

**CHRISTINE'S AMNESIA IN S.J. WATSON'S *BEFORE I GO
TO SLEEP***

A THESIS

**Presented in a Partial Fulfillment of the
Requirements for Completing the
Sarjana Degree in Department of English Literature**



By:

**WILDAN BAIHAQI YUSUF AT TABA'
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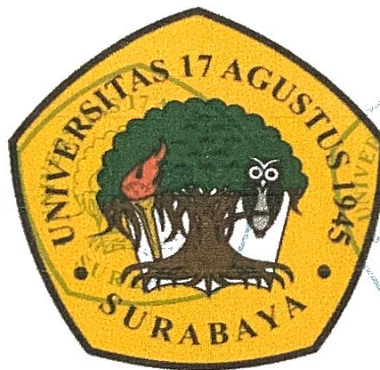
**FAKULTAS ILMU BUDAYA
UNIVERSITAS 17 AGUSTUS 1945 SURABAYA**

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This certify that the Sarjana Thesis of **WILDAN BAIHAQI YUSUF AT TABA'** entitled **CHRISTINE'S AMNESIA IN S. J. WATSON'S *BEFORE I GO TO SLEEP*** has been approved by the thesis advisor for further approval by the Examining Committee.

Surabaya, December 18, 2024
Advisor



Dra. Anik Cahyaning Rahayu, M.Pd.

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ABSTRACT

This study aims to identify and describe the symptoms, causes, and impacts of Christine Lucas's amnesia on her life as depicted in S.J. Watson's *Before I Go to Sleep*. This study uses psychological approach and descriptive qualitative method. In conducting this study, Rajesh Kumar's theory of amnesia is employed. Besides, this study focuses on amnesia which is related to psychological problem. The result is that Christine experiences some symptoms, such as anterograde, retrograde, confabulation and disorientation. The anterograde symptom is when she is unable to form new memories. Every day Christine wakes up with no recollection of recent events, including the previous day. While the retrograde symptom is when she is unable to remember or recall past events especially after she has a son. Christine forgets her adult life and the life afterwards, while her childhood memories stay with her. The confabulation is the symptom when she creates false memories in which the memories never happen. This happens when she fills in gaps in her memory with imagined details or believes stories that are not accurate. The disorientation symptom is when she is unable to process, organize or retrieve the information through memory. Each morning she feels confused and uncertain about her identity. The causes of her condition are head injuries and oxygen deprivation resulting from a violent assault and subsequent coma. The impacts of her amnesia are Christine's losing her identity, strained relationships, and difficulties to distinguish between reality and fantasy. The finding shows how memory loss shapes Christine's life and her identity.

Keywords: amnesia, symptoms, loss of identity, disorientation, head injuries,