

**LIA OVERBROOK'S ANOREXIA IN LAURIE
HALSE ANDERSON'S *WINTERGIRLS***

A THESIS

**Presented in a Partial Fulfillment of the Requirements for
Completing the Sarjana Degree in Department of English Literature**



By

ERRO AHMAD SURYA

1611900027

FAKULTAS ILMU BUDAYA

UNIVERSITAS 17 AGUSTUS 1945 SURABAYA

2023

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This is to certify that the Sarjana Thesis of ERRO AHMAD SURYA entitled "LIA OVERBROOK'S ANOREXIA IN LAURIE HALSE ANDERSON'S *WINTERGIRLS*" has been approved by the thesis advisor for further approval by the Examining Comitee

Surabaya, 14 June 2023

Advisor,



Drs. Danu Wahyono, M. Hum.

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ABSTRACT

This thesis is about Lia Overbrook's Anorexia in Laurie Halse Anderson's *Wintergirls*. There are three problem statements for this study: 1) How is Lia's anorexia described in *Wintergirls*?, 2) What are the causes of Lia's anorexia in *Wintergirls*?, and 3) what are the effects of Lia's anorexia in *Wintergirls*? The aims of this study are to analyze Lia's anorexia, the cause of Lia's anorexia, and the effect of Lia's anorexia. To conduct the study, the researcher uses psychological approach. This study uses descriptive qualitative method because the source of data comes from the utterances in the novel. Lia develops Anorexia Nervosa because of the pressure and societal expectations from her mother. Lia finds her solace in internet. She exposed with dangerous advice that further perpetuate the cycle of disordered eating. That can intensify her obsession and fuel her disordered behaviors. Because of Anorexia Nervosa, Lia experiences extreme weight loss and disruption in menstrual cycle. Her preoccupation with food calories, obsession in weight loss and self-blame of her death friend develop her Anorexia Nervosa. She also strains her family and avoid medical attention and therapy.

Keywords: *Anorexia Nervosa, Disruption, Obsession*