

**THEO'S AMBITIONS IN THE CASE OF GABRIEL'S MURDER IN ALEX
MICHAELIDES' *THE SILENT PATIENT***

A THESIS

**Presented in a Partial Fulfillment of the Requirements for Completing the
Sarjana Degree in Department of English Literature**



By :

DANIEL GRACIA MALIANGKAY

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**FAKULTAS ILMU BUDAYA
UNIVERSITAS 17 AGUSTUS 1945 SURABAYA
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This is to certify that the thesis of DANIEL GRACIA MALIANGKAY entitled "THEO'S AMBITIONS IN THE CASE OF GABRIEL'S MURDER IN ALEX MICHAELIDES' *THE SILENT PATIENT*" has been approved by the thesis advisor for further approval by the Examining Committee.

Surabaya, 13 June 2023

Advisor



Dra. Anik Cahyaning Rahayu, M.Pd

APPROVAL SHEET II

This is to certify that the Sarjana Thesis of DANIEL GRACIA MALIANGKAY entitled "THEO'S AMBITIONS IN THE CASE OF GABRIEL'S MURDER IN ALEX MICHAELIDES' *THE SILENT PATIENT*" has been examined and approved by thesis Examining Committee as the requirement for Sarjana Degree in English Literature.

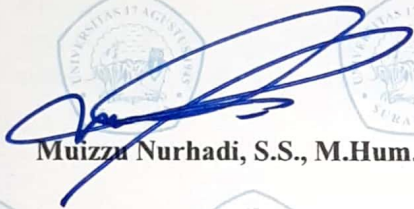
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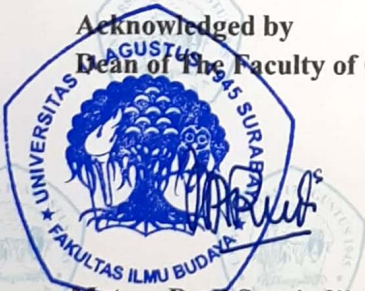
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Surabaya, 13 June 2023



Daniel Gracia Maliangkay

TABLE OF CONTENT

APPROVAL SHEET I	i
APPROVAL SHEET II	ii
SURAT PERNYATAAN	iii
ACKNOWLEDGEMENT	iv
TABLE OF CONTENT	v
ABSTRACT	vii
CHAPTER I INTRODUCTION	1
1.1 Background of the Study.....	1
1.2 Statement of the Problem	3
1.3 Objective of the Study.....	3
1.4 Scope and Limitation	3
1.5 Significance of the Study	4
CHAPTER II REVIEW OF RELATED LITERATURE	5
2.1 Previous Study.....	5
2.2 Theoretical Background.....	7
2.2.1 Theory of Ambition.....	7
2.2.2 Type of Ambition	8
2.2.3 Cause of Ambition.....	10
CHAPTER III RESEARCH METHOD	13
3.1 Literary Approach	13
3.2 Research Design.....	13
3.3 Data Source	13
3.4 Research Instrument.....	14
3.5 Data Collection Procedure.....	14
3.6 Data Analysis Procedure	14

CHAPTER IV ANALYSIS	15
4.1 Theo’s Ambitions	15
4.1.1 To Know Alicia's Personality	19
4.1.2 To Help Alicia to Face Her Case in The Court.....	25
4.2 Triggers of Theo’s Ambitions	28
4.2.1 Feeling Guilty	30
4.2.2 Being a Psychotherapist.....	32
CHAPTER V CONCLUSION.....	37
BIBLIOGRAPHY	
APPENDIX I SYNOPSIS OF <i>THE SILENT PATIENT</i>	
APPENDIX II BIOGRAPHY OF THE AUTHOR	

ABSTRACT

This study discusses Theo Faber's ambitions in the Gabriel's murder case in Alex Michaelides' *The Silent Patient*. This study aims to describe Theo's ambitions and the triggers of Theo's ambitions. This study uses the novel, *The Silent Patient* as the source of data. In answering the problems raised in this thesis, the writer uses a psychological approach and Ludwig Klages' psychological theory of personality. The approach and theory serve as a guide to analyze the data and reveal the phenomenons of ambitions in the novel. The extrinsic approach used is psychological approach, because the research discusses the psychological side of the characters. This study uses a qualitative descriptive method. The results of this study show that there are two ambitions that arise in Theo's character, to know Alicia's personality and to help Alicia deal with her case. Theo is very interested in Alicia's personality and he pays attention and finds out how Alicia's personality is. Theo, who is responsible for Alicia, wants to help Alicia, so she can talk and solve her case. There are two triggers for Theo's ambitions, feeling guilty and being a psychotherapist. Theo's feelings of guilt towards Alicia appears because of his actions in the past triggers his ambitions to take care of Alicia. Because Theo is a psychotherapist, he is very self-confident, and his work triggers his ambitions for Alicia. Even though many things have happened to Theo's ambitions, Theo still struggles to achieve his ambitions. Theo proves that he has a high desire and motivation to achieve his goal of ambitions. Theo is finally able to achieve his ambitions, which is to help Alicia to want to be willing to speak up.

Keywords: *ambitions, triggers, therapy*