

LILY BLOOM'S STRUGGLE FOR HAPPINESS IN COLLEEN HOOVER'S *IT ENDS WITH US*

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ABSTRACT

This study examines Lily Bloom's struggle for happiness in Colleen Hoover's *It Ends With Us*. The objective of this research is to find the motivation of Lily Bloom's struggle for her life and describe the way Lily Bloom struggles to find happiness in her life. The study uses the qualitative method and employs the psychological approach. The motivations for Lily Bloom to struggle in her life are caused by Lily's father narrow mindset and his abusive behavior towards her mother. Furthermore, the tendency of her mother to cover up her father's abusive behavior also becomes her motivation to struggle in her life. The way she struggles to find happiness is classified as the struggle within herself to control her emotions that are affected by her mother's passive behavior, struggle to pursue her dreams, and also struggle to be free from her partner's abusive behavior. It comes to a finding that Lily can find her happiness through several encouragements from her relatives to get out of abusive relationships. She makes her dream come true as a successful businesswoman.

Key Words: Struggle; Happiness; Motivation

Introduction

Happiness is kind of goals that humans want to pursue in this life. Dolan (2014) argues that happiness itself can be considered in terms of knowledge of pleasure and purpose in life. Heliwell et al. (2019) in the *World Happiness Report* state that in recent years, the pursuit of happiness becomes a popular topic of discussion in both academic and popular circles. Even though happiness is a universal human desire, achieving it can be difficult and requires struggle.

Vermunt (2019) states that struggle makes people stronger. However, life could be a single word that has many implications. Youth people assume that life could be beautiful because they rarely find problems in their lives. In addition, life is not only about pretty things. As a human being, people cannot escape from that reality because every path in life needs various attempts at decision. There will be countless struggles that humans need to face so they can find happiness in the end. Struggle in life is not a simple thing to deal with. The inner circle, or even society, will present several problems throughout life that humans have to solve and bring solutions to. In short, to find happiness in life, struggle is required by humans to achieve their goals.

The issue of struggle in life to find happiness appears in the novel *It Ends With Us*, written by Colleen Hoover. This novel is published in 2016. This novel takes place in Plethora, Maine, the city where the main character is born. The story uses the point of view of Lily Bloom as the protagonist of the book. She is the daughter of the Nobel man in the city, and her mother is one of the most adored teachers. Throughout her adolescence, she often witnesses abusive behavior in her household. As the only daughter, Lily Bloom has no place to shed her burden and feels the need to protect her mother when the abusive behavior happens. Unfortunately,

Lily's mother has the tendency to cover up the abusive behavior that happens inside the household to protect Lily's father's career. At the age of 23rd, Lily graduates from college and decides to move from her house. By witnessing abusive behavior, Lily surely has high expectations of her life partner. She needs someone who she can rely on and can protect her. Lily's struggle begins after she delivers the special speech during her father's funeral. She meets Ryle, the person who will be her husband. As a new couple, Ryle seems to love Lily and give her the best behavior. But things slowly change when Ryle starts to show abusive behavior towards her. At first, she doubts herself that he abuses her and thinks that it is a misunderstanding. Furthermore, the abusive behavior continues to happen, but Lily still convinces herself to give Ryle a second chance. Lily soon recognizes that Ryle's abusive behavior is intolerable. She realizes that does not want to become her mother and make a big decision in her life. For the reasons stated above, the thesis writer is interested in conducting the study entitled Lily Bloom's Struggle for Happiness in Colleen Hoover's *It Ends With Us* as the representation of how the child who witnessed abusive behavior can find the motivation to struggle in life and find the way to struggle to find the happiness in life. Based on the background of the study that has been explained above, the research question are what is Lily Bloom's motivation to struggle and how Lily Bloom struggles to find her happiness.

Theoretical Review

A. Happiness

Happiness is commonly defined as a specific emotional state described by positive emotions such as joy. Happiness is simply defined as a pleasure. Fave et al. (2011:11) have noted that happiness brings to the term that can have several meanings containing the joy inside the heart, an experience of fulfilment and accomplishment in life, and a long-term process of creating meaning and developing identity through achieving goals. Seligman (2002) has described three types of happiness, the first is called the pleasant life which means that happiness can appear if people value joy inside themselves, enjoy the current life, and seek new experiences. Furthermore, the second point is called the good life can occur by realizing the sense of power inside themselves and learning to pursue it, and the last is the meaningful life which is pointed by purpose and meaning, that is when people find deep pleasant inside themselves to serve larger than oneself. This means that happiness can exist in human life if these three things are fulfilled. In addition, Happiness has correlations with memory and choices in life. Furthermore, happiness is also related to the struggle in people's lives to find it. Humans will always have the causes to struggle to find a better situation.

B. Struggle

Struggle is an effort to achieve the dream by getting out of various kinds of situations in life. This can be labelled as a challenge that is given by life in the form of a dilemma. Struggle usually comes with some problems as the features (Braun, 1979:1) in the study entitled *Psychology Today an Introduction 4th edition*. Struggle plays a role when it comes to human need to face the issue in their life.

Alemina (in Listanto, 2022:7) writes that struggle refers to the word that is created by a survival condition. These statements relate to the explanations above that struggle is needed to solve a problem in human life. Based on the statement above, it can be concluded that the motivation of people who struggle in life usually appears as a battle to achieve life improvement and get out of the uncomfortable feeling.

Furthermore, there are kinds of struggles that people need to face in life. Khusrau in *The Struggle of Life* (2017) states that there are two types of struggles in life, one is struggles with oneself which means people struggle with themselves by getting stimulation from outside but also controlling themselves to still fit in with others. The next is struggles with others which means that people need to allow themselves to be used by others in various situations in life. It is usually happening in the community.

C. Motivation

Motivation is an internal mechanism that guides and maintains people's behavior (Reeve, 2016). It starts with recognizing unsatisfied needs and motives, which lead to conflict and drive the individual to search for goals that will meet those needs. Motivation is influenced by psychological needs, internal drive, and inner objectives. Motivation is also called the desire to bring either personal or environmental transformation (Baumeister, 2015). In short, motivation is a way for individuals to get out from uncomfortable feelings and seek for better experiences.

Data Source

The book *It Ends With Us* by British author namely Colleen Hoover serves as the study's data source. The book has 368 pages and published in 2016. The protagonist of this book is a young woman who witnesses abuse as she grows up and eventually becomes the victim of an abusive relationship. The story tells from Lily Bloom's point of view. The data is presented in the form of conversation, narrative, and passages from the book that touch on the theme of finding happiness through suffering.

Method

This study uses the qualitative method means that this research depends on the written words. In addition, the writing of this study involves a number of tasks, including exploring, describing, and explaining to the readers by considering at the thesis writer's role in the study (Creswell & Cresswell, 2018:292). Furthermore, the goal of qualitative research is to create explanations for social phenomena and assist in recognizing the existent environment (Hancock et al., 2009:7). The reason of choosing this method is because this research intends to understand and interpret the meaning of an interaction in some circumstance in the novel based on the researcher's point of view and observation. In addition, descriptive method means that the form of the data analysis comes in the form of description regarding to the related issue (Kumar, 2011: 334).

Furthermore, literary approach is a procedure to analyse literary works. Literary approach divided into two that is intrinsic and extrinsic. According to (Gerdin, 2016:10-13) intrinsic approach concludes things such as the words used in the literary works and its structure. Furthermore, intrinsic approach deals with the plot, characters and theme. In addition, extrinsic approach deals with the social, gender, and experienced issues that might related to the author.

Based on the explanation above, this research will be conducted with the extrinsic approach. The thesis writer will apply the psychological approach in order to analyse the data. According to Wellek & Warren (in Arasa 2015:251), there are several circumstances in the psychology of literature namely the study of the psychology of the author, the study of the creative process, the study of psychological literature, and the study to analyse how the literature affects its audience. Therefore, it can be concluded that this study will

psychological approach focused on the study of psychological literature since this research will be discussing the motivation to struggle and the ways the main characters in the novel struggle for happiness based on the novel *It Ends With Us* by Colleen Hoover. The narrative comes from the perspective of Lily Bloom. The data comes in the form of dialogues, narration, phrases, and sentences from the novel that are related to the topic of struggle for happiness that will be discussed in this research.

In collecting the data, several steps are applied. For the beginning, the writer reads the whole pages of the novel *It Ends With Us* by Colleen Hoover. Next, the writer identifies the data by underlining words, phrases, and sentences found in the novel related with the research problem. Furthermore, the writer classifies the data that has been collected according to the motivation of Lily Bloom's struggle in her life and the way Lily Bloom struggles to find her happiness.

Discussion

The discussion will be divided into two sections. The first one is to analyse the motivation of Lily Bloom's to struggle in her life. The second one, discusses the way Lily Bloom struggles to find her happiness.

A. Lily Bloom's Motivation to Struggle in Her Life

Lily Bloom is described as a teenager. She is the main character in the novel. She does not feel happy with her family so she has to struggle for obtaining a happy life. The first problem that becomes her motivation to struggle in her life is that her father has a narrow mindset. Lily's father refuses Lily's requests for him to give some donations. He even gives his own opinion to Lily about how people who ask for charity will take advantage of people who give them amounts of money. However, Lily's father is the mayor of the town. He often needs to attend the charity events that are held in the city which contradicts the previous statement he gives to Lily. These things surely lead Lily into confusion. Lily comes to realization that her father attends charity events only to win the hearts of the citizens. In addition, the two sides of her father developed strong social skills. Lily grows up as a girl with a high level of empathy. It becomes Lily's motivation to struggle in her life. Lily already has her own mindset. She decides that she will reduce her selfishness and give charity to those who need it.

My father has a real estate company and he's also the town mayor so they have to do things in the public a lot like go to charity dinners. Which is ironic, since my father hates charities. But I guess he has to save face. (Hoover, 2016:153).

Furthermore, the next things that become Lily's motivation to struggle in her life is her family condition. Lily noticed mistreatment her father's does to her mother's. It is abusive behavior. Lily's father often abuses Lily's mother. Lily's father's abusive behavior appears in her household for a several reason, and after it happens her father will be giving nice treatment towards them in the moments of time. Lily's mother always tries to cover up Lily's father's abusive behavior. It makes Lily struggle with herself because she dislikes the time her mother's abused by her father. Sometimes Lily feels sorry for her mother, but all she can do is nothing because Lily's mother once cautioned her about calling for professional help when the abusive behavior appears due to Lily's mother's concern that it could ruin Lily's father job. It can be seen in the following quotation.

My mother had warned me not to call the police in the past. She said it could jeopardize my father's career. (Hoover, 2016:155).

Another motivation for Lily's struggle for her life is because her mother always defends for her father's abusive behavior. Lily's mother always covers Lily's father behavior as if it were something that could be tolerated. Lily feels uncomfortable with her mother's tendency to defend at her father's abusive behavior. It can be seen in the quotation below:

"He's drunk, Lily," she said. "He heard your door shut, so he went to our bedroom. He stopped. If you call the police, it'll just make it worse, believe me. Just let him sleep it off, it'll be better tomorrow."... "It's not like that, Lily. We're married, and sometimes marriage is just . . . you're too young to understand it." (Hoover, 2016:156).

The tendency of Lily's mother to cover up Lily's abusive father's behavior and make excuses for him becomes Lily's motivations to struggle in her life. Lily's mother believes that one day Lily's father's behavior will change. In addition, Lily notices that her father's behavior cannot be tolerated and is unacceptable. Also, Lily's father continues to exhibit abusive behavior towards Lily's mother. It makes her feel uncomfortable and unhappy with her life to always witness abusive behavior during her teenage years. Furthermore, it has become Lily's motivation to struggle in her life to find her happiness.

A. The Way Lily Bloom Struggles to Find Her Happiness

Lily Bloom's struggle in life starts when she witnesses abusive behavior in her household. She is the only daughter of her parents which means that she often finds herself struggling alone. Unfortunately, she has a limited number of friends at school. Lily's parents never allow her to visit her friends. It makes her feel lonely because she has no one to share her thoughts. To release her thoughts, she writes a journal that addresses her favorite presenter. She writes and addresses the journal to her favorite television presenter, Ellen DeGeneres. Although she only keeps the journal to herself, it really helps her while she struggles with her unpleasant emotion. It also helps her to remember what she has been through in her life. It helps her when she struggles with herself later. Another thing she does when she struggles with herself and needs a distraction from her unpleasant feeling is gardening. It can be seen in the following quotation:

...because it wasn't technically a diary. I addressed each of my entries to Ellen DeGeneres, .. I wrote letters to her regularly until I turned sixteen, but I wrote them like one would write entries in a diary (Hoover, 2016:29-30)

Another struggle she needs to face in her life is having to deal with her mother's behavior. She struggles within herself when she watches her father abuse her mother. When her father's abusive behavior appears, she always feels the urgency to help her mother. It sometimes leads Lily to be the victim of her father's temperamental treatment. Her mother will ask her to cover up her father's treatment. It makes her disappointed because she expects that the incident can lead her mother to make a decision to leave her father rather than asks her to cover up the truth. Despite her mother's decision not to meet her expectations, she still has to manage her own emotions. She decides to keep her unpleasant emotion to herself. However, Lily's mother always convinces her and cover the real reason of her father's behavior. The tendency of her mother to cover her father's abusive behavior makes her suffer and struggle within herself when she lived with her parents. She wants to uncover the truth and let people around them know the situations they have been through; on the other hand, she also has to grant her mother's request to cover up the abusive behavior. It can be seen through the quotation below:

"It's not like that, Lily. We're married, and sometimes marriage is just . . . you're too young to understand it." It got really quiet for a minute, and then I said. "I hope to hell I

never do.” ... I’d never seen her this upset. Or this hurt. Or this scared. It broke my heart, Ellen. (Hoover, 2016:156)

The next struggle Lily faces in her life related with her mother’s will. The condition of Lily’s family condition finally changes. Lily’s father become terminally ill and have no chance to hurt Lily’s mother. Lily makes the decision to have her own life and leave her parents. She wants to be independent, pursuing her dreams and heal herself from her childhood memory. After the death of her father, Lily’s suddenly mother requested that she will follow Lily to move to the same city as her. Lily struggles with her inner thoughts after her mother said that she is going to move to the city where she lived. At first, she objected to her mother’s decision because it would make her feel less independent and make bad memories of the past follow her. However, Lily calmed and reassured herself to not become selfish and let her mother to follow her. Eventually, Lily cannot refuse her mother’s desire because she realizes that now she is the only family her mothers have. Lily struggling with her family condition. Lily used to struggle with herself by holding a grudge inside herself addressing her mother for letting her father keep abusing her. She holds the grudge because of her mother’s decision to never want to leave her father’s. In addition, Lily comes to the realization that the feeling of disappointment she has for her mother all this time comes from her father’s mistreatment of her mother. After the death of her father, Lily is able to improve her relationship with her mother. However, even though the grudge and disappointment Lily has towards her mother all this time slowly reduced, Lily still struggles when she remembers her father’s behavior. Lily struggles with the uncomfortable feelings towards her father because she cannot do anything to make her father stop harming her mother for the time being. Furthermore, Lily finally reconciles herself with her mother. She feels comfortable around her mother. It can be seen through the following quotation.

I’m thankful my mother lives fairly close to me. It actually hasn’t been that bad. I think I like her more now that my father has passed away. I know it’s because I held a lot of resentment toward her for never leaving him. Even though a lot of that resentment has faded when it comes to my mother, I still have the same feelings when I think of my father. It can’t be good, still holding on to so much bitterness toward my father. But dammit, he was awful. (Hoover, 2016:49)

The next piece of evidence captured another struggle is that Lily needs to face in her life. She decides to move to Boston and has a shared apartment. It means that she needs several adjustments with her partner. As the only daughter in her family who used to live in her house only with her parents without the intervention of anyone, she finally needs to share a house with a stranger. However, as it is a new thing for Lily, fortunately, she enjoys sharing an apartment with her roommate. Furthermore, Lily describes her roommate as a noisy person, they have similarities in common so Lily thinks that it will not bother her too much. Lily feels comfortable with her roommate, as she has a bearable habit. Fortunately, it is quite easy for Lily to adjust herself with her roommate. However, Lily once has to deal with an unpleasant feeling inside herself that is addressed to her roommate. Lily once strained her ankle; she needs help from her roommate to pick her up because Lily barely walked. Lily calls her roommate many times, but she does not answer. Lily struggling herself to be in her apartment, which is where she looked at her roommate playing on her phone on the sofa. Lily feels disappointed with her roommate. She chose to release her unpleasant feelings by shutting the door rather than expressing anger to her roommate. It can be seen in the following quotation:

It takes me half an hour to make It from my car to my apartment. I called Lucy twice to see if she could help me, but she didn't answer her phone. When I make it inside my apartment, I'm a little irritated to see her lying on the couch with the phone to her ear. I slam our front door behind me and she glances up. (Hoover, 2016:59).

The next evidence captures how Lily struggles in her life to pursue her dreams. Lily already has a job at a marketing firm, but she chooses to pursue her dream of having a flower shop. Lily loves plants and gardening. She uses it as a way to release her negative emotions back when she was a teenager. Lily's mother gives her subscriptions to a website that will send her undisclosed seeds regularly. That is when Lily finds it interesting to wait for the seeds to grow as a plant. Lily takes good care of the seeds and it has become her hobby. Gardening and plants help her when she feels frustrated. She used it to calm her mind when negative emotions appeared by taking out the grass around her plants. She is seeking new experiences in her life to pursue her dream. Furthermore, in order to make her dream come true, Lily decided to buy a building for her flower shop. Lily's mother comes to see the building she buys and confronts her about the fact that she has to be successful with the choices she makes. In addition, Lily realizes that she has to make the business work. Lily struggles herself by contemplating her mother's advice. She has to make her dream work and make her flower shop successful. Furthermore, Lily faces a struggle when deciding the concept of the business she is going to start. Lily thinks over the idea and plans for her business. At first, she has no idea about what she is going to do with her business. Lily only thinks about how to make her dreams come true and the business works. Lily finally gains an idea after contemplating her mother's advice. In short, Lily wants to make her floral shops different from others so the shop can be easily noticed by the customer. Lily is also ready to unfold any possibility towards her dream business. It is leading her to get a meaningful life. She feels pleasant and uses it to pursue her dream. It can be seen through the quotation below:

I think about what my mother said. "Just make sure it's brave and bold, Lily." I smile and sit up straighter in my chair. "Brave and bold," I say. "I want this place to be different. I want to take risks." (Hoover, 2016:45).

The following evidence also captured Lily's struggles with her business. Lily's business is finally open. As a newcomer in the field, considering that the shop just opened within a month, Lily still figures things out about how things run for her business. Lily thinks that it is too early to conclude the development inside her shop. She still considering several improvements that will help her business to grow. Furthermore, Lily's hard work has finally paid off. Lily's business is nominated as one of the best businesses in town and chosen as the winner. She feels pleasant inside herself because people in town finally recognize her business. In addition, she is proud of the fact that she is able to take her business this far. Lily sacrificed everything she had to make the business work. This business is her dream. She makes her dream come true. It can be seen in the following quotation:

I'd been notified that my business was nominated for an award for Best of Boston. It's a people's choice awards the newspaper holds annually, and Lily Bloom's was nominated under the "Best new businesses in Boston" category. Hoover, 2016:255).

Another of Lily Bloom's struggles found in the data is related to her love life. As a teenager who witnesses domestic violence in her house, she certainly has the purpose that she does not want to be treated like her mother. However, Lily once fell confused about who to imitate in her life because the only example she has is her parents. She is later able to recognize how women should be treated by men during the time she helps Atlas. Atlas is becoming Lily's only friend who understands Lily's circumstances. This is what makes Atlas

become Lily's first love. Atlas becomes the only person who is able to know the domestic violence inside Lily's house and he once becomes Lily's safe place to comfort her. Furthermore, Lily's relationship with Atlas does not last long. They break up during the time Atlas leaves Lily for the military draft. In addition, the way Atlas treats Lily becomes her standard. Lily simply attracted to a guy who treated her well and give her comfort. At her current age, Lily falls in love with a man that she first meets the day after she gives a speech about her father's death. After several frustrating hours, Lily decided to go back to Boston in order to calm herself. She struggled a lot during her father's funeral. Lily does not go straight to her apartment, but she chooses to seek a building that has a rooftop. She is going to use it as a way for her to get back to her senses. In addition, she meets the man who will be her partner in that place. Lily struggles to make her relationship work. Lily's relationship with her partner does not go smoothly. Lily thinks that they are contrasting, as Ryle is an intern doctor focused on neurosurgery and she is soon to be a businesswoman. Lily lived at the shared apartment and Ryle's family occupies the entire floor in an apartment building. For several reasons stated above, Lily struggles with herself by contemplating her thoughts about having a commitment with Ryle. Lily feels like it will burden her somehow because of the differentiation they have. Furthermore, Lily and her partner realize that they are falling in love with each other's. Lily is struggling to convince herself that it does not matter if they have a relationship, despite the differences between them. Lily's partner also helps convince Lily by persuading her that everything will be fine. However, Lily still doubts herself. Lily still needs several adjustments that make her request her partner for a probationary period at the beginning of their relationship just to assure herself that the relationship is going to work. It can be seen in the quotation below:

We agreed on a trial run. No commitments yet. Just a relationship feeler to see if it's something we both want. It's now Monday night and I'm a little disappointed I haven't heard from him. I gave him my phone number before we parted Saturday, but I don't really know texting etiquette, especially for trial runs. (Hoover, 2016:102)

The following evidence captures the way Lily's relationship works. Lily feels comfortable at the beginning of her relationship. She finally agrees to end the probationary period and she is ready to make a commitment with her partner. In her relationship, Lily feels loved and cared for by her partner. Lily's partner becomes the guy Lily can rely on. Regardless both of them are busy, Lily with arranging the soft opening of her business and Ryle with his residency. Both of them manage to figure things out as they have prepared spare time so they can see each other in order to make their relationship work. Furthermore, Lily finds the struggle in her life towards her partner. Lily's partner suddenly shows that he has a tendency of bad temper. Lily struggles within herself as the first time she harmed by her partner because of her partner's bad temper. Lily harmed by her partner's and his hands are injured. She tries to help her partners before her partner deliberately pushes her until Lily's face collides with the edge of the cabinet knob and feels part of her face injured. Furthermore, her partner also curses her for what is happening to her. Lily's partner blames her for hurting his hand and letting these things happen to him. Lily struggles with herself while the incident happens because Lily is still not on her mind. Lily remembers the time she witnessed domestic violence in her house. Lily's struggling to remember how her father talked to her mother after he harmed her; it makes her mad. Lily does not expect that her partner would do such a thing to her. Lily is shocked at the way Ryle loses his control, but she is more shocked at the way he pushes her. Lily's idealism will tell her that she has to leave her partner immediately, but part of her refuses to believe in the fact that her partner once harmed her. Lily convinces herself that it is just an accident. Lily's idealism will tell her that she has to leave

her partner immediately, but part of her refuses to believe in the fact that her partner once harmed her. Lily convinces herself that it is just an accident. Her partner does not harm her on purpose. Ryle also hurt himself which is why he does it. In addition, Lily decides to help Ryle take care of his wounded hand. It can be seen through the quotation below:

I'm full of so much anger, but somehow, concern for his hand still finds its way out. I grab a towel and shove it into his fist. There's so much blood. (Hoover, 2016: 187)

Furthermore, Lily is still struggling herself. She encouraged herself that what happened before is an accident. Lily reassured herself that her partner is not the same as her father's. Lily started to present a lot about the good things that Ryle does. Lily's partner himself also tries to persuade her that he is mistaken and will not do such a thing again. This finally makes Lily start setting aside her idealism about never letting her partner harm her and try to give a second chance to her partner. Lily sees that her partners feel sorry for her and it makes Lily forgive her partners. Quotation below is the evidence:

Ryle loves me. He's never come out and said it before, but I know he does. And I love him. What happened in the kitchen tonight is something I'm confident won't happen again. Not after seeing how upset he is that he hurt me. (Hoover, 2016: 192)

Next, evidence finds about Lily's struggle within herself after being abused by her partner. Lily tries to reassure herself after experiencing abusive behavior. She convinces herself that her partner's abusive behavior will not happen again in the future. She even presented several differences between her father's and her partner's to encourage her choice to stick up with her partner's. Moreover, to confirm her doubts, Lily braces herself to give a warning to her partner regarding his temperamental behavior. Lily said to her partner that she already forgives whatever partner does. In addition, Lily cautioned him that if his short temper appears again and harms her, then she will not convince herself and will not be able to stay with him anymore. Furthermore, Lily experiencing another struggle in her relationship. It comes from her partner who chooses to tell lies about the situations they are going through. Lily's partner tells a lie to his sister when his sister asks about Lily's wound. In addition, Lily's partner's dishonesty intends to cover his abusive behavior towards Lily. Lily seems familiar with these things. She remembered the time her mother used to cover the truth and reassured herself that everything going to be fine. However, Lily struggles to compromise with dishonesty from her partner because she already decided to forgive him. The quotation below appears as the evidence:

"Oh my God," Allysa says. "Ryle told me what happened but I didn't think it was that bad." I glance at Ryle, wondering what he told her. The truth? He smiles and says, "Olive oil was everywhere. When she slipped, it was so graceful you'd think she was a ballerina." A lie. Fair enough. I would have done the same thing. (Hoover, 2016: 193)

Furthermore, the way Lily struggles in life when she finds the reason for Ryle's bad temper. Lily finds that she has to compromise with her partner abusive behavior after she finds the reasons. Lily and Ryle are finally married. The bad temper of Ryle suddenly appears because Ryle finds Atlas' number behind Lily's phone. Lily will explain it to Ryle but Ryle does not want to hear Lily. It caused Lily harmed by her partner again. However, as the facts start coming, Lily struggles herself by the need to tolerate her partner's behavior again and considering to forgive him again even when she realizes that this is beyond what she believed all this time. In addition, Lily chooses to forgive her partner again. Moreover, other evidence that captures Lily struggling within her life through her relationships is when Ryle happens to read her old journal. All this time Lily always kept the journal herself.

never allowed other people to read her journal because the journal depicted a lot of things, she has been through in her life. Lily is shocked by the fact that Ryle reads the journal and is able to find out all of her secrets. Lily also struggling with Ryle because she feels the need to explain everything to Ryle but he refuses. Furthermore, Ryle abusive behavior happens again. Lily tortured by Ryle again. Lily raped by Ryle. She is too afraid to defend herself. In addition, during the incidents, she remembers the way her mother harmed by her father. It can be seen through the following quotation:

My fear folds in on itself, and I become diluted with rage. All I can see when I squeeze my eyes shut is my mother crying on our old living room couch; my father forcing himself on top of her. Hatred rips through me and I start screaming. Ryle tries to muffle my screams with his mouth. I bite down on his tongue. His forehead comes crashing down against mine. In an instant, all the pain fades as a blanket of darkness rolls over my eyes and consumes me (Hoover, 2016:266).

In addition, Lily gathers her consciousness and she already decides to leave Ryle after the incident happens. Furthermore, Lily seeks help from Atlas and goes to the hospital. Lily struggling herself to cover her situation at that moment. She still cares about Ryle. In addition, she requested to Atlas that she does not want to be taken to the hospital where Ryle worked. She still has the considerations about protecting Ryle's career. Lily struggling herself by mirroring what her mother does in the past. She wanted to protect her husband's image. She does not want Ryle's colleague know about Ryle bad temper. The quotation below is the evidence:

For whatever reason, I don't want to risk the chance of running into any of Ryle's colleagues. I hate him. I hate him in this moment more than I've ever hated my father. But concern for his career still somehow breaks through the hatred. When I realize this, I hate myself just as much as I hate him (Hoover, 2016:270).

The next following evidence captured Lily's struggle within herself considering the abusive behavior that happened towards her. Since Lily already chooses to stop tolerating her partner's bad temper again. She struggles herself when she finds out that she is pregnant. Lily is terrified by the fact that she is pregnant. She thinks about her past memories. Lily cursed herself because she let herself being harmed by her husband. She tolerated all the abusive behavior her husband does towards her. The unchangeable facts make her think that she resembles her mother. Furthermore, Lily struggles within her feelings after a moment she makes a decision to leave her partner. Lily feels the longing for her partner. Pregnancy makes Lily's emotions unstable. Part of Lily wanted her partners to be her side. Moreover, Lily struggling within herself by thinking about the need to keep the secret of her relationships towards her relatives especially her mother's. although she is already determined to leave her partner, she is also considering the possibility that her mother might have persuaded her about stay with her partner. She is afraid that her mother's opinion could affect her decision to leave her partner. Lily's afraid of the possibilities that her mother might encourage her to stay with her partner due to her pregnancy. It can be seen through the quotation below:

Of all the secrets I've held over the last few months, I'm the saddest about keeping everything from my mother. I don't know how she'll take it. I know she'll be excited about the pregnancy, but I don't know how she'll feel about me and Ryle splitting up. She loves Ryle. And based on her history with these types of situations, she'll probably find it very easy to excuse his behavior and try and convince me to take him back. And in all honesty, that's part of the reason I've been stalling this, because I'm

scared there's a chance she might be successful. (Hoover, 2016:331).

Furthermore, another evidence of Lily's struggles is captured in the novel about how Lily covers her feelings toward other people. Lily has a tendency to always keep her emotions inside herself since she is a kid. Lily always pretends like she is fine to others. After being harmed by her partner's hardly, Lily also started to write her journal like she used to do during high school. Still, she tries to talk to her mother when she feels like she cannot endure it anymore. She thought that her mother is her only safe place so she could pour out her emotions and release her negative thoughts. Furthermore, she chooses to talk with her mother, Lily is able to strengthen her decisions. She is finally able to understand the way her mother endured her father's abusive behavior that caused her unpleasant life. Lily also gets an explanation from her father of how women should be treated in life. Lily's mother also encourages her with the fact that abusive behavior will not ever change in her entire life. Lily's mother used herself as an example of the decision Lily's going to make.

“Don't be like me, Lily. I know that you believe he loves you, and I'm sure he does. But he's not loving you the right way. He doesn't love you the way you deserve to be loved. If Ryle truly loves you, he wouldn't allow you to take him back. He would make the decision to leave you himself so that he knows for a fact he can never hurt you again. That's the kind of love a woman deserves, Lily.” (Hoover, 2016:336)

Moreover, Lily is the victim of witnessing abusive behavior in her household as a teenager. It makes her think of her children. Lily does not want her children to be victims like her. Lily thought about all the good memories of her father that faded away because of his abusive behavior. Lily decided to make a big move for her life and for her children. Furthermore, Lily decides to ask for a divorce from her partner. She considers her children's future. She does not want her child to experience the same things as hers. Lily decides to take care of her child and focus on her business. Lily also sets aside the selfishness inside herself. She lets her partner to visit her children. Furthermore, she feels pleasant in her life by achieving her dreams and making a right decision for her life and her children.

Conclusion

Based on findings of the data, it can be concluded that the motivation of Lily Bloom's struggle in the Colleen Hoover *It Ends With Us* comes from her past experiences regarding the narrow mindset of her father in giving charity. Lily's father often exhibits an abusive behavior towards his wife. Lily often witnesses it and it makes her suffer. Moreover, the tendency of Lily's mother always covers up Lily's father abusive behavior strengthen her will to struggle in her life.

In addition, Lily Bloom's struggle in her life includes releasing her uncomfortable emotion which she covered by journaling and gardening. Lily also struggles within herself not to show her negative emotions. She always tries to conceal her emotions in several circumstances such as, when she witnesses her father's harmed her mother's, she is forced by her mother to cover up her father's abusive behavior. She has the urgency to protect her mother when the abusive behavior happens. She also has to deal with her mother's behavior that has the tendency to cover up for her father's abusive behavior. In addition, Lily struggles herself when she decides to live on her own by several adaptations with her roommate, struggling by building her own business and her mother's request to live at the same city. Furthermore, Lily struggles with her life when she has a bad-tempered partner that has tendency to abuse her.

Furthermore, Lily Bloom's struggle to find the happiness in her life is her attempts to pursue her dreams to open the floral shop. She is able to get out from abusive relationship and breaks the cycle of abusive relationship within her life after being encouraged by her relatives. The finding of the research is that Lily Bloom is able to find her happiness in her life. This comes from her motivation and decision to struggle for her life.

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