

The Relationship of Social Support to the tendency of Social Anxiety Disorder in Social Media Users

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Abstract

The internet makes it easy for us to interact with others with long or short distances and a short time. One of the internet media that is social media is not a few people use it. social media is an online media with its users can easily participate and share. There are two reasons why a person becomes dependent on social media. First, according to Prayoga and that social media can be used to support social interaction for individuals who lack social skills in the real world so that social media is used for social compensation. Second, because social skills can be utilized for social support. This study aims to examine the relationship of social support to the tendency of social media anxiety disorder in social media users. The technique used was purposive sampling, the subjects of this study were 105 fourth semester students of the psychology faculty at the University of August 17, 1945. Data analysis was performed using a product moment person test which resulted in a correlation of $r_{xy} = - 0.434$ with $(p) = 0,000$ ($p < 0.01$), which means there is a very significant negative relationship between the relationship of social support to the tendency of social media anxiety disorder to social media users, that social support is related to the tendency of social media anxiety disorder to users of social media.

Keywords: Internet, social media, anxiety disorder, social support