

**ITSUMI AND SAYURI'S PROCESS OF  
INDIVIDUATION IN AKIYOSHI RIKAKO'S *THE DARK  
MAIDENS***

**A THESIS**

**Presented in a Partial Fulfillment of the  
Requirements for Completing the  
Sarjana Degree in Department of English Literature**



**By:**

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**FAKULTAS ILMU BUDAYA  
UNIVERSITAS 17 AGUSTUS 1945 SURABAYA**

**2024**

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This is to certify that the Sarjana Thesis of CHANDRAWATI A.N entitled "ITSUMI AND SAYURI'S PROCESS OF INDIVIDUATION IN AKIYOSHI RIKAKO'S *THE DARK MAIDENS*" has been approved by the thesis advisor for further approval by the Examining Committee.

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Mateus Rudi Supsiadji, S.S., M.Pd.

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This is to certify that Sarjana Thesis of CHANDRAWATI A.N entitled ‘TTSUMI AND SAYURI’S PROCESS OF INDIVIDUATION IN AKIYOSHI RIKAKO’S *THE DARK MAIDENS*’ has been examined and approved by the thesis Examining Committee as the requirement for Sarjana Degree in English Literature.

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**MOTTO**

“Unless you try to do something beyond what you have already mastered, you will never grow.”

Ralph Waldo Emerson

## ACKNOWLEDGEMENTS

First, I dedicate this thesis and express my deepest gratitude to Allah SWT for the grace and mercy to complete my thesis entitled "Itsumi and Sayuri's Process of Individuation in Akiyoshi Rikako's The Dark Maidens." May prayers and blessings continue to be bestowed on all of us and the prophet Muhammad SAW, who has always been a guide for his people. Completing this thesis is inseparable from the prayers, support, love, and help of various parties. So the writer, with her deep gratitude, would like to convey her message of thanks and offer it to the honorable:

1. Mateus Rudi S., SS, MPd, as the writer's thesis advisor and the Dean of the Faculty of Cultural Science of the University of 17 Agustus 1945 Surabaya. I am very grateful for Mr Mateus' patience in dealing with my errors and difficulties, as well as for providing guidance, advice, and direction to my thesis from the beginning to the end of the thesis. May God always protect and provide prosperity and health for him and his family.
2. My beloved parents, Sishariono and Fatimatur, and my younger brother, Rangga, for all their support, prayers, and love, which always reminded me how my life path will always be accompanied by a family that loves me and supports every step I take in my life. Then, especially for my beloved father, who unfortunately did not have time to see me graduate, may Allah SWT place you in His heaven, and may we as a family be able to reunite again.
3. I am very grateful to all my beloved cousins, aunties, and uncles who have always given me care, support, love, and prayers, especially when I had difficulties continuing this thesis due to my father's health and until he passed away. I hope to repay you all and make you proud.
4. The entire people who helped me at the University of 17 Agustus 1945 Surabaya, the lecturers who have given their knowledge and support to me during my time as their student. My friends who have always been by my side, especially Riska, Nanda, Alya, Marsya, Alvi, Silvi, Alodia, and Angel, are friends who always provide help and support so that I can continue to survive in completing this thesis.

The writer realizes that this thesis could be better. Hence, the writer hopes there will be helpful suggestions and input so that the writer can continue developing and becoming even better. For now, the writer has worked on this thesis as much as she can and as much as she can. The writer also hopes that this thesis can be helpful and valuable for future readers, whether it is for reading to gain knowledge or for reference sources.

Surabaya, 20 June 2024

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## ABSTRACT

This thesis is entitled “Itsumi and Sayuri's Process of Individuation in Akiyoshi Rikako's *The Dark Maidens*”. The objectives of this research are to describe Itsumi and Sayuri's individuation process, and to determine the individuation process that dominates each character by using Carl Gustav Jung's collective unconscious theory. This research uses descriptive qualitative method because the data focuses on understanding data analysis and produces detailed research. The writer uses a psychological approach because the process of individuation is concerned with psychological problem. The results of the study shows that Itsumi and Sayuri experience an individuation process or the process of self-discovery in order to maintain their image in the eyes of society. They cover themselves with a persona mask by showing their good side that others can well receive. Behind that persona mask lies the shadow, the dark side of each individual's personality hidden in the subconscious. They cover up their true nature behind their facade. Itsumi's betrayal makes her develop an ego that has been taken over by the shadow. Her revengeful and rebellious nature makes her persona mask crumble. The shadow also takes over Sayuri's ego. Her treacherous nature and desire to get rid of Itsumi make her persona mask also destroyed. They let the shadow dominate and hence, they often exhibit behaviors that are usually suppressed, resulting in irrational or destructive actions. Moreover, they also learn to realize their animus. Finally, it can be concluded that this novel portrays how an individual can experience the development of a negative individuation process.

**Keywords:** *Animus, Ego, Individuation, Persona, Shadow*