 | 4 | 3 | 1 | 1 | 2 | 2 |
| **28.** | 2 | 1 | 3 | 3 | 2 | 3 | 4 | 3 | 1 | 2 | 2 | 2 | 2 |
| **29.** | 3 | 2 | 3 | 4 | 1 | 2 | 4 | 3 | 2 | 2 | 2 | 2 | 3 |
| **30.** | 4 | 3 | 3 | 3 | 1 | 2 | 4 | 3 | 3 | 3 | 3 | 2 | 3 |
| **31.** | 1 | 2 | 4 | 3 | 2 | 3 | 3 | 4 | 2 | 1 | 2 | 2 | 3 |
| **32.** | 3 | 1 | 3 | 2 | 1 | 2 | 3 | 3 | 1 | 2 | 4 | 3 | 4 |
| **33.** | 4 | 4 | 4 | 2 | 1 | 1 | 3 | 4 | 4 | 3 | 3 | 2 | 1 |
| **34.** | 4 | 1 | 1 | 4 | 1 | 3 | 3 | 3 | 3 | 3 | 1 | 2 | 4 |
| **35.** | 4 | 4 | 4 | 4 | 1 | 1 | 4 | 4 | 2 | 4 | 4 | 1 | 1 |
| **36.** | 3 | 2 | 3 | 3 | 1 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 4 |
| **37.** | 1 | 4 | 3 | 2 | 4 | 2 | 3 | 3 | 1 | 3 | 2 | 1 | 4 |
| **38.** | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 2 |
| **39.** | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 1 | 2 | 2 |
| **40.** | 3 | 1 | 4 | 4 | 1 | 2 | 4 | 3 | 4 | 2 | 1 | 1 | 3 |
| **41.** | 3 | 2 | 3 | 2 | 1 | 2 | 3 | 4 | 3 | 3 | 2 | 2 | 2 |
| **42.** | 4 | 3 | 4 | 4 | 1 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 4 |
| **43.** | 3 | 2 | 2 | 3 | 1 | 2 | 4 | 4 | 4 | 2 | 2 | 2 | 3 |
| **44.** | 4 | 1 | 1 | 2 | 1 | 2 | 4 | 2 | 3 | 2 | 1 | 1 | 4 |
| **45.** | 2 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 1 | 4 | 4 | 4 |
| **46.** | 3 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 3 | 1 | 1 | 2 | 2 |
| **47.** | 3 | 4 | 4 | 4 | 1 | 3 | 3 | 4 | 4 | 4 | 3 | 2 | 3 |
| **48.** | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 1 | 1 | 3 |
| **49.** | 4 | 1 | 1 | 2 | 1 | 3 | 4 | 1 | 4 | 1 | 1 | 1 | 1 |
| **50.** | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 3 |
| **51.** | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 3 | 2 | 2 | 2 | 2 |
| **52.** | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 1 | 3 | 3 |
| **53.** | 3 | 3 | 4 | 4 | 1 | 4 | 4 | 3 | 2 | 2 | 2 | 3 | 3 |
| **54.** | 3 | 1 | 2 | 3 | 1 | 3 | 3 | 4 | 4 | 2 | 1 | 2 | 3 |
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| **24.** | 3 | 3 | 2 | 3 | 3 | 3 |
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| **58.** | 1 | 3 | 3 | 3 | 3 | 3 |
| **59.** | 2 | 2 | 3 | 4 | 3 | 3 |
| **60.** | 2 | 2 | 3 | 4 | 3 | 3 |

**Lampiran 5.** **Tabulasi Skala *Subjective Well Being* Setelah Validasi**

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|  | **1.** | **3.** | **4.** | **6.** | **7.** | **9.** | **10.** | **11.** | **12.** | **14.** | **17.** | **18.** |
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|  | 19. | 21. | 22. | 23. | 25. | 26. | 27. | 29. | 30. | 31. | 32. | 33. |
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| **35.** | 4 | 4 | 4 | 1 | 4 | 4 | 4 |
| **36.** | 3 | 3 | 2 | 2 | 3 | 3 | 2 |
| **37.** | 2 | 2 | 3 | 1 | 3 | 2 | 2 |
| **38.** | 2 | 3 | 3 | 2 | 3 | 3 | 2 |
| **39.** | 4 | 4 | 3 | 1 | 3 | 3 | 3 |
| **40.** | 2 | 4 | 2 | 2 | 4 | 4 | 4 |
| **41.** | 3 | 4 | 3 | 2 | 3 | 2 | 4 |
| **42.** | 3 | 4 | 4 | 3 | 4 | 4 | 4 |
| **43.** | 4 | 4 | 2 | 1 | 3 | 4 | 4 |
| **44.** | 3 | 3 | 1 | 1 | 4 | 4 | 3 |
| **45.** | 4 | 4 | 3 | 4 | 4 | 4 | 4 |
| **46.** | 1 | 4 | 1 | 1 | 4 | 4 | 2 |
| **47.** | 4 | 4 | 3 | 2 | 4 | 4 | 4 |
| **48** | 3 | 3 | 2 | 1 | 2 | 2 | 3 |
| **49.** | 4 | 4 | 2 | 1 | 4 | 1 | 3 |
| **50.** | 3 | 3 | 2 | 2 | 2 | 3 | 3 |
| **51.** | 2 | 2 | 2 | 1 | 2 | 2 | 3 |
| **52.** | 3 | 4 | 3 | 4 | 3 | 3 | 3 |
| **53.** | 3 | 4 | 2 | 2 | 3 | 3 | 3 |
| **54.** | 3 | 4 | 2 | 1 | 4 | 4 | 4 |
| **55.** | 4 | 3 | 2 | 3 | 3 | 3 | 3 |
| **56.** | 3 | 3 | 3 | 1 | 3 | 3 | 3 |
| **57.** | 4 | 4 | 1 | 2 | 4 | 4 | 3 |
| **58.** | 4 | 3 | 3 | 1 | 3 | 3 | 3 |
| **59.** | 3 | 4 | 3 | 4 | 4 | 3 | 3 |
| **60.** | 3 | 4 | 3 | 4 | 4 | 3 | 3 |

**Lampiran 6. Tabulasi Skala Kecemasan Sebelum di Validasi**

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|  | **1.** | **2.** | **3.** | **4.** | **5.** | **6.** | **7.** | **8.** | **9.** | **10.** | **11** | **12.** | **13.** |
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| **2.** | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 |
| **3.** | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 2 |
| **4.** | 2 | 3 | 1 | 3 | 3 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | 1 |
| **5.** | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 2 |
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| **7.** | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 3 | 4 | 4 | 2 | 3 |
| **8.** | 2 | 3 | 2 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 2 | 4 |
| **9.** | 2 | 2 | 2 | 1 | 3 | 2 | 1 | 1 | 3 | 3 | 4 | 1 | 2 |
| **10.** | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 1 | 3 |
| **11.** | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 1 | 3 |
| **12.** | 3 | 2 | 3 | 1 | 3 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 2 |
| **13.** | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 2 |
| **14.** | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 |
| **15.** | 3 | 2 | 4 | 1 | 4 | 3 | 3 | 1 | 2 | 2 | 3 | 1 | 3 |
| **16.** | 1 | 1 | 1 | 1 | 2 | 3 | 3 | 2 | 4 | 2 | 2 | 1 | 1 |
| **17.** | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 1 | 2 |
| **18.** | 3 | 2 | 2 | 2 | 3 | 1 | 1 | 2 | 3 | 3 | 2 | 2 | 2 |
| **19.** | 2 | 1 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | 1 |
| **20.** | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 3 |
| **21.** | 3 | 3 | 4 | 3 | 3 | 3 | 2 | 1 | 1 | 1 | 3 | 2 | 3 |
| **22.** | 3 | 3 | 2 | 4 | 3 | 2 | 2 | 2 | 3 | 2 | 4 | 3 | 1 |
| **23.** | 2 | 1 | 1 | 4 | 4 | 4 | 3 | 1 | 1 | 4 | 1 | 1 | 4 |
| **24.** | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 |
| **25.** | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 |
| **26.** | 4 | 1 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 |
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| **44.** | 3 | 3 | 1 | 3 | 4 | 4 | 3 | 2 | 4 | 4 | 2 | 3 | 3 |
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| **48** | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 4 |
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| **51.** | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 3 |
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| **58.** | 2 | 2 | 3 | 1 | 3 | 2 | 2 | 2 | 4 | 2 | 2 | 1 | 3 |
| **59.** | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 |
| **60.** | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 1 |

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|  | **14.** | **15.** | **16.** | **17.** | **18.** | **19.** | **20.** | **21.** | **22.** | **23.** | **24.** | **25.** |
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| **5.** | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 2 |
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| **11.** | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 3 |
| **12.** | 3 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 3 |
| **13.** | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 2 |
| **14.** | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **15.** | 3 | 1 | 1 | 1 | 3 | 2 | 1 | 4 | 1 | 1 | 1 | 1 |
| **16.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 4 | 1 | 1 | 1 | 1 |
| **17.** | 2 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 1 |
| **18.** | 3 | 4 | 2 | 2 | 4 | 1 | 1 | 2 | 1 | 2 | 2 | 1 |
| **19.** | 2 | 1 | 1 | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **20.** | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 3 |
| **21.** | 4 | 2 | 1 | 2 | 1 | 2 | 1 | 4 | 1 | 3 | 4 | 1 |
| **22.** | 4 | 3 | 3 | 4 | 4 | 2 | 2 | 3 | 2 | 4 | 2 | 2 |
| **23.** | 1 | 4 | 4 | 1 | 1 | 1 | 1 | 1 | 3 | 1 | 3 | 1 |
| **24.** | 3 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 |
| **25.** | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 |
| **26.** | 3 | 3 | 2 | 1 | 1 | 4 | 3 | 2 | 3 | 2 | 4 | 1 |
| **27.** | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 4 | 1 |
| **28.** | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 1 | 1 | 2 |
| **29.** | 3 | 4 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 |
| **30.** | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **31.** | 1 | 2 | 4 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 4 | 1 |
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| **33.** | 4 | 3 | 3 | 2 | 1 | 1 | 1 | 2 | 1 | 4 | 3 | 1 |
| **34.** | 1 | 1 | 1 | 3 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 |
| **35.** | 4 | 3 | 3 | 2 | 1 | 1 | 2 | 3 | 2 | 2 | 3 | 2 |
| **36.** | 2 | 2 | 3 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 1 |
| **37.** | 1 | 1 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 1 | 2 |
| **38.** | 1 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 |
| **39.** | 3 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 1 | 2 | 3 | 3 |
| **40.** | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 1 |
| **41.** | 3 | 3 | 2 | 1 | 4 | 1 | 2 | 2 | 2 | 2 | 2 | 1 |
| **42.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 |
| **43.** | 4 | 2 | 2 | 1 | 2 | 1 | 1 | 2 | 1 | 2 | 3 | 2 |
| **44.** | 4 | 4 | 4 | 3 | 3 | 2 | 1 | 2 | 4 | 3 | 4 | 1 |
| **45.** | 2 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 1 |
| **46.** | 3 | 4 | 3 | 3 | 3 | 1 | 2 | 3 | 3 | 3 | 4 | 3 |
| **47.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 2 | 1 |
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| **58.** | 3 | 3 | 2 | 2 | 3 | 1 | 1 | 2 | 1 | 2 | 2 | 3 |
| **59.** | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 |
| **60.** | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **26.** | **27.** | **28.** | **29.** | **30.** | **31.** | **32.** | **33.** | **34.** | **35.** | **36.** | **37.** |
| **1.** | 1 | 2 | 3 | 2 | 1 | 2 | 3 | 1 | 1 | 2 | 4 | 3 |
| **2.** | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 |
| **3.** | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 |
| **4.** | 2 | 2 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 |
| **5.** | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 |
| **6.** | 4 | 3 | 3 | 3 | 1 | 3 | 2 | 2 | 1 | 1 | 1 | 1 |
| **7.** | 4 | 3 | 2 | 2 | 2 | 4 | 2 | 2 | 3 | 2 | 3 | 2 |
| **8.** | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 1 | 2 | 2 |
| **9.** | 3 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 3 | 1 | 3 | 1 |
| **10.** | 2 | 3 | 2 | 2 | 1 | 2 | 1 | 1 | 2 | 1 | 1 | 2 |
| **11.** | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 2 |
| **12.** | 2 | 4 | 3 | 3 | 1 | 3 | 1 | 2 | 4 | 1 | 2 | 1 |
| **13.** | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **14.** | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 3 | 2 |
| **15.** | 1 | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 4 | 1 |
| **16.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **17.** | 2 | 3 | 3 | 1 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 1 |
| **18.** | 2 | 3 | 3 | 2 | 1 | 3 | 2 | 2 | 3 | 1 | 2 | 2 |
| **19.** | 1 | 3 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
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| **22.** | 2 | 1 | 4 | 2 | 3 | 1 | 3 | 2 | 3 | 4 | 3 | 3 |
| **23.** | 4 | 4 | 1 | 1 | 1 | 4 | 4 | 4 | 2 | 4 | 3 | 1 |
| **24.** | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 |
| **25.** | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 1 | 2 | 2 |
| **26.** | 4 | 4 | 1 | 4 | 1 | 2 | 3 | 3 | 1 | 4 | 1 | 1 |
| **27.** | 2 | 1 | 2 | 2 | 1 | 3 | 2 | 3 | 1 | 1 | 4 | 1 |
| **28.** | 1 | 2 | 3 | 2 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 2 |
| **29.** | 2 | 2 | 2 | 3 | 1 | 1 | 1 | 1 | 2 | 1 | 3 | 1 |
| **30.** | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 1 | 2 | 1 | 3 | 2 |
| **31.** | 2 | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 4 | 2 |
| **32.** | 3 | 3 | 3 | 2 | 2 | 3 | 1 | 2 | 2 | 2 | 2 | 2 |
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| **34.** | 2 | 1 | 3 | 3 | 1 | 1 | 3 | 2 | 1 | 3 | 1 | 4 |
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| **37.** | 4 | 4 | 4 | 1 | 2 | 2 | 2 | 3 | 1 | 2 | 3 | 4 |
| **38.** | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 |
| **39.** | 3 | 3 | 3 | 1 | 3 | 2 | 4 | 2 | 4 | 2 | 2 | 3 |
| **40.** | 2 | 2 | 2 | 1 | 1 | 1 | 2 | 1 | 2 | 2 | 3 | 2 |
| **41.** | 2 | 2 | 3 | 2 | 1 | 2 | 2 | 3 | 3 | 1 | 4 | 1 |
| **42.** | 1 | 1 | 2 | 2 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 |
| **43.** | 2 | 3 | 2 | 1 | 1 | 1 | 1 | 2 | 3 | 1 | 2 | 2 |
| **44.** | 3 | 2 | 4 | 2 | 1 | 3 | 3 | 3 | 2 | 1 | 4 | 3 |
| **45.** | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
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| **47.** | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
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| **59.** | 1 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 |
| **60.** | 1 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 |

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|  | **38.** | **39.** | **40.** |
| **1.** | 1 | 4 | 1 |
| **2.** | 1 | 3 | 3 |
| **3.** | 2 | 3 | 2 |
| **4.** | 1 | 4 | 1 |
| **5.** | 2 | 3 | 2 |
| **6.** | 1 | 4 | 1 |
| **7.** | 1 | 2 | 2 |
| **8.** | 1 | 4 | 1 |
| **9.** | 1 | 4 | 1 |
| **10.** | 1 | 2 | 1 |
| **11.** | 1 | 4 | 2 |
| **12.** | 1 | 3 | 2 |
| **13.** | 1 | 1 | 1 |
| **14.** | 1 | 2 | 2 |
| **15.** | 1 | 3 | 1 |
| **16.** | 1 | 4 | 1 |
| **17.** | 1 | 3 | 1 |
| **18.** | 1 | 4 | 1 |
| **19.** | 1 | 4 | 1 |
| **20.** | 3 | 2 | 3 |
| **21.** | 1 | 3 | 3 |
| **22.** | 3 | 4 | 4 |
| **23.** | 1 | 4 | 2 |
| **24.** | 1 | 1 | 1 |
| **25.** | 1 | 2 | 2 |
| **26.** | 3 | 2 | 2 |
| **27.** | 1 | 2 | 1 |
| **28.** | 1 | 4 | 1 |
| **29.** | 1 | 1 | 1 |
| **30.** | 1 | 2 | 1 |
| **31.** | 1 | 4 | 1 |
| **32.** | 1 | 3 | 2 |
| **33.** | 1 | 1 | 1 |
| **34.** | 1 | 4 | 1 |
| **35.** | 1 | 3 | 2 |
| **36.** | 1 | 2 | 2 |
| **37.** | 1 | 4 | 3 |
| **38.** | 2 | 3 | 2 |
| **39.** | 1 | 2 | 2 |
| **40.** | 1 | 3 | 2 |
| **41.** | 1 | 1 | 2 |
| **42.** | 1 | 1 | 1 |
| **43.** | 1 | 4 | 1 |
| **44.** | 1 | 4 | 3 |
| **45.** | 1 | 2 | 1 |
| **46.** | 1 | 3 | 2 |
| **47.** | 1 | 1 | 1 |
| **48** | 2 | 2 | 4 |
| **49.** | 1 | 4 | 1 |
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| **51.** | 2 | 3 | 3 |
| **52.** | 3 | 2 | 2 |
| **53.** | 1 | 4 | 1 |
| **54.** | 1 | 4 | 1 |
| **55.** | 3 | 2 | 3 |
| **56.** | 1 | 2 | 1 |
| **57.** | 1 | 2 | 1 |
| **58.** | 1 | 4 | 1 |
| **59.** | 1 | 4 | 1 |
| **60.** | 1 | 4 | 1 |

**Lampiran 7. Tabulasi Skala Kecemasan Setelah Validasi**

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| **17.** | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 1 | 2 | 2 | 3 | 2 |
| **18.** | 3 | 2 | 2 | 3 | 1 | 3 | 2 | 2 | 2 | 3 | 4 | 2 |
| **19.** | 2 | 1 | 1 | 2 | 2 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| **20.** | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 2 |
| **21.** | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 2 | 3 | 4 | 2 | 1 |
| **22.** | 3 | 3 | 4 | 3 | 2 | 2 | 4 | 3 | 1 | 4 | 3 | 3 |
| **23.** | 2 | 1 | 4 | 4 | 4 | 4 | 1 | 1 | 4 | 1 | 4 | 4 |
| **24.** | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 2 |
| **25.** | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 |
| **26.** | 4 | 1 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 |
| **27.** | 2 | 2 | 2 | 2 | 1 | 3 | 1 | 1 | 3 | 3 | 1 | 1 |
| **28.** | 1 | 1 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |
| **29.** | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 3 | 4 | 2 |
| **30.** | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 1 | 2 | 2 | 2 | 2 |
| **31.** | 1 | 1 | 1 | 4 | 1 | 1 | 4 | 2 | 3 | 1 | 2 | 4 |
| **32.** | 3 | 3 | 1 | 4 | 3 | 3 | 3 | 1 | 3 | 3 | 2 | 1 |
| **33.** | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 4 | 3 | 3 |
| **34.** | 3 | 2 | 2 | 1 | 2 | 3 | 4 | 1 | 1 | 1 | 1 | 1 |
| **35.** | 2 | 2 | 1 | 3 | 4 | 3 | 2 | 1 | 2 | 4 | 3 | 3 |
| **36.** | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 1 | 2 | 2 | 2 | 3 |
| **37.** | 3 | 3 | 2 | 3 | 3 | 1 | 3 | 3 | 1 | 1 | 1 | 2 |
| **38.** | 2 | 3 | 2 | 3 | 1 | 2 | 3 | 2 | 2 | 1 | 2 | 3 |
| **39.** | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 1 | 4 | 3 | 4 | 2 |
| **40.** | 2 | 1 | 1 | 2 | 2 | 3 | 3 | 1 | 2 | 2 | 2 | 2 |
| **41.** | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 1 | 3 | 3 | 3 | 2 |
| **42.** | 2 | 2 | 1 | 3 | 3 | 1 | 3 | 1 | 2 | 1 | 1 | 1 |
| **43.** | 1 | 3 | 3 | 2 | 3 | 4 | 2 | 1 | 3 | 4 | 2 | 2 |
| **44.** | 3 | 3 | 3 | 4 | 4 | 4 | 2 | 3 | 3 | 4 | 4 | 4 |
| **45.** | 1 | 4 | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 1 |
| **46.** | 3 | 3 | 3 | 3 | 2 | 3 | 4 | 2 | 3 | 3 | 4 | 3 |
| **47.** | 2 | 3 | 1 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| **48** | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 3 |
| **49.** | 4 | 1 | 1 | 4 | 4 | 4 | 3 | 1 | 4 | 4 | 4 | 4 |
| **50.** | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 |
| **51.** | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 2 | 3 | 4 | 4 | 4 |
| **52.** | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **53.** | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 1 | 2 | 2 | 2 | 1 |
| **54.** | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 1 | 2 | 3 | 3 | 3 |
| **55.** | 1 | 3 | 2 | 3 | 3 | 3 | 2 | 1 | 3 | 3 | 1 | 3 |
| **56.** | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 3 |
| **57.** | 3 | 2 | 1 | 2 | 3 | 1 | 2 | 1 | 1 | 3 | 2 | 3 |
| **58.** | 2 | 2 | 1 | 3 | 2 | 2 | 2 | 1 | 3 | 3 | 3 | 2 |
| **59.** | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 1 |
| **60.** | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 1 |

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **17.** | **18.** | **19.** | **20.** | **22.** | **23.** | **24.** | **25** | **26** | **27** | **28.** | **29.** |
| **1.** | 1 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 1 | 2 | 3 | 2 |
| **2.** | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 4 |
| **3.** | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 2 |
| **4.** | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 | 2 | 2 | 3 | 1 |
| **5.** | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 2 |
| **6.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 4 | 3 | 3 | 3 |
| **7.** | 3 | 4 | 2 | 3 | 3 | 4 | 3 | 2 | 4 | 3 | 2 | 2 |
| **8.** | 2 | 1 | 1 | 1 | 3 | 3 | 3 | 1 | 3 | 3 | 3 | 3 |
| **9.** | 2 | 2 | 2 | 1 | 2 | 3 | 3 | 1 | 3 | 1 | 1 | 1 |
| **10.** | 2 | 2 | 2 | 1 | 2 | 2 | 3 | 3 | 2 | 3 | 2 | 2 |
| **11.** | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 |
| **12.** | 1 | 1 | 1 | 2 | 1 | 2 | 2 | 3 | 2 | 4 | 3 | 3 |
| **13.** | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 1 |
| **14.** | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **15.** | 1 | 3 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 |
| **16.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **17.** | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 3 | 3 | 1 |
| **18.** | 2 | 4 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 3 | 3 | 2 |
| **19.** | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 3 | 1 |
| **20.** | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 3 | 2 | 3 |
| **21.** | 2 | 1 | 2 | 1 | 1 | 3 | 4 | 1 | 3 | 2 | 3 | 4 |
| **22.** | 4 | 4 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 1 | 4 | 2 |
| **23.** | 1 | 1 | 1 | 1 | 3 | 1 | 3 | 1 | 4 | 4 | 1 | 1 |
| **24.** | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 |
| **25.** | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **26.** | 1 | 1 | 4 | 3 | 3 | 2 | 4 | 1 | 4 | 4 | 1 | 4 |
| **27.** | 1 | 1 | 1 | 1 | 1 | 1 | 4 | 1 | 2 | 1 | 2 | 2 |
| **28.** | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 3 | 2 |
| **29.** | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 |
| **30.** | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **31.** | 1 | 1 | 1 | 1 | 1 | 2 | 4 | 1 | 2 | 1 | 3 | 1 |
| **32.** | 2 | 1 | 1 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 2 |
| **33.** | 2 | 1 | 1 | 1 | 1 | 4 | 3 | 1 | 4 | 2 | 3 | 2 |
| **34.** | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 3 | 3 |
| **35.** | 2 | 1 | 1 | 2 | 2 | 2 | 3 | 2 | 1 | 3 | 3 | 2 |
| **36.** | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 3 | 2 | 2 |
| **37.** | 3 | 3 | 2 | 3 | 2 | 2 | 1 | 2 | 4 | 4 | 4 | 1 |
| **38.** | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 |
| **39.** | 3 | 2 | 2 | 2 | 1 | 2 | 3 | 3 | 3 | 3 | 3 | 1 |
| **40.** | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 1 |
| **41.** | 1 | 4 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 3 | 2 |
| **42.** | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 | 1 | 1 | 2 | 2 |
| **43.** | 1 | 2 | 1 | 1 | 1 | 2 | 3 | 2 | 2 | 3 | 2 | 1 |
| **44.** | 3 | 3 | 2 | 1 | 4 | 3 | 4 | 1 | 3 | 2 | 4 | 2 |
| **45.** | 1 | 2 | 2 | 1 | 1 | 2 | 1 | 1 | 1 | 4 | 1 | 1 |
| **46.** | 3 | 3 | 1 | 2 | 3 | 3 | 4 | 3 | 2 | 2 | 3 | 2 |
| **47.** | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 1 | 1 |
| **48** | 2 | 1 | 1 | 1 | 1 | 3 | 2 | 4 | 2 | 3 | 3 | 4 |
| **49.** | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 4 |
| **50.** | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 2 |
| **51.** | 2 | 4 | 2 | 1 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 |
| **52.** | 3 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| **53.** | 2 | 2 | 2 | 1 | 1 | 3 | 3 | 2 | 2 | 2 | 2 | 2 |
| **54.** | 2 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 2 | 2 | 2 | 3 |
| **55.** | 3 | 2 | 4 | 4 | 3 | 2 | 1 | 3 | 4 | 4 | 2 | 3 |
| **56.** | 2 | 2 | 2 | 1 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 2 |
| **57.** | 1 | 4 | 1 | 1 | 1 | 2 | 3 | 1 | 2 | 3 | 2 | 3 |
| **58.** | 2 | 3 | 1 | 1 | 1 | 2 | 2 | 3 | 2 | 3 | 3 | 1 |
| **59.** | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 2 |
| **60.** | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 2 |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **30.** | **31.** | **32.** | **33.** | **34.** | **35.** | **37.** | **38.** | **40.** |
| **1.** | 1 | 2 | 3 | 1 | 1 | 2 | 3 | 1 | 1 |
| **2.** | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 |
| **3.** | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 |
| **4.** | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 1 |
| **5.** | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 |
| **6.** | 1 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | 1 |
| **7.** | 2 | 4 | 2 | 2 | 3 | 2 | 2 | 1 | 2 |
| **8.** | 3 | 2 | 3 | 2 | 2 | 1 | 2 | 1 | 1 |
| **9.** | 1 | 2 | 1 | 2 | 3 | 1 | 1 | 1 | 1 |
| **10.** | 1 | 2 | 1 | 1 | 2 | 1 | 2 | 1 | 1 |
| **11.** | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 1 | 2 |
| **12.** | 1 | 3 | 1 | 2 | 4 | 1 | 1 | 1 | 2 |
| **13.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **14.** | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 1 | 2 |
| **15.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **16.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **17.** | 2 | 1 | 2 | 2 | 1 | 1 | 1 | 1 | 1 |
| **18.** | 1 | 3 | 2 | 2 | 3 | 1 | 2 | 1 | 1 |
| **19.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **20.** | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 3 | 3 |
| **21.** | 2 | 2 | 3 | 3 | 2 | 1 | 3 | 1 | 3 |
| **22.** | 3 | 1 | 3 | 2 | 3 | 4 | 3 | 3 | 4 |
| **23.** | 1 | 4 | 4 | 4 | 2 | 4 | 1 | 1 | 2 |
| **24.** | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 1 | 1 |
| **25.** | 2 | 2 | 2 | 2 | 3 | 1 | 2 | 1 | 2 |
| **26.** | 1 | 2 | 3 | 3 | 1 | 4 | 1 | 3 | 2 |
| **27.** | 1 | 3 | 2 | 3 | 1 | 1 | 1 | 1 | 1 |
| **28.** | 1 | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 |
| **29.** | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 |
| **30.** | 1 | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 1 |
| **31.** | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 1 |
| **32.** | 2 | 3 | 1 | 2 | 2 | 2 | 2 | 1 | 2 |
| **33.** | 1 | 3 | 3 | 3 | 3 | 1 | 1 | 1 | 1 |
| **34.** | 1 | 1 | 3 | 2 | 1 | 3 | 4 | 1 | 1 |
| **35.** | 3 | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 2 |
| **36.** | 1 | 2 | 1 | 1 | 3 | 2 | 2 | 1 | 2 |
| **37.** | 2 | 2 | 2 | 3 | 1 | 2 | 4 | 1 | 3 |
| **38.** | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 |
| **39.** | 3 | 2 | 4 | 2 | 4 | 2 | 3 | 1 | 2 |
| **40.** | 1 | 1 | 2 | 1 | 2 | 2 | 2 | 1 | 2 |
| **41.** | 1 | 2 | 2 | 3 | 3 | 1 | 1 | 1 | 2 |
| **42.** | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 |
| **43.** | 1 | 1 | 1 | 2 | 3 | 1 | 2 | 1 | 1 |
| **44.** | 1 | 3 | 3 | 3 | 2 | 1 | 3 | 1 | 3 |
| **45.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **46.** | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 1 | 2 |
| **47.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **48** | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 2 | 4 |
| **49.** | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **50.** | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 |
| **51.** | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 |
| **52.** | 1 | 1 | 2 | 2 | 2 | 1 | 2 | 3 | 2 |
| **53.** | 1 | 2 | 2 | 2 | 1 | 1 | 2 | 1 | 1 |
| **54.** | 2 | 1 | 1 | 2 | 3 | 1 | 1 | 1 | 1 |
| **55.** | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 3 |
| **56.** | 1 | 1 | 3 | 3 | 2 | 2 | 3 | 1 | 1 |
| **57.** | 3 | 2 | 1 | 1 | 2 | 1 | 1 | 1 | 1 |
| **58.** | 1 | 2 | 1 | 1 | 1 | 2 | 1 | 1 | 1 |
| **59.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| **60.** | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |

**Lampiran 8.** **Output Validitas dan Reliabilitas Skala *Subjective Well Being***

*Scale:* Skala *Subjective Well Being* Putaran 1

|  |  |  |  |
| --- | --- | --- | --- |
| **Case Processing Summary** | | | |
|  | | N | % |
| Casses | Valid | 60 | 100.0 |
| Excludeda | 0 | 0 |
| Total | 60 | 100.0 |
| Listwise deletion based on all variables in the procedure. | | | |

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .889 | 46 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| aitem 1 | 119.0000 | 234.644 | .389 | .887 |
| aitem 2 | 119.2167 | 240.173 | .158 | .890 |
| aitem 3 | 118.5833 | 236.722 | .304 | .888 |
| aitem 4 | 119.0667 | 231.046 | .558 | .885 |
| aitem 5 | 118.7000 | 244.078 | .000 | .892 |
| aitem 6 | 118.5500 | 233.303 | .442 | .886 |
| aitem 7 | 117.8333 | 233.633 | .458 | .886 |
| aitem 8 | 119.1000 | 238.058 | .290 | .888 |
| aitem 9 | 118.6667 | 235.751 | .358 | .887 |
| aitem 10 | 118.1000 | 234.803 | .346 | .888 |
| aitem 11 | 118.1833 | 234.593 | .436 | .886 |
| aitem 12 | 118.7000 | 227.908 | .546 | .884 |
| aitem 13 | 119.2667 | 238.165 | .199 | .890 |
| aitem 14 | 118.7000 | 228.383 | .540 | .884 |
| aitem 15 | 118.2833 | 237.427 | .289 | .888 |
| aitem 16 | 118.3833 | 237.834 | .255 | .889 |
| aitem 17 | 119.0833 | 227.671 | .544 | .884 |
| aitem 18 | 118.4833 | 227.068 | .584 | .884 |
| aitem 19 | 118.3167 | 233.542 | .433 | .886 |
| aitem 20 | 119.8000 | 249.688 | -.237 | .895 |
| aitem 21 | 118.8167 | 235.915 | .306 | .888 |
| aitem 22 | 118.0833 | 235.264 | .438 | .887 |
| aitem 23 | 118.2333 | 230.453 | .528 | .885 |
| aitem 24 | 118.6167 | 238.206 | .205 | .890 |
| aitem 25 | 119.0667 | 234.334 | .359 | .887 |
| aitem 26 | 119.2000 | 230.603 | .455 | .886 |
| aitem 27 | 119.2000 | 228.841 | .541 | .884 |
| aitem 28 | 118.5000 | 240.593 | .104 | .892 |
| aitem 29 | 118.1833 | 230.254 | .640 | .884 |
| aitem 30 | 118.2333 | 228.012 | .663 | .883 |
| aitem 31 | 118.9833 | 225.508 | .655 | .883 |
| aitem 32 | 117.9833 | 234.966 | .385 | .887 |
| aitem 33 | 118.8167 | 234.796 | .349 | .887 |
| aitem 34 | 118.3333 | 231.277 | .508 | .885 |
| aitem 35 | 117.8333 | 235.531 | .387 | .887 |
| aitem 36 | 118.8500 | 232.740 | .430 | .886 |
| aitem 37 | 119.3000 | 231.400 | .407 | .887 |
| aitem 38 | 119.1667 | 238.514 | .233 | .889 |
| aitem 39 | 117.9833 | 237.339 | .266 | .889 |
| aitem 40 | 119.0833 | 237.773 | .218 | .890 |
| aitem 41 | 119.5000 | 240.322 | .167 | .890 |
| aitem 42 | 118.9667 | 238.406 | .208 | .890 |
| aitem 43 | 118.8167 | 240.186 | .157 | .890 |
| aitem 44 | 118.1167 | 236.952 | .300 | .888 |
| aitem 45 | 118.3167 | 233.135 | .393 | .887 |
| aitem 46 | 118.3000 | 230.756 | .528 | .885 |

Scale: Skala *Subjective Well Being* Putaran 2

|  |  |  |  |
| --- | --- | --- | --- |
| **Case Processing Summary** | | | |
|  | | N | % |
| Casses | Valid | 60 | 100.0 |
| Excludeda | 0 | 0 |
| Total | 60 | 100.0 |
| Listwise deletion based on all variables in the procedure. | | | |

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .905 | 31 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| aitem 1 | 119.0000 | 234.644 | .389 | .887 |
| aitem 3 | 118.5833 | 236.722 | .304 | .888 |
| aitem 4 | 119.0667 | 231.046 | .558 | .885 |
| aitem 6 | 118.5500 | 233.303 | .442 | .886 |
| aitem 7 | 117.8333 | 233.633 | .458 | .886 |
| aitem 9 | 118.6667 | 235.751 | .358 | .887 |
| aitem 10 | 118.1000 | 234.803 | .346 | .888 |
| aitem 11 | 118.1833 | 234.593 | .436 | .886 |
| aitem 12 | 118.7000 | 227.908 | .546 | .884 |
| aitem 14 | 118.7000 | 228.383 | .540 | .884 |
| aitem 17 | 119.0833 | 227.671 | .544 | .884 |
| aitem 18 | 118.4833 | 227.068 | .584 | .884 |
| aitem 19 | 118.3167 | 233.542 | .433 | .886 |
| aitem 21 | 118.8167 | 235.915 | .306 | .888 |
| aitem 22 | 118.0833 | 235.264 | .438 | .887 |
| aitem 23 | 118.2333 | 230.453 | .528 | .885 |
| aitem 25 | 119.0667 | 234.334 | .359 | .887 |
| aitem 26 | 119.2000 | 230.603 | .455 | .886 |
| aitem 27 | 119.2000 | 228.841 | .541 | .884 |
| aitem 29 | 118.1833 | 230.254 | .640 | .884 |
| aitem 30 | 118.2333 | 228.012 | .663 | .883 |
| aitem 31 | 118.9833 | 225.508 | .655 | .883 |
| aitem 32 | 117.9833 | 234.966 | .385 | .887 |
| aitem 33 | 118.8167 | 234.796 | .349 | .887 |
| aitem 34 | 118.3333 | 231.277 | .508 | .885 |
| aitem 35 | 117.8333 | 235.531 | .387 | .887 |
| aitem 36 | 118.8500 | 232.740 | .430 | .886 |
| aitem 37 | 119.3000 | 231.400 | .407 | .887 |
| aitem 44 | 118.1167 | 236.952 | .300 | .888 |
| aitem 45 | 118.3167 | 233.135 | .393 | .887 |
| aitem 46 | 118.3000 | 230.756 | .528 | .885 |

**Lampiran 9.** **Output Validitas dan Reliabilitas Skala Kecemasan**

Scale: Skala KecemasanPutaran 1

|  |  |  |  |
| --- | --- | --- | --- |
| **Case Processing Summary** | | | |
|  | | N | % |
| Casses | Valid | 60 | 100.0 |
| Excludeda | 0 | 0 |
| Total | 60 | 100.0 |
| Listwise deletion based on all variables in the procedure. | | | |

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .912 | 40 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| aitem 1 | 82.8667 | 250.151 | .437 | .910 |
| aitem 2 | 83.0167 | 252.932 | .343 | .911 |
| aitem 3 | 82.7667 | 260.894 | -.018 | .916 |
| aitem 4 | 83.1833 | 245.373 | .571 | .909 |
| aitem 5 | 82.4667 | 250.965 | .452 | .910 |
| aitem 6 | 82.7667 | 252.487 | .331 | .911 |
| aitem 7 | 82.8500 | 253.113 | .309 | .912 |
| aitem 8 | 82.8333 | 253.938 | .249 | .912 |
| aitem 9 | 82.5333 | 254.592 | .197 | .913 |
| aitem 10 | 82.6667 | 246.870 | .482 | .910 |
| aitem 11 | 82.7000 | 246.756 | .463 | .910 |
| aitem 12 | 83.6500 | 247.181 | .593 | .909 |
| aitem 13 | 82.8000 | 245.892 | .532 | .909 |
| aitem 14 | 82.6167 | 245.664 | .494 | .909 |
| aitem 15 | 82.8000 | 245.722 | .481 | .910 |
| aitem 16 | 83.0333 | 242.779 | .592 | .908 |
| aitem 17 | 83.3333 | 244.701 | .628 | .908 |
| aitem 18 | 83.2500 | 249.411 | .313 | .912 |
| aitem 19 | 83.6333 | 250.067 | .448 | .910 |
| aitem 20 | 83.6667 | 249.412 | .475 | .910 |
| aitem 21 | 83.1000 | 253.414 | .286 | .912 |
| aitem 22 | 83.4167 | 246.756 | .565 | .909 |
| aitem 23 | 83.1167 | 245.122 | .601 | .908 |
| aitem 24 | 82.8333 | 251.633 | .304 | .912 |
| aitem 25 | 83.4500 | 251.269 | .382 | .911 |
| aitem 26 | 82.9667 | 244.067 | .569 | .908 |
| aitem 27 | 82.8667 | 251.473 | .311 | .912 |
| aitem 28 | 82.7500 | 248.869 | .467 | .910 |
| aitem 29 | 83.1333 | 247.304 | .467 | .910 |
| aitem 30 | 83.6500 | 247.723 | .532 | .909 |
| aitem 31 | 83.2167 | 243.529 | .584 | .908 |
| aitem 32 | 83.2833 | 242.952 | .651 | .908 |
| aitem 33 | 83.2833 | 245.461 | .584 | .908 |
| aitem 34 | 83.2333 | 246.046 | .511 | .909 |
| aitem 35 | 83.5667 | 244.555 | .575 | .908 |
| aitem 36 | 82.9333 | 251.589 | .272 | .913 |
| aitem 37 | 83.3667 | 247.287 | .498 | .909 |
| aitem 38 | 83.9500 | 253.506 | .377 | .911 |
| aitem 39 | 82.3333 | 258.768 | .037 | .916 |
| aitem 40 | 83.5667 | 242.555 | .702 | .907 |

Scale: Skala KecemasanPutaran 2

|  |  |  |  |
| --- | --- | --- | --- |
| **Case Processing Summary** | | | |
|  | | N | % |
| Casses | Valid | 60 | 100.0 |
| Excludeda | 0 | 0 |
| Total | 60 | 100.0 |
| Listwise deletion based on all variables in the procedure. | | | |

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .923 | 34 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| aitem 1 | 68.0667 | 218.640 | .438 | .921 |
| aitem 2 | 68.2167 | 221.156 | .348 | .922 |
| aitem 4 | 68.3833 | 214.037 | .577 | .920 |
| aitem 5 | 67.6667 | 219.718 | .437 | .921 |
| aitem 6 | 67.9667 | 220.812 | .332 | .923 |
| aitem 7 | 68.0500 | 222.082 | .280 | .923 |
| aitem 10 | 67.8667 | 216.185 | .458 | .921 |
| aitem 11 | 67.9000 | 216.600 | .421 | .922 |
| aitem 12 | 68.8500 | 215.757 | .600 | .920 |
| aitem 13 | 68.0000 | 214.576 | .536 | .920 |
| aitem 14 | 67.8167 | 214.457 | .494 | .921 |
| aitem 15 | 68.0000 | 214.576 | .479 | .921 |
| aitem 16 | 68.2333 | 212.046 | .581 | .920 |
| aitem 17 | 68.5333 | 213.846 | .616 | .919 |
| aitem 18 | 68.4500 | 218.319 | .300 | .924 |
| aitem 19 | 68.8333 | 218.073 | .472 | .921 |
| aitem 20 | 68.8667 | 217.812 | .482 | .921 |
| aitem 22 | 68.6167 | 215.291 | .575 | .920 |
| aitem 23 | 68.3167 | 213.813 | .607 | .919 |
| aitem 24 | 68.0333 | 219.355 | .330 | .923 |
| aitem 25 | 68.6500 | 219.757 | .380 | .922 |
| aitem 26 | 68.1667 | 211.972 | .608 | .919 |
| aitem 27 | 68.0667 | 218.640 | .359 | .922 |
| aitem 28 | 67.9500 | 218.523 | .421 | .922 |
| aitem 29 | 68.3333 | 215.989 | .468 | .921 |
| aitem 30 | 68.8500 | 215.994 | .550 | .920 |
| aitem 31 | 68.4167 | 212.078 | .599 | .919 |
| aitem 32 | 68.4833 | 211.712 | .660 | .919 |
| aitem 33 | 68.4833 | 213.542 | .616 | .919 |
| aitem 34 | 68.4333 | 214.080 | .541 | .920 |
| aitem 35 | 68.7667 | 212.928 | .596 | .919 |
| aitem 37 | 68.5667 | 216.758 | .466 | .921 |
| aitem 38 | 69.1500 | 221.384 | .401 | .922 |
| aitem 40 | 68.7667 | 211.131 | .722 | .918 |

Scale: Skala KecemasanPutaran 3

|  |  |  |  |
| --- | --- | --- | --- |
| **Case Processing Summary** | | | |
|  | | N | % |
| Casses | Valid | 60 | 100.0 |
| Excludeda | 0 | 0 |
| Total | 60 | 100.0 |
| Listwise deletion based on all variables in the procedure. | | | |

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .923 | 33 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| aitem 1 | 68.0667 | 218.640 | .438 | .921 |
| aitem 2 | 68.2167 | 221.156 | .348 | .922 |
| aitem 4 | 68.3833 | 214.037 | .577 | .920 |
| aitem 5 | 67.6667 | 219.718 | .437 | .921 |
| aitem 6 | 67.9667 | 220.812 | .332 | .923 |
| aitem 10 | 67.8667 | 216.185 | .458 | .921 |
| aitem 11 | 67.9000 | 216.600 | .421 | .922 |
| aitem 12 | 68.8500 | 215.757 | .600 | .920 |
| aitem 13 | 68.0000 | 214.576 | .536 | .920 |
| aitem 14 | 67.8167 | 214.457 | .494 | .921 |
| aitem 15 | 68.0000 | 214.576 | .479 | .921 |
| aitem 16 | 68.2333 | 212.046 | .581 | .920 |
| aitem 17 | 68.5333 | 213.846 | .616 | .919 |
| aitem 18 | 68.4500 | 218.319 | .300 | .924 |
| aitem 19 | 68.8333 | 218.073 | .472 | .921 |
| aitem 20 | 68.8667 | 217.812 | .482 | .921 |
| aitem 22 | 68.6167 | 215.291 | .575 | .920 |
| aitem 23 | 68.3167 | 213.813 | .607 | .919 |
| aitem 24 | 68.0333 | 219.355 | .330 | .923 |
| aitem 25 | 68.6500 | 219.757 | .380 | .922 |
| aitem 26 | 68.1667 | 211.972 | .608 | .919 |
| aitem 27 | 68.0667 | 218.640 | .359 | .922 |
| aitem 28 | 67.9500 | 218.523 | .421 | .922 |
| aitem 29 | 68.3333 | 215.989 | .468 | .921 |
| aitem 30 | 68.8500 | 215.994 | .550 | .920 |
| aitem 31 | 68.4167 | 212.078 | .599 | .919 |
| aitem 32 | 68.4833 | 211.712 | .660 | .919 |
| aitem 33 | 68.4833 | 213.542 | .616 | .919 |
| aitem 34 | 68.4333 | 214.080 | .541 | .920 |
| aitem 35 | 68.7667 | 212.928 | .596 | .919 |
| aitem 37 | 68.5667 | 216.758 | .466 | .921 |
| aitem 38 | 69.1500 | 221.384 | .401 | .922 |
| aitem 40 | 68.7667 | 211.131 | .722 | .918 |

**Lampiran 10. Asumsi Klasik**

**Output Uji Normalitas**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Tests of Normality** | | | | | | |
|  | Kolmogorov-Smirnova | | | Shapiro-Wilk | | |
| Statistic | df | Sig. | Statistic | df | Sig. |
| SWB | .109 | 60 | .075 | .975 | 60 | .258 |
| a. Lilliefors Significance Correction | | | | | | |

**Output Uji Linearitas**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Anova Table** | | | | |
|  | | | Sum of Squares | df |
| SWB \* KECEMASAN | Between Groups | (Combined) | 8269.817 | 38 |
| Linearity | 5298.953 | 1 |
| Deviation from Linearity | 2970.863 | 37 |
| Within Groups | | 2083.167 | 21 |
| Total | | 10352.983 | 59 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Anova Table** | | | | | |
|  | | | Mean of Squares | F | Sig |
| SWB \* KECEMASAN | Between Groups | (Combined) | 217.627 | 2.194 | .029 |
| Linearity | 5298.953 | 53.418 | .000 |
| Deviation from Linearity | 80.294 | .809 | .720 |
| Within Groups | | 99.198 |  |  |
| Total | |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measures of Association** | | | | |
|  | R | R Squared | Eta | Eta Squared |
| SWB \* KECEMASAN | -.715 | .512 | .894 | .799 |

**Lampiran 11.** **Output Uji Korelasi**

|  |  |  |  |
| --- | --- | --- | --- |
| **Correlations** | | | |
|  | | Kecemasan | SWB |
| KECEMASAN | Pearson Correlation | 1 | -.715\*\* |
|  | Sig. (2-tailed) |  | .000 |
|  | N | 60 | 60 |
| SWB | Pearson Correlation | -.715\*\* | 1 |
|  | Sig. (2-tailed) | .000 |  |
|  | N | 60 | 60 |
|  | | | |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). | | | |