

**The Analysis of Lily Bloom's Trauma in Colleen Hoover's  
*It Ends With Us***

**A THESIS**

**Presented in a Partial Fulfillment of the Requirements for Completing the  
Sarjana Degree in Department of English Literature**



**By**

**Lidya Gloria Sarungu**

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**FAKULTAS ILMU BUDAYA**

**UNIVERSITAS 17 AGUSTUS 1945 SURABAYA**

**2023**

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This is to certify that the Sarjana Thesis of LIDYA GLORIA SARUNGU entitled "THE ANALYSIS OF LILY BLOOM'S TRAUMA IN COLLEEN HOOVER'S *IT ENDS WITH US*" has been approved by the thesis advisor for further approval by the Examining Committee

Surabaya, 11 January 2023

Advisor,


  
Ambar Andayani, S.S., M.Pd.

## APPROVAL SHEET II


This is to certify that the Sarjana Thesis of LIDYA GLORIA SARUNGU entitled "THE ANALYSIS OF LILY BLOOM'S TRAUMA IN COLLEEN HOOVER'S *IT ENDS WITH US*" has been examined and approved by the thesis Examining Committee as the requirement for Sarjana Degree in English Literature

Surabaya, 11 January 2023

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## TABLE OF CONTENTS

<b>COVER</b>	
<b>APPROVAL SHEET I.....</b>	<b>i</b>
<b>APPROVAL SHEET II .....</b>	<b>ii</b>
<b>SURAT PUBLIKASI .....</b>	<b>iii</b>
<b>SURAT ANTIPLAGIASI.....</b>	<b>iv</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>v</b>
<b>TABLE OF CONTENTS.....</b>	<b>vii</b>
<b>ABSTRACT .....</b>	<b>ix</b>
<b>CHAPTER I INTRODUCTION.....</b>	<b>1</b>
1.1 Background of the study .....	1
1.2 Statement of the problem .....	2
1.3 Significance of the study .....	2
1.4 Objectives of the study .....	2
1.5 Scope and Limitations .....	2
1.6 Organization .....	2
<b>CHAPTER II REVIEW OF RELATED LITERATURE .....</b>	<b>3</b>
2.1 Previous Study .....	3
2.2 Theoretical Review .....	4
2.2.1 Theory of Trauma.....	4
2.2.2 Causes of Trauma.....	4
2.2.3 Effects of Trauma.....	4
2.3 Expressive Writing as a specific coping-mechanism .....	5
<b>CHAPTER III RESEARCH METHODS .....</b>	<b>6</b>
3.1 Approach of the study .....	6
3.2 Research Design.....	6
3.3 Data and data source .....	6
3.4 Research Technique .....	6
3.5 Data Analysis and Interpretation.....	7

3.5.1 Reading the novel and identifying the character .....	7
3.5.2 Classifying text to find the the theory .....	7
3.5.3 Analyzing the trauma .....	7
<b>CHAPTER IV ANALYSIS.....</b>	<b>8</b>
4.1 Lily Bloom’s Trauma Reflecting .....	8
4.2 Causes of Trauma.....	8
4.3 Effects of trauma .....	9
4.3.1 Negative Effects .....	9
4.3.2 Positive Effects.....	13
4.4 Lily’s way of coping her trauma .....	17
4.4.1 Expressive Writing.....	17
<b>CHAPTER V CONCLUSION .....</b>	<b>24</b>
<b>BIBLIOGRAPHY</b>	<b>25</b>
<b>APPENDIX</b>	

## ABSTRACT

This analysis presents the emotional feeling found in Colleen Hoover's *It Ends With Us* especially the main character Lily Bloom. The findings show that Lily Bloom's way of coping with her trauma is learned from her experience during her teenage years and adult life. In this analysis, the writer will focus on Lily Bloom's trauma as well in analysis causes and effects of the trauma and her specific coping-mechanism. The writer uses a psychological approach to analyze the main character's trauma using the theory of CathyCaruth, Judith Herman and James Pennebaker. The analysis shows that Lily's trauma reflecting in the novel is when she finds comfort in shuffling cards and she also has hallucinations. The causes of trauma is the abusive cycle that her father did to her mother when she is a teenager. Lily Bloom's experiences with traumatic events have negative and positive affects. The negative effects include difficulties in relationships, self-conflict, and being affected by feelings. The positive effects is that she has finally realized by looking at her life possibilities which she wants to explore things to make better. She uses expressive writing as her specific coping-mechanism to learn about her trauma.

**Keywords:** *Trauma, coping mechanism, Self-conflict.*