

LAMPIRAN

Lampiran 1. Kuesioner *Fear of Missing Out* (FoMO)

No.	Pernyataan	SS	S	N	TS	STS
1.	Saya merasa cemas ketika tidak dapat mengakses internet dalam jangka waktu lebih dari 1 jam					
2.	Saya khawatir akan tertinggal informasi ketika tidak dapat mengakses internet kapanpun					
3.	Tanpa internet, saya merasa kurang terhubung dengan dunia luar					
4.	Saya mengecek postingan orang lain untuk mengetahui kegiatan mereka yang terkini					
5.	Saya merasa tertekan jika tidak mengetahui kegiatan teman-teman di internet melalui postingan media sosial mereka					
6.	Saya menghabiskan waktu untuk mencari tahu kehidupan orang lain di internet					
7.	Saya baik-baik saja ketika melewatkan kegiatan yang teman lakukan di internet					
8.	Saya baik-baik saja ketika dalam sehari tidak berinteraksi dengan teman di media sosial					
9.	Saya jarang memperhatikan postingan orang lain di media sosial					
10.	Saya rasa tidak penting untuk mengikuti aktivitas orang lain di media sosial					
11.	Saya cemas ketika melewatkan berita terkini di media sosial					
12.	Saya cemas ketika tidak dapat menemukan informasi yang saya butuhkan secara cepat di internet					

13.	Saya khawatir dikucilkan jika dalam sehari tidak berinteraksi dengan teman di media sosial					
14.	Saya gelisah ketika tidak bisa berinteraksi dengan teman di media sosial					
15.	Saya menghabiskan waktu dengan berinteraksi tatap muka dibandingkan berinteraksi melalui media sosial					
16.	Saya baik-baik saja jika dalam sehari tidak berinteraksi dengan teman di media sosial					
17.	Saya baik-baik saja ketika teman tidak melibatkan saya dalam aktivitas yang diposting di media sosial					

Lampiran 2. Kuesioner *Psychological Well Being*

No.	Pernyataan	SS	S	N	TS	STS
1.	Saya merasa puas dengan pencapaian yang telah saya raih selama ini					
2.	Saya tidak tahu apakah pencapaian saya saat ini telah cukup atau belum					
3.	Saya bingung apakah hal-hal buruk dalam hidup saya punya makna dalam kehidupan saya					
4.	Saya tidak merasa mendapat pelajaran apapun dalam hidup saya					
5.	Kehidupan saya saat ini penuh dengan hal-hal menyenangkan					
6.	Saya memiliki hubungan yang hangat dengan teman dan keluarga					
7.	Saya belum pernah merasakan kebahagiaan dalam menjalani kegiatan sehari-hari					
8.	Kemajuan yang saya alami saat ini tidak memuaskan					
9.	Saya kurang mampu menjalin hubungan hangat dengan orang sekitar					
10.	Saya menjadikan kritik dari orang lain sebagai bahan pembelajaran					
11.	Pengalaman buruk di masa lalu membuat saya lebih tegar menjalani hidup					
12.	Saya sulit melihat sisi positif dari kegagalan yang saya alami					
13.	Saat menghadapi tantangan, saya cenderung mudah putus asa					
14.	Saya berlarut-larut dalam kesedihan yang saya alami					
15.	Saya bersyukur atas hal-hal kecil yang saya alami					
16.	Saya merasa dicintai oleh orang-orang di sekitar saya					
17.	Saya merasa cemas ketika dihadapkan pada suatu masalah					

18.	Saya kurang mampu mengontrol emosi ketika dihadapan banyak orang					
19.	Saya rasa orang-orang di sekitar tidak menyayangi saya					

Lampiran 3. Tabulasi *Fear of Missing Out* (FoMO)

No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	TOTAL
	F	F	F	F	F	F	UF	UF	UF	UF	F	F	F	F	UF	UF	UF	
1	2	2	2	2	2	2	3	2	2	1	2	3	2	2	1	2	2	34
2	3	5	4	3	1	1	1	2	1	1	3	4	2	2	1	1	2	37
3	4	4	2	4	2	2	2	2	2	2	2	4	2	2	2	1	1	40
4	2	3	2	2	2	2	2	3	3	3	3	3	4	2	2	3	2	39
5	4	3	4	4	2	3	2	3	3	3	3	3	4	2	2	2	3	50
6	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	17
7	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	34
8	4	4	4	3	3	3	4	3	4	4	4	4	4	4	3	2	4	61
9	2	1	2	4	1	2	2	2	4	2	2	2	2	2	1	2	2	35
10	1	1	1	1	1	1	1	1	5	1	1	1	1	1	5	5	1	29
11	3	2	4	4	2	3	3	4	4	4	4	5	3	3	2	4	2	56
12	2	3	4	3	2	2	2	4	1	3	4	4	3	3	1	3	3	47
13	2	2	4	4	2	2	4	4	4	3	2	4	2	2	3	2	2	48
14	2	4	4	4	2	2	1	1	3	3	3	3	3	3	3	3	3	47
15	5	4	4	4	3	2	2	4	3	3	2	3	2	2	4	4	2	53
16	3	4	4	3	2	2	2	2	2	2	2	2	2	2	2	2	2	40
17	3	4	3	1	1	1	2	1	3	3	3	5	3	3	5	1	1	43
18	3	3	3	2	2	2	2	2	3	3	3	3	2	2	2	2	3	42
19	4	5	5	1	1	1	1	1	1	1	3	2	3	3	5	1	1	39
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23	4	4	5	5	4	4	2	2	4	4	3	4	1	3	4	2	3	58
24	3	3	3	4	2	2	1	1	2	2	2	3	2	2	2	2	2	38
25	3	4	5	4	2	2	2	2	2	2	3	4	1	2	1	2	2	43
26	2	2	4	2	2	2	2	3	2	3	2	4	1	2	2	2	1	38
27	5	5	5	5	5	5	1	1	1	1	5	5	5	5	1	1	1	57
28	5	5	5	5	1	1	1	1	1	1	5	5	1	1	1	1	1	41
29	5	5	5	5	1	1	1	1	1	1	5	5	1	1	5	1	1	45
30	5	4	3	2	1	1	1	2	2	1	3	4	1	4	4	1	1	40
31	2	3	3	1	1	1	1	1	2	1	2	4	3	1	2	1	1	30
32	2	4	4	4	4	4	3	3	2	3	3	4	3	3	2	2	2	52
33	3	3	3	2	1	1	1	3	2	2	2	4	1	3	2	3	3	39
34	4	4	4	2	2	1	1	4	1	4	4	4	5	2	1	2	1	46
35	1	1	4	3	1	1	1	1	1	1	2	2	2	2	1	1	1	26
36	1	1	2	3	2	1	2	2	2	2	2	3	2	2	1	2	3	33
37	3	4	4	3	2	3	2	2	3	3	3	3	3	3	3	3	3	50
38	4	3	4	3	3	3	3	3	3	3	3	3	3	3	3	3	3	53
39	4	4	4	4	3	3	3	3	3	3	4	4	4	4	2	3	3	58
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42	4	2	4	2	2	2	2	2	4	2	4	5	4	4	4	2	4	53
43	2	2	3	4	2	1	1	2	2	2	2	3	1	2	2	2	1	34
44	3	2	3	2	2	2	2	2	3	3	2	3	2	2	3	2	2	40
45	2	2	2	4	2	2	2	2	2	2	2	4	2	2	4	2	2	40
46	5	5	5	5	5	5	1	1	1	1	5	5	5	5	1	1	1	57
47	1	1	1	1	1	1	2	2	1	3	3	3	3	3	3	3	3	35
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56	2	2	2	3	1	1	2	2	2	2	2	2	2	2	1	32	
57	4	4	4	3	4	4	4	4	4	4	4	4	3	4	2	63	
58	2	4	4	2	2	2	2	2	4	3	2	2	2	2	2	43	
59	1	3	5	1	2	1	1	1	1	1	3	5	2	3	1	33	
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61	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51	
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68	4	4	5	4	4	4	4	4	4	3	4	4	2	3	2	60	
69	2	2	2	4	2	2	3	2	3	3	2	3	2	2	3	42	
70	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	17	
71	3	3	4	3	3	1	3	3	3	3	3	3	3	3	3	50	
72	3	3	3	3	2	1	2	2	2	2	2	3	2	3	1	40	
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74	2	2	4	2	1	2	2	4	4	2	2	2	2	2	2	38	
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77	2	3	3	3	2	3	2	3	3	3	3	3	2	3	3	46	
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79	1	5	2	2	2	2	4	4	5	5	1	2	1	4	5	53	
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83	4	4	3	3	2	2	2	3	4	1	3	5	3	3	2	49	
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86	3	2	3	3	3	2	3	2	3	2	3	3	2	3	3	47	
87	2	1	2	2	1	1	1	2	2	1	2	5	3	2	1	31	
88	5	5	5	3	5	3	5	3	3	1	5	5	5	5	1	69	
89	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	34	
90	4	4	4	2	2	2	2	2	2	2	1	2	2	2	2	39	
91	4	5	3	4	2	2	1	3	3	3	2	2	2	1	2	43	
92	3	3	4	4	1	1	2	2	2	3	3	2	2	2	2	40	
93	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51	
94	1	3	2	1	1	1	1	3	2	1	3	3	2	2	2	31	
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96	1	1	1	1	3	3	3	3	3	3	3	3	3	3	3	43	
97	4	4	4	4	1	2	1	1	2	2	1	4	1	1	1	35	
98	4	4	5	5	3	4	3	3	4	3	2	3	3	2	3	57	
99	3	2	5	2	2	2	2	2	1	4	2	3	2	3	2	42	
100	4	4	4	5	4	3	2	2	3	2	3	4	3	4	3	57	

Lampiran 4. Tabulasi *Psychological Well Being*

No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	Total
	F	UF	UF	UF	F	F	UF	UF	UF	F	F	UF	UF	UF	F	F	UF	UF	UF	
1	5	2	3	5	5	3	1	3	4	4	5	3	4	4	5	4	3	2	4	70
2	3	2	1	4	3	4	3	3	4	4	5	4	4	4	5	3	3	1	3	65
3	4	3	4	5	4	5	4	4	4	4	5	4	5	5	5	5	4	2	5	84
4	4	5	5	5	4	4	5	5	5	4	5	5	4	4	5	5	2	3	5	88
5	4	1	1	4	4	4	4	3	3	4	4	4	3	2	4	1	2	1	2	60
6	5	1	2	5	5	5	5	5	4	5	5	5	5	5	5	5	5	5	5	93
7	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	83
8	4	3	3	3	3	3	3	2	3	3	3	3	3	3	4	3	3	3	3	66
9	4	4	4	4	5	4	5	4	4	4	4	4	5	4	5	4	4	4	2	87
10	1	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	101
11	4	1	2	5	5	4	5	5	2	3	3	2	2	2	5	5	1	3	4	74
12	5	3	2	3	3	3	3	4	3	3	5	2	4	3	4	4	2	2	3	73
13	4	2	4	4	4	4	4	2	4	4	4	4	4	4	4	2	4	4	4	83
14	3	3	3	3	3	3	3	3	3	3	3	3	3	2	5	5	4	4	5	78
15	4	4	2	4	2	4	3	2	2	4	5	2	3	2	4	3	2	3	3	73
16	4	2	2	4	4	4	3	4	4	4	4	3	2	2	4	4	2	4	4	80
17	4	3	2	4	2	5	3	3	2	3	3	2	2	2	4	3	1	3	3	72
18	3	2	2	3	4	3	4	3	2	4	4	2	2	3	5	4	2	2	3	75
19	5	5	5	5	5	5	5	5	4	4	5	4	5	5	5	5	2	4	5	107
20	4	2	2	2	4	4	2	2	2	4	4	2	2	2	4	4	2	2	2	72
21	5	1	1	1	5	4	1	2	1	4	5	1	1	1	5	5	1	1	2	68
22	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	79
23	3	1	3	4	4	5	4	3	4	4	5	3	3	3	4	4	2	2	4	88
24	4	2	4	5	4	4	4	4	5	4	5	4	4	4	4	4	2	3	4	98
25	4	3	4	5	4	5	4	4	4	4	5	4	4	4	4	5	2	4	5	103
26	4	2	4	4	3	5	4	4	4	5	4	4	4	4	5	4	2	4	3	99
27	5	1	1	1	5	5	1	1	1	5	5	1	1	1	5	5	1	1	1	74
28	5	5	1	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	119
29	5	5	1	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	120
30	3	4	4	5	3	3	5	4	5	5	5	4	5	5	5	5	2	5	4	111
31	2	4	2	3	2	4	4	1	1	4	2	2	2	1	3	3	3	4	3	81
32	4	3	2	4	3	4	4	4	4	4	5	4	4	4	4	5	4	2	4	104
33	4	3	3	4	4	5	5	4	4	3	4	3	3	2	4	3	2	2	4	99
34	4	2	4	5	1	5	5	5	4	5	5	5	4	5	5	5	5	5	5	118
35	4	2	2	5	5	5	5	4	5	5	4	4	4	4	5	5	4	4	4	115
36	3	3	3	4	4	4	4	4	4	4	4	2	4	3	4	4	3	3	4	104
37	3	2	3	4	3	5	4	2	2	5	5	2	3	2	5	3	1	3	3	97
38	4	3	2	3	4	5	3	2	2	3	4	2	4	2	5	4	2	2	4	98
39	5	2	2	4	3	3	4	4	3	4	5	2	3	3	4	3	3	3	3	102
40	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	78
41	4	4	2	4	2	4	4	4	2	4	4	4	4	4	4	4	4	2	4	109
42	2	2	2	2	2	2	4	2	2	4	2	2	4	4	4	2	4	2	4	94
43	4	4	4	4	5	5	4	5	4	5	5	4	4	4	5	5	4	4	4	126
44	2	2	2	4	2	2	2	1	1	4	4	2	3	2	4	2	2	4	2	91
45	4	4	2	4	5	5	1	2	5	4	5	2	5	5	4	4	5	4	5	120
46	5	1	1	1	5	5	1	1	1	5	5	1	1	1	5	5	1	1	1	93
47	3	3	1	3	2	3	3	1	3	4	4	2	5	3	4	3	3	3	3	103
48	2	2	1	4	3	1	3	3	3	4	4	3	4	4	3	1	4	2	1	100

49	2	2	2	4	2	3	2	2	2	4	2	2	3	1	4	2	3	5	3	99
50	4	1	1	3	4	4	3	4	3	4	4	2	3	1	5	3	1	3	4	107
51	4	3	3	4	5	5	5	4	4	5	5	4	5	5	5	4	4	4	5	134
52	4	1	2	4	5	5	5	4	5	4	3	4	5	4	5	4	2	4	4	126
53	3	3	3	4	5	4	4	4	5	4	4	4	5	5	5	3	2	4	5	129
54	4	2	3	4	3	5	4	5	4	5	5	2	3	4	5	4	3	2	4	125
55	5	2	2	4	5	5	5	4	4	4	4	3	4	3	4	5	3	3	4	128
56	5	5	2	5	4	5	5	4	5	5	5	4	5	4	5	5	4	5	4	142
57	2	4	4	5	3	4	3	4	3	3	3	4	5	2	4	1	3	4	5	123
58	4	3	4	4	3	4	3	4	4	4	4	4	4	4	2	3	2	2	4	124
59	4	1	1	5	4	5	4	5	4	5	5	4	3	3	5	5	2	4	5	133
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62	2	4	4	4	4	4	4	1	4	5	5	4	3	4	5	2	2	2	2	127
63	2	5	4	4	2	3	4	4	4	4	3	4	3	3	5	4	2	2	2	127
64	3	3	3	2	3	4	4	4	3	4	4	2	2	4	5	4	3	2	2	125
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67	2	1	2	5	4	4	4	2	2	2	2	4	2	4	5	4	4	4	4	131
68	4	2	4	4	4	5	5	4	4	4	4	4	4	4	5	4	2	4	4	143
69	4	4	3	4	4	4	4	4	4	4	4	4	4	4	4	4	3	3	4	142
70	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	165
71	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	128
72	4	3	5	5	4	4	5	5	4	2	4	5	5	5	1	4	5	5	5	152
73	2	2	2	4	2	4	2	2	2	4	4	4	4	4	4	4	2	4	4	133
74	4	4	4	4	2	4	5	4	2	4	5	4	4	5	4	4	2	2	5	146
75	5	5	2	2	4	4	5	5	2	4	4	5	4	5	4	5	4	2	5	151
76	4	4	4	4	4	5	4	4	4	4	4	5	1	2	4	4	4	3	5	149
77	4	3	2	4	3	4	4	4	3	3	3	3	3	3	4	3	3	4	4	141
78	4	2	2	4	2	5	4	4	5	4	2	4	2	4	2	4	2	2	4	140
79	5	5	4	5	2	1	5	5	5	3	4	1	2	2	2	1	1	4	4	140
80	4	2	2	4	5	4	5	5	4	4	4	5	4	5	3	3	4	4	5	156
81	4	1	1	5	3	5	4	4	4	5	5	5	5	5	5	5	2	2	5	156
82	4	2	2	4	3	3	3	3	3	4	4	2	3	2	4	4	2	3	3	140
83	4	3	2	4	3	3	4	3	3	3	3	5	1	3	2	4	4	3	4	144
84	5	1	1	1	5	5	5	5	5	5	5	5	5	1	5	5	5	5	5	163
85	4	2	2	4	4	5	5	5	5	5	5	5	5	5	5	5	5	2	5	168
86	3	2	1	5	4	4	4	4	4	4	5	4	4	4	5	5	3	4	4	159
87	3	2	4	5	4	5	5	2	5	4	5	4	2	2	4	5	2	2	4	156
88	5	3	1	5	5	3	5	5	1	5	5	1	5	1	5	5	1	1	1	151
89	4	3	3	5	3	3	3	4	3	4	5	4	4	4	4	3	3	3	4	158
90	5	2	5	5	5	5	5	5	5	5	4	4	5	5	5	5	2	3	5	175
91	2	2	5	4	5	5	5	1	2	3	5	4	5	5	5	3	5	2	4	163
92	2	4	4	4	4	4	4	4	4	5	5	4	4	4	4	4	4	4	4	168
93	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	150
94	4	4	1	5	3	4	5	4	4	4	5	4	4	3	5	5	4	5	5	172
95	5	4	5	5	5	5	5	5	5	4	4	1	5	5	5	5	5	5	5	183
96	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	153
97	3	4	4	5	2	2	5	2	4	5	5	4	4	4	5	4	2	4	5	170
98	5	4	4	4	4	4	4	3	4	3	5	4	4	3	4	3	4	3	4	171
99	4	5	2	4	4	4	4	4	3	4	5	3	4	4	5	4	4	4	5	175
100	4	1	2	3	4	5	2	2	2	3	5	2	2	2	4	4	1	2	2	152

Lampiran 5. Hasil Uji Validitas dan Reliabilitas Aitem *Psychological Well Being* Putaran I

Reliability Statistics

Cronbach's Alpha	N of Items
.887	24

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	84.9200	137.708	.437	.883
VAR00002	84.7200	142.573	.306	.886
VAR00003	84.3200	144.671	.189	.889
VAR00004	85.9600	137.713	.424	.884
VAR00005	85.7200	135.022	.528	.881
VAR00006	84.6600	139.127	.469	.883
VAR00007	85.0200	138.347	.523	.881
VAR00008	84.7400	137.992	.451	.883
VAR00009	84.7600	142.104	.370	.885
VAR00010	84.7400	137.543	.471	.882
VAR00011	85.0200	136.836	.510	.881
VAR00012	85.0200	130.918	.718	.875
VAR00013	84.5000	140.133	.506	.882
VAR00014	84.5200	140.459	.441	.883
VAR00015	84.5600	141.598	.365	.885

VAR00016	85.3800	139.587	.373	.885
VAR00017	85.1000	131.806	.616	.878
VAR00018	85.1200	129.496	.674	.876
VAR00019	84.4000	144.531	.397	.885
VAR00020	84.7000	138.214	.487	.882
VAR00021	84.3400	144.107	.285	.886
VAR00022	85.8800	135.087	.500	.882
VAR00023	85.3000	134.337	.488	.882
VAR00024	84.8600	134.368	.645	.878

Lampiran 6. Hasil Uji Validitas dan Reliabilitas Aitem *Psychological Well Being* Putaran II

Reliability Statistics

Cronbach's Alpha	N of Items
.889	22

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	76.3400	128.760	.409	.887
VAR00002	76.1400	133.878	.253	.890
VAR00004	77.3800	127.220	.463	.886
VAR00005	77.1400	125.184	.544	.883
VAR00006	76.0800	129.667	.461	.885

VAR00007	76.4400	129.231	.498	.885
VAR00008	76.1600	128.913	.428	.886
VAR00009	76.1800	133.375	.314	.889
VAR00010	76.1600	127.811	.479	.885
VAR00011	76.4400	127.109	.519	.884
VAR00012	76.4400	120.700	.759	.876
VAR00013	75.9200	131.177	.464	.886
VAR00014	75.9400	131.894	.380	.887
VAR00015	75.9800	132.714	.322	.889
VAR00016	76.8000	129.673	.385	.888
VAR00017	76.5200	121.928	.637	.880
VAR00018	76.5400	119.151	.717	.877
VAR00019	75.8200	134.763	.395	.888
VAR00020	76.1200	128.638	.487	.885
VAR00022	77.3000	124.214	.557	.883
VAR00023	76.7200	124.247	.513	.884
VAR00024	76.2800	124.287	.676	.880

Lampiran 7. Hasil Uji Validitas dan Reliabilitas Aitem *Psychological Well Being*
Putaran III

Reliability Statistics

Cronbach's Alpha	N of Items
.890	21

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	72.4400	123.639	.389	.889
VAR00004	73.4800	121.561	.468	.887
VAR00005	73.2400	119.533	.550	.884
VAR00006	72.1800	124.355	.446	.887
VAR00007	72.5400	123.927	.483	.886
VAR00008	72.2600	123.339	.428	.888
VAR00009	72.2800	128.328	.278	.891
VAR00010	72.2600	122.074	.487	.886
VAR00011	72.5400	121.560	.520	.885
VAR00012	72.5400	114.784	.784	.876
VAR00013	72.0200	125.693	.456	.887
VAR00014	72.0400	126.447	.369	.889
VAR00015	72.0800	127.381	.304	.890
VAR00016	72.9000	124.133	.382	.889
VAR00017	72.6200	116.200	.650	.881

VAR00018	72.6400	113.664	.722	.878
VAR00019	71.9200	129.055	.397	.889
VAR00020	72.2200	123.155	.482	.886
VAR00022	73.4000	118.204	.580	.883
VAR00023	72.8200	118.355	.529	.885
VAR00024	72.3800	118.649	.684	.880

Lampiran 8. Hasil Uji Validitas dan Reliabilitas Aitem *Psychological Well Being* Putaran IV

Reliability Statistics

Cronbach's Alpha	N of Items
.891	20

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	68.5800	119.065	.354	.890
VAR00004	69.6200	116.118	.474	.887
VAR00005	69.3800	114.036	.561	.884
VAR00006	68.3200	118.875	.452	.887
VAR00007	68.6800	119.161	.451	.887
VAR00008	68.4000	118.204	.418	.888
VAR00010	68.4000	116.367	.506	.886
VAR00011	68.6800	116.304	.517	.885

VAR00012	68.6800	109.283	.801	.876
VAR00013	68.1600	120.668	.433	.888
VAR00014	68.1800	121.457	.346	.890
VAR00015	68.2200	122.379	.281	.891
VAR00016	69.0400	118.611	.390	.889
VAR00017	68.7600	110.758	.661	.880
VAR00018	68.7800	108.420	.728	.878
VAR00019	68.0600	123.731	.385	.889
VAR00020	68.3600	117.623	.493	.886
VAR00022	69.5400	112.580	.598	.883
VAR00023	68.9600	112.815	.541	.885
VAR00024	68.5200	113.193	.696	.880

Lampiran 9. Hasil Uji Validitas dan Reliabilitas Aitem *Psychological Well Being* Putaran V

Reliability Statistics

Cronbach's Alpha	N of Items
.891	19

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	64.5200	113.642	.339	.892
VAR00004	65.5600	109.925	.498	.887
VAR00005	65.3200	108.304	.566	.884
VAR00006	64.2600	112.931	.464	.888
VAR00007	64.6200	113.628	.439	.888
VAR00008	64.3400	112.882	.398	.890
VAR00010	64.3400	110.392	.521	.886
VAR00011	64.6200	110.159	.541	.885
VAR00012	64.6200	103.628	.809	.876
VAR00013	64.1000	115.357	.403	.889
VAR00014	64.1200	116.434	.301	.892
VAR00016	64.9800	112.591	.403	.890
VAR00017	64.7000	105.031	.670	.881
VAR00018	64.7200	102.940	.728	.878
VAR00019	64.0000	118.041	.371	.890
VAR00020	64.3000	112.296	.472	.887
VAR00022	65.4800	106.785	.607	.883
VAR00023	64.9000	106.949	.553	.885
VAR00024	64.4600	107.560	.698	.881

Lampiran 10. Hasil Uji Validitas dan Reliabilitas Aitem *Fear of Missing Out* (FoMO) Putaran I

Reliability Statistics

Cronbach's Alpha	N of Items
.811	24

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	60.2800	99.961	.437	.800
VAR00002	60.1600	99.892	.518	.796
VAR00003	59.9200	100.075	.548	.795
VAR00004	59.9200	103.014	.422	.801
VAR00005	61.1200	102.026	.642	.794
VAR00006	60.9200	100.157	.646	.792
VAR00007	60.1600	107.811	.189	.812
VAR00008	60.8800	102.924	.561	.797
VAR00009	60.7400	102.482	.524	.798
VAR00010	60.4800	102.949	.491	.799
VAR00011	60.4800	101.316	.569	.795
VAR00012	60.2400	107.451	.187	.812
VAR00013	59.3200	105.773	.299	.807
VAR00014	60.7600	99.900	.641	.792
VAR00015	60.1600	103.770	.339	.805
VAR00016	61.2000	105.878	.413	.803
VAR00017	59.9800	107.979	.266	.808

VAR00018	60.9200	100.442	.647	.792
VAR00019	60.0600	116.466	-.186	.839
VAR00020	60.0600	110.507	.007	.827
VAR00021	60.1800	112.396	-.055	.831
VAR00022	60.8600	102.817	.455	.800
VAR00023	60.9800	103.653	.510	.799
VAR00024	61.0600	106.384	.399	.804

Lampiran 11. Hasil Uji Validitas dan Reliabilitas Aitem *Fear of Missing Out* (FoMO) Putaran II

Reliability Statistics

Cronbach's Alpha	N of Items
.886	17

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	38.7200	78.451	.500	.882
VAR00002	38.6000	78.898	.564	.878
VAR00003	38.3600	79.868	.551	.878
VAR00004	38.3600	81.909	.459	.882
VAR00005	39.5600	80.660	.722	.874
VAR00006	39.3600	80.276	.630	.876
VAR00008	39.3200	82.059	.593	.877

VAR00009	39.1800	82.436	.502	.880
VAR00010	38.9200	84.157	.388	.884
VAR00011	38.9200	81.422	.546	.879
VAR00014	39.2000	79.306	.673	.874
VAR00015	38.6000	82.816	.359	.887
VAR00016	39.6400	84.153	.488	.881
VAR00018	39.3600	79.296	.714	.873
VAR00022	39.3000	82.622	.441	.882
VAR00023	39.4200	82.616	.548	.879
VAR00024	39.5000	85.235	.429	.883

Lampiran 12. Hasil Uji Normalitas *Kolmogorov Smirnov*

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
PWB	.078	100	.138	.965	100	.010

a. Lilliefors Significance Correction

Lampiran 13. Hasil Uji Linieritas

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
PWB * FOMO	Between Groups	(Combined)	32453.062	40	811.327	.682	.899
		Linearity	4409.006	1	4409.006	3.708	.059
		Deviation from Linearity	28044.056	39	719.078	.605	.951
	Within Groups		70163.498	59	1189.212		
	Total		102616.560	99			

Lampiran 14. Hasil Uji Korelasi *Product Moment*

Correlations

		PWB	FOMO
PWB	Pearson Correlation	1	-.207 [*]
	Sig. (2-tailed)		.039
	N	100	100
FOMO	Pearson Correlation	-.207 [*]	1
	Sig. (2-tailed)	.039	
	N	100	100

*. Correlation is significant at the 0.05 level (2-tailed).

Lampiran 15. Hasil Uji Statistik Deskriptif *Psychological Well Being*

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
VAR00001	100	60	183	118.88	32.195
Valid N (listwise)	100				

Lampiran 16. Hasil Uji Statistik Deskriptif *Fear of Missing Out (FoMO)*

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
VAR00002	100	17	69	43.50	10.701
Valid N (listwise)	100				

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