

LAMPIRAN

Lampiran 1. Kuesioner Skala *Psychological Well-Being*

| No. | Pernyataan | SS | S | ST | STS |
|-----|---|----|---|----|-----|
| 1. | Saya membutuhkan persetujuan dari orang lain untuk menentukan karir saya. | | | | |
| 2. | Saya kesulitan untuk menentukan karir yang sesuai dengan keyakinan saya. | | | | |
| 3. | Saya cemas mengenai lingkungan sosial saya, serta saya tidak tahu bagaimana cara untuk mengatasi. | | | | |
| 4. | Saya memiliki kehidupan dengan tujuan yang membingungkan karena banyak tuntutan dari orang lain. | | | | |
| 5. | Saya kesulitan untuk bertindak ketika saya dituntut untuk lulus 3,5 tahun. | | | | |
| 6. | Saya kesulitan untuk beradaptasi dengan perubahan yang terjadi di lingkungan saya. | | | | |
| 7. | Saya kesulitan dalam menerima kelemahan ataupun kekurangan yang ada dalam diri saya. | | | | |
| 8. | Saya kesulitan menghadapi tekanan harapan dari orang lain untuk mencapai kesuksesan. | | | | |
| 9. | Saya bingung mengenai apa tujuan hidup saya karena perubahan keadaan yang saya rasakan. | | | | |
| 10. | Saya kesulitan memanfaatkan sumber daya yang ada di sekitar saya. | | | | |
| 11. | Saya mudah memberi kritik yang keras kepada diri sendiri ketika menghadapi kegagalan akan pendidikan. | | | | |
| 12. | Saya kesulitan untuk menemukan keseimbangan antara aspirasi pribadi dengan tekanan sosial. | | | | |

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| 13. | Saya kesulitan untuk menjalin suatu hubungan yang baik dan positif dengan keluarga saya. | | | | |
| 14. | Saya kehilangan motivasi untuk mengembangkan diri di tengah tuntutan pendidikan maupun karir saya. | | | | |
| 15. | Saya menghindari situasi yang memberikan saya pengalaman yang mampu memperluas wawasan saya di dunia professional. | | | | |
| 16. | Saya kecewa dengan diri saya yang kesulitan untuk memahami diri saya sendiri. | | | | |
| 17. | Saya kesulitan untuk mengembangkan potensi saya karena belum menentukan karir saya dengan jelas. | | | | |
| 18. | Saya memiliki hambatan untuk menyelesaikan tugas akhir saya. | | | | |
| 19. | Saya kesulitan untuk memberikan dukungan yang tepat kepada keluarga saya yang membutuhkannya. | | | | |
| 20. | Saya kesulitan untuk memahami perasaan orang lain. | | | | |
| 21. | Saya memiliki perasaan takut untuk memulai karir saya. | | | | |
| 22. | Saya keberatan ketika berkomunikasi secara terbuka dengan orang tua saya. | | | | |
| 23. | Saya pesimis ketika mengambil keputusan mengenai karir saya jika tidak ada dukungan dari orang lain. | | | | |
| 24. | Saya kehilangan makna dan tujuan dalam hidup yang jelas. | | | | |
| 25. | Saya tidak berharga atau tidak pantas untuk meraih kesuksesan. | | | | |
| 26. | Saya malas untuk menentukan arah hidup saya yang meliputi pendidikan, karir, dan hubungan sosial saya. | | | | |

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| 27. | Saya kesulitan mengelola stres yang disebabkan oleh kondisi dalam hubungan romantis saya. | | | | |
| 28. | Saya kesulitan untuk mempercayai orang lain, sehingga saya membatasi hubungan saya dengan orang lain. | | | | |

Lampiran 2 Kuesioner Skala Dukungan Sosial

| No. | Pernyataan | SS | S | ST | STS |
|-----|--|----|---|----|-----|
| 1. | Saya nyaman untuk meminta bantuan kepada keluarga saya ketika saya sedang membutuhkannya. | | | | |
| 2. | Saya memiliki hubungan yang baik dengan teman-teman di sekitar saya. | | | | |
| 3. | Saya menerima saran dari orang-orang di sekitar saya ketika saya menghadapi tantangan dalam pendidikan dan pemilihan karir. | | | | |
| 4. | Saya mendapatkan evaluasi yang positif dari orang lain atas hasil kerja saya. | | | | |
| 5. | Saya beruntung memiliki orang-orang yang siap memberikan nasehat yang berharga ketika saya kebingungan mengenai masa depan saya. | | | | |
| 6. | Orang lain memberikan dukungan kepada saya yang dapat membantu saya mengatasi permasalahan karir dengan lebih efisien. | | | | |
| 7. | Saya dihargai dan diterima oleh orang-orang di sekitar saya. | | | | |
| 8. | Saya mendapatkan perasaan yang aman dari pasangan saya. | | | | |
| 9. | Saya menerima <i>feedback</i> yang dapat mendorong saya untuk melakukan suatu hal dengan maksimal. | | | | |
| 10. | Orang-orang lain siap untuk memberikan saya masukan yang bermanfaat ketika saya dilema dalam menentukan karir. | | | | |
| 11. | Saya menerima pujian yang membuat saya memiliki perasaan lebih dihargai atas usaha saya dalam mencapai tujuan hidup. | | | | |
| 12. | Saya mendapatkan bantuan praktis dari orang lain ketika saya sedang | | | | |

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| | menghadapi tantangan dalam memulai karir. | | | | |
| 13. | Saya memiliki perasaan yang saling memiliki dalam lingkungan sosial saya yang membuat saya dilibatkan dan dihargai. | | | | |
| 14. | Orang-orang di sekitar saya memahami kebutuhan saya dengan baik. | | | | |
| 15. | Orang-orang di sekitar saya siap untuk membantu saya secara fisik atau logistik ketika saya sibuk dengan pekerjaan saya. | | | | |
| 16. | Saya menerima respons yang positif dari orang lain ketika saya melakukan suatu hal dengan baik. | | | | |
| 17. | Saya menerima <i>feedback</i> dari orang lain yang dapat membantu saya untuk memahami arah perkembangan diri saya. | | | | |
| 18. | Saya mendapatkan bantuan dari orang lain ketika saya mulai kewalahan dengan tuntutan yang saya hadapi | | | | |
| 19. | Saya mendapatkan <i>feedback</i> dari orang lain yang dapat membantu saya untuk lebih memahami arah karir saya dengan jelas. | | | | |
| 20. | Saya nyaman untuk berbagi pengalaman atau perasaan dengan orang-orang di sekitar saya. | | | | |
| 21. | Saya memiliki tempat untuk berkeluh kesah yang aman. | | | | |
| 22. | Saya mendapatkan penghargaan atau pengakuan dari orang lain atas usaha dan pencapaian pendidikan maupun karir saya. | | | | |
| 23. | Saya bahagia karena dikelilingi oleh teman-teman yang baik dan mendukung saya. | | | | |
| 24. | Orang-orang di sekitar saya dapat memberikan bantuan berupa sumber daya yang bermanfaat bagi | | | | |

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| | saya untuk pendidikan serta karir saya. | | | | |
| 25. | Saya lebih percaya diri dalam melakukan suatu hal ketika mendapat dukungan dari keluarga saya. | | | | |
| 26. | Saya mendapatkan solusi praktis dari orang-orang di sekitar saya ketika saya terjebak dalam permasalahan kehidupan pribadi. | | | | |
| 27. | Orang-orang di sekitar saya mampu memberikan dukungan kepada saya ketika saya menghadapi tekanan pendidikan, karir, ataupun hubungan sosial. | | | | |

Lampiran 3 Kuesioner Skala Strategi *Coping*

| No. | Pernyataan | SS | S | ST | STS |
|------------|--|-----------|----------|-----------|------------|
| 1. | Saya fokus memikirkan penyelesaian masalah kehidupan pribadi saya. | | | | |
| 2. | Saya akan merencanakan perbaikan ketika menghadapi permasalahan pribadi. | | | | |
| 3. | Saya mencari nasehat atau informasi dari orang lain yang lebih berpengalaman ketika saya menghadapi masalah. | | | | |
| 4. | Saya akan menghabiskan waktu bermain sosial media ketika saya menghadapi masalah. | | | | |
| 5. | Saya sulit untuk mencari penyelesaian masalah finansial. | | | | |
| 6. | Saya sulit untuk fokus menyelesaikan masalah pribadi saya. | | | | |
| 7. | Saya akan melakukan relaksasi ketika sedang menghadapi stres. | | | | |
| 8. | Saya segera mencari solusi untuk mengatasi stres yang saya alami. | | | | |
| 9. | Saya akan membuat jadwal yang terstruktur untuk mengelola waktu antara pendidikan, pekerjaan, dan kehidupan pribadi saya. | | | | |
| 10 | Saya akan berbicara langsung dengan pihak yang terlibat untuk menemukan solusi, ketika sata menghadapi permasalahan dalam hubungan sosial dengannya. | | | | |
| 11. | Saya akan mencari cara untuk mengatasi masalah yang membuat saya stres. | | | | |

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|--------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 4 0 | 3 | 4 | 3 | 4 | 4 | 3 | 3 | 2 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 9 | 0 |
| 4 1 | 4 | 3 | 2 | 3 | 4 | 3 | 2 | 1 | 3 | 2 | 4 | 3 | 2 | 1 | 1 | 1 | 1 | 2 | 1 | 3 | 2 | 3 | 2 | 1 | 3 | 2 | 3 | 6 | 2 |
| 4 2 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 2 | 2 | 7 | 6 |
| 4 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 8 | 2 |
| 4 4 | 3 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 4 | 9 | 2 |
| 4 5 | 2 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 4 | 9 | 2 |
| 4 6 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 8 | 1 |
| 4 7 | 2 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 3 | 7 | 7 |
| 4 8 | 4 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 9 | 1 |

Lampiran 6. Tabulasi Skala Strategi Coping

| No. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | TOTAL L |
|-----|---|---|---|---|---|---|---|---|---|----|----|------------|
| | F | F | F | F | F | F | F | F | F | F | F | |
| 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 34 |
| 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 5 | 3 | 2 | 3 | 4 | 3 | 2 | 3 | 3 | 4 | 2 | 2 | 31 |
| 6 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 40 |
| 7 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 32 |
| 8 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 32 |
| 9 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 10 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 11 | 4 | 3 | 2 | 2 | 2 | 4 | 3 | 3 | 2 | 2 | 3 | 30 |
| 12 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 2 | 32 |
| 13 | 2 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 4 | 4 | 3 | 34 |
| 14 | 4 | 1 | 4 | 3 | 2 | 4 | 3 | 2 | 3 | 3 | 2 | 31 |
| 15 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 41 |
| 16 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 34 |
| 17 | 4 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 2 | 3 | 3 | 37 |
| 18 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 19 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 20 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 37 |
| 21 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 26 |
| 22 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 32 |
| 23 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 24 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 32 |
| 25 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 31 |
| 26 | 3 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 4 | 3 | 36 |
| 27 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 33 |
| 28 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 41 |
| 29 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 4 | 2 | 30 |
| 30 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 42 |
| 31 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 33 |
| 32 | 3 | 1 | 4 | 2 | 3 | 3 | 1 | 1 | 4 | 2 | 1 | 25 |
| 33 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 41 |
| 34 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 39 |
| 35 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 43 |
| 36 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 37 | 3 | 3 | 3 | 3 | 2 | 4 | 3 | 3 | 3 | 4 | 3 | 34 |
| 38 | 2 | 3 | 3 | 3 | 2 | 3 | 4 | 3 | 3 | 2 | 3 | 31 |
| 39 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 29 |

| | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|---|---|----|
| 40 | 3 | 1 | 3 | 1 | 3 | 3 | 4 | 4 | 2 | 2 | 4 | 30 |
| 41 | 2 | 3 | 2 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 34 |
| 42 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 2 | 3 | 35 |
| 43 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 30 |
| 44 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 4 | 3 | 36 |
| 45 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 4 | 3 | 4 | 31 |
| 46 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | 2 | 34 |
| 47 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 2 | 2 | 3 | 3 | 35 |
| 48 | 4 | 3 | 4 | 4 | 1 | 3 | 4 | 3 | 1 | 4 | 4 | 35 |
| 49 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 36 |
| 50 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 35 |
| 51 | 4 | 2 | 2 | 2 | 1 | 4 | 4 | 4 | 2 | 4 | 2 | 31 |
| 52 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 53 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 29 |
| 54 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 55 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 2 | 2 | 38 |
| 56 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 57 | 4 | 3 | 3 | 4 | 2 | 4 | 2 | 3 | 3 | 3 | 3 | 34 |
| 58 | 3 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 36 |
| 59 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 1 | 3 | 3 | 3 | 29 |
| 60 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 61 | 3 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 38 |
| 62 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 40 |
| 63 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 1 | 38 |
| 64 | 4 | 3 | 3 | 2 | 2 | 4 | 3 | 2 | 2 | 2 | 3 | 30 |
| 65 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 31 |
| 66 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 38 |
| 67 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 41 |
| 68 | 4 | 4 | 3 | 1 | 4 | 2 | 4 | 3 | 4 | 4 | 3 | 36 |
| 69 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 37 |
| 70 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 28 |
| 71 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 2 | 3 | 2 | 3 | 32 |
| 72 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 44 |
| 73 | 2 | 4 | 2 | 2 | 3 | 4 | 3 | 2 | 3 | 2 | 3 | 30 |
| 74 | 3 | 4 | 3 | 2 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 34 |
| 75 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 32 |
| 76 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 35 |
| 77 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 2 | 2 | 2 | 36 |
| 78 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 30 |
| 79 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 3 | 39 |
| 80 | 4 | 4 | 3 | 3 | 2 | 4 | 3 | 3 | 3 | 3 | 3 | 35 |
| 81 | 3 | 4 | 4 | 2 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 37 |

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| 82 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 32 |
| 83 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 2 | 4 | 4 | 39 |
| 84 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 4 | 41 |
| 85 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 31 |
| 86 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 87 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 34 |
| 88 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 32 |
| 89 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 42 |
| 90 | 3 | 4 | 3 | 3 | 2 | 3 | 4 | 3 | 3 | 4 | 2 | 34 |
| 91 | 4 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 38 |
| 92 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 93 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 31 |
| 94 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 32 |
| 95 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 37 |
| 96 | 3 | 3 | 3 | 2 | 4 | 4 | 3 | 3 | 2 | 4 | 3 | 34 |
| 97 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 2 | 3 | 38 |
| 98 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 33 |
| 99 | 4 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 39 |
| 100 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 2 | 37 |

Lampiran 7. Output Hasil Uji Validitas dan Reabilitas Skala *Psychological Well-Being* Putaran I

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .926 | 60 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|----------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| VAR00001 | 171.7200 | 373.675 | .087 | .927 |
| VAR00002 | 172.5800 | 365.106 | .364 | .926 |
| VAR00003 | 172.5200 | 356.418 | .604 | .924 |
| VAR00004 | 172.4800 | 358.418 | .540 | .924 |
| VAR00005 | 171.7600 | 368.798 | .330 | .926 |
| VAR00006 | 172.4400 | 355.476 | .638 | .923 |
| VAR00007 | 171.9000 | 367.276 | .295 | .926 |
| VAR00008 | 171.7400 | 371.666 | .209 | .926 |
| VAR00009 | 172.5200 | 361.969 | .440 | .925 |
| VAR00010 | 171.7400 | 364.890 | .389 | .925 |
| VAR00011 | 171.8000 | 369.755 | .259 | .926 |
| VAR00012 | 172.3800 | 353.547 | .758 | .923 |
| VAR00013 | 172.3000 | 352.337 | .720 | .923 |
| VAR00014 | 171.6400 | 367.337 | .332 | .926 |
| VAR00015 | 171.7600 | 370.717 | .225 | .926 |
| VAR00016 | 171.7800 | 368.502 | .350 | .926 |
| VAR00017 | 171.9200 | 373.300 | .109 | .927 |
| VAR00018 | 172.6400 | 357.949 | .528 | .924 |
| VAR00019 | 171.6600 | 372.556 | .186 | .926 |
| VAR00020 | 171.9400 | 376.711 | -.034 | .928 |
| VAR00021 | 172.4600 | 358.009 | .593 | .924 |

| | | | | |
|----------|----------|---------|-------|------|
| VAR00022 | 171.7600 | 368.349 | .328 | .926 |
| VAR00023 | 171.6800 | 372.018 | .183 | .927 |
| VAR00024 | 171.9600 | 371.958 | .111 | .928 |
| VAR00025 | 171.8600 | 369.266 | .263 | .926 |
| VAR00026 | 172.0400 | 379.835 | -.157 | .929 |
| VAR00027 | 172.3000 | 353.480 | .780 | .923 |
| VAR00028 | 172.7600 | 366.104 | .289 | .926 |
| VAR00029 | 172.9200 | 363.667 | .384 | .925 |
| VAR00030 | 172.5800 | 356.820 | .657 | .923 |
| VAR00031 | 172.7000 | 375.071 | .013 | .928 |
| VAR00032 | 172.1600 | 351.851 | .646 | .923 |
| VAR00033 | 172.3400 | 349.821 | .770 | .922 |
| VAR00034 | 171.7400 | 373.788 | .116 | .927 |
| VAR00035 | 171.8600 | 369.062 | .306 | .926 |
| VAR00036 | 172.3400 | 364.760 | .306 | .926 |
| VAR00037 | 172.6000 | 351.388 | .728 | .923 |
| VAR00038 | 171.8600 | 369.756 | .295 | .926 |
| VAR00039 | 172.4200 | 353.473 | .729 | .923 |
| VAR00040 | 172.6000 | 351.265 | .753 | .922 |
| VAR00041 | 172.3800 | 355.261 | .673 | .923 |
| VAR00042 | 171.8800 | 371.618 | .172 | .927 |
| VAR00043 | 171.6200 | 370.526 | .230 | .926 |
| VAR00044 | 171.7000 | 374.255 | .080 | .927 |
| VAR00045 | 171.7400 | 369.870 | .275 | .926 |
| VAR00046 | 171.9000 | 369.235 | .260 | .926 |
| VAR00047 | 171.6400 | 374.113 | .077 | .927 |
| VAR00048 | 172.3200 | 358.304 | .527 | .924 |
| VAR00049 | 171.8000 | 372.694 | .155 | .927 |
| VAR00050 | 172.5600 | 351.190 | .646 | .923 |
| VAR00051 | 172.3600 | 352.807 | .610 | .923 |
| VAR00052 | 171.6800 | 375.324 | .029 | .927 |
| VAR00053 | 171.9000 | 371.398 | .212 | .926 |

| | | | | |
|----------|----------|---------|------|------|
| VAR00054 | 171.6800 | 370.508 | .237 | .926 |
| VAR00055 | 172.4200 | 352.820 | .667 | .923 |
| VAR00056 | 172.0800 | 353.544 | .674 | .923 |
| VAR00057 | 171.8000 | 355.837 | .587 | .924 |
| VAR00058 | 171.9000 | 360.622 | .478 | .925 |
| VAR00059 | 172.2000 | 357.592 | .488 | .925 |
| VAR00060 | 172.4600 | 363.192 | .354 | .926 |

Lampiran 8. Output Hasil Uji Validitas dan Reabilitas Skala *Psychological Well-Being* Putaran II

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .956 | 34 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|----------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| VAR00002 | 90.6400 | 308.398 | .437 | .956 |
| VAR00003 | 90.5800 | 300.126 | .682 | .954 |
| VAR00004 | 90.5400 | 299.519 | .704 | .954 |
| VAR00005 | 89.8200 | 318.763 | .078 | .958 |
| VAR00006 | 90.5000 | 298.418 | .746 | .954 |
| VAR00009 | 90.5800 | 304.126 | .558 | .955 |
| VAR00010 | 89.8000 | 315.878 | .163 | .958 |
| VAR00012 | 90.4400 | 297.884 | .827 | .954 |
| VAR00013 | 90.3600 | 296.235 | .802 | .954 |
| VAR00014 | 89.7000 | 317.847 | .099 | .958 |
| VAR00016 | 89.8400 | 318.627 | .086 | .958 |
| VAR00018 | 90.7000 | 300.908 | .623 | .955 |
| VAR00021 | 90.5200 | 300.418 | .719 | .954 |

| | | | | |
|----------|---------|---------|-------|------|
| VAR00022 | 89.8200 | 318.477 | .085 | .958 |
| VAR00027 | 90.3600 | 296.807 | .892 | .953 |
| VAR00029 | 90.9800 | 305.693 | .502 | .956 |
| VAR00030 | 90.6400 | 299.868 | .767 | .954 |
| VAR00032 | 90.2200 | 294.338 | .763 | .954 |
| VAR00033 | 90.4000 | 293.959 | .848 | .953 |
| VAR00035 | 89.9200 | 320.687 | -.018 | .958 |
| VAR00036 | 90.4000 | 305.224 | .457 | .956 |
| VAR00037 | 90.6600 | 295.168 | .814 | .953 |
| VAR00039 | 90.4800 | 297.479 | .808 | .954 |
| VAR00040 | 90.6600 | 295.086 | .841 | .953 |
| VAR00041 | 90.4400 | 297.802 | .802 | .954 |
| VAR00048 | 90.3800 | 299.628 | .679 | .954 |
| VAR00050 | 90.6200 | 295.302 | .713 | .954 |
| VAR00051 | 90.4200 | 294.983 | .732 | .954 |
| VAR00055 | 90.4800 | 298.010 | .699 | .954 |
| VAR00056 | 90.1400 | 296.368 | .788 | .954 |
| VAR00057 | 89.8600 | 297.062 | .745 | .954 |
| VAR00058 | 89.9600 | 301.672 | .639 | .955 |
| VAR00059 | 90.2600 | 301.666 | .540 | .956 |
| VAR00060 | 90.5200 | 301.316 | .588 | .955 |

Lampiran 9. Output Hasil Uji Validitas dan Reabilitas Skala *Psychological Well-Being* Putaran III

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .968 | 28 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|----------|-------------------------------|-----------------------------------|--------------------------------------|--|
| VAR00002 | 71.0600 | 299.772 | .443 | .969 |
| VAR00003 | 71.0000 | 291.673 | .685 | .967 |
| VAR00004 | 70.9600 | 290.080 | .744 | .967 |
| VAR00006 | 70.9200 | 290.198 | .742 | .967 |
| VAR00009 | 71.0000 | 295.020 | .584 | .968 |
| VAR00012 | 70.8600 | 289.388 | .834 | .966 |
| VAR00013 | 70.7800 | 287.685 | .810 | .966 |
| VAR00018 | 71.1200 | 292.353 | .629 | .967 |
| VAR00021 | 70.9400 | 291.568 | .738 | .967 |
| VAR00027 | 70.7800 | 288.420 | .895 | .966 |
| VAR00029 | 71.4000 | 296.980 | .512 | .968 |
| VAR00030 | 71.0600 | 291.323 | .775 | .967 |
| VAR00032 | 70.6400 | 285.786 | .772 | .966 |
| VAR00033 | 70.8200 | 285.906 | .840 | .966 |
| VAR00036 | 70.8200 | 295.538 | .498 | .968 |
| VAR00037 | 71.0800 | 287.381 | .797 | .966 |
| VAR00039 | 70.9000 | 289.112 | .809 | .966 |
| VAR00040 | 71.0800 | 287.463 | .817 | .966 |
| VAR00041 | 70.8600 | 289.511 | .801 | .966 |
| VAR00048 | 70.8000 | 290.327 | .712 | .967 |
| VAR00050 | 71.0400 | 286.856 | .718 | .967 |
| VAR00051 | 70.8400 | 286.872 | .727 | .967 |
| VAR00055 | 70.9000 | 290.010 | .688 | .967 |
| VAR00056 | 70.5600 | 287.966 | .792 | .966 |
| VAR00057 | 70.2800 | 287.838 | .777 | .966 |
| VAR00058 | 70.3800 | 292.200 | .679 | .967 |
| VAR00059 | 70.6800 | 294.100 | .515 | .968 |
| VAR00060 | 70.9400 | 291.690 | .629 | .968 |

Lampiran 10. Output Hasil Uji Validitas dan Reabilitas Skala Dukungan Sosial Putaran I

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .911 | 50 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| VAR001 | 147.4600 | 198.866 | .442 | .909 |
| VAR002 | 147.3600 | 201.664 | .457 | .909 |
| VAR003 | 147.4000 | 201.755 | .469 | .909 |
| VAR004 | 147.5200 | 203.112 | .309 | .910 |
| VAR005 | 147.3000 | 202.418 | .387 | .910 |
| VAR006 | 147.4800 | 199.479 | .549 | .908 |
| VAR007 | 147.5400 | 201.845 | .430 | .909 |
| VAR008 | 147.6000 | 198.041 | .519 | .908 |
| VAR009 | 147.3600 | 199.827 | .543 | .908 |
| VAR0010 | 147.4800 | 200.214 | .540 | .908 |
| VAR0011 | 147.4000 | 200.041 | .508 | .909 |
| VAR0012 | 147.5400 | 200.090 | .450 | .909 |
| VAR0013 | 147.3800 | 200.730 | .491 | .909 |
| VAR0014 | 148.0200 | 200.142 | .327 | .910 |
| VAR0015 | 147.6000 | 200.694 | .421 | .909 |
| VAR0016 | 147.9400 | 198.425 | .412 | .909 |
| VAR0017 | 147.5600 | 205.149 | .157 | .912 |
| VAR0018 | 147.5600 | 200.986 | .333 | .910 |
| VAR0019 | 147.4600 | 199.396 | .542 | .908 |
| VAR0020 | 147.4800 | 201.275 | .381 | .910 |
| VAR0021 | 147.7000 | 201.765 | .369 | .910 |
| VAR0022 | 148.1400 | 199.633 | .355 | .910 |

| | | | | |
|---------|----------|---------|------|------|
| VAR0023 | 147.4600 | 200.376 | .480 | .909 |
| VAR0024 | 147.5800 | 201.881 | .295 | .911 |
| VAR0025 | 147.5600 | 203.884 | .257 | .911 |
| VAR0026 | 147.4800 | 200.418 | .573 | .908 |
| VAR0027 | 147.5800 | 197.106 | .696 | .907 |
| VAR0028 | 148.1000 | 203.112 | .195 | .912 |
| VAR0029 | 147.5200 | 205.724 | .223 | .911 |
| VAR0030 | 147.9200 | 191.667 | .567 | .907 |
| VAR0031 | 147.5000 | 199.194 | .510 | .908 |
| VAR0032 | 148.1600 | 206.668 | .049 | .914 |
| VAR0033 | 147.5000 | 199.684 | .481 | .909 |
| VAR0034 | 147.5400 | 201.886 | .347 | .910 |
| VAR0035 | 147.4800 | 200.296 | .583 | .908 |
| VAR0036 | 147.4600 | 198.417 | .509 | .908 |
| VAR0037 | 147.8200 | 195.293 | .485 | .908 |
| VAR0038 | 147.5200 | 202.500 | .448 | .909 |
| VAR0039 | 147.4200 | 201.269 | .516 | .909 |
| VAR0040 | 147.6200 | 200.322 | .485 | .909 |
| VAR0041 | 147.5400 | 206.213 | .147 | .911 |
| VAR0042 | 147.4800 | 201.153 | .476 | .909 |
| VAR0043 | 147.8800 | 198.557 | .389 | .910 |
| VAR0044 | 147.9800 | 201.367 | .287 | .911 |
| VAR0045 | 148.0800 | 195.096 | .511 | .908 |
| VAR0046 | 148.4200 | 207.310 | .035 | .913 |
| VAR0047 | 147.9400 | 199.649 | .371 | .910 |
| VAR0048 | 147.6400 | 196.398 | .451 | .909 |
| VAR0049 | 147.7600 | 198.145 | .394 | .910 |
| VAR0050 | 148.1200 | 199.944 | .330 | .910 |

Lampiran 11. Output Hasil Uji Validitas dan Reabilitas Skala Dukungan Sosial Putaran II

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .919 | 41 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| VAR001 | 121.9400 | 166.956 | .478 | .917 |
| VAR002 | 121.8400 | 170.260 | .453 | .918 |
| VAR003 | 121.8800 | 169.659 | .520 | .917 |
| VAR004 | 122.0000 | 170.286 | .394 | .918 |
| VAR005 | 121.7800 | 170.298 | .432 | .918 |
| VAR006 | 121.9600 | 168.080 | .557 | .917 |
| VAR007 | 122.0200 | 169.489 | .496 | .917 |
| VAR008 | 122.0800 | 165.953 | .573 | .916 |
| VAR009 | 121.8400 | 168.178 | .568 | .917 |
| VAR0010 | 121.9600 | 168.611 | .561 | .917 |
| VAR0011 | 121.8800 | 167.944 | .562 | .916 |
| VAR0012 | 122.0200 | 167.571 | .525 | .917 |
| VAR0013 | 121.8600 | 169.307 | .494 | .917 |
| VAR0014 | 122.5000 | 169.806 | .278 | .920 |
| VAR0015 | 122.0800 | 168.483 | .474 | .917 |
| VAR0016 | 122.4200 | 168.616 | .344 | .919 |
| VAR0018 | 122.0400 | 170.284 | .295 | .919 |
| VAR0019 | 121.9400 | 167.568 | .581 | .916 |
| VAR0020 | 121.9600 | 169.304 | .415 | .918 |
| VAR0021 | 122.1800 | 170.967 | .326 | .919 |
| VAR0022 | 122.6200 | 169.506 | .298 | .920 |
| VAR0023 | 121.9400 | 168.670 | .505 | .917 |

| | | | | |
|---------|----------|---------|------|------|
| VAR0026 | 121.9600 | 169.060 | .574 | .917 |
| VAR0027 | 122.0600 | 165.731 | .717 | .915 |
| VAR0030 | 122.4000 | 162.245 | .516 | .917 |
| VAR0031 | 121.9800 | 167.449 | .541 | .917 |
| VAR0033 | 121.9800 | 168.591 | .468 | .917 |
| VAR0034 | 122.0200 | 169.734 | .389 | .918 |
| VAR0035 | 121.9600 | 168.407 | .628 | .916 |
| VAR0036 | 121.9400 | 167.160 | .513 | .917 |
| VAR0037 | 122.3000 | 164.867 | .461 | .918 |
| VAR0038 | 122.0000 | 170.857 | .459 | .918 |
| VAR0039 | 121.9000 | 169.031 | .584 | .917 |
| VAR0040 | 122.1000 | 168.173 | .541 | .917 |
| VAR0042 | 121.9600 | 169.182 | .518 | .917 |
| VAR0043 | 122.3600 | 168.439 | .337 | .919 |
| VAR0045 | 122.5600 | 164.415 | .499 | .917 |
| VAR0047 | 122.4200 | 168.983 | .338 | .919 |
| VAR0048 | 122.1200 | 166.026 | .421 | .918 |
| VAR0049 | 122.2400 | 166.839 | .399 | .918 |
| VAR0050 | 122.6000 | 170.327 | .250 | .920 |

Lampiran 12. Output Hasil Uji Validitas dan Reabilitas Skala Dukungan Sosial Putaran III

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .923 | 37 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|-------------------------------|-----------------------------------|--------------------------------------|--|
| VAR001 | 111.1400 | 143.062 | .503 | .920 |
| VAR002 | 111.0400 | 146.121 | .489 | .921 |
| VAR003 | 111.0800 | 145.463 | .566 | .920 |
| VAR004 | 111.2000 | 145.551 | .469 | .921 |
| VAR005 | 110.9800 | 145.734 | .500 | .920 |
| VAR006 | 111.1600 | 144.056 | .594 | .919 |
| VAR007 | 111.2200 | 145.196 | .549 | .920 |
| VAR008 | 111.2800 | 142.002 | .608 | .919 |
| VAR009 | 111.0400 | 144.080 | .611 | .919 |
| VAR0010 | 111.1600 | 144.464 | .606 | .919 |
| VAR0011 | 111.0800 | 143.789 | .609 | .919 |
| VAR0012 | 111.2200 | 143.277 | .578 | .919 |
| VAR0013 | 111.0600 | 145.160 | .535 | .920 |
| VAR0015 | 111.2800 | 144.124 | .527 | .920 |
| VAR0016 | 111.6200 | 146.934 | .243 | .924 |
| VAR0019 | 111.1400 | 143.592 | .616 | .919 |
| VAR0020 | 111.1600 | 145.321 | .438 | .921 |
| VAR0021 | 111.3800 | 147.424 | .311 | .922 |
| VAR0023 | 111.1400 | 144.490 | .548 | .920 |
| VAR0026 | 111.1600 | 145.076 | .607 | .920 |
| VAR0027 | 111.2600 | 142.237 | .726 | .918 |
| VAR0030 | 111.6000 | 141.429 | .414 | .922 |
| VAR0031 | 111.1800 | 143.334 | .583 | .919 |
| VAR0033 | 111.1800 | 144.518 | .501 | .920 |
| VAR0034 | 111.2200 | 145.277 | .442 | .921 |
| VAR0035 | 111.1600 | 144.423 | .664 | .919 |
| VAR0036 | 111.1400 | 143.592 | .517 | .920 |
| VAR0037 | 111.5000 | 143.276 | .378 | .923 |
| VAR0038 | 111.2000 | 146.571 | .509 | .921 |

| | | | | |
|---------|----------|---------|------|------|
| VAR0039 | 111.1000 | 144.867 | .633 | .919 |
| VAR0040 | 111.3000 | 144.133 | .577 | .920 |
| VAR0042 | 111.1600 | 144.749 | .583 | .920 |
| VAR0043 | 111.5600 | 146.129 | .272 | .924 |
| VAR0045 | 111.7600 | 143.125 | .400 | .922 |
| VAR0047 | 111.6200 | 146.893 | .255 | .924 |
| VAR0048 | 111.3200 | 143.855 | .360 | .923 |
| VAR0049 | 111.4400 | 144.578 | .339 | .923 |

Lampiran 13. Output Hasil Uji Validitas dan Reabilitas Skala Dukungan Sosial Putaran IV

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .928 | 34 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| VAR001 | 102.9200 | 127.708 | .542 | .925 |
| VAR002 | 102.8200 | 131.130 | .500 | .926 |
| VAR003 | 102.8600 | 130.204 | .605 | .925 |
| VAR004 | 102.9800 | 129.693 | .549 | .925 |
| VAR005 | 102.7600 | 130.594 | .525 | .926 |
| VAR006 | 102.9400 | 128.996 | .618 | .925 |
| VAR007 | 103.0000 | 129.959 | .585 | .925 |
| VAR008 | 103.0600 | 126.833 | .642 | .924 |
| VAR009 | 102.8200 | 129.171 | .623 | .925 |
| VAR0010 | 102.9400 | 129.527 | .620 | .925 |

| | | | | |
|---------|----------|---------|------|------|
| VAR0011 | 102.8600 | 128.368 | .663 | .924 |
| VAR0012 | 103.0000 | 127.673 | .642 | .924 |
| VAR0013 | 102.8400 | 130.341 | .534 | .926 |
| VAR0015 | 103.0600 | 128.711 | .574 | .925 |
| VAR0019 | 102.9200 | 128.238 | .665 | .924 |
| VAR0020 | 102.9400 | 129.568 | .503 | .926 |
| VAR0021 | 103.1600 | 132.709 | .294 | .928 |
| VAR0023 | 102.9200 | 129.014 | .603 | .925 |
| VAR0026 | 102.9400 | 129.935 | .637 | .925 |
| VAR0027 | 103.0400 | 127.509 | .731 | .924 |
| VAR0030 | 103.3800 | 129.547 | .289 | .931 |
| VAR0031 | 102.9600 | 127.958 | .631 | .925 |
| VAR0033 | 102.9600 | 129.509 | .517 | .926 |
| VAR0034 | 103.0000 | 129.918 | .480 | .926 |
| VAR0035 | 102.9400 | 129.241 | .702 | .924 |
| VAR0036 | 102.9200 | 128.524 | .539 | .926 |
| VAR0037 | 103.2800 | 130.736 | .269 | .930 |
| VAR0038 | 102.9800 | 131.000 | .576 | .926 |
| VAR0039 | 102.8800 | 129.577 | .679 | .925 |
| VAR0040 | 103.0800 | 128.565 | .641 | .925 |
| VAR0042 | 102.9400 | 129.568 | .616 | .925 |
| VAR0045 | 103.5400 | 130.335 | .300 | .930 |
| VAR0048 | 103.1000 | 131.398 | .243 | .931 |
| VAR0049 | 103.2200 | 131.277 | .260 | .930 |

Lampiran 14. Output Hasil Uji Validitas dan Reabilitas Skala Dukungan Sosial Putaran V

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .942 | 29 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|-------------------------------|-----------------------------------|--------------------------------------|--|
| VAR001 | 88.2200 | 100.542 | .569 | .940 |
| VAR002 | 88.1200 | 104.353 | .464 | .941 |
| VAR003 | 88.1600 | 102.994 | .623 | .940 |
| VAR004 | 88.2800 | 101.961 | .615 | .940 |
| VAR005 | 88.0600 | 103.078 | .566 | .940 |
| VAR006 | 88.2400 | 101.778 | .646 | .939 |
| VAR007 | 88.3000 | 102.663 | .612 | .940 |
| VAR008 | 88.3600 | 100.113 | .645 | .939 |
| VAR009 | 88.1200 | 101.985 | .647 | .939 |
| VAR0010 | 88.2400 | 102.309 | .644 | .939 |
| VAR0011 | 88.1600 | 101.076 | .704 | .939 |
| VAR0012 | 88.3000 | 99.969 | .720 | .938 |
| VAR0013 | 88.1400 | 102.939 | .567 | .940 |
| VAR0015 | 88.3600 | 101.296 | .618 | .939 |
| VAR0019 | 88.2200 | 101.114 | .692 | .939 |
| VAR0020 | 88.2400 | 101.982 | .552 | .940 |
| VAR0021 | 88.4600 | 105.764 | .262 | .943 |
| VAR0026 | 88.2400 | 102.390 | .694 | .939 |
| VAR0027 | 88.3400 | 100.760 | .732 | .938 |
| VAR0031 | 88.2600 | 100.523 | .685 | .939 |
| VAR0033 | 88.2600 | 102.278 | .538 | .940 |
| VAR0034 | 88.3000 | 102.255 | .532 | .940 |
| VAR0035 | 88.2400 | 102.186 | .716 | .939 |
| VAR0036 | 88.2200 | 102.053 | .509 | .941 |
| VAR0038 | 88.2800 | 102.981 | .676 | .939 |
| VAR0039 | 88.1800 | 102.151 | .728 | .939 |
| VAR0040 | 88.3800 | 101.261 | .680 | .939 |
| VAR0042 | 88.2400 | 102.064 | .668 | .939 |

| | | | | |
|---------|---------|---------|------|------|
| VAR0045 | 88.8400 | 106.668 | .107 | .948 |
|---------|---------|---------|------|------|

Lampiran 15. Output Hasil Uji Validitas dan Reabilitas Skala Dukungan Sosial Putaran VI

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .950 | 27 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| VAR001 | 82.6800 | 94.998 | .538 | .950 |
| VAR002 | 82.5800 | 98.330 | .458 | .950 |
| VAR003 | 82.6200 | 96.812 | .639 | .948 |
| VAR004 | 82.7400 | 95.666 | .642 | .948 |
| VAR005 | 82.5200 | 96.867 | .583 | .949 |
| VAR006 | 82.7000 | 95.724 | .650 | .948 |
| VAR007 | 82.7600 | 96.553 | .620 | .948 |
| VAR008 | 82.8200 | 94.232 | .639 | .948 |
| VAR009 | 82.5800 | 95.922 | .652 | .948 |
| VAR0010 | 82.7000 | 96.255 | .648 | .948 |
| VAR0011 | 82.6200 | 94.975 | .716 | .947 |
| VAR0012 | 82.7600 | 93.982 | .723 | .947 |
| VAR0013 | 82.6000 | 96.857 | .571 | .949 |
| VAR0015 | 82.8200 | 95.212 | .626 | .948 |
| VAR0019 | 82.6800 | 95.079 | .697 | .948 |
| VAR0020 | 82.7000 | 96.051 | .545 | .949 |
| VAR0026 | 82.7000 | 96.378 | .693 | .948 |
| VAR0027 | 82.8000 | 94.898 | .721 | .947 |

| | | | | |
|---------|---------|--------|------|------|
| VAR0031 | 82.7200 | 94.369 | .701 | .948 |
| VAR0033 | 82.7200 | 96.328 | .532 | .949 |
| VAR0034 | 82.7600 | 96.227 | .532 | .949 |
| VAR0035 | 82.7000 | 96.214 | .711 | .948 |
| VAR0036 | 82.6800 | 95.977 | .514 | .950 |
| VAR0038 | 82.7400 | 96.890 | .682 | .948 |
| VAR0039 | 82.6400 | 96.072 | .736 | .948 |
| VAR0040 | 82.8400 | 95.198 | .687 | .948 |
| VAR0042 | 82.7000 | 95.929 | .681 | .948 |

Lampiran 16. Output Hasil Uji Validitas dan Reabilitas Skala Strategi Coping Putaran I

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .586 | 30 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|----------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| VAR00001 | 78.9200 | 38.687 | -.306 | .621 |
| VAR00002 | 77.4400 | 35.027 | .193 | .576 |
| VAR00003 | 77.4000 | 32.204 | .575 | .537 |
| VAR00004 | 78.2000 | 37.429 | -.141 | .616 |
| VAR00005 | 78.2000 | 37.061 | -.103 | .608 |
| VAR00006 | 78.1800 | 34.314 | .201 | .574 |
| VAR00007 | 77.4600 | 32.498 | .518 | .542 |
| VAR00008 | 77.5200 | 31.438 | .598 | .529 |
| VAR00009 | 77.7000 | 31.806 | .506 | .537 |
| VAR00010 | 77.6400 | 33.827 | .347 | .561 |

| | | | | |
|----------|---------|--------|-------|------|
| VAR00011 | 79.0600 | 38.874 | -.383 | .619 |
| VAR00012 | 77.4000 | 32.816 | .456 | .548 |
| VAR00013 | 78.3000 | 32.867 | .277 | .562 |
| VAR00014 | 77.3800 | 33.873 | .415 | .558 |
| VAR00015 | 77.7600 | 31.615 | .542 | .533 |
| VAR00016 | 78.4400 | 34.537 | .131 | .583 |
| VAR00017 | 78.3800 | 36.975 | -.102 | .614 |
| VAR00018 | 78.9000 | 39.643 | -.472 | .628 |
| VAR00019 | 77.6200 | 32.567 | .490 | .544 |
| VAR00020 | 78.2200 | 37.155 | -.118 | .618 |
| VAR00021 | 77.2800 | 35.104 | .200 | .576 |
| VAR00022 | 78.9600 | 38.284 | -.252 | .617 |
| VAR00023 | 77.8800 | 31.659 | .481 | .537 |
| VAR00024 | 78.4200 | 33.718 | .281 | .565 |
| VAR00025 | 77.7400 | 33.176 | .397 | .554 |
| VAR00026 | 78.1200 | 31.414 | .377 | .545 |
| VAR00027 | 78.9800 | 38.142 | -.257 | .613 |
| VAR00028 | 77.5400 | 35.927 | .063 | .587 |
| VAR00029 | 78.2000 | 34.612 | .167 | .578 |
| VAR00030 | 78.2200 | 35.849 | .005 | .599 |

Lampiran 17. Output Hasil Uji Validitas dan Reabilitas Skala Strategi *Coping* Putaran II

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .865 | 12 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|----------|-------------------------------|-----------------------------------|--------------------------------------|--|
| VAR00003 | 33.9200 | 24.973 | .635 | .850 |
| VAR00007 | 33.9800 | 24.387 | .718 | .845 |
| VAR00008 | 34.0400 | 24.039 | .691 | .846 |
| VAR00009 | 34.2200 | 24.502 | .571 | .853 |
| VAR00010 | 34.1600 | 25.851 | .498 | .858 |
| VAR00012 | 33.9200 | 24.565 | .666 | .848 |
| VAR00014 | 33.9000 | 25.969 | .578 | .855 |
| VAR00015 | 34.2800 | 23.961 | .665 | .847 |
| VAR00019 | 34.1400 | 25.347 | .536 | .856 |
| VAR00023 | 34.4000 | 24.367 | .541 | .856 |
| VAR00025 | 34.2600 | 25.747 | .462 | .860 |
| VAR00026 | 34.6400 | 25.745 | .252 | .884 |

Lampiran 18. Output Hasil Uji Validitas dan Reabilitas Skala Strategi Coping Putaran III

Reliability Statistics

| Cronbach's Alpha | N of Items |
|---------------------|------------|
| .884 | 11 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|----------|-------------------------------|-----------------------------------|--------------------------------------|--|
| VAR00003 | 31.3000 | 21.806 | .606 | .874 |
| VAR00007 | 31.3600 | 21.011 | .737 | .866 |
| VAR00008 | 31.4200 | 20.616 | .720 | .866 |
| VAR00009 | 31.6000 | 21.143 | .581 | .876 |

| | | | | |
|----------|---------|--------|------|------|
| VAR00010 | 31.5400 | 22.376 | .515 | .879 |
| VAR00012 | 31.3000 | 21.194 | .680 | .869 |
| VAR00014 | 31.2800 | 22.655 | .563 | .877 |
| VAR00015 | 31.6600 | 20.515 | .696 | .868 |
| VAR00019 | 31.5200 | 21.847 | .562 | .876 |
| VAR00023 | 31.7800 | 21.400 | .494 | .883 |
| VAR00025 | 31.6400 | 22.194 | .491 | .881 |

Lampiran 19. Hasil Uji Normalitas Kolmogorov Smirnov
Tests of Normality

| | Kolmogorov-Smirnov ^a | | | Shapiro-Wilk | | |
|--------------------------|---------------------------------|-----|------|--------------|-----|------|
| | Statistic | df | Sig. | Statistic | df | Sig. |
| Psychological Well-Being | .075 | 100 | .178 | .985 | 100 | .314 |

a. Lilliefors Significance Correction

Lampiran 20. Hasil Uji Linearitas

ANOVA Table

| | | | Sum of Squares | df | Mean Square | F | Sig. |
|---|----------------|--------------------------|----------------|----|-------------|--------|-------|
| Psychological Well-Being * Dukungan Sosial | Between Groups | (Combined) | 8480.443 | 35 | 242.298 | 1.595 | .053 |
| | | Linearity | 2707.414 | 1 | 2707.414 | 17.822 | <.001 |
| | | Deviation from Linearity | 5773.029 | 34 | 169.795 | 1.118 | .344 |
| | Within Groups | | 9722.317 | 64 | 151.911 | | |
| Total | | | 18202.760 | 99 | | | |

Lampiran 21. Hasil Uji Multikolinearitas
Coefficients^a

| | | Collinearity Statistics | |
|-------|-----------------|-------------------------|-------|
| Model | | Tolerance | VIF |
| 1 | Dukungan Sosial | .738 | 1.355 |
| | Strategi Coping | .738 | 1.355 |

a. Dependent Variable: Psychological Well-Being

Lampiran 22. Hasil Heterokedastisitas

Correlations

| | | Dukungan Sosial | Strategi Coping | ABS_RES | |
|----------------|-----------------|-------------------------|-----------------|---------|-------|
| Spearman's rho | Dukungan Sosial | Correlation Coefficient | 1.000 | .452** | -.028 |
| | | Sig. (2-tailed) | . | <.001 | .785 |
| | | N | 100 | 100 | 100 |
| | Strategi Coping | Correlation Coefficient | .452** | 1.000 | -.033 |
| | | Sig. (2-tailed) | <.001 | . | .744 |
| | | N | 100 | 100 | 100 |
| | ABS_RES | Correlation Coefficient | -.028 | -.033 | 1.000 |
| | | Sig. (2-tailed) | .785 | .744 | . |
| | | N | 100 | 100 | 100 |

** . Correlation is significant at the 0.01 level (2-tailed).

Lampiran 23. Hasil Analisis Deskriptif Psychological Well-Being

Statistics

Psychological Well-Being

| | | |
|----------------|---------|--------|
| N | Valid | 100 |
| | Missing | 0 |
| Mean | | 71.18 |
| Median | | 72.00 |
| Std. Deviation | | 13.560 |
| Minimum | | 34 |
| Maximum | | 112 |

Lampiran 24. Hasil Analisis Deskriptif Dukungan Sosial**Statistics**

Dukungan Sosial

| | | |
|----------------|---------|--------|
| N | Valid | 100 |
| | Missing | 0 |
| Mean | | 83.15 |
| Median | | 81.00 |
| Std. Deviation | | 10.560 |
| Minimum | | 44 |
| Maximum | | 108 |

Lampiran 25. Hasil Analisis Deskriptif Strategi Coping**Statistics**

Strategi Coping

| | | |
|----------------|---------|-------|
| N | Valid | 100 |
| | Missing | 0 |
| Mean | | 34.31 |
| Median | | 33.50 |
| Std. Deviation | | 3.765 |
| Minimum | | 25 |
| Maximum | | 44 |

Lampiran 26. Hasil Uji Regresi Linear Berganda**Statistics**

| | | Psychological Well-Being | Dukungan Sosial | Strategi Coping |
|----------------|---------|--------------------------|-----------------|-----------------|
| N | Valid | 100 | 100 | 100 |
| | Missing | 0 | 0 | 0 |
| Mean | | 71.18 | 83.15 | 34.31 |
| Std. Deviation | | 13.560 | 10.560 | 3.765 |

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|---|-------------------|--------|
| 1 | Strategi Coping, Dukungan Sosial ^b | . | Enter |

a. Dependent Variable: Psychological Well-Being

b. All requested variables entered.

Model Summary

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | .406 ^a | .164 | .147 | 12.522 |

a. Predictors: (Constant), Strategi Coping, Dukungan Sosial

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|----|-------------|-------|--------------------|
| 1 | Regression | 2993.231 | 2 | 1496.616 | 9.545 | <.001 ^b |
| | Residual | 15209.529 | 97 | 156.799 | | |
| | Total | 18202.760 | 99 | | | |

a. Dependent Variable: Psychological Well-Being

b. Predictors: (Constant), Strategi Coping, Dukungan Sosial

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|-----------------|-----------------------------|------------|---------------------------|-------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | 19.080 | 12.556 | | 1.520 | .132 |
| | Dukungan Sosial | .389 | .136 | .303 | 2.850 | .005 |
| | Strategi Coping | .576 | .383 | .160 | 1.506 | .135 |

a. Dependent Variable: Psychological Well-Being

Lampiran 27 Hasil Turnitin Skripsi

HUBUNGAN ANTARA DUKUNGAN SOSIAL DAN STRATEGI COPING DENGAN PSYCHOLOGICAL WELL BEING PADA EMERGING ADULTHOOD

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