

LAMPIRAN

Lampiran I Skala Resiliensi Akademik

Aspek	Indikator	Sebaran Aitem		Total Aitem
		<i>Favorable</i>	<i>Unfavorable</i>	
Ketekunan	a. Bekerja keras dan pantang menyerah	1,2		2
	b. Berfokus pada rencana dan tujuan	3,4	5,6	4
	c. Menerima masukan orang lain		7,8	2
	d. Memecahkan masalah secara kreatif dan imajinatif	9,10	11,12	4
	e. Menggunakan kesulitan sebagai peluang untuk berkembang	13,14	15,16	4
Refleksi dan mencari bantuan yang adaptif	a. Merefleksikan kekuatan dan kelemahan dari dirinya sendiri	17,18	19,20	4
	b. Berusaha untuk terus belajar	21	22,23	3

	c.	Mencari bantuan dan dukungan	24	25	2
	d.	Memantau usaha dan keberhasilan	26,27	28	3
	e.	Menanggapi adanya reward dan punishment	29,30	31,32	4
Pengaruh negatif dan respon emosional	a.	Mampu menghadapi kecemasan	33,34	35,36	4
	b.	Menanggapi pandangan negatif	37,38	39,40	4
	c.	Menghadapi keputusan	41,42	43,44	4
	d.	Penerimaan pengaruh negatif	45,46	47,48	4
Total Aitem					48

Lampiran II Skala *Self Regulated Learning*

Aspek	Indikator	Sebaran Aitem		Total Aitem
		<i>Favorable</i>	<i>Unfavorable</i>	
Perencanaan	a. Penetapan tujuan	1,17	2,18	4
	b. Strategi perencanaan	3,19	4,20	4
	c. Pengaturan waktu	5,21	6,22	4
Pengorganisasian	a. Menyusun materi pembelajaran	7,23	8,24	4
	b. Mengatur dan mengelola pembelajaran	9,25	10,26	4
Pemantauan dan evaluasi	a. Melakukan refleksi diri	11,27	12,28	4
Motivasi dan kemampuan mengendalikan belajar	a. Kemampuan memilih strategi belajar yang tepat	13,29	14,30	4
	b. Memiliki keinginan untuk belajar	15,31	16,32	4
Total Aitem				32

Lampiran III Skala Efikasi Diri

Aspek	Indikator	Sebaran Aitem		Total Aitem
		<i>Favorable</i>	<i>Unfavorable</i>	
Tingkat/level (<i>Magnitude</i>)	a. Mempunyai keyakinan bahwa dapat menyelesaikan tugas	1,11,21	2,12,22	6
	b. Mampu mencari solusi ketika menghadapi kesulitan atau tantangan	3,13,23	4,14,24	6
Kekuatan (<i>Strength</i>)	a. Mampu mencari dan mencoba strategi baru ketika menghadapi kesulitan	5,15,25	6,16,26	6
Generalitas (<i>Generality</i>)	a. Memiliki pandangan yang positif dan optimis terhadap tantangan yang dihadapi	7,17,27	8,18,28	6
	b. Mampu untuk beradaptasi dan mengubah strategi ketika menghadapi situasi yang baru	9,19,29	10,20,30	6
Total Aitem				30

**Lampiran VIII Uji item skala Resiliensi Akademik
Skala Y: Putaran Pertama**

Reliability Statistics

Cronbach's Alpha	N of Items
.932	48

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem01	183.7217	532.036	.589	.930
aitem02	183.7174	540.099	.428	.931
aitem03	183.9130	531.075	.577	.930
aitem04	184.0478	529.836	.600	.930
aitem05	183.7826	543.612	.428	.931
aitem06	183.7174	544.929	.360	.932
aitem07	183.7913	538.017	.471	.931
aitem08	183.7087	540.085	.452	.931
aitem09	184.0826	534.530	.530	.930
aitem10	183.9652	535.283	.525	.930
aitem11	183.8261	545.874	.324	.932
aitem12	183.7739	540.577	.406	.931

aitem13	184.4609	544.660	.260	.933
aitem14	184.1043	532.924	.542	.930
aitem15	183.8217	544.863	.397	.931
aitem16	183.8739	534.163	.544	.930
aitem17	183.9652	532.785	.590	.930
aitem18	184.2522	529.045	.542	.930
aitem19	183.7348	545.934	.336	.932
aitem20	184.1652	537.955	.390	.931
aitem21	184.2087	531.231	.539	.930
aitem22	184.0261	542.104	.371	.931
aitem23	183.8478	539.841	.445	.931
aitem24	183.9435	531.722	.573	.930
aitem25	183.6043	544.389	.362	.932
aitem26	183.8304	535.434	.548	.930
aitem27	184.0739	536.174	.496	.931
aitem28	184.1391	544.120	.241	.933
aitem29	184.0304	527.182	.639	.929
aitem30	183.8435	531.809	.550	.930
aitem31	183.6826	540.646	.469	.931
aitem32	183.7609	537.388	.488	.931
aitem33	184.1739	539.315	.456	.931
aitem34	183.9957	528.301	.618	.929

aitem35	184.0217	545.034	.335	.932
aitem36	184.0435	539.710	.408	.931
aitem37	184.1826	537.338	.486	.931
aitem38	184.3391	534.478	.475	.931
aitem39	183.9000	541.156	.447	.931
aitem40	183.8913	540.324	.395	.931
aitem41	184.0217	532.624	.535	.930
aitem42	184.1739	532.345	.520	.930
aitem43	183.9174	544.880	.345	.932
aitem44	184.1391	551.710	.131	.934
aitem45	183.9696	535.348	.525	.930
aitem46	184.3739	539.737	.421	.931
aitem47	183.8304	542.526	.374	.931
aitem48	183.8870	537.909	.491	.931

Skala Y : Putaran Kedua
Reliability Statistics

Cronbach's Alpha	N of Items
.936	45

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
aitem01	172.8261	496.371	.583	.934
aitem02	172.8217	503.641	.433	.935
aitem03	173.0174	495.074	.579	.934
aitem04	173.1522	492.951	.622	.933
aitem05	172.8870	507.664	.417	.935
aitem06	172.8217	508.348	.365	.935
aitem07	172.8957	501.945	.469	.935
aitem08	172.8130	503.995	.449	.935
aitem09	173.1870	498.406	.532	.934
aitem10	173.0696	498.467	.543	.934
aitem11	172.9304	509.524	.322	.936
aitem12	172.8783	504.107	.411	.935
aitem14	173.2087	497.074	.539	.934
aitem15	172.9261	508.872	.386	.935

aitem16	172.9783	498.458	.537	.934
aitem17	173.0696	496.895	.588	.934
aitem18	173.3565	492.737	.551	.934
aitem19	172.8391	509.384	.339	.935
aitem20	173.2696	501.447	.396	.935
aitem21	173.3130	494.784	.550	.934
aitem22	173.1304	505.913	.369	.935
aitem23	172.9522	503.906	.439	.935
aitem24	173.0478	495.923	.570	.934
aitem25	172.7087	508.094	.360	.935
aitem26	172.9348	499.336	.549	.934
aitem27	173.1783	499.929	.499	.934
aitem29	173.1348	490.484	.658	.933
aitem30	172.9478	496.111	.545	.934
aitem31	172.7870	504.596	.464	.935
aitem32	172.8652	501.777	.476	.935
aitem33	173.2783	502.551	.470	.935
aitem34	173.1000	491.523	.638	.933
aitem35	173.1261	509.045	.326	.936
aitem36	173.1478	503.655	.404	.935
aitem37	173.2870	500.502	.502	.934
aitem38	173.4435	497.523	.493	.934

aitem39	173.0043	505.297	.437	.935
aitem40	172.9957	503.908	.399	.935
aitem41	173.1261	497.141	.525	.934
aitem42	173.2783	495.957	.529	.934
aitem43	173.0217	508.615	.342	.935
aitem45	173.0739	498.811	.536	.934
aitem46	173.4783	502.713	.439	.935
aitem47	172.9348	506.646	.364	.935
aitem48	172.9913	501.546	.496	.934

Lampiran IX Uji item skala *Self Regulated Learning*

Skala X1 : Putaran Pertama

Reliability Statistics

Cronbach's Alpha	N of Items
.907	32

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem01	122.2348	233.211	.285	.906
aitem02	122.4739	221.342	.579	.902
aitem03	122.3826	235.914	.137	.908
aitem04	122.3913	225.322	.487	.904
aitem05	122.7435	227.615	.349	.906
aitem06	122.4565	227.708	.420	.905
aitem07	122.4739	229.255	.319	.906
aitem08	122.5261	221.194	.554	.902
aitem09	122.8609	229.238	.283	.907
aitem10	122.7304	217.822	.638	.901
aitem11	122.4000	232.826	.263	.907
aitem12	122.6478	220.220	.519	.903

aitem13	122.7087	225.212	.449	.904
aitem14	122.6478	223.487	.526	.903
aitem15	122.4913	231.928	.292	.906
aitem16	122.5130	216.915	.600	.901
aitem17	122.3783	231.808	.288	.906
aitem18	122.4696	222.792	.552	.902
aitem19	122.4913	226.583	.470	.904
aitem20	122.5478	221.786	.550	.902
aitem21	122.2652	231.078	.350	.905
aitem22	122.5043	218.138	.613	.901
aitem23	122.4478	230.100	.365	.905
aitem24	123.1826	221.163	.437	.905
aitem25	122.5609	226.911	.439	.904
aitem26	122.6565	217.694	.652	.901
aitem27	122.5304	230.337	.360	.905
aitem28	122.6217	218.385	.632	.901
aitem29	122.5217	227.115	.446	.904
aitem30	122.6174	217.303	.661	.900
aitem31	123.0043	230.223	.250	.908
aitem32	122.8261	216.127	.705	.900

Skala X1 : Putaran Kedua

Reliability Statistics

Cronbach's Alpha	N of Items
.911	25

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem02	94.5435	176.852	.618	.906
aitem04	94.4609	180.634	.519	.908
aitem05	94.8130	184.327	.315	.912
aitem06	94.5261	182.967	.445	.909
aitem07	94.5435	185.507	.295	.912
aitem08	94.5957	176.879	.584	.906
aitem10	94.8000	173.707	.674	.904
aitem12	94.7174	175.636	.559	.907
aitem13	94.7783	182.086	.417	.910
aitem14	94.7174	179.278	.546	.907
aitem16	94.5826	173.144	.624	.905
aitem18	94.5391	178.765	.567	.907
aitem19	94.5609	183.322	.434	.909
aitem20	94.6174	177.250	.588	.906

aitem21	94.3348	187.604	.298	.911
aitem22	94.5739	174.010	.647	.905
aitem23	94.5174	187.177	.294	.911
aitem24	95.2522	176.687	.466	.909
aitem25	94.6304	183.719	.400	.910
aitem26	94.7261	173.868	.678	.904
aitem27	94.6000	187.001	.307	.911
aitem28	94.6913	174.214	.668	.905
aitem29	94.5913	184.217	.392	.910
aitem30	94.6870	173.543	.686	.904
aitem32	94.8957	173.465	.693	.904

Skala X1 : Putaran Ketiga**Reliability Statistics**

Cronbach's Alpha	N of Items
.912	22

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem02	82.1522	156.540	.629	.907
aitem04	82.0696	159.986	.536	.909
aitem05	82.4217	164.175	.301	.914
aitem06	82.1348	162.432	.451	.910
aitem08	82.2043	156.565	.594	.907
aitem10	82.4087	153.745	.677	.905
aitem12	82.3261	154.850	.588	.908
aitem13	82.3870	162.116	.401	.912
aitem14	82.3261	158.806	.558	.908
aitem16	82.1913	152.810	.641	.906
aitem18	82.1478	158.808	.558	.908
aitem19	82.1696	163.338	.413	.911
aitem20	82.2261	156.787	.604	.907
aitem22	82.1826	154.028	.650	.906

aitem24	82.8609	156.050	.484	.911
aitem25	82.2391	163.816	.375	.912
aitem26	82.3348	154.075	.675	.906
aitem27	82.2087	167.013	.274	.913
aitem28	82.3000	154.019	.680	.905
aitem29	82.2000	164.353	.363	.912
aitem30	82.2957	153.764	.683	.905
aitem32	82.5043	153.928	.680	.905

Skala X1 : Putaran Keempat

Reliability Statistics

Cronbach's Alpha	N of Items
.913	21

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem02	78.1565	150.674	.637	.908
aitem04	78.0739	154.025	.546	.910
aitem05	78.4261	158.490	.295	.915
aitem06	78.1391	156.505	.458	.911

aitem08	78.2087	150.934	.592	.908
aitem10	78.4130	147.920	.685	.906
aitem12	78.3304	149.008	.594	.908
aitem13	78.3913	156.554	.391	.913
aitem14	78.3304	152.851	.568	.909
aitem16	78.1957	147.084	.645	.907
aitem18	78.1522	153.125	.556	.909
aitem19	78.1739	157.830	.399	.912
aitem20	78.2304	150.938	.611	.908
aitem22	78.1870	148.275	.655	.907
aitem24	78.8652	150.344	.485	.912
aitem25	78.2435	158.176	.366	.913
aitem26	78.3391	148.540	.670	.907
aitem28	78.3043	148.466	.677	.906
aitem29	78.2043	158.748	.353	.913
aitem30	78.3000	148.220	.679	.906
aitem32	78.5087	148.277	.681	.906

Skala X1 : Putaran Kelima**Reliability Statistics**

Cronbach's Alpha	N of Items
.915	20

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem02	74.3739	142.654	.633	.909
aitem04	74.2913	146.015	.537	.912
aitem06	74.3565	148.274	.456	.913
aitem08	74.4261	142.805	.593	.910
aitem10	74.6304	140.033	.679	.908
aitem12	74.5478	140.816	.599	.910
aitem13	74.6087	148.554	.380	.915
aitem14	74.5478	144.572	.573	.911
aitem16	74.4130	138.942	.650	.909
aitem18	74.3696	144.854	.561	.911
aitem19	74.3913	149.619	.394	.914
aitem20	74.4478	142.772	.613	.910
aitem22	74.4043	140.085	.661	.909

aitem24	75.0826	142.198	.486	.914
aitem25	74.4609	149.900	.365	.915
aitem26	74.5565	140.545	.668	.908
aitem28	74.5217	140.163	.688	.908
aitem29	74.4217	150.481	.350	.915
aitem30	74.5174	140.006	.686	.908
aitem32	74.7261	140.252	.680	.908

Lampiran X Uji item skala Efikasi Diri

Skala X2 : Putaran pertama

Reliability Statistics

Cronbach's Alpha	N of Items
.911	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem01	114.1522	217.894	.407	.910
aitem02	114.5000	207.980	.591	.907
aitem03	114.3783	220.786	.253	.911
aitem04	114.4304	209.041	.548	.907

aitem05	114.4913	214.854	.438	.909
aitem06	114.6522	206.857	.601	.906
aitem07	114.5435	217.227	.364	.910
aitem08	114.5652	206.587	.646	.906
aitem09	114.6739	214.919	.418	.909
aitem10	114.7087	207.430	.622	.906
aitem11	114.7043	222.593	.060	.916
aitem12	114.6522	204.350	.663	.905
aitem13	114.5348	213.254	.466	.909
aitem14	114.7957	206.390	.591	.907
aitem15	114.5174	216.094	.399	.910
aitem16	114.5826	207.738	.610	.906
aitem17	114.4652	217.176	.334	.911
aitem18	114.6913	206.869	.576	.907
aitem19	114.6087	217.759	.327	.911
aitem20	114.8739	206.181	.518	.908
aitem21	114.5870	216.409	.370	.910
aitem22	114.7174	204.929	.670	.905
aitem23	114.5739	211.879	.451	.909
aitem24	114.5739	204.464	.613	.906
aitem25	114.4957	216.662	.327	.911
aitem26	114.7261	209.064	.563	.907

aitem27	114.6696	215.978	.333	.911
aitem28	114.8261	204.293	.669	.905
aitem29	114.4957	221.386	.192	.912
aitem30	114.8261	204.293	.669	.905

Skala X2 : Putaran Kedua

Reliability Statistics

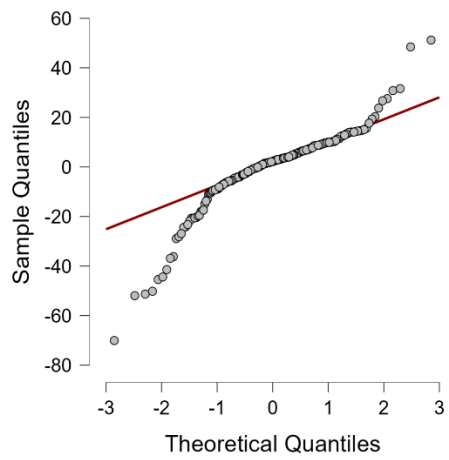
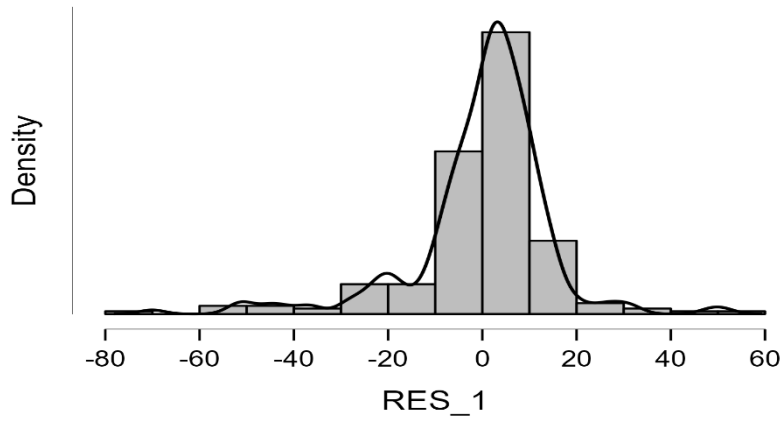
Cronbach's Alpha	N of Items
.918	27

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
aitem01	102.0739	205.291	.411	.917
aitem02	102.4217	195.538	.598	.914
aitem04	102.3522	196.124	.571	.914
aitem05	102.4130	202.462	.436	.916
aitem06	102.5739	194.263	.614	.913
aitem07	102.4652	204.783	.360	.917
aitem08	102.4870	194.207	.652	.913
aitem09	102.5957	202.495	.416	.916
aitem10	102.6304	194.854	.635	.913

aitem12	102.5739	192.088	.667	.912
aitem13	102.4565	201.026	.458	.916
aitem14	102.7174	194.265	.588	.914
aitem15	102.4391	203.584	.400	.917
aitem16	102.5043	195.421	.612	.913
aitem17	102.3870	205.042	.317	.918
aitem18	102.6130	194.509	.581	.914
aitem19	102.5304	205.316	.323	.918
aitem20	102.7957	193.674	.527	.915
aitem21	102.5087	204.434	.347	.917
aitem22	102.6391	192.284	.688	.912
aitem23	102.4957	199.779	.441	.916
aitem24	102.4957	192.356	.612	.913
aitem25	102.4174	204.637	.307	.918
aitem26	102.6478	196.404	.578	.914
aitem27	102.5913	203.500	.332	.918
aitem28	102.7478	192.146	.669	.912
aitem30	102.7478	192.146	.669	.912

Lampiran XI Uji Asumsi klasik Normalitas



Lampiran XII Uji Linieritas skala *self regulated learning***ANOVA Table**

			Sum of Squares	df	Mean Square	F	Sig.
Resiliensi Akademik * Self Regulated Learning	Between Groups	(Combined)	74619.289	53	1407.911	5.477	.000
		Linearity	56819.559	1	56819.559	221.026	.000
		Deviation from Linearity	17799.731	52	342.303	1.332	.088
	Within Groups		45244.641	176	257.072		
	Total		119863.930	229			

Lampiran XIII Uji Linieritas skala Efikasi diri**ANOVA Table**

			Sum of Squares	df	Mean Square	F	Sig.
Resiliensi Akademik * Efikasi diri	Between Groups	(Combined)	76873.561	54	1423.584	5.795	.000
		Linearity	63545.915	1	63545.915	258.675	.000
		Deviation from Linearity	13327.647	53	251.465	1.024	.442
	Within Groups		42990.369	175	245.659		
	Total		119863.930	229			

Lampiran XIV Uji Hipotesis Simultan Variabel *Self Regulated Learning*, Efikasi diri dan Resiliensi Akademik

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin-Watson
1	.769 ^a	.591	.587	14.700	1.455

a. Predictors: (Constant), Efikasi diri, Self Regulated Learning

b. Dependent Variable: Resiliensi Akademik

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	70811.859	2	35405.929	163.849	.000 ^b
	Residual	49052.072	227	216.088		
	Total	119863.930	229			

a. Dependent Variable: Resiliensi Akademik

b. Predictors: (Constant), Efikasi diri, Self Regulated Learning

Lampiran XV Uji Hipotesis Parsial Variabel *Self Regulated Learning* dan Efikasi diri

Coefficients

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig
		B	Std. Error	Beta		
1	(Constant)	46.902	7.303		6.423	.000
	Self Regulated Learning	.632	.109	.348	5.799	.000
	Efikasi diri	.756	.094	.483	8.047	.000

a. Dependent Variable: Resiliensi Akademik

Lampiran XVI Uji Deskriptif Skala Resiliensi Akademik

Resiliensi Akademik

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	RENDAH	39	17.0	17.0	17.0
	RENDAH S	16	7.0	7.0	23.9
	SEDANG	111	48.3	48.3	72.2
	TINGGI	63	27.4	27.4	99.6
	TINGGI S	1	.4	.4	100.0
	Total	230	100.0	100.0	

Lampiran XVII Uji Deskriptif Skala *Self Regulated Learning*

Self Regulated Learning

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	RENDAH	27	11.7	11.7	11.7
	RENDAH S	16	7.0	7.0	18.7
	SEDANG	128	55.7	55.7	74.3
	TINGGI	59	25.7	25.7	100.0
	Total	230	100.0	100.0	

Lampiran XVIII Uji Deskriptif Skala Efikasi diri

Efikasi diri

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	RENDAH	18	7.8	7.8	7.8
	RENDAH S	21	9.1	9.1	17.0
	SEDANG	130	56.5	56.5	73.5
	TINGGI	57	24.8	24.8	98.3
	TINGGI S	4	1.7	1.7	100.0
	Total	230	100.0	100.0	

Lampiran XIX Turnitin

Hubungan self regulated learning dan efikasi diri dengan resiliensi akademik pada mahasiswa yang menjalankan Merdeka Belajar Kampus Merdeka (MBKM)

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