

APPENDIX I

SYNOPSIS OF *THE PERFECT DAUGHTER*

"The Perfect Daughter" by Daniel Palmer is a gripping novel centered around Penny Francone, a troubled teenager struggling with Dissociative Identity Disorder (DID). The story delves into Penny's tumultuous life as she grapples with the effects of her psychological condition while navigating a series of traumatic events from her past. The narrative follows Penny, who, after a childhood filled with neglect, abuse, and trauma, finds herself adopted into the Francone family. However, her new life brings its own set of challenges as she tries to assimilate into this unfamiliar environment. The complexities of Penny's DID come to the fore, revealing her struggle with various alters, each with distinct personalities and memories, leading to fragmented recollections and altering behaviors.

As Penny attempts to cope with her disorder, she faces a cascade of events that trigger shifts in her personality, behaviors, and emotions. The novel explores the underlying causes behind Penny's condition, rooted in her traumatic upbringing, particularly her experiences with her abusive biological mother and subsequent adoption. Throughout the story, the author intricately weaves the impacts of DID on Penny's relationships, mental state, and day-to-day life. The novel's narrative explores themes of trauma, resilience, the intricacies of mental health, and the importance of understanding and support for individuals dealing with complex psychological disorders. With its compelling storyline, nuanced characters, and exploration of the complexities of Dissociative Identity Disorder, "The Perfect Daughter" offers readers a thought-provoking and emotionally engaging journey through the life of a young woman wrestling with her inner demons while striving for a sense of normalcy and acceptance in a challenging world.

APPENDIX II

BIOGRAPHY OF THE AUTHOR

Daniel Palmer is a super famous writer known for his awesome suspense books. He went through lots of different jobs before becoming a writer. First, he got his master's degree from Boston University and worked in e-commerce for a while. Then, during a time when the internet was blowing up, he switched to writing full time. Right now, he lives in Massachusetts by the ocean and is working hard on his new book. Palmer comes from Arizona and studied Biology at ASU. He spent more than 10 years in healthcare. He really likes technology, so he did lots of different tech jobs like IT support, system administration, and other stuff. He's even a certified Lean Six Sigma Green Belt, which shows how good he is at solving problems.

Even when Palmer was young, he loved telling stories. He started by playing music and singing in cool places in Boston. He even made two music CDs. Doing music helped him get better at telling stories, and that's how he got into writing. Palmer's books usually talk about technology and how it affects people's lives. His stories, like "Delirious" and "Stolen," show normal people dealing with really strange situations. He also writes short stories sometimes, like "The Dead Club" and "Disfigured." Outside of writing, Palmer does a lot of good stuff too. He's part of the Red Sox Home Base program, which helps veterans who are having a tough time after serving in the military. Right now, he lives in New Hampshire with his wife and two kids. Daniel Palmer keeps impressing readers with his amazing stories and how he understands both tech and people's lives.