

APPENDIX

The Summary of Jennette McCurdy's *I'm Glad My Mom Died*

Jennette McCurdy's *I'm Glad My Mom Died* is a heartfelt and moving memoir that explores her complicated relationship with her mother, a stage and television actress and her experience growing up in the spotlight. Jennette shares the pain and trauma that she went through as a result of her mother's abusive behaviour and how it has shaped her perceptions and opinions on life. The memoir also goes into detail about her struggles with her own body image and eating disorders, and how she was able to overcome them and find happiness and satisfaction in her life. Through her writing, Jennette demonstrates her strength and resilience despite the difficult obstacles that she has faced in her life.

At the age of six, Jennette's mother once again told Jennette about her childhood's dreams of being an actress, but sadly it never happens because Grandma and Grandpa never let her. Jennette knows this story because her mother likes to bring this up often and discuss it with Jennette. However, that day Debra suddenly have a thought of bring Jennette into acting instead of her. Jennette never says she accept her mother's wish but she acts like she does not want a rejection from her daughter, and there is only one right answer for every request, and it is a yes.

After Debra's idea of making Jennette her little actress, Debra really ask Jennette to a lot of audition even enrol her to an acting class. Until one day she got chosen as a background actor by Academy Kids. But does not stop there until her own goals of making Jennette a principal actor come true. So, after Jennette chosen as a background actor, Debra does not satisfaction and still taking Jennette to another audition which is a lot of audition.

When Jennette was 10 years old, she was cast in the Nickelodeon series *iCarly*. The show was a huge success, and Jennette quickly became a household name. However, her fame also came with a price. Jennette was subjected to intense scrutiny from the media, and she was constantly being judged for her appearance. Debra's controlling behaviour only worsened as she became more famous. She would often tell Jennette that she was not good enough, and she would constantly compare her to other girls. Jennette began to develop an eating disorder, and she also started to self-harm.

When Jennette was 18 years old, her mother Debra was diagnosed with cancer. Jennette's mother died a year later. Jennette writes that she was relieved when her mother died. She felt like she was finally free from her mother's control. However,

Jennette's relief was short-lived. She began to struggle with depression and anxiety. She also started to use drugs and alcohol to cope with her pain.

It took Jennette many years to heal from her childhood trauma. She eventually went to therapy, and she began to learn how to love and accept herself. She also started to speak out about her experiences, in the hope that she could help other people who have been through similar experiences.

Biography of the Author

Jennette McCurdy is an American actor, writer, comedian, and mental health advocate. Jennette was born in Nashville, Tennessee, and raised in California by her single mother, a stage mom. She began her career as a child actor, and eventually earned a role in the Nickelodeon television series *iCarly*. Jennette's work as Sam Puckett on *iCarly* earned her multiple nominations and wins at the Teen Choice Awards, and the Nickelodeon Kids' Choice Awards.

After leaving *iCarly*, Jennette began a career in stand-up comedy and wrote and performed her one-woman show, "I'm Glad My Mom Died." She later published a memoir of the same name, which details her struggles with her mother's emotional and physical abuse, and her journey to find her identity and independence. Jennette has since become an advocate for mental health, writing and speaking about her experiences and the importance of seeking help and support. She is also an advocate for mental health and has been an ambassador for the National Alliance on Mental Illness.

Jennette has continued to work as an actor, and has guest-starred in various television shows, such as "Sam and Cat," "Malcom in the Middle," and "How I Met Your Mother." She has also written a second memoir, "The Things I Haven't Told You," which further explores her personal journey and growth.

Jennette's work as an advocate for mental health and her candor about her experiences has made her a voice for many people who struggle with their own mental health, and who are seeking ways to heal and find their own voice. Her work has also helped to raise awareness about the importance of supporting and advocating for those who are struggling with mental health.



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PERNYATAAN REVISI

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I'm Glad My Mom Died

Menyatakan dengan sebenarnya bahwa saya sanggup menyelesaikan revisi skripsi saya yang diujikan pada tanggal 19-9-2024, paling lama 1 Minggu (19-9-2024) dari tanggal diujikan.

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Demikian surat pernyataan ini saya buat dengan sebenarnya untuk dipergunakan sebagaimana mestinya.

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Nama terang, tandatangan

Ketua Tim Penguji

M. Rudi O. M. P.

Nama terang, tandatangan

Surabaya, 21 Juni 2024.
Yang Membuat Pernyataan

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Catatan:

Surat pernyataan ini dibuat rangkap 2; 1. untuk Fakultas Ilmu Budaya dan 1 untuk saya

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