

**DYSFUNCTIONAL FAMILY IN RAINBOW ROWELL'S *FANGIRL***

**A THESIS**

**Presented in a Partial Fulfillment of the  
Requirements for Completing the  
Sarjana Degree in Department of English Literature**



**By:**

**DIANISA CINTAMI ANANDITHA**

**NBI : 1611900051**

**FAKULTAS ILMU BUDAYA  
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**This is to certify that the Sarjana Thesis of Dianisa Cintami Ananditha entitled "DYSFUNCTIONAL FAMILY IN RAINBOW ROWELL'S FANGIRL" has been approved by the thesis advisor for further approval by the Examining Committee**

**Surabaya, 15 Juni 2023**

**Advisor,**



**Dra. Anik Cahyaning Rahayu, M.Pd.**



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TELP. 031 593 1800 (Ext. 311)  
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## ABSTRACT

This study is about Dysfunctional Family in Rainbow Rowell's *Fangirl*. This study applies the qualitative research design meanwhile the approach used is sociological approach. Five problems will be discussed in this study, namely signs, causes, impacts, coping, and types. The data source is *Fangirl* by Rainbow Rowel. The novel is about Avery family who is characterized by a range of dysfunctional dynamics that impact each member of the family. At the heart of the family's dysfunction is the father's mental health issues, which have had a significant impact on the family's relationships and functioning. The father's bipolar disorder is characterized by extreme mood swings and episodes of mania and depression, which have led to hospitalizations and disruptions in the family's routines. The mother's abandonment of the family when the twins are young also affects the family dysfunction. As a result, the children have grown up feeling emotionally neglected and isolated, which has impacted their relationships with one another and with others. From the analysis above, it can be concluded that analysis of this study consist 5, which are The sign of dysfunctional family in Avery family potrayed by emotional abuse, neglect, blaming, hostility, conflict, role reversal, secrecy, lies, bad communication and substance abuse. The causes of dysfunctional family in *Fangirl* indicated with historical trauma, mental illness, alcohol addiction, divorce, lack of understanding and personality disorder. The impact of dysfunctional family in this research can be categorized into trust issue, low academic performance dishonesty, poor communicational skill, anxiety, depression, low self-esteem, shame, guilt, and alcoholism. The coping mechanisms developed by the Avery family are diverse and often reflect their individual personalities and experiences such as avoidance and denial, fantasy and escapism, externalization and blame, resilience and adaptation, friends, and mental and healthcare support. The types of dysfunctional family in the Avery family can be characterized as having a chaotic family type, pathological family type, chronic conflict family type, authoritarian and detached family type.

**Keywords:** *Dysfunctional family, sign, cause, impact, coping, type*