

LAMPIRAN

Lampiran 1. Skala Kualitas Tidur

KUESIONER PENELITIAN

Skala I

Salam sejahtera untuk kita semua Perkenalkan saya Rahajeng Wiji Lestari Mahasiswa S1 Psikologi Universitas 17 Agustus 1945 Surabaya. Saat ini sedang melakukan penelelitian untuk tugas akhir skripsi. Dengan ini saya mohon kesediaan teman-teman untuk meluangkan waktu serta berpartisipasi dalam penelitian saya.

Identitas dan jawaban yang anda berikan akan dijamin kerahasiaannya serta akan digunakan sebaik-baiknya untuk kepentingan penelitian. Penelitian ini bukanlah sebuah test, sehingga jawaban dari teman-teman tidak ada yang salah. Untuk itu, jawablah sesuai dengan situasi dan kondisi masing-masing. jika saudara menyetujui terlibat dalam penelitian ini, maka saya mohon untuk mengisi identitas dibawah ini :

Nama Lengkap :
Fakultas :
Angkatan :
Usia :
Jenis Kelamin :

Petunjuk Pengisian :

1. Mohon kuesioner ini diisi secara lengkap dari seluruh pernyataan yang telah disediakan.
2. Berilah tanda (√) pada kolom jawaban yang tersedia.
3. Terdapat 5 (lima) alternative pengisian jawaban, yaitu:
 - a. SS : sangat setuju
 - b. S : setuju
 - c. TS : Tidak Setuju
 - d. STS : Sangat Tidak Setuju

| No. | Pernyataan | Alternatif Jawaban | | | |
|-----|---|--------------------|---|----|-----|
| | | SS | S | TS | STS |
| 1 | Saya mudah terbangun saat tidur | | | | |
| 2 | Ketika tidur saya mudah terbangun | | | | |
| 3 | Suara mobil di luar membuat saya tidak nyenyak tidur | | | | |
| 4 | Saya tidak bisa tidur nyenyak | | | | |
| 5 | Ketika mau tidur di malam hari mata saya sulit untuk bisa saya pejamkan | | | | |
| 6 | Saya tidur nyenyak | | | | |
| 7 | Saya merasa nyaman tidur di malam hari | | | | |
| 8 | Saya tidak terganggu suara anjing menggonggong atau bayi menangis ketika saya tidur | | | | |
| 9 | Saat bangun tidur, saya merasakan badan yang segar | | | | |
| 10 | Tidur saya cukup | | | | |
| 11 | Aktifitas yang sibuk tidak membuat saya kekurangan waktu tidur | | | | |
| 12 | Saya punya jadwal tidur yang baik | | | | |
| 13 | Waktu tidur saya terpenuhi | | | | |
| 14 | Saya merasa tak terlalu butuh tidur | | | | |
| 15 | Waktu tidur saya selalu tak cukup | | | | |
| 16 | Saya lebih senang melakukan aktivitas lain dibanding tidur | | | | |
| 17 | Saya sering menguap di kelas karena kekurangan tidur | | | | |
| 18 | Saya bangun kesiangan | | | | |
| 19 | Saya tidur lebih awal supaya besoknya bangun lebih cepat | | | | |
| 20 | Walaupun saya asik bermain game, saya dapat membagi waktu tidur. | | | | |
| 21 | Setiap jam 10 malam saya sudah tidur | | | | |
| 22 | Setiap jam 5 pagi saya sudah bangun | | | | |
| 23 | Saya merasa nyaman sebelum tidur | | | | |
| 24 | Saya sering begadang | | | | |

| | | | | | |
|----|--|--|--|--|--|
| 25 | Secepat apapun saya tidur pada malam harinya paginya saya tetap telat bangun | | | | |
| 26 | Saya sering tidur diatas jam 10 malam | | | | |
| 27 | Saya susah bangun di pagi hari | | | | |
| 28 | Ketika selesai beraktivitas saya sering tertidur di siang hari dan terbangun di malam hari | | | | |
| 29 | Saya tidak memerlukan obat tidur | | | | |
| 30 | Saya merasa nyaman tidak menggunakan obat tidur | | | | |
| 31 | Obat tidur akan membantu saya tertidur pulas | | | | |
| 32 | Saya merasa tidak nyaman jika tidak menggunakan obat tidur | | | | |
| 33 | Saya terbiasa menggunakan obat tidur sebelum tidur | | | | |
| 34 | Saya minum obat sebelum tidur supaya tidak bermimpi buruk | | | | |
| 35 | Saya mengigau selama tidur | | | | |
| 36 | Ketika tidur saya sering bermimpi buruk | | | | |
| 37 | Saya kadang terbangun 2-3 menit saat malam hari | | | | |
| 38 | Saya tidak pernah mengigau selama tidur | | | | |
| 39 | Saya jarang bermimpi Ketika tidur | | | | |
| 40 | Ketika tidur di malam hari saya tidak terbangun karena mimpi | | | | |
| 41 | Saya merasa nyaman ketika tidur | | | | |
| 42 | Saya tidur 8 jam setiap malam | | | | |
| 43 | Saya tetap terbangun dipagi hari walaupun tidur saya larut malam | | | | |
| 44 | Saya tetap semangat beraktivitas karena tidur saya 8 jam | | | | |
| 45 | Saya hanya tidur 2-3 jam setiap malam | | | | |
| 46 | Saya terbangun siang hari karena tidur larut malam | | | | |
| 47 | Saya tidak semangat beraktivitas karena tidur kurang dari 8 jam | | | | |
| 48 | Pagi hari saya malas melakukan aktifitas karna belum puas tidur di malam harinya | | | | |
| 49 | Saya merasa sulit konsentrasi di pagi hari karna masih mengantuk | | | | |

| | | | | | |
|----|---|--|--|--|--|
| 50 | Saya mengantuk ketika melakukan aktifitas di siang hari | | | | |
| 51 | Saya tidak mampu menuntaskan pekerjaan di siang hari karena mengantuk | | | | |
| 52 | Saya bersemangat melakukan aktivitas di siang hari | | | | |
| 53 | Saya merasa nyaman beraktivitas disiang hari | | | | |
| 54 | Saya semangat melakukian aktivitas sepanjang hari karena tidur yang cukup | | | | |
| 55 | Saya tidak mengalami pusing saat bangun tidur | | | | |

Lampiran 2. Skala Intensitas Penggunaan Game Online

KUESIONER PENELITIAN

Skala 2

Salam sejahtera untuk kita semua Perkenalkan saya Rahajeng Wiji Lestari Mahasiswa S1 Psikologi Universitas 17 Agustus 1945 Surabaya. Saat ini sedang melakukan penelelitan untuk tugas akhir skripsi. Dengan ini saya mohon kesediaan teman-teman untuk meluangkan waktu serta berpartisipasi dalam penelitian saya.

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Usia :
Jenis Kelamin :

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3. Terdapat 5 (lima) alternative pengisian jawaban, yaitu:
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 - b. S : setuju
 - c. TS : Tidak Setuju
 - d. STS : Sangat Tidak Setuju

| No. | Pernyataan | Alternatif Jawaban | | | |
|-----|---|--------------------|---|----|-----|
| | | SS | S | TS | STS |
| 1 | Saya mengakses game online setiap hari | | | | |
| 2 | Saya bisa memainkan game online kapan saja | | | | |
| 3 | Saya bisa menghabiskan waktu lama untuk bermain game online | | | | |
| 4 | Saya memainkan game online lebih dari 2 jam | | | | |
| 5 | Saya hanya memainkan game online di waktu tertentu | | | | |
| 6 | Saya jarang bermain game online | | | | |
| 7 | Saya hanya menghabiskan waktu singkat untuk bermain game online | | | | |
| 8 | Saya memainkan game online kurang dari 1 jam | | | | |
| 9 | Saat bertemu teman, saya akan bermain game online bersama | | | | |
| 10 | Saya memainkan game online 5-7 kali dalam sehari ini | | | | |
| 11 | Saya bisa memainkan game online hampir seharian | | | | |
| 12 | Saya bisa menuntaskan beberapa stage pada game online dalam satu hari | | | | |
| 13 | Saya hanya memainkan game online 1-2 kali dalam seminggu | | | | |
| 14 | Saya membatasi diri agar tidak sering mengakses game online | | | | |
| 15 | Saya membatasi waktu saya saat memainkan game online | | | | |
| 16 | Bagi saya 30 menit sangatlah cukup untuk bermain game online | | | | |
| 17 | Saya mencoba semua permainan game online | | | | |

| | | | | | |
|----|--|--|--|--|--|
| 18 | Saya bermain game online setiap saat | | | | |
| 19 | Saya tidak mengakses game online setiap hari | | | | |
| 20 | Saya tidak memainkan game online berjenis MOBA | | | | |
| 21 | Bagi saya 30 menit untuk bermain game online terasa kurang | | | | |
| 22 | Saya memainkan game online sampai larut malam | | | | |
| 23 | Saya tidak akan memainkan game online hingga larut malam | | | | |
| 24 | Meski bermain game online Bersama teman, saya hanya menghabiskan sedikit waktu | | | | |
| 25 | Karena sering bermain game online Battle Royale , saya tidak tahu berapa kali saya memainkannya dalam satu minggu. | | | | |
| 26 | Saya memiliki game online favorit yaitu Mobile Legends: Bang Bang hingga saya tidak tahu seberapa sering saya memainkannya | | | | |
| 27 | Saat bermain game online bersama teman, saya menghabiskan waktu yang lebih panjang | | | | |
| 28 | Ketika ada hal baru (item,karakter,mode bermain,dsb) dalam game online, saya akan memainkannya lebih lama | | | | |
| 29 | Game online adalah media yang sering saya akses dibandingkan media lain | | | | |
| 30 | Saya hanya menghabiskan sedikit waktu meskipun ada hal yang baru (item,karakter,mode bermain,dsb) dalam game online | | | | |

Lampiran 3. Tabulasi Skala Kualitas Tidur

| No. Aitem | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
|-------------|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|
| Jenis Aitem | UF | UF | UF | UF | UF | F | F | F | F | F | F | F | F | UF | UF | UF | UF | UF | F | F | F |
| 1 | S | S | S | S | SS | TS | TS | TS | TS | TS | TS | TS | TS | TS | S | S | SS | SS | TS | TS | STS |
| 2 | S | S | S | S | S | SS | SS | TS | S | SS | S | S | S | TS | TS | S | TS | TS | S | SS | TS |
| 3 | TS | TS | TS | TS | S | S | S | STS | S | TS | TS | STS | TS | TS | S | S | S | S | TS | S | STS |
| 4 | TS | TS | S | STS | TS | S | S | STS | S | S | S | TS | TS | STS | STS | SS | STS | STS | S | S | TS |
| 5 | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS |
| 6 | STS | TS | TS | TS | S | SS | S | TS | S | S | S | S | S | STS | STS | S | S | TS | S | S | TS |
| 7 | STS | TS | SS | TS | S | S | SS | STS | S | TS | TS | TS | TS | STS | S | S | SS | S | SS | S | TS |
| 8 | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| 9 | STS | STS | STS | STS | S | SS | SS | TS | TS | STS | SS | STS | STS | STS | STS | SS | S | SS | SS | STS | STS |
| 10 | SS | S | TS | TS | TS | SS | S | TS | SS | S | TS | S | S | TS | TS | S | STS | TS | SS | SS | SS |
| 11 | S | STS | TS | STS | TS | S | SS | SS | S | S | TS | TS | S | S | TS | S | TS | TS | S | TS | TS |
| 12 | S | TS | TS | TS | TS | SS | SS | SS | SS | S | S | SS | SS | TS | TS | TS | TS | TS | SS | SS | TS |
| 13 | SS | SS | SS | SS | TS | SS | TS | STS | S | S | STS | S | SS | SS | SS | SS | SS | SS | SS | SS | S |
| 14 | TS | TS | TS | TS | TS | S | S | S | S | S | S | S | S | STS | TS | TS | TS | TS | S | SS | TS |
| 15 | TS | TS | TS | TS | TS | S | S | S | TS | S | TS | SS | S | SS | S | S | S | TS | TS | SS | S |
| 16 | S | S | S | S | S | S | S | S | S | S | S | S | S | TS | S | S | S | S | S | S | S |
| 17 | TS | S | S | S | TS | STS | STS | STS | S | TS | TS | STS | TS | S | TS | TS | TS | TS | TS | TS | TS |
| 18 | S | SS | S | S | S | S | S | SS | S | S | S | S | SS | S | S | SS | S | S | SS | SS | TS |
| 19 | TS | TS | TS | S | S | S | S | S | S | S | S | TS | TS | TS | S | S | S | S | TS | TS | TS |
| 20 | S | S | S | S | S | TS | S | S | S | S | S | S | S | S | S | S | S | TS | S | S | TS |
| 21 | S | S | TS | S | S | TS | TS | STS | TS | TS | STS | STS | STS | TS | S | SS | S | SS | STS | S | STS |
| 22 | S | S | SS | SS | SS | STS | TS | TS | TS | TS | TS | TS | TS | SS | S | S | SS | SS | TS | TS | TS |
| 23 | S | S | S | S | S | S | S | S | S | S | S | TS | S | TS | TS | S | TS | TS | S | S | TS |
| 24 | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS |
| 25 | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| 26 | S | S | S | S | S | TS | S | S | TS | TS | S | TS | TS | S | S | S | S | S | S | S | TS |
| 27 | TS | S | S | TS | TS | S | S | S | S | S | TS | TS | TS | S | S | S | TS | TS | S | S | TS |
| 28 | S | S | S | S | TS | TS | S | TS | TS | TS | TS | TS | TS | STS | S | TS | S | S | S | S | TS |
| 29 | SS | SS | SS | S | S | STS | TS | SS | S | S | SS | SS | SS | STS | STS | S | SS | TS | SS | TS | STS |
| 30 | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| 31 | SS | SS | STS | STS | STS | SS | SS | SS | SS | SS | STS | SS | SS | STS | STS | SS | STS | STS | SS | SS | SS |
| 32 | S | TS | STS | TS | TS | SS | SS | SS | SS | SS | S | SS | SS | STS | STS | S | STS | STS | SS | SS | S |
| 33 | TS | TS | S | S | S | TS | TS | TS | TS | TS | TS | TS | TS | TS | S | S | S | TS | TS | TS | TS |
| 34 | S | S | S | S | S | TS | S | S | S | TS | S | S | TS | S | S | S | S | S | S | S | TS |
| 35 | SS | SS | TS | STS | TS | SS | SS | STS | S | SS | TS | S | S | STS | TS | TS | S | S | SS | SS | TS |
| 36 | S | S | S | S | S | S | S | TS | TS | TS | TS | TS | TS | S | S | S | S | TS | TS | TS | TS |
| 37 | TS | TS | S | TS | S | S | S | SS | S | S | S | S | TS | S | TS | TS | S | S | TS | TS | STS |

| 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|
| F | F | UF | UF | UF | UF | F | F | F | UF | UF | UF | UF | F | F | F | UF | UF | UF | UF |
| TS | TS | SS | S | SS | SS | S | S | S | TS | TS | TS | TS | S | S | TS | TS | TS | TS | S |
| SS | S | S | TS | SS | TS | S | S | TS | STS | STS | STS | STS | STS | STS | STS | STS | S | S | S |
| TS | TS | SS | TS | SS | TS | SS | TS | TS | S | TS | STS | TS | TS | TS | S | TS | TS | TS | S |
| TS | S | S | STS | S | STS | TS | SS | SS | STS | S | STS | STS | STS | STS | S | SS | TS | S | S |
| SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS |
| S | S | TS | STS | S | S | STS | SS | S | STS | STS | STS | STS | S | S | S | STS | STS | S | S |
| TS | TS | S | TS | SS | S | TS | SS | SS | STS | STS | STS | STS | TS | S | TS | TS | TS | TS | SS |
| S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| STS | STS | SS | TS | SS | TS | TS | SS | SS | STS | STS | STS | STS | TS | TS | STS | STS | S | S | TS |
| SS | TS | TS | TS | S | TS | S | S | S | STS | STS | STS | STS | STS | STS | TS | TS | TS | TS | SS |
| TS | S | S | TS | SS | TS | S | STS | SS | TS | STS | STS | STS | TS | STS | STS | TS | SS | SS | SS |
| TS | SS | SS | SS | SS | TS | SS | SS | SS | STS | STS | STS | STS | STS | STS | STS | SS | S | S | SS |
| S | SS | S | TS | S | SS | SS | SS | SS | SS | S | S | TS | TS | S | S | STS | SS | SS | S |
| S | TS | TS | TS | S | TS | S | SS | SS | STS | STS | STS | STS | TS | TS | TS | TS | S | S | S |
| TS | TS | S | TS | SS | TS | SS | TS | S | TS | S | TS | S | TS | S | TS | S | TS | S | TS |
| S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| TS | S | STS | S | S | S | S | S | STS | TS | S | S | TS | TS | STS | TS | TS | S | S | TS |
| TS | TS | SS | SS | SS | SS | SS | TS | TS | S | TS | SS | S | SS | SS | S | TS | TS | SS | SS |
| TS | S | SS | S | SS | S | TS | S | S | TS | STS | STS | STS | S | TS | TS | TS | S | TS | S |
| S | S | S | S | S | S | S | S | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | S |
| STS | STS | SS | SS | SS | SS | TS | STS | TS | SS | TS | S | SS | TS | S | S | STS | S | TS | TS |
| TS | TS | SS | S | SS | SS | S | TS | TS | S | S | S | TS | S | S | S | TS | TS | TS | TS |
| TS | TS | S | TS | S | TS | S | S | S | TS | S | TS | S | TS | TS | S | S | S | TS | S |
| SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS |
| S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| TS | TS | SS | TS | SS | S | TS | S | S | S | TS | TS | TS | TS | S | TS | TS | S | S | S |
| S | S | TS | TS | S | S | TS | S | S | S | S | S | TS | S | TS | TS | TS | TS | TS | S |
| TS | TS | S | TS | S | TS | S | S | S | TS | TS | TS | TS | TS | TS | S | SS | SS | S | TS |
| STS | TS | SS | SS | SS | SS | SS | SS | SS | STS | STS | STS | STS | TS | SS | SS | SS | TS | SS | SS |
| S | SS | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| SS | SS | STS | STS | STS | STS | STS | SS | SS | STS | SS | STS | STS | STS | STS | STS | STS | STS | SS | SS |
| SS | S | TS | S | TS | TS | TS | SS | SS | TS | STS | STS | STS | STS | STS | STS | STS | TS | TS | SS |
| S | TS | S | TS | S | TS | S | TS | TS | TS | TS | TS | TS | S | S | S | TS | TS | S | TS |
| S | S | S | S | S | S | S | S | S | S | S | S | S | S | TS | S | TS | TS | TS | TS |
| S | SS | S | S | SS | S | SS | SS | SS | S | STS | STS | STS | STS | TS | S | TS | S | S | SS |
| TS | TS | S | TS | S | S | TS | TS | S | S | S | S | TS | S | S | TS | S | TS | S | TS |
| STS | S | S | S | TS | S | S | S | S | SS | SS | TS | STS | TS | TS | S | STS | S | S | S |

| | | | | | | | | | | | | | | | | | | | | | |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 38 | TS | TS | STS | STS | TS | SS | SS | SS | S | S | S | S | S | TS | S | TS | STS | STS | SS | SS | TS |
| 39 | S | S | TS | TS | TS | S | S | TS | SS | S | TS | S | SS | STS | STS | S | STS | TS | TS | S | TS |
| 40 | SS | S | SS | SS | TS | TS | S | TS | S | TS | TS | TS | STS | TS | S | S | TS | S | TS | TS | TS |
| 41 | S | S | TS | TS | STS | S | SS | TS | S | S | S | TS | TS | STS | TS | TS | TS | STS | S | STS | S |
| 42 | S | TS | TS | S | S | TS | S | STS | S | TS | STS | TS | TS | TS | SS | S | SS | SS | TS | TS | STS |
| 43 | S | S | TS | S | S | TS | TS | TS | S | TS | SS | TS | TS | S | SS | S | S | S | TS | TS | TS |
| 44 | STS | STS | S | STS | STS | SS | SS | TS | S | S | S | S | S | TS | TS | TS | TS | TS | S | SS | S |
| 45 | S | S | TS | TS | TS | SS | S | TS | S | S | S | TS | S | STS | STS | STS | STS | S | SS | SS | TS |
| 46 | TS | TS | TS | TS | TS | S | S | TS | TS | STS | S | STS | STS | STS | SS | TS | SS | STS | TS | TS | TS |
| 47 | TS | TS | SS | TS | TS | SS | SS | SS | S | SS | SS | TS | SS | TS | SS | TS | TS | SS | SS | SS | TS |
| 48 | S | S | TS | TS | S | S | S | TS | S | S | TS | TS | S | TS | TS | S | TS | TS | TS | S | TS |
| 49 | SS | S | S | S | SS | TS | STS | TS | TS | STS | TS | STS | STS | S | SS | S | S | S | TS | TS | TS |
| 50 | TS | TS | S | S | SS | TS | TS | S | S | STS | TS | TS | STS | S | SS | SS | S | S | TS | TS | TS |
| 51 | TS | TS | TS | TS | TS | S | S | TS | S | TS | S | TS | TS | TS | TS | S | S | SS | S | S | STS |
| 52 | SS | SS | S | TS | TS | S | S | TS | S | S | S | S | S | STS | TS | TS | TS | TS | S | S | TS |
| 53 | SS | SS | STS | S | S | S | S | TS | S | S | S | S | TS | TS | S | STS | S | S | S | S | S |
| 54 | S | S | TS | TS | TS | S | S | TS | S | S | TS | TS | STS | STS | SS | TS | STS | S | TS | S | S |
| 55 | S | SS | S | TS | S | S | TS | TS | STS | S | S | TS | S | S | S | S | TS | S | TS | S | S |
| 56 | SS | S | SS | S | S | S | S | SS | TS | S | S | TS | S | STS | SS | TS | SS | SS | SS | SS | STS |
| 57 | S | S | SS | S | S | TS | TS | S | S | TS | TS | TS | TS | TS | TS | S | TS | S | TS | TS | TS |
| 58 | TS | TS | TS | TS | TS | S | S | TS | TS | TS | S | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS |
| 59 | TS | TS | S | TS | TS | S | S | TS | S | TS | TS | TS | TS | STS | S | STS | TS | S | TS | TS | STS |
| 60 | S | S | TS | TS | TS | SS | SS | TS | S | SS | TS | SS | SS | TS | TS | STS | SS | TS | TS | SS | STS |
| 61 | S | S | S | TS | TS | S | S | TS | TS | TS | S | TS | TS | STS | S | TS | S | S | S | S | TS |
| 62 | S | S | S | S | TS | S | S | S | TS | S | S | S | S | TS | S | S | TS | S | S | TS | S |
| 63 | S | TS | S | S | TS | TS | S | TS | STS | S | TS | S | S | TS | S | TS | S | TS | S | S | S |
| 64 | SS | SS | TS | TS | SS | SS | SS | STS | S | S | TS | STS | S | TS | TS | SS | SS | TS | S | S | TS |
| 65 | TS | S | S | S | TS | S | TS | S | S | TS | S | TS | S | S | TS | TS | S | S | TS | S | S |
| 66 | SS | S | S | SS | S | TS | TS | TS | TS | STS | TS | TS | TS | S | S | SS | S | SS | TS | TS | TS |
| 67 | SS | SS | SS | SS | S | TS | SS | STS | TS | STS | STS | STS | STS | S | S | STS | SS | SS | STS | TS | STS |
| 68 | S | S | S | TS | TS | S | S | TS | S | TS | TS | TS | TS | TS | S | SS | S | S | TS | TS | TS |
| 69 | S | TS | STS | TS | S | S | S | S | TS | TS | S | TS | TS | TS | S | TS | TS | TS | STS | S | STS |
| 70 | SS | S | S | S | SS | TS | TS | TS | TS | TS | TS | TS | STS | S | S | S | S | S | TS | TS | TS |
| 71 | S | S | S | TS | TS | S | S | S | STS | STS | TS | S | TS | S | SS | S | SS | S | S | SS | S |
| 72 | TS | TS | TS | TS | SS | SS | S | SS | SS | S | S | TS | TS | SS | SS | TS | SS | SS | TS | TS | TS |
| 73 | SS | SS | S | S | S | S | S | TS | S | S | S | S | S | TS | TS | TS | S | S | S | S | S |
| 74 | S | S | TS | SS | S | TS | TS | TS | S | TS | TS | TS | TS | S | SS | S | S | S | TS | TS | STS |
| 75 | S | S | TS | S | S | STS | TS | TS | S | S | TS | TS | TS | TS | TS | S | S | S | TS | S | STS |

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|-----|----|----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|
| S | S | S | STS | S | TS | STS | SS | SS | TS | STS | STS | STS | TS | TS | TS | S | S | S | SS |
| SS | TS | S | STS | S | STS | SS | SS | SS | STS | STS | STS | STS | STS | TS | TS | TS | S | SS | SS |
| STS | TS | SS | S | SS | S | S | S | S | TS | TS | TS | TS | S | TS | STS | TS | TS | TS | STS |
| S | S | TS | STS | TS | TS | TS | SS | S | TS | STS | STS | STS | TS | TS | STS | TS | STS | S | S |
| STS | TS | SS | SS | SS | SS | SS | SS | STS | STS | SS | STS | STS | S | TS | STS | STS | S | SS | SS |
| TS | S | SS | TS | SS | S | S | S | S | TS | TS | TS | TS | S | S | S | TS | TS | TS | S |
| S | S | TS | TS | TS | S | STS | SS | SS | SS | STS | STS | STS | STS | STS | STS | S | S | S | SS |
| TS | S | S | TS | SS | S | S | SS | SS | STS | STS | STS | STS | STS | STS | S | S | S | S | S |
| S | TS | S | STS | S | STS | STS | STS | S | S | TS | S | TS | TS | TS | TS | TS | S | TS | TS |
| TS | TS | SS | SS | SS | SS | TS | SS | SS | STS | STS | STS | STS | STS | TS | SS | SS | SS | SS | SS |
| S | S | S | TS | S | TS | S | SS | SS | STS | STS | STS | STS | TS | TS | TS | S | TS | S | S |
| STS | SS | SS | S | SS | S | S | S | TS | SS | S | S | S | S | S | S | TS | STS | S | TS |
| TS | SS | SS | S | SS | S | S | SS | SS | STS | TS | TS | TS | S | S | S | STS | TS | TS | TS |
| STS | TS | S | S | SS | SS | SS | STS | S | STS | STS | STS | STS | STS | TS | STS | S | S | S | SS |
| S | S | TS | TS | S | TS | TS | TS | S | S | TS | TS | TS | TS | TS | TS | TS | S | S | S |
| TS | S | S | S | TS | TS | S | S | S | STS | STS | STS | STS | S | S | S | TS | TS | TS | S |
| TS | TS | SS | STS | S | TS | SS | S | TS | TS | TS | SS | S | TS | STS | SS | SS | S | SS | TS |
| TS | S | TS | S | S | TS | S | S | TS | S | S | S | S | S | TS | TS | S | S | S | S |
| S | S | SS | S | SS | SS | SS | SS | SS | STS | STS | STS | STS | S | SS | S | STS | STS | SS | SS |
| STS | TS | SS | S | SS | SS | TS | SS | TS | TS | TS | S | S | TS | STS | STS | SS | SS | S | TS |
| TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS |
| STS | TS | SS | S | SS | SS | S | SS | STS | TS | STS | STS | STS | STS | TS | STS | SS | TS | S | S |
| TS | SS | SS | TS | SS | TS | SS | STS | SS | STS | STS | STS | STS | STS | STS | S | TS | S | TS | SS |
| TS | TS | S | TS | SS | TS | S | S | SS | TS | S | STS | TS | TS | TS | S | TS | TS | S | S |
| S | S | S | S | S | TS | S | S | TS | S | TS | S | S | TS | S | S | TS | S | TS | TS |
| S | TS | TS | S | S | TS | S | S | S | TS | S | S | S | TS | TS | S | SS | S | S | TS |
| SS | S | SS | TS | SS | STS | SS | SS | SS | STS | TS | STS | STS | STS | TS | S | S | TS | TS | S |
| TS | TS | S | S | S | S | S | S | S | TS | S | S | S | S | TS | TS | S | TS | S | S |
| TS | SS | SS | S | S | S | S | SS | S | TS | TS | STS | TS | S | S | TS | S | TS | S | TS |
| STS | SS | SS | SS | SS | SS | TS | STS | SS | S | TS | TS | TS | S | S | S | TS | S | TS | SS |
| TS | S | S | TS | SS | S | S | S | S | TS | SS | TS | TS | TS | TS | S | S | TS | TS | S |
| STS | TS | SS | STS | SS | TS | STS | SS | SS | STS | STS | STS | STS | TS | TS | TS | TS | S | S | S |
| TS | SS | SS | S | S | S | S | S | S | TS | TS | STS | TS | S | S | S | TS | TS | TS | TS |
| TS | S | SS | TS | TS | SS | S | TS | TS | SS | TS | S | S | TS | TS | S | SS | S | TS | TS |
| TS | TS | SS | TS | SS | S | SS | SS | SS | TS | TS | TS | TS | S | TS | TS | TS | TS | TS | SS |
| TS | S | TS | TS | S | S | TS | S | S | S | S | TS | TS | TS | S | S | TS | TS | S | S |
| TS | S | SS | S | SS | S | S | SS | S | TS | STS | TS | TS | S | S | S | TS | TS | TS | TS |
| S | TS | SS | S | SS | S | SS | S | TS | S | TS | TS | S | SS | SS | S | TS | TS | S | TS |

| | | | | | | | | | | | | | |
|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|
| TS | SS | S | TS | STS | STS | STS | STS | S | STS | STS | SS | S | S |
| S | SS | S | S | TS | TS | TS | TS | S | S | TS | STS | S | S |
| TS | TS | TS | TS | S | S | S | SS | S | TS | TS | TS | STS | TS |
| TS | SS | S | STS | TS | TS | TS | TS | TS | TS | TS | S | TS | TS |
| TS | TS | S | TS | SS | SS | SS | SS | SS | SS | STS | STS | S | STS |
| TS | SS | TS | S | TS | S | S | S | S | S | TS | TS | STS | TS |
| TS | S | S | STS | STS | S | TS | S | S | TS | TS | S | TS | SS |
| S | TS | S | TS | S | TS | TS | S | S | TS | S | S | S | TS |
| TS | SS | TS | S | TS | TS | TS | TS | TS | TS | TS | S | SS | S |
| SS | TS | SS | TS | SS | S | TS | S | SS | SS | TS | TS | SS | SS |
| TS | S | S | TS | TS | TS | TS | TS | TS | TS | S | S | S | S |
| STS | S | TS | TS | S | S | S | S | S | S | TS | TS | STS | TS |
| TS | S | TS | TS | S | S | SS | S | S | S | S | STS | TS | STS |
| TS | TS | TS | TS | SS | TS | S | S | S | TS | S | S | S | S |
| S | S | S | STS | TS | TS | TS | TS | S | S | TS | TS | S | S |
| S | S | TS | S | S | S | S | S | S | TS | TS | TS | S | S |
| TS | TS | S | S | STS | STS | STS | TS | TS | TS | S | S | S | S |
| S | S | S | TS | S | S | S | S | S | S | S | S | S | S |
| TS | SS | S | SS | SS | SS | S | SS | S | SS | SS | SS | SS | SS |
| TS | S | TS | S | S | S | TS | TS | S | TS | TS | TS | TS | TS |
| TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS |
| TS | S | TS | TS | TS | S | SS | SS | SS | TS | TS | TS | TS | S |
| STS | SS | STS | SS | TS | STS | STS | STS | SS | STS | STS | S | SS | TS |
| STS | S | S | TS | S | TS | S | TS | S | S | S | S | TS | S |
| S | S | S | TS | S | TS | S | TS | S | S | TS | S | S | S |
| TS | S | TS | TS | S | S | TS | S | S | TS | S | TS | S | S |
| TS | SS | TS | TS | TS | TS | TS | S | S | S | SS | SS | S | S |
| TS | TS | S | S | TS | S | S | TS | S | S | S | S | STS | S |
| TS | S | TS | TS | S | S | S | S | S | S | TS | TS | STS | SS |
| STS | S | STS | S | SS | SS | SS | SS | SS | S | STS | STS | SS | STS |
| TS | STS | TS | S | S | S | S | SS | S | TS | TS | TS | S | TS |
| TS | S | TS | TS | S | TS | S | S | TS | TS | S | S | TS | S |
| TS | S | TS | S | S | S | S | S | S | S | TS | TS | TS | S |
| TS | TS | S | TS | TS | S | SS | TS | TS | TS | S | TS | TS | SS |
| TS | SS | TS | SS | SS | SS | SS | SS | SS | SS | TS | TS | TS | TS |
| TS | TS | S | S | S | S | S | S | S | S | TS | TS | TS | S |
| TS | S | S | TS | S | SS | S | S | SS | TS | TS | TS | TS | TS |
| S | S | S | S | SS | SS | S | S | TS | TS | TS | S | TS | STS |

| No. Item | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
|-------------|----|----|----|----|----|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|
| Jenis Aitem | UF | UF | UF | UF | UF | F | F | F | F | F | F | F | F | UF | UF | UF | UF | UF | F | F | F |
| 1 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 1 | 1 | 2 | 2 | 1 |
| 2 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 4 | 2 |
| 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 1 | 3 | 2 | 2 | 1 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 1 |
| 4 | 3 | 3 | 2 | 4 | 3 | 3 | 3 | 1 | 3 | 3 | 3 | 2 | 2 | 4 | 4 | 1 | 4 | 4 | 3 | 3 | 2 |
| 5 | 1 | 1 | 1 | 1 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 1 | 1 | 1 | 1 | 4 | 4 | 4 |
| 6 | 4 | 3 | 3 | 3 | 2 | 4 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 3 | 3 | 3 | 2 |
| 7 | 4 | 3 | 1 | 3 | 2 | 3 | 4 | 1 | 3 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 1 | 2 | 4 | 3 | 2 |
| 8 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 |
| 9 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 2 | 1 | 4 | 1 | 1 | 4 | 4 | 1 | 2 | 1 | 4 | 1 | 1 |
| 10 | 1 | 2 | 3 | 3 | 3 | 4 | 3 | 2 | 4 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 4 | 3 | 4 | 4 | 4 |
| 11 | 2 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 2 | 2 |
| 12 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 2 |
| 13 | 1 | 1 | 1 | 1 | 3 | 4 | 2 | 1 | 3 | 3 | 1 | 3 | 4 | 1 | 1 | 1 | 1 | 1 | 4 | 4 | 3 |
| 14 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 2 |
| 15 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 4 | 3 | 1 | 2 | 2 | 2 | 3 | 2 | 4 | 3 |
| 16 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 3 |
| 17 | 3 | 2 | 2 | 2 | 3 | 1 | 1 | 1 | 3 | 2 | 2 | 1 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 |
| 18 | 2 | 1 | 2 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 4 | 2 | 2 | 1 | 2 | 2 | 4 | 4 | 2 |
| 19 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 20 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 2 |
| 21 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 1 | 3 | 2 | 1 | 2 | 1 | 1 | 3 | 1 |
| 22 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 |
| 23 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 2 |
| 24 | 1 | 1 | 1 | 1 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 1 | 1 | 1 | 1 | 4 | 4 | 4 |
| 25 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 |
| 26 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 |
| 27 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 2 |
| 28 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 3 | 2 | 2 | 3 | 3 | 2 |
| 29 | 1 | 1 | 1 | 2 | 2 | 1 | 2 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 2 | 1 | 3 | 4 | 2 | 1 |
| 30 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 |
| 31 | 1 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 4 | 4 | 4 | 4 | 1 | 4 | 4 | 4 | 4 | 4 |
| 32 | 2 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 3 |
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| 34 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 |
| 35 | 1 | 1 | 3 | 4 | 3 | 4 | 4 | 1 | 3 | 4 | 2 | 3 | 3 | 4 | 3 | 3 | 2 | 2 | 4 | 4 | 2 |
| 36 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 |
| 37 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 1 |
| 38 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 4 | 4 | 4 | 4 | 2 |

| 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| F | F | UF | UF | UF | UF | F | F | F | UF | UF | UF | UF | F | F | F | UF | UF | UF | UF |
| 2 | 2 | 1 | 2 | 1 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 |
| 4 | 3 | 2 | 3 | 1 | 3 | 3 | 3 | 2 | 4 | 4 | 4 | 4 | 1 | 1 | 1 | 4 | 2 | 2 | 2 |
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| 4 | 4 | 1 | 1 | 1 | 1 | 4 | 4 | 4 | 1 | 1 | 1 | 1 | 4 | 4 | 4 | 1 | 1 | 1 | 1 |
| 3 | 3 | 3 | 4 | 2 | 2 | 1 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 2 | 2 |
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| 3 | 2 | 3 | 3 | 2 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 2 | 3 | 2 | 2 | 2 |
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| 2 | 3 | 1 | 2 | 1 | 2 | 2 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 2 | 2 | 3 | 2 | 3 | 2 |
| 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 2 |
| 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 3 | 2 | 1 | 2 | 3 | 3 | 4 | 2 | 3 | 3 |
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| 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 2 |
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| 1 | 2 | 1 | 1 | 1 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 1 | 3 | 1 | 1 |
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| 4 | 4 | 4 | 4 | 4 | 4 | 1 | 4 | 4 | 4 | 1 | 4 | 4 | 1 | 1 | 1 | 4 | 4 | 1 | 1 |
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| 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 |
| 3 | 4 | 2 | 2 | 1 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 1 | 2 | 3 | 3 | 2 | 2 | 1 |
| 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 3 |
| 1 | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 1 | 1 | 3 | 4 | 2 | 2 | 3 | 4 | 2 | 2 | 2 |
| 3 | 3 | 2 | 4 | 2 | 3 | 1 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 1 |

| 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 | 51 | 52 | 53 | 54 | 55 | Jumlah |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--------|
| F | F | F | UF | UF | UF | F | F | F | F | UF | UF | UF | UF | |
| 1 | 2 | 2 | 3 | 2 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 122 |
| 1 | 4 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 145 |
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| 2 | 2 | 3 | 3 | 1 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 126 |
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| No. Aitem | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|-------------|-----|----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Jenis Aitem | F | F | F | F | UF | UF | UF | UF | F | F | F | F | UF | UF | UF | UF | F | F | UF | UF | F | F | UF | UF | F | F | F | F | F | UF |
| 1 | SS | SS | SS | S | TS | TS | S | TS | SS | SS | STS | S | TS | TS | S | TS | S | S | TS | STS | TS | S | TS | TS | S | SS | S | S | S | TS |
| 2 | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | TS | S | SS | TS | TS | SS | TS | SS | SS | SS | TS | TS | TS | SS | SS | S | SS | SS |
| 3 | SS | SS | SS | SS | S | TS | S | TS | SS | TS | TS | S | STS | TS | TS | STS | TS | S | TS | TS | SS | S | TS | STS | SS | S | SS | S | S | S |
| 4 | SS | SS | SS | SS | TS | STS | S | STS | S | SS | S | SS | STS | STS | STS | S | TS | SS | STS | STS | S | S | TS | S | SS | S | S | SS | SS | STS |
| 5 | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS |
| 6 | SS | SS | S | S | S | STS | TS | S | SS | SS | TS | TS | STS | TS | S | S | S | TS | TS | STS | S | STS | SS | TS | TS | S | S | S | S | TS |
| 7 | S | TS | TS | S | S | TS | TS | TS | S | TS | TS | S | TS | S | SS | S | TS | TS | S | TS | TS | TS | S | S | STS | TS | S | TS | TS | S |
| 8 | TS | TS | TS | TS | TS | TS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS | STS |
| 9 | TS | SS | SS | SS | STS | STS | TS | TS | TS | SS | S | SS | STS | STS | STS | STS | SS | SS | STS | STS | SS | SS | STS | STS | SS | SS | SS | SS | SS | TS |
| 10 | S | TS | TS | TS | SS | STS | TS | S | SS | TS | TS | TS | SS | S | S | TS | TS | TS | TS | TS | S | STS | SS | S | TS | SS | TS | SS | SS | SS |
| 11 | SS | TS | S | S | S | TS | TS | TS | S | TS | TS | S | TS | S | TS | STS | TS | S | TS | TS | SS | TS | S | TS | S | SS | S | S | S | TS |
| 12 | S | SS | S | TS | SS | TS | TS | TS | SS | SS | TS | TS | STS | SS | SS | TS | SS | TS | STS | STS | SS | S | TS | TS | TS | S | S | TS | S | TS |
| 13 | SS | SS | SS | SS | SS | S | TS | SS | SS | SS | SS | SS | SS | SS | SS | TS | SS | S | S | TS | SS | TS | SS | S | SS | TS | S | S | STS | S |
| 14 | S | S | S | S | S | TS | TS | TS | S | S | TS | S | TS | S | S | S | TS | TS | TS | TS | TS | TS | S | TS | S | S | S | TS | TS | S |
| 15 | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS |
| 16 | S | S | TS | TS | S | S | S | S | TS | TS | TS | TS | S | S | S | S | TS | TS | S | TS | TS | TS | S | S | TS | TS | TS | TS | TS | S |
| 17 | TS | TS | TS | TS | TS | TS | TS | SS | STS | STS | STS | STS | SS | SS | SS | SS | TS | STS | SS | SS | STS | STS | SS | SS | STS | STS | SS | TS | S | TS |
| 18 | SS | SS | SS | SS | SS | SS | SS | SS | SS | S | S | S | S | S | S | S | STS | S | S | STS | S | S | STS | SS | STS | SS | SS | S | SS | S |
| 19 | S | S | TS | S | S | STS | TS | TS | S | TS | S | S | TS | TS | S | TS | TS | TS | S | TS | TS | S | TS | TS | S | S | S | S | S | TS |
| 20 | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | TS | S | S | TS | S | S | S | S |
| 21 | TS | S | TS | TS | SS | SS | SS | S | S | TS | STS | TS | TS | S | S | S | S | TS | S | SS | TS | STS | S | S | STS | STS | STS | STS | STS | SS |
| 22 | SS | SS | SS | SS | TS | TS | TS | TS | SS | S | S | SS | STS | TS | TS | STS | SS | SS | TS | TS | SS | SS | STS | STS | SS | SS | SS | SS | S | STS |
| 23 | TS | TS | TS | S | S | S | S | S | TS | TS | TS | S | TS | S | S | TS | TS | S | TS | TS | TS | S | S | STS | TS | S | TS | TS | S | |
| 24 | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS | SS |
| 25 | S | SS | S | S | SS | TS | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
| 26 | S | S | S | S | SS | TS | TS | TS | S | S | S | S | TS | TS | S | TS | S | S | TS | SS | S | S | TS | TS | TS | SS | S | S | TS | TS |
| 27 | S | SS | S | S | TS | TS | S | TS | TS | S | S | TS | S | TS | STS | TS | S | S | TS | S | TS | S | S | TS | S | S | S | TS | S | TS |
| 28 | S | S | TS | S | S | TS | S | TS | S | TS | TS | TS | TS | TS | S | TS | S | TS | TS | TS | S | S | S | TS | S | S | S | TS | S | S |
| 29 | SS | SS | S | SS | TS | STS | STS | STS | SS | S | TS | SS | STS | S | S | STS | TS | TS | SS | TS | SS | S | TS | TS | TS | SS | SS | SS | S | TS |
| 30 | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S | S |
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| 32 | SS | SS | S | SS | SS | STS | STS | S | SS | S | STS | STS | STS | SS | SS | STS | SS | STS | STS | STS | SS | STS | S | TS | SS | SS | SS | S | S | SS |
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| 35 | S | SS | S | S | S | TS | TS | S | SS | S | TS | S | TS | S | S | S | S | S | TS | STS | S | S | S | S | S | SS | SS | S | S | TS |
| 36 | S | S | S | TS | S | S | S | S | S | S | S | TS | TS | S | S | S | S | TS | S | S | S | S | TS | S | S | TS | S | S | TS | S |
| 37 | S | S | SS | SS | S | TS | STS | TS | STS | SS | S | SS | TS | S | S | STS | S | S | TS | S | SS | SS | TS | TS | STS | TS | S | S | S | S |
| 38 | SS | TS | S | TS | SS | STS | TS | TS | S | TS | STS | S | STS | TS | S | TS | STS | TS | STS | STS | S | TS | S | TS | S | S | SS | TS | S | S |

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 39 | S | S | SS | SS | TS | STS | TS | TS | SS | TS | TS | S | TS | STS | TS | STS | TS | S | TS | STS | SS | S | TS | STS | TS | SS | SS | S | SS | TS | |
| 40 | S | S | TS | S | TS | STS | S | TS | SS | TS | S | S | STS | TS | S | TS | SS | S | TS | S | SS | S | STS | TS | TS | S | S | SS | S | TS | |
| 41 | TS | STS | STS | STS | TS | SS | S | S | STS | STS | STS | STS | TS | S | SS | S | STS | STS | SS | S | STS | STS | STS | SS | STS | STS | STS | STS | STS | TS | |
| 42 | S | S | S | SS | TS | TS | TS | TS | S | S | S | S | TS | TS | TS | TS | SS | S | STS | TS | SS | SS | STS | S | S | SS | SS | SS | SS | SS | |
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| 44 | STS | TS | S | TS | S | S | S | S | TS | TS | STS | TS | TS | TS | TS | S | STS | TS | S | SS | TS | TS | TS | S | STS | STS | S | TS | STS | S | |
| 45 | TS | S | S | S | SS | S | S | TS | TS | S | TS | TS | S | SS | SS | TS | SS | STS | SS | STS | STS | S | STS | S | STS | STS | STS | TS | STS | S | |
| 46 | S | S | TS | S | S | TS | S | TS | TS | S | S | S | S | S | S | S | S | S | S | S | SS | S | S | TS | S | S | S | S | S | TS | S |
| 47 | SS | S | TS | TS | S | S | S | SS | SS | SS | TS | TS | TS | S | SS | SS | S | STS | S | TS | S | TS | SS | SS | STS | SS | S | TS | TS | SS | |
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| 49 | SS | SS | S | S | S | TS | STS | STS | S | S | SS | SS | STS | STS | TS | STS | SS | S | STS | TS | SS | S | TS | TS | SS | SS | S | S | SS | TS | |
| 50 | SS | SS | SS | S | S | STS | TS | STS | S | S | SS | S | TS | TS | STS | STS | SS | S | TS | TS | S | S | STS | TS | S | S | S | S | SS | TS | |
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| 52 | S | S | TS | TS | S | TS | S | TS | S | S | TS | S | TS | S | S | TS | TS | S | TS | TS | S | TS | TS | S | TS | TS | TS | TS | TS | S | |
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| 56 | SS | SS | SS | SS | TS | STS | STS | STS | SS | SS | SS | SS | STS | S | S | STS | SS | SS | STS | STS | SS | SS | STS | TS | SS | SS | TS | TS | SS | SS | |
| 57 | S | TS | S | S | S | TS | TS | TS | S | S | TS | S | S | S | S | TS | TS | S | S | STS | TS | S | S | S | S | S | S | S | S | S | S |
| 58 | TS | TS | TS | S | S | TS | S | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS | TS |
| 59 | SS | S | S | S | TS | STS | TS | TS | S | S | TS | S | TS | TS | TS | TS | S | TS | S | STS | S | S | TS | S | S | SS | TS | S | TS | S | |
| 60 | SS | SS | SS | SS | S | TS | TS | TS | S | S | TS | TS | TS | S | S | TS | SS | TS | TS | TS | S | TS | TS | S | TS | TS | S | TS | S | S | S |
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| 62 | S | S | SS | TS | S | TS | TS | S | S | S | TS | S | S | S | S | S | S | TS | S | S | S | S | TS | S | S | S | S | TS | S | S | S |
| 63 | S | S | TS | S | S | TS | S | S | TS | TS | TS | S | TS | S | S | TS | S | S | STS | TS | S | TS | S | TS | TS | TS | TS | STS | S | S | |
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| 70 | SS | SS | S | S | TS | TS | STS | STS | S | S | SS | S | TS | TS | TS | STS | SS | SS | STS | TS | S | S | TS | TS | S | S | S | S | SS | TS | |
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| 72 | SS | SS | SS | SS | SS | TS | S | TS | SS | SS | SS | SS | TS | TS | TS | TS | SS | SS | TS | TS | SS | SS | TS | S | SS | SS | SS | SS | SS | TS | |
| 73 | SS | SS | SS | SS | S | TS | TS | TS | SS | S | S | S | TS | TS | TS | TS | S | S | TS | TS | S | S | S | TS | S | S | S | S | SS | TS | |
| 74 | SS | SS | S | S | S | TS | TS | STS | S | SS | S | S | TS | TS | S | STS | S | S | TS | TS | STS | SS | STS | TS | S | S | S | S | S | TS | |
| 75 | S | S | S | S | TS | TS | TS | STS | SS | S | SS | SS | SS | S | S | TS | S | S | TS | S | S | S | TS | SS | S | TS | S | S | S | S | S |

| Jenis item | F | F | F | F | UF | UF | UF | UF | F | F | F | F | UF | UF | UF | UF | F | F | UF | UF | F | F | UF | UF | F | F | F | F | UF | | |
|------------|---|---|---|---|----|----|----|----|---|---|---|---|----|----|----|----|---|---|----|----|---|---|----|----|---|---|---|---|----|---|---|
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| 9 | 2 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | |
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| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| 68 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | | |
| 69 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 4 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 2 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 2 | 4 | 3 | 3 | 3 | 3 | | |
| 70 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | | |
| 71 | 4 | 4 | 4 | 3 | 2 | 1 | 1 | 2 | 3 | 4 | 3 | 4 | 1 | 2 | 2 | 1 | 4 | 3 | 1 | 1 | 4 | 3 | 2 | 1 | 4 | 4 | 4 | 4 | 4 | 1 | | |
| 72 | 4 | 4 | 4 | 4 | 1 | 3 | 2 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 3 | | |
| 73 | 4 | 4 | 4 | 4 | 2 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | | |
| 74 | 4 | 4 | 3 | 3 | 2 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 4 | 3 | 3 | 3 | 3 | 3 | 1 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | | |
| 75 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 1 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 1 | 3 | 2 | 3 | 3 | 3 | 2 | | |

Lampiran 5. Hasil Uji Validitas dan Reliabilitas Skala Kualitas Tidur

Uji Validitas

Putaran I

| Item-Total Statistics | | | | |
|-----------------------|-------------------------------|-----------------------------------|--------------------------------------|--|
| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 168.40 | 773.432 | .505 | .960 |
| VAR00002 | 168.48 | 778.334 | .228 | .961 |
| VAR00003 | 168.09 | 780.897 | .410 | .961 |
| VAR00004 | 168.33 | 775.036 | .468 | .961 |
| VAR00005 | 168.20 | 778.216 | .460 | .960 |
| VAR00006 | 167.73 | 779.333 | .506 | .960 |
| VAR00007 | 168.01 | 774.338 | .574 | .960 |
| VAR00008 | 167.73 | 775.144 | .656 | .960 |
| VAR00009 | 167.83 | 775.605 | .617 | .960 |
| VAR00010 | 167.49 | 776.388 | .628 | .960 |
| VAR00011 | 167.64 | 773.017 | .733 | .959 |
| VAR00012 | 168.07 | 780.333 | .575 | .960 |
| VAR00013 | 167.63 | 784.183 | .528 | .960 |
| VAR00014 | 167.91 | 783.167 | .546 | .960 |
| VAR00015 | 167.75 | 777.516 | .633 | .960 |
| VAR00016 | 167.85 | 771.451 | .739 | .959 |
| VAR00017 | 167.91 | 779.005 | .702 | .960 |
| VAR00018 | 168.03 | 791.486 | .326 | .961 |
| VAR00019 | 168.40 | 773.432 | .505 | .960 |
| VAR00020 | 168.48 | 778.334 | .428 | .961 |
| VAR00021 | 168.09 | 780.897 | .410 | .961 |
| VAR00022 | 168.33 | 775.036 | .468 | .961 |
| VAR00023 | 168.20 | 778.216 | .460 | .960 |
| VAR00024 | 167.73 | 779.333 | .506 | .960 |

| | | | | |
|----------|--------|---------|------|------|
| VAR00025 | 168.01 | 774.338 | .574 | .960 |
| VAR00026 | 167.73 | 775.144 | .656 | .960 |
| VAR00027 | 167.83 | 775.605 | .617 | .960 |
| VAR00028 | 167.49 | 776.388 | .628 | .960 |
| VAR00029 | 167.64 | 773.017 | .733 | .959 |
| VAR00030 | 168.07 | 780.333 | .575 | .960 |
| VAR00031 | 167.63 | 784.183 | .528 | .960 |
| VAR00032 | 167.91 | 783.167 | .546 | .960 |
| VAR00033 | 167.75 | 777.516 | .633 | .960 |
| VAR00034 | 167.85 | 771.451 | .739 | .959 |
| VAR00035 | 167.91 | 779.005 | .702 | .960 |
| VAR00036 | 168.03 | 791.486 | .326 | .961 |
| VAR00037 | 167.64 | 773.017 | .733 | .959 |
| VAR00038 | 168.07 | 780.333 | .575 | .960 |
| VAR00039 | 167.63 | 784.183 | .528 | .960 |
| VAR00040 | 167.91 | 783.167 | .546 | .960 |
| VAR00041 | 167.75 | 777.516 | .633 | .960 |
| VAR00042 | 167.85 | 771.451 | .739 | .959 |
| VAR00043 | 167.91 | 779.005 | .702 | .960 |
| VAR00044 | 168.03 | 791.486 | .226 | .961 |
| VAR00045 | 168.40 | 773.432 | .505 | .960 |
| VAR00046 | 168.48 | 778.334 | .428 | .961 |
| VAR00047 | 168.09 | 780.897 | .410 | .961 |
| VAR00048 | 168.33 | 775.036 | .468 | .961 |
| VAR00049 | 168.20 | 778.216 | .460 | .960 |
| VAR00050 | 167.73 | 779.333 | .506 | .960 |
| VAR00051 | 168.01 | 774.338 | .574 | .960 |
| VAR00052 | 167.73 | 775.144 | .656 | .960 |
| VAR00053 | 167.83 | 775.605 | .617 | .960 |
| VAR00054 | 167.49 | 776.388 | .628 | .960 |
| VAR00055 | 167.64 | 773.017 | .733 | .959 |

Putaran II

| Item-Total Statistics | | | | |
|------------------------------|-------------------------------|-----------------------------------|--------------------------------------|--|
| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 162.80 | 732.459 | .487 | .960 |
| VAR00003 | 162.49 | 738.740 | .407 | .961 |
| VAR00004 | 162.73 | 733.874 | .453 | .961 |
| VAR00005 | 162.60 | 735.946 | .461 | .960 |
| VAR00006 | 162.13 | 736.685 | .515 | .960 |
| VAR00007 | 162.41 | 732.705 | .565 | .960 |
| VAR00008 | 162.13 | 732.225 | .674 | .960 |
| VAR00009 | 162.23 | 732.853 | .630 | .960 |
| VAR00010 | 161.89 | 733.880 | .636 | .960 |
| VAR00011 | 162.04 | 730.552 | .743 | .959 |
| VAR00012 | 162.47 | 738.036 | .576 | .960 |
| VAR00013 | 162.03 | 741.351 | .540 | .960 |
| VAR00014 | 162.31 | 740.513 | .554 | .960 |
| VAR00015 | 162.15 | 734.748 | .646 | .960 |
| VAR00016 | 162.25 | 729.111 | .746 | .959 |
| VAR00017 | 162.31 | 736.405 | .712 | .960 |
| VAR00018 | 162.43 | 750.113 | .298 | .961 |
| VAR00019 | 162.80 | 732.459 | .487 | .960 |
| VAR00020 | 162.88 | 738.269 | .392 | .961 |
| VAR00021 | 162.49 | 738.740 | .407 | .961 |
| VAR00022 | 162.73 | 733.874 | .453 | .961 |
| VAR00023 | 162.60 | 735.946 | .461 | .960 |
| VAR00024 | 162.13 | 736.685 | .515 | .960 |
| VAR00025 | 162.41 | 732.705 | .565 | .960 |
| VAR00026 | 162.13 | 732.225 | .674 | .960 |
| VAR00027 | 162.23 | 732.853 | .630 | .960 |
| VAR00028 | 161.89 | 733.880 | .636 | .960 |
| VAR00029 | 162.04 | 730.552 | .743 | .959 |

| | | | | |
|----------|--------|---------|------|------|
| VAR00030 | 162.47 | 738.036 | .576 | .960 |
| VAR00031 | 162.03 | 741.351 | .540 | .960 |
| VAR00032 | 162.31 | 740.513 | .554 | .960 |
| VAR00033 | 162.15 | 734.748 | .646 | .960 |
| VAR00034 | 162.25 | 729.111 | .746 | .959 |
| VAR00035 | 162.31 | 736.405 | .712 | .960 |
| VAR00036 | 162.43 | 750.113 | .298 | .961 |
| VAR00037 | 162.04 | 730.552 | .743 | .959 |
| VAR00038 | 162.47 | 738.036 | .576 | .960 |
| VAR00039 | 162.03 | 741.351 | .540 | .960 |
| VAR00040 | 162.31 | 740.513 | .554 | .960 |
| VAR00041 | 162.15 | 734.748 | .646 | .960 |
| VAR00042 | 162.25 | 729.111 | .746 | .959 |
| VAR00043 | 162.31 | 736.405 | .712 | .960 |
| VAR00045 | 162.80 | 732.459 | .487 | .960 |
| VAR00046 | 162.88 | 738.269 | .392 | .961 |
| VAR00047 | 162.49 | 738.740 | .407 | .961 |
| VAR00048 | 162.73 | 733.874 | .453 | .961 |
| VAR00049 | 162.60 | 735.946 | .461 | .960 |
| VAR00050 | 162.13 | 736.685 | .515 | .960 |
| VAR00051 | 162.41 | 732.705 | .565 | .960 |
| VAR00052 | 162.13 | 732.225 | .674 | .960 |
| VAR00053 | 162.23 | 732.853 | .630 | .960 |
| VAR00054 | 161.89 | 733.880 | .636 | .960 |
| VAR00055 | 162.04 | 730.552 | .743 | .959 |

Uji Reliabilitas

Reliability Statistics

| Cronbach's Alpha | N of Items |
|---------------------|------------|
| .961 | 53 |

Lampiran 6. Hasil Uji Validitas dan Reliabilitas Skala Intensitas Penggunaan Game Online

Hasil Uji Validitas

Putaran I

| Item-Total Statistics | | | | |
|-----------------------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 79.61 | 184.727 | .581 | .913 |
| VAR00002 | 79.60 | 185.216 | .567 | .913 |
| VAR00003 | 79.79 | 182.792 | .629 | .912 |
| VAR00004 | 79.68 | 185.383 | .572 | .913 |
| VAR00005 | 80.79 | 190.846 | .295 | .916 |
| VAR00006 | 80.03 | 187.080 | .397 | .915 |
| VAR00007 | 80.31 | 187.243 | .404 | .915 |
| VAR00008 | 80.11 | 185.934 | .441 | .914 |
| VAR00009 | 79.71 | 187.291 | .405 | .915 |
| VAR00010 | 79.99 | 184.905 | .512 | .913 |
| VAR00011 | 80.28 | 183.853 | .524 | .913 |
| VAR00012 | 79.91 | 182.167 | .627 | .912 |
| VAR00013 | 80.05 | 187.267 | .349 | .916 |
| VAR00014 | 80.37 | 186.724 | .427 | .915 |
| VAR00015 | 80.60 | 183.811 | .523 | .913 |
| VAR00016 | 80.04 | 182.309 | .579 | .912 |
| VAR00017 | 79.91 | 188.248 | .334 | .916 |
| VAR00018 | 80.16 | 182.839 | .615 | .912 |
| VAR00019 | 80.21 | 183.521 | .532 | .913 |
| VAR00020 | 80.04 | 190.444 | .210 | .919 |
| VAR00021 | 79.85 | 180.262 | .647 | .911 |
| VAR00022 | 80.09 | 179.924 | .681 | .911 |
| VAR00023 | 80.20 | 187.216 | .377 | .916 |

| | | | | |
|----------|-------|---------|------|------|
| VAR00024 | 80.39 | 185.430 | .508 | .914 |
| VAR00025 | 80.24 | 179.996 | .615 | .912 |
| VAR00026 | 79.84 | 179.352 | .637 | .911 |
| VAR00027 | 79.83 | 186.037 | .471 | .914 |
| VAR00028 | 80.00 | 183.189 | .598 | .912 |
| VAR00029 | 79.92 | 182.129 | .588 | .912 |
| VAR00030 | 80.44 | 190.250 | .274 | .917 |

Putaran II

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item- Total Correlation | Cronbach's Alpha if Item Deleted |
|----------|-------------------------------|-----------------------------------|--------------------------------------|--|
| VAR00001 | 72.40 | 165.703 | .611 | .916 |
| VAR00002 | 72.39 | 166.132 | .600 | .916 |
| VAR00003 | 72.57 | 163.734 | .664 | .915 |
| VAR00004 | 72.47 | 166.441 | .597 | .916 |
| VAR00006 | 72.81 | 169.938 | .332 | .920 |
| VAR00007 | 73.09 | 169.788 | .351 | .920 |
| VAR00008 | 72.89 | 168.691 | .383 | .920 |
| VAR00009 | 72.49 | 167.983 | .439 | .919 |
| VAR00010 | 72.77 | 165.502 | .556 | .917 |
| VAR00011 | 73.07 | 164.387 | .571 | .917 |
| VAR00012 | 72.69 | 163.053 | .665 | .915 |
| VAR00013 | 72.84 | 169.839 | .301 | .921 |
| VAR00014 | 73.16 | 169.406 | .369 | .920 |
| VAR00015 | 73.39 | 166.484 | .474 | .918 |
| VAR00016 | 72.83 | 165.010 | .533 | .917 |
| VAR00017 | 72.69 | 168.864 | .367 | .920 |
| VAR00018 | 72.95 | 163.646 | .656 | .915 |
| VAR00019 | 73.00 | 165.946 | .495 | .918 |
| VAR00021 | 72.64 | 160.936 | .696 | .914 |

| | | | | |
|----------|-------|---------|------|------|
| VAR00022 | 72.88 | 160.972 | .715 | .914 |
| VAR00023 | 72.99 | 169.500 | .339 | .920 |
| VAR00024 | 73.17 | 167.848 | .463 | .918 |
| VAR00025 | 73.03 | 161.134 | .642 | .915 |
| VAR00026 | 72.63 | 160.643 | .659 | .915 |
| VAR00027 | 72.61 | 166.700 | .511 | .918 |
| VAR00028 | 72.79 | 164.170 | .629 | .916 |
| VAR00029 | 72.71 | 163.183 | .616 | .916 |

Uji Validitas

Reliability Statistics

| Cronbach's | |
|------------|------------|
| Alpha | N of Items |
| .920 | 27 |

Lampiran 7. Hasil Uji Normalitas

| Tests of Normality | | | | | | |
|--|---------------------------------|----|-------|--------------|----|-------|
| | Kolmogorov-Smirnov ^a | | | Shapiro-Wilk | | |
| | Statistic | df | Sig. | Statistic | df | Sig. |
| KUALITAS_TIDUR | 0,107 | 75 | 0,032 | 0,955 | 75 | 0,009 |
| a. Lilliefors Significance Correction | | | | | | |

Lampiran 8. Hasil Uji Linearitas

ANOVA Table

| | | Sum of Squares | df | Mean Square | F | Sig. |
|--|--------------------------|----------------|----|-------------|-------|-------|
| KUALITAS_TIDUR * INTENSITAS_GAME_ON LINE | (Combined) | 30783,420 | 40 | 769,586 | 1,017 | 0,483 |
| | Between Groups | 10,333 | 1 | 10,333 | 0,014 | 0,908 |
| | Linearity | 30773,087 | 39 | 789,054 | 1,043 | 0,453 |
| | Deviation from Linearity | 25723,167 | 34 | 756,564 | | |
| | Within Groups | 56506,587 | 74 | | | |
| Total | | | | | | |

Lampiran 9. Hasil Uji Spearman's Rho

| | | | Correlations | |
|-------------------|----------------------------|----------------------------|----------------------------|--------------------|
| | | | INTENSITAS_GAME _ONLINE | KUALITAS _TIDUR |
| Spearman's rho | INTENSITAS_GAME _ONLINE | Correlation Coefficient | 1,000 | -0,048 |
| | | Sig. (2-tailed) | . | 0,000 |
| | | N | 75 | 75 |
| | KUALITAS_TIDUR | Correlation Coefficient | -0,048 | 1,000 |
| | | Sig. (2-tailed) | 0,000 | . |
| | | N | 75 | 75 |

Lampiran 10. Hasil Analisis Deskriptif Variabel Kualitas Tidur dan Variabel Intensitas Penggunaan Game Online

Analisis Deskriptif Variabel Kualitas Tidur

| | | Kategorisasi | | | Cumulative |
|-------|--------|--------------|---------|---------------|------------|
| | | Frequency | Percent | Valid Percent | Percent |
| Valid | Rendah | 1 | 1,3 | 1,3 | 1,3 |
| | Sedang | 74 | 98,7 | 98,7 | 100,0 |
| | Total | 75 | 100,0 | 100,0 | |

Analisis Deskriptif Variabel Intensitas Penggunaan Game Online

| | | Kategorisasi | | | Cumulative |
|-------|--------|--------------|---------|---------------|------------|
| | | Frequency | Percent | Valid Percent | Percent |
| Valid | Rendah | 6 | 8,0 | 8,0 | 8,0 |
| | Sedang | 43 | 57,3 | 57,3 | 65,3 |
| | Tinggi | 26 | 34,7 | 34,7 | 100,0 |
| | Total | 75 | 100,0 | 100,0 | |