

**PI'S ANXIETY IN YANN MARTEL'S *LIFE OF PI***

**A THESIS**

**Presented in a partial of the requirements for completing the Sarjana  
Degree in Department of English Literature**



**By :**

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**2023**



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This is to certify that the Sarjana Thesis of FENI ASNIAR entitled "PPS ANXIETY IN YANN MARTEL'S *LIFE OF PP*" has been approved by the thesis advisor for further approval by the Examining Committee

Surabaya, 21 December 2022

Advisor,



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## APPROVAL SHEET II

This is to certify that the Sarjana Thesis of FENI ASNIAR entitled "PT'S ANXIETY IN YANN MARTEL'S *LIFE OF PP*" has been examined and approved by the thesis Examining Committee as the requirement for Sarjana Degree in English Language and Literature

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Feni Asniar

**MOTTO**

*"Whatever you are, be a good one. "*



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## ABSTRACT

This study is entitled *Pi's Anxiet in Yann Martel's Life of Pi*. The objective of the study is to describe the symptoms, causes, effects, and types of Pi's anxiety. The approach used in this study is extrinsic approach, in this case, psychological approach because anxiety is one of psychological problems. Sigmund Freud's psychoanalytic theory is used to analyze Pi's anxiety. This research uses qualitative research method. Qualitative method is used to collect the necessary data from the novel to achieve the research objective references relating to the topic to support the analysis. Symptoms of anxiety experienced by Pi are feeling anxious, being unable to think of anything except something that makes him anxious, and experiencing the deepest tremors, pain, and sadness. There are several reasons of Pi's anxiety. The first is a ship accident which is caused by a big storm that hits the ship on which he is travelling with his family. The ship is sinking in the Pacific Ocean, which causes his family to decline too. The second cause is meeting a tiger. After Pi experiences a shipwreck disaster in the Pacific Ocean, Pi, who is in the ship's lifeboat, unknowingly meets a tiger named Richard Parker, who is always watching Pi's whereabouts. The third cause is worrying about his safety. Pi has been at sea for months and no sign of rescue is coming. This always makes him feel anxious. Pi's anxiety has some effects. He feels behavioral, emotional, and cognitive effects. This can be seen from his negative thoughts, having difficulty controlling his emotion, and being afraid whenever he thinks about his condition. Pi's anxiety falls into the category of neurotic and objective anxiety. Neurotic anxiety comes from the id, an unconscious feeling that often loses control over emotion, such as sadness, anger, panic, and so on. Meanwhile, objective anxiety is the fear of something realistic. For example, what Pi has experienced when he meets a tiger makes him very scared. From the analysis, it can be concluded that Pi suffers from anxiety because of his uncontrollable emotion and worry. Sinking ship, encountering tigers, and becoming worried about his safety are the causes of his anxiety. He also feels behavioral, emotional, and cognitive effects. Pi suffers from a neurotic and objective type of anxiety reflected in its symptoms, causes, and effects.

*Keywords: psychoanalytic, anxiety, symptoms, causes, effect, neurotic*

