## The Analysis of Lily Bloom's Trauma in Colleen Hoover's *It Ends With Us*

### A THESIS

Presented in a Partial Fulfillment of the Requirements for Completing the Sarjana Degree in Department of English Literature



By

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### FAKULTAS ILMU BUDAYA

**UNIVERSITAS 17 AGUSTUS 1945 SURABAYA** 

2023

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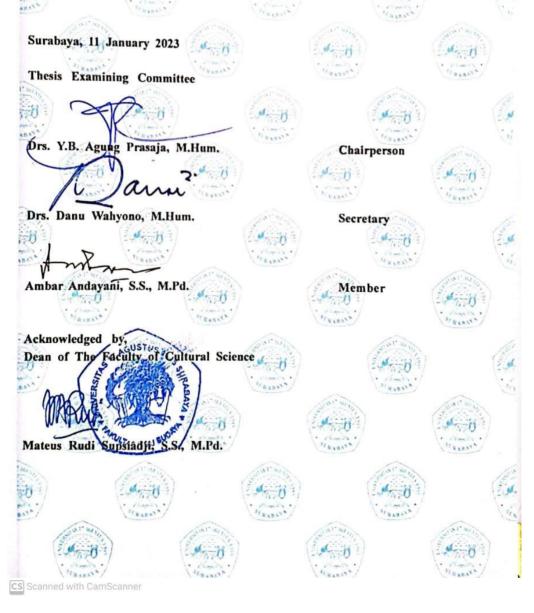
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Surabaya, 11 January 2023



Lidya Gloria Sarungu

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### ABSTRACT

This analysis presents the emotional feeling found in Colleen Hoover's It Ends With Us especially the main character Lily Bloom. The findings show that Lily Bloom's way of coping with her trauma is learned from her experience during her teenage years and adult life. In this analysis, the writer will focus on Lily Bloom's trauma as well in analysis causes and effects of the trauma and her specific coping-mechanism. The writer uses a psychological approach to analyze the main character's trauma using the theory of CathyCaruth, Judith Herman and James Pennebaker. The analysis shows that Lily's trauma reflecting in the novel is when she finds comfort in shuffling cards and she also has hallucinations. The causes of trauma is the abusive cycle that her father did to her mother when she is a teenager. Lily Bloom's experiences with traumatic events have negative and positive affects. The negative effects include difficulties in relationships, selfconflict, and being affected by feelings. The positive effects is that she has finally realized by looking at her life possibilities which she wants to explore things to make better. She uses expressive writing as her specific copingmechanism to learn about her trauma.

Keywords: Trauma, coping mechanism, Self-conflict.