

LAMPIRAN

Lampiran 1 Kuesioner Skala Dukungan Sosial

No	Pernyataan	SS	S	TS	STS
1.	Teman-teman saya membantu mengerjakan tugas saat saya kesulitan menyelesaikannya				
2.	Teman saya cuek terhadap apa yang saya rasakan				
3.	Saya merasa kesepian karena teman-teman saya sibuk semua				
4.	Saya merasa bahwa keluarga saya tidak memberikan nasihat sesuai dengan harapan saya				
5.	Orang sekitar saya bersedia mendengarkan keluh kesah saya				
6.	Teman-teman saya mengajak makan siang bersama				
7.	Orang disekitar saya memberikan informasi yang saya perlu				
8.	Teman saya mengajak jalan untuk melepas penat				
9.	Keluarga saya siap memberikan motivasi agar tetap semangat saat ada masalah				
10.	Orang disekitar tidak berupaya menghibur ketika saya sedih				
11.	Keluarga saya jarang memiliki waktu kumpul bersama				
12.	Teman-teman saya jarang memberikan saran saat saya bingung mengambil keputusan				
13.	Teman-teman saya menolak meminjamkan uang saat saya sedang terdesak				
14.	Orangtua saya kurang memahami perasaan saya				
15.	Teman saya menolak membantu menyelesaikan pekerjaan meski saya				

	meminta tolong				
16.	Teman-teman saya acuh tak acuh dengan masalah saya				
17.	Teman dekat saya menolak membantu saya				

Lampiran 2 Kuesioner Skala Kecenderungan Kecanduan Media Sosial

No	Pernyataan	SS	S	TS	STS
1.	Saya suka menonton konten-konten di media sosial dalam waktu yang lama				
2.	Saya lebih suka mengirim chat atau voice note melalui media sosial daripada bertemu langsung				
3.	Saya menggunakan media sosial untuk melupakan masalah saya				
4.	Media sosial adalah sumber informasi utama bagi saya				
5.	Media sosial memudahkan saya mencari hiburan yang saya sukai				
6.	Saya merasa obrolan secara langsung lebih menyenangkan daripada secara online				
7.	Saya merasa kesulitan fokus pada aktivitas lain karena ingin terus membuka media sosial				
8.	Media sosial membuat saya merasa lebih baik ketika ada masalah				
9.	Saya lebih memilih menghabiskan waktu luang untuk menggunakan media sosial				
10.	Saya lebih suka bertanya langsung pada orang lain daripada mencari di media sosial				

Lampiran 3 Tabulasi Dukungan Sosial

No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	Total
	F	UF	UF	UF	F	F	F	F	F	UF	UF	UF	UF	UF	UF	UF	UF	
1	3	3	3	3	2	3	3	3	4	3	3	3	3	3	3	3	3	51
2	3	3	2	4	4	3	3	3	4	4	4	3	2	4	3	2	4	55
3	3	3	3	3	2	2	4	3	1	2	2	2	1	2	4	4	4	45
4	3	2	3	4	4	3	3	1	4	3	4	3	4	4	4	3	4	56
5	3	2	2	2	2	3	3	3	3	2	3	2	3	3	3	3	3	45
6	3	2	2	3	3	2	1	1	1	4	4	4	3	4	3	3	3	46
7	3	3	3	3	3	3	3	3	4	4	3	3	3	3	3	3	3	53
8	2	2	3	3	2	2	3	3	4	2	2	1	3	4	4	2	3	45
9	3	2	2	2	2	3	3	3	3	2	3	2	3	2	2	2	2	41
10	4	4	3	3	4	3	4	4	4	3	3	3	3	3	3	3	3	57
11	4	3	3	4	3	2	3	3	3	3	3	2	3	3	3	4	4	53
12	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
13	3	3	2	3	3	3	3	4	3	3	4	3	3	3	3	3	3	52
14	3	3	2	3	3	3	3	4	3	3	4	3	2	3	3	3	3	51
15	2	2	3	4	3	1	4	4	2	3	3	1	2	2	3	3	3	45
16	3	2	3	3	3	3	3	3	3	2	4	3	3	3	2	3	4	50
17	3	3	2	3	3	3	3	3	4	3	4	4	3	4	3	3	4	55
18	3	2	3	4	3	3	3	3	3	2	2	2	2	4	3	2	2	46
19	3	1	1	1	1	4	4	1	1	4	2	4	1	4	1	1	1	35
20	3	3	3	3	3	3	3	2	2	3	4	4	4	3	4	4	4	55
21	3	3	2	3	3	2	4	3	3	2	4	3	3	2	3	3	3	49
22	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
23	2	2	2	3	2	3	3	3	3	3	2	3	3	3	3	3	3	46
24	4	3	3	4	4	3	4	4	4	4	4	2	2	4	4	4	4	61
25	2	3	3	3	4	3	3	3	4	3	3	3	3	3	3	3	3	52
26	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
27	3	2	3	3	2	3	2	4	4	3	3	2	3	4	3	1	3	48
28	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
29	3	4	2	3	2	3	3	3	2	3	2	2	2	2	4	3	2	45
30	3	3	3	4	3	3	3	3	3	3	4	3	3	4	3	3	4	55
31	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
32	3	2	2	2	2	2	2	3	2	2	2	2	2	2	2	2	3	37
33	3	3	3	3	4	4	3	3	4	3	2	3	3	3	3	3	3	53
34	4	3	2	1	4	4	3	3	3	4	4	4	4	3	4	4	4	58
35	1	3	1	4	4	4	1	1	4	4	3	4	4	1	1	3	4	47
36	3	3	2	3	3	3	3	3	4	3	2	3	3	3	2	2	3	48
37	4	3	3	4	4	2	3	2	4	3	3	2	3	4	3	3	4	54
38	3	3	2	2	4	3	3	2	4	2	3	2	3	2	3	3	3	47
39	4	4	4	3	4	4	4	3	2	4	3	4	4	1	4	4	4	60
40	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	17
41	2	1	1	3	2	1	3	1	3	2	3	2	4	4	2	2	2	38
42	1	1	3	1	2	1	3	2	1	3	4	3	4	1	1	1	2	34
43	4	4	4	4	3	2	4	4	4	3	4	4	3	4	4	4	4	63
44	3	2	2	3	3	3	3	3	3	2	3	3	3	3	3	3	3	48
45	3	3	2	1	3	3	3	3	4	3	1	3	4	2	3	2	3	46
46	2	3	3	4	3	4	3	3	4	3	3	3	3	4	3	3	4	55
47	3	3	3	1	3	2	3	3	3	3	1	3	3	1	3	4	4	46
48	4	4	2	4	3	3	3	3	4	4	3	3	3	3	3	3	4	56
49	3	2	1	2	2	1	3	1	3	1	1	2	3	2	2	2	2	33
50	3	3	2	3	3	3	3	3	4	3	3	3	3	3	3	3	3	51
51	3	3	3	4	3	3	3	3	4	4	4	3	4	3	3	3	4	57
52	3	3	3	3	4	4	4	4	4	4	3	4	4	4	4	3	3	61

53	3	3	3	4	3	3	3	3	4	4	4	3	4	4	4	4	4	60
54	3	3	3	3	3	3	3	3	2	3	2	2	3	2	3	3	4	48
55	3	4	3	3	3	3	4	3	3	4	2	3	3	2	4	4	3	54
56	3	3	4	4	3	3	3	4	4	3	3	2	3	2	3	3	3	53
57	2	3	3	2	3	3	3	3	1	3	3	3	3	1	4	3	3	46
58	3	3	3	3	3	2	3	2	4	3	3	3	3	3	3	3	3	50
59	4	3	3	2	1	4	3	3	2	3	4	3	3	1	3	2	3	47
60	3	3	3	2	3	3	3	3	3	3	2	3	3	2	3	3	3	48
61	4	4	4	4	4	4	3	4	4	3	3	3	3	3	3	3	3	59
62	2	2	2	2	2	2	2	2	2	3	1	2	2	2	2	2	3	35
63	3	3	4	3	3	3	3	3	3	3	3	3	4	3	3	4	4	55
64	3	3	2	3	2	3	3	3	3	2	3	3	3	3	3	3	3	48
65	3	3	2	3	3	3	3	3	3	3	3	3	4	3	3	4	4	53
66	3	3	2	2	3	2	3	3	2	3	3	3	3	2	3	3	3	46
67	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3	3	50
68	3	3	3	3	3	3	3	3	4	3	3	3	3	3	3	3	3	52
69	4	3	4	4	4	4	4	4	4	3	2	3	4	2	3	3	4	59
70	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
71	1	3	4	3	4	3	3	3	2	3	1	3	3	2	3	3	3	47
72	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
73	3	3	3	3	4	3	3	3	3	2	3	3	3	3	3	3	3	51
74	3	2	2	4	3	2	3	3	3	3	3	3	3	3	3	3	3	49
75	4	4	4	3	4	4	4	4	2	1	2	3	4	4	4	4	4	59
76	3	3	3	3	4	3	2	3	3	3	3	3	3	2	3	3	3	50
77	3	4	3	3	3	3	3	3	4	4	3	3	3	3	3	3	4	55
78	3	3	3	4	3	3	3	3	4	4	4	3	4	4	4	3	4	59
79	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	2	3	49
80	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	51
81	4	1	2	2	3	3	3	3	3	2	2	2	2	2	2	2	2	40
82	4	3	2	3	4	4	4	4	4	1	3	3	3	3	4	4	3	56
83	3	3	3	3	3	3	3	4	3	2	3	3	3	3	3	3	4	52
84	3	3	4	2	3	3	3	4	3	3	2	3	3	2	3	3	3	50
85	3	3	3	3	3	3	3	3	3	2	2	2	2	2	3	3	2	45
86	4	4	4	2	4	4	4	4	4	3	4	4	4	4	4	4	4	65
87	3	3	2	2	3	3	3	3	3	3	3	3	3	3	3	3	3	49
88	4	3	2	3	4	3	4	4	3	4	3	3	4	4	3	4	4	59

Lampiran 4 Tabulasi Skala Kecenderungan Kecanduan Media Sosial

NO.	1	2	3	4	5	6	7	8	9	10	Total
	F	F	F	F	F	UF	F	F	F	UF	
1	3	2	2	4	3	2	3	2	3	3	27
2	3	3	4	4	4	4	1	3	2	2	30
3	3	2	2	2	4	2	3	3	2	1	24
4	3	1	2	4	3	1	2	2	3	2	23
5	3	3	3	3	4	1	2	3	2	2	26
6	4	3	3	3	3	2	3	4	3	2	30
7	2	3	2	4	4	2	2	3	3	2	27
8	4	2	4	4	3	2	3	3	3	3	31
9	2	2	3	3	3	2	2	3	2	3	25
10	3	2	3	4	4	2	3	3	3	1	28
11	3	2	3	4	4	1	1	2	3	2	25
12	3	2	3	3	4	1	3	2	3	2	26
13	3	2	2	3	3	2	2	2	2	2	23
14	4	2	2	4	3	1	2	2	2	3	25
15	2	1	2	4	3	2	2	2	2	2	22
16	3	3	3	3	3	2	3	3	3	2	28
17	2	2	2	3	3	2	2	2	2	2	22
18	3	2	3	4	3	2	3	3	3	2	28
19	3	4	1	1	1	1	4	1	3	1	20
20	4	3	2	4	4	2	4	4	4	3	34
21	3	2	4	3	4	2	3	3	3	2	29
22	2	3	3	3	3	1	2	3	2	3	25
23	4	3	4	3	4	2	4	3	4	3	34
24	2	1	1	4	4	1	4	2	1	2	22
25	2	2	3	3	3	2	2	2	3	2	24
26	3	2	2	3	3	3	2	2	3	2	25
27	3	2	1	3	4	1	3	2	2	1	22
28	3	2	3	3	3	2	2	3	2	2	25
29	3	4	3	2	1	2	1	3	2	3	24
30	3	2	2	3	3	1	2	2	2	2	22
31	2	2	3	3	3	2	2	2	2	3	24
32	3	3	3	4	4	2	2	3	3	3	30
33	3	2	2	3	3	2	3	2	3	2	25

34	3	2	3	3	4	1	2	3	2	1	24
35	2	2	3	4	4	1	4	4	4	1	29
36	3	2	2	3	3	3	3	2	3	2	26
37	3	1	1	3	4	1	3	2	2	1	21
38	3	2	4	4	4	1	3	4	4	1	30
39	4	1	3	4	4	1	2	3	4	2	28
40	3	4	4	4	4	3	3	4	4	3	36
41	4	3	2	4	4	1	2	2	3	3	28
42	4	2	4	4	4	2	4	4	4	3	35
43	3	2	4	3	4	1	2	2	2	3	26
44	4	3	3	4	4	2	3	2	3	2	30
45	3	1	1	3	4	1	3	1	3	1	21
46	2	2	3	4	3	1	2	3	2	3	25
47	4	3	3	3	3	2	3	2	3	1	27
48	3	2	2	3	3	1	3	3	3	2	25
49	4	3	4	4	4	2	3	3	3	2	32
50	4	2	4	4	4	1	2	4	3	3	31
51	4	3	3	3	4	2	2	3	3	3	30
52	3	3	2	3	3	2	2	2	3	2	25
53	3	3	3	3	3	2	1	3	3	3	27
54	3	3	4	3	3	1	3	2	3	3	28
55	3	2	3	3	3	1	3	3	3	2	26
56	3	1	3	3	3	1	1	2	2	3	22
57	4	2	3	3	3	3	3	3	3	2	29
58	3	3	3	3	4	2	2	3	3	3	29
59	3	2	4	3	3	1	2	4	3	2	27
60	2	2	3	3	3	2	2	2	2	3	24
61	4	3	4	4	4	1	2	3	3	1	29
62	4	3	3	3	3	2	3	3	4	3	31
63	3	3	2	3	3	1	3	2	2	2	24
64	3	3	2	3	3	2	3	2	3	3	27
65	3	2	2	3	3	1	4	2	4	2	26
66	3	2	3	3	3	1	2	2	2	3	24
67	3	2	3	3	3	2	2	3	3	3	27
68	3	2	2	3	3	1	2	2	3	2	23
69	3	2	3	4	4	1	2	1	2	2	24
70	3	2	3	3	3	2	2	3	3	2	26

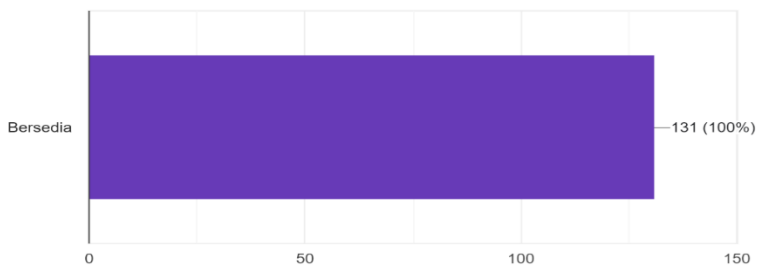
71	3	2	2	2	3	4	1	1	2	3	23
72	3	3	3	3	3	2	3	3	3	3	29
73	3	3	3	3	3	2	3	3	3	1	27
74	3	2	3	3	3	2	3	3	2	2	26
75	4	3	3	4	4	1	2	3	3	2	29
76	4	3	3	3	4	2	3	3	3	3	31
77	3	2	4	3	3	2	2	3	3	3	28
78	4	3	3	4	4	1	2	3	2	1	27
80	3	3	2	3	4	2	1	2	2	3	25
81	2	2	3	4	3	2	2	3	2	3	26
82	3	2	3	3	4	1	4	4	3	2	29
83	4	2	2	4	4	1	2	2	2	2	25
84	3	2	2	3	4	2	3	3	3	2	27
85	3	2	2	3	3	1	2	2	3	1	22
86	2	3	2	3	3	2	3	2	2	2	24
87	4	2	4	4	4	1	3	3	3	3	31
88	4	3	3	3	3	1	2	3	3	2	27

Lampiran 5 Informed Consent

Saya menyatakan bahwa saya bersedia untuk mengisi survei ini *

Bersedia

Saya menyatakan bahwa saya bersedia untuk mengisi survei ini
131 jawaban



Lampiran 6 Hasil Uji Validitas Dukungan Sosial

1) Putaran I

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem1	65.78	74.853	.252	.845
aitem2	65.27	77.163	.084	.849
aitem3	65.14	75.601	.245	.845
aitem4	65.49	78.055	-.017	.854
aitem5	65.31	75.580	.254	.845
aiitem6	65.45	72.893	.419	.840
aitem7	65.67	70.107	.689	.831
aitem8	65.94	70.696	.521	.836
aitem9	65.61	67.323	.647	.829
aitem10	65.53	75.694	.087	.856
aitem11	65.33	73.787	.399	.841
aitem12	65.35	72.153	.412	.840
aitem13	65.31	72.140	.546	.836
aietem14	65.24	73.904	.362	.842
aitem15	65.20	71.681	.412	.840
aitem16	65.39	79.723	-.140	.859
aitem17	65.75	72.834	.390	.841
aitem18	65.84	69.335	.447	.839
aitem19	65.76	70.744	.483	.837
aitem20	65.43	69.090	.632	.831
aitem21	65.92	69.514	.494	.837
aitem22	65.61	68.203	.702	.829
aitem23	65.55	69.133	.648	.831
aitem24	65.24	69.264	.646	.831

2) Putaran II

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aiitem6	44.90	62.330	.432	.886
aitem7	45.12	60.066	.673	.878
aitem8	45.39	60.763	.494	.884
aitem9	45.06	57.096	.664	.877
aitem11	44.78	62.973	.434	.886
aitem12	44.80	61.761	.414	.887
aitem13	44.76	61.704	.555	.882
aiitem14	44.69	63.020	.401	.887
aitem15	44.65	61.113	.429	.886
aitem17	45.20	62.801	.356	.888
aitem18	45.29	58.852	.466	.887
aitem19	45.22	60.133	.510	.883
aitem20	44.88	58.146	.701	.876
aitem21	45.37	58.758	.535	.883
aitem22	45.06	57.976	.716	.876
aitem23	45.00	58.600	.682	.877
aitem24	44.69	58.980	.658	.878

Lampiran 7 Hasil Uji Reliabilitas Dukungan Sosial

1) Putaran I

Reliability Statistics	
Cronbach's Alpha	N of Items
.846	24

2) Putaran II

Reliability Statistics	
Cronbach's Alpha	N of Items
.889	17

Lampiran 8 Hasil Uji Validitas Kecenderungan Kecanduan Media Sosial

1) Putaran 1

	Item-Total Statistics			
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	46.86	36.921	.470	.753
VAR00002	47.76	37.784	.347	.761
VAR00003	47.24	33.664	.545	.743
VAR00004	46.86	37.961	.310	.763
VAR00005	46.67	38.147	.326	.762
VAR00006	47.92	37.514	.284	.765
VAR00007	48.43	36.410	.485	.751
VAR00008	47.84	37.415	.335	.761
VAR00009	48.06	39.016	.166	.772
VAR00010	47.51	37.975	.221	.770
VAR00011	47.90	36.690	.419	.755
VAR00012	46.76	38.504	.294	.764
VAR00013	47.35	35.033	.622	.741
VAR00014	46.76	38.424	.247	.767
VAR00015	47.18	35.508	.554	.746
VAR00016	48.10	37.690	.293	.764
VAR00017	48.31	38.540	.257	.766
VAR00018	48.00	40.200	.000	.787
VAR00019	47.90	36.370	.418	.755
VAR00020	47.69	38.060	.180	.775

2) Putaran II

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	25.45	18.093	.553	.777
VAR00002	26.35	18.673	.431	.788
VAR00003	25.82	15.588	.624	.765
VAR00004	25.45	18.413	.460	.785
VAR00005	25.25	18.834	.435	.788
VAR00007	27.02	18.860	.355	.795
VAR00008	26.43	19.210	.270	.804
VAR00011	26.49	18.455	.395	.792
VAR00013	25.94	17.216	.616	.768
VAR00015	25.76	17.304	.590	.771
VAR00019	26.49	18.455	.357	.796

3) Putaran III

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	23.24	15.864	.584	.777
VAR00002	24.14	16.441	.453	.790
VAR00003	23.61	13.523	.643	.765
VAR00004	23.24	16.264	.468	.788
VAR00005	23.04	16.558	.467	.789
VAR00007	24.80	16.921	.318	.804
VAR00011	24.27	16.323	.398	.796
VAR00013	23.73	15.443	.564	.777
VAR00015	23.55	15.133	.614	.771
VAR00019	24.27	16.523	.325	.805

Lampiran 9 Hasil Uji Reliabilitas Dukungan Kecenderungan Kecanduan Media Sosial

1) Putaran I

Reliability Statistics	
Cronbach's Alpha	N of Items
.771	20

2) Putaran II

Reliability Statistics	
Cronbach's Alpha	N of Items
.801	11

3) Putaran III

Reliability Statistics	
Cronbach's Alpha	N of Items
.804	10

Lampiran 10 Tabulasi Skor Total

Partisipan	Dukungan Sosial	Kecenderungan Kecanduan Media Sosial
1	51	27
2	55	30
3	45	24
4	56	23
5	45	26
6	46	30
7	53	27
8	45	31
9	41	25
10	57	28
11	53	25
12	51	26
13	52	23
14	51	25
15	45	22
16	50	28
17	55	22
18	46	28
19	35	20
20	55	34
21	49	29
22	51	25
23	46	34
24	61	22
25	52	24
26	51	25
27	48	22
28	51	25
29	45	24
30	55	22
31	51	24
32	37	30
33	53	25

34	58	24
35	47	29
36	48	26
37	54	21
38	47	30
39	60	28
40	17	36
41	38	28
42	34	35
43	63	26
44	48	30
45	46	21
46	55	25
47	46	27
48	56	25
49	33	32
50	51	31
51	57	30
52	61	25
53	60	27
54	48	28
55	54	26
56	53	22
57	46	29
58	50	29
59	47	27
60	48	24
61	59	29
62	35	31
63	55	24
64	48	27
65	53	26
66	46	24
67	50	27
68	52	23
69	59	24
70	51	26

71	47	23
72	51	29
73	51	27
74	49	26
75	59	29
76	50	31
77	55	28
78	59	27
79	49	25
80	51	26
81	40	29
82	56	25
83	52	27
84	50	22
85	45	24
86	65	31
87	49	27
88	59	28

**Lampiran 11 Hasil Uji Normalitas Sebaran Variabel Skala Kecenderungan
Kecanduan Media sosial**

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
KKMS	.097	88	.042	.974	88	.069

a. Lilliefors Significance Correction

Lampiran 12 Hasil Uji Linearitas Hubungan Dukungan Sosial dengan Kecenderungan Kecanduan Media Sosial

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
KKMS * DS	Between Groups	(Combined)	370.001	26	14.231	1.536	.086
		Linearity	82.470	1	82.470	8.903	.004
		Deviation from Linearity	287.531	25	11.501	1.242	.243
	Within Groups	565.079	61	9.264			
	Total	935.080	87				

Lampiran 13 Hasil Analisis Product Moment

Correlations

		DS	KKMS
DS	Pearson Correlation	1	-.297**
	Sig. (2-tailed)		.005
	N	88	88
KKMS	Pearson Correlation	-.297**	1
	Sig. (2-tailed)	.005	
	N	88	88

** . Correlation is significant at the 0.01 level (2-tailed).

Measures of Association

	R	R Squared	Eta	Eta Squared
KKMS * DS	-.297	.088	.629	.396