

APPENDIX I SYNOPSIS OF THE NOVEL

"Everything, Everything" by Nicola Yoon is a novel that deeply connects with the human need for self-actualization. The story follows Madeline Whittier, a young girl who is confined to her house due to a rare medical condition. Despite her limitations, Madeline yearns for more than a sheltered existence and strives to discover her true self.

Madeline's desire for self-actualization is evident in her thirst for knowledge and her passion for reading. Through books, she explores different worlds and expands her understanding of life beyond her four walls. She devours literature as a means to connect with the outside world and fulfill her intellectual curiosity. When Madeline forms a friendship with her neighbor, Olly, she experiences a new level of self-discovery. Their growing bond pushes her to challenge the boundaries imposed on her and take risks. She realizes that self-actualization requires stepping out of her comfort zone and embracing life's uncertainties.

As Madeline's relationship with Olly deepens, she discovers the power of love and the longing for emotional connection. Love becomes a catalyst for her self-actualization, as she dares to open her heart despite the potential risks and consequences. Through her love for Olly, Madeline discovers new facets of her personality and breaks free from the confines of her limited existence.

The revelation about her true medical condition forces Madeline to reevaluate her identity and confront the lies that have shaped her life. This pivotal moment propels her towards self-actualization as she seeks the truth and asserts her independence. She confronts her mother, demands honesty, and ultimately takes control of her own destiny.

In the end, Madeline's journey toward self-actualization is a testament to the human spirit's resilience and the innate need for personal growth and fulfillment. By embracing her desires, challenging societal expectations, and discovering her true identity, Madeline shows that self-actualization is a fundamental human need that cannot be denied or suppressed.

"Everything, Everything" resonates with readers by highlighting the importance of pursuing one's dreams, embracing individuality, and seeking personal fulfillment. It serves as a reminder that self-actualization is not a destination but a lifelong journey that requires courage, authenticity, and a willingness to break free from limitations and societal norms.

APPENDIX II

BIOGRAPHY OF THE WRITER

Born in 1972, American author Nicola Yoon wrote books for young adults. She filled her stories with diverse characters and unusual situations. She used her novels to explore different types of love and the ways that people experience them.

Yoon was born on October 1, 1972, in Jamaica. Her family came to the United States when she was 11 years old and settled in Brooklyn, New York. As a child Yoon loved to write. She also enjoyed math. While attending Cornell University in Ithaca, New York, Yoon studied electrical engineering. She worked as a financial data programmer for investment firms before earning a master's degree in creative writing from Emerson College in Boston, Massachusetts. Yoon continued to work in finance while writing when she could find the time. She began writing full-time shortly after her first book, *Everything, Everything*, was released in 2015. *Everything, Everything* tells the story of a 17-year-old girl who cannot leave her home because outside germs may kill her. One day she notices the boy who has just moved in next door. The two begin to message each other, and they eventually meet, become friends, and develop a romantic interest. Yoon's husband added the illustrations within the book. *Everything, Everything* was made into a movie of the same name in 2017. Yoon's second book was *The Sun Is Also a Star* (2016). It follows the interactions between two teenagers—a Jamaican girl who is about to be deported and a Korean American boy. The novel was a National Book Award finalist. It was also adapted into a screenplay. The movie was scheduled to be released in 2019.