

ANALYSIS OF GRIEF IN DUSTIN THAO'S *YOU'VE REACHED SAM*

A THESIS

**Presented in a Partial Fulfillment of the Requirements for Completing the
Sarjana Degree in Department of English Language and Literature**



By

**Icha Widyaningtyas
1611900040**

**FAKULTAS ILMU BUDAYA
UNIVERSITAS 17 AGUSTUS 1945 SURABAYA
2023**

ANALYSIS OF GRIEF IN DUSTIN THAO'S *YOU'VE REACHED SAM*

A THESIS

**Presented in a Partial Fulfillment of the Requirements for Completing the
Sarjana Degree in Department of English Language and Literature**



By


**Icha Widyaningtyas
1611900040**

**FAKULTAS ILMU BUDAYA
UNIVERSITAS 17 AGUSTUS 1945 SURABAYA
2023**

APPROVAL SHEET I

This is to certify that the Sarjana Thesis of ICHA WIDYANINGTYAS entitled “Analysis of Grief in Dustin Thao’s *You’ve Reached Sam*” has been approved by the thesis advisor for further approval by the Examining Committee.

Surabaya, July 03th 2023
Advisor,


Ambar Andayani, S.S., M.Pd.

APPROVAL SHEET II


This is to certify that the Sarjana Thesis of ICHA WIDYANINGTYAS entitled "ANALYSIS OF GRIEF IN DUSTIN THAO'S *YOU'VE REACHED SAM*" has been examined and approved by the thesis Examining Committee as the requirement for Sarjana Degree in English Literature.

Surabaya, July 03th 2023

Thesis Examining Committee


Linusia Marsih S.S. M. Pd

Chairperson


Muizzu Nurhadi S.S., M.Hum

Secretary


Ambar Andayani, S.S., M.Pd.

Member

Acknowledged by,
Dean of the Faculty of Cultural Science


Mateus Rudi Supsiadji, S.S., M.Pd.

SURAT PERNYATAAN

Yang bertanda tangan di bawah ini:

Nama : ICHA WIDYANINGTYAS
NBI : 1611900040
Program Studi : Sastra Inggris

Dengan ini menyatakan bahwa skripsi saya dengan judul

ANALYSIS OF GRIEF IN DUSTIN THAO'S *"YOU'VE REACHED SAM"*

Belum pernah diajukan untuk memperoleh gelar sarjana atau gelar akademis lainnya di suatu di suatu perguruan tinggi dan sepanjang pengetahuan saya juga tidak mengandung karya atau pendapat yang pernah ditulis atau diterbitkan orang lain, kecuali yang diacu dan disebutkan dalam daftar pustaka.

Bilamana di kemudian hari ditemukan ketidaksesuaian dengan pernyataan ini, maka saya bersedia dituntut dan diproses sesuai dengan ketentuan yang berlaku.

Demikian pernyataan ini dibuat dengan sesungguhnya dan sebenar-benarnya.

Surabaya, 03 Juli 2023



ICHA WIDYANINGTYAS



UNIVERSITAS
17 AGUSTUS 1945
SURABAYA

BADAN PERPUSTAKAAN
Jl. SEMOLOWARU 45 SURABAYA
TELP. 031 593 1800 (Ext. 311)
e-mail : perpus@untag-sby.ac.id

**LEMBAR PERNYATAAN PERSETUJUAN PUBLIKASI
KARYA ILMIAH UNTUK KEPENTINGAN AKADEMIS**

Sebagai Civitas Akademik Universitas 17 Agustus 1945 Surabaya, saya yang bertanda tangan di bawah ini:

Nama : Icha Widyaningtyas
 NBI/ NPM : 1611900040
 Fakultas : Ilmu Budaya
 Program Studi : Sastra Inggris
 Jenis Karya : Skripsi/ Tesis/ Disertasi/ Laporan Penelitian/Praktek*

Demi perkembangan ilmu pengetahuan, saya menyetujui untuk memberikan kepada Badan Perpustakaan Universitas 17 Agustus 1945 Surabaya **Hak Bebas Royalti Noneklusif (Nonexclusive Royalty-Free Right)**, atas karya saya yang berjudul:

Analysis of Grief in Dustin Thao's *You've Reached Sam*

Dengan **Hak Bebas Royalti Noneklusif (Nonexclusive Royalty - Free Right)**, Badan Perpustakaan Universitas 17 Agustus 1945 Surabaya berhak menyimpan, mengalihkan media atau memformatkan, mengolah dalam bentuk pangkalan data (database), merawat, mempublikasikan karya ilmiah saya selama tetap tercantum

Dibuat di : Surabaya
 Pada tanggal : 3 Juli 2023

Yang Menyatakan,


 (Icha Widyaningtyas)

*Coret yang tidak perlu

ACKNOWLEDGEMENT

First and foremost, thanks to Allah SWT for the grace because of the blessing to be able to complete this thesis. Extend my sincere appreciation to the faculty members of the English literature department at the University 17 Agustus 1945 Surabaya. Their wealth of knowledge, passion for the subject, and inspiring lectures have broadened my understanding and fueled my enthusiasm for literary analysis. Their guidance, encouragement, and support have been invaluable throughout this journey.

Grateful to my supervisor, Ambar Andayani, S.S., M.Pd. for her unwavering guidance, expertise, and patience. Her insightful feedback, constructive criticism, and dedication to my academic growth have played a crucial role in shaping this research.

Grateful to my family for their unwavering love, encouragement, and belief in my abilities. Especially beloved Father, Widiyanto, and mother Muningsih. Their constant support and understanding have been a source of strength throughout the ups and downs of this undertaking. The successful completion of this thesis would not have been possible without the contributions and support of the individuals mentioned above. Their collective efforts have shaped and enriched my academic journey, and for that, I am eternally grateful.

Lastly, gratitude to my friends Anita Mardiana, Utary Maharani, Adelia Sri Wahyuningsih, Herika, Daniel Filbert, and others who always support and accompany each other, shared insights, and constructive critiques have significantly enriched my understanding of the subject matter. Love you all infinity.

Surabaya, 03 Juli 2023

Icha Widyaningtyas

TABLE OF CONTENT

APPROVAL SHEET I.....	i
APPROVAL SHEET II	ii
SURAT PERNYATAAN	iii
ACKNOWLEDGEMENT	iv
TABLE OF CONTENT	vi
ABSTRACT	vii
CHAPTER 1 INTRODUCTION	1
1.1 Background of the Study	1
1.2 Problem Statement	2
1.3 Objective of the Study.....	2
1.4 Significances of the Study	2
1.5 Scope and Limitation	2
CHAPTER II REVIEW OF RELATED LITERATURE	3
2.1 Previous Study	3
2.2 Theoretical Framework	3
CHAPTER III RESEARCH METHODS	9
3.1 Literary Approach.....	9
3.2 Research Design	9
3.3 Research Instrument.....	9
3.4 Data Source	9
3.5 Data Collection Procedure.....	10
3.6 Data Analysis.....	10
CHAPTER IV ANALYSIS	11
4.1 The Cause of Julie’s Grief.....	11
4.2 Grief Stages on Julie.	12
4.3 The Effect of Julie’s Grief.....	27
CHAPTER V CONCLUSION	30
Bibliography	
APPENDIX I SUMMARY OF YOU’VE REACHED SAM	
APPENDIX II	

ABSTRACT

This study analyzes the experience of grief by Julie in Dustin Thao's *You've Reached Sam*. This study uses psychological theory, the stage of Grief by Elisabeth Kübler-Ross & David Kessler. The focus of this research is discusses the cause of Julie's grief, the grief stages on Julie and the effect of grief on Julie. This study uses qualitative research with psychological approach. The results show that the cause of Julie's Grief is the stress of losing a loved one. The death of her boyfriend has been a source of deep grief for Julie throughout her life. In the denial stage, Julie is so shocked that she did not expect her boyfriend's death to be the result of an accident. In the anger stage, Julie confronts with a profound sense of anger and frustration. In the bargaining stage, Julie hopes that the person Julie lost can somehow return to her life and things can go back to normal. In the depression stage, Julie experiences profound sadness and a sense of emptiness and loneliness. In the acceptance stage, Julie realizes the need to accept her boyfriend's death as a permanent reality and reestablish herself in her previous life.

Keywords: *Grief stages, effect of grief, psychological approach*