

**SELF-REALIZATION IN PAULO COELHO'S**  
***VERONICA DECIDES TO DIE***

**A THESIS**

**Presented in a Partial Fulfillment of the Requirements for  
Completing the Sarjana Degree in Department of English Literature**



**By :**

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**FAKULTAS ILMU BUDAYA  
UNIVERSITAS 17 AGUSTUS 1945 SURABAYA  
2022**

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This is to certify that the Sarjana Thesis of AGNES MILLENNIAWATI HIBUR entitled "SELF-REALIZATION IN PAULO COELHO'S VERONICA DECIDES TO DIE" has been approved by the thesis advisor for further approval by the Examining Committee

Surabaya, 04 July 2022

Advisor,

Drs. Y.B. Agung Prasaja, M.Hum.



## APPROVAL SHEET II

This is to certify that the Sarjana Thesis of **AGNES MILLENNIAWATI HIBUR** entitled "**SELF-REALIZATION IN PAULO COELHO'S VERONICA DECIDES TO DIE**" has been examined and approved by the thesis Examining Committee as the requirement for Sarjana Degree in English Literature

Surabaya, 04 July 2022

Thesis Examining Committee



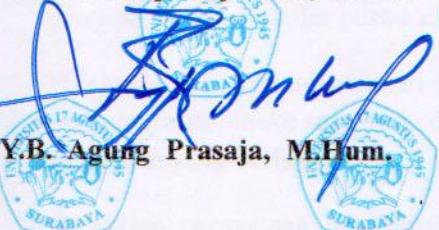
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## **MOTTO**

“ Whatever you are, be a good one”

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First and foremost, praise and gratitude I pray to the presence of God Almighty for all His blessings, I am able to complete the final thesis with the title "SELF-REALIZATION IN PAULO COELHO'S VERONICA DECIDES TO DIE" well and smoothly. This thesis presented in partial fulfillment of the requirements for completing the undergraduate in the Department of English Literature.

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At the end of the words, the writer realizes that this thesis is still far from perfect. Therefore, the writer hopes for criticism, suggestions, and input that can provide direction for improvement for the better. I hope this work can be useful for all of us.

Surabaya, 28<sup>th</sup> June 2022

**Agnes M. Hibur**

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## **ABSTRACT**

This thesis discusses the self-realization experienced by the characters in the novel Veronica Decides to Die by Paulo Coelho. Self-realization is a process of forming the complete personality of an individual, in the sense that an individual will undergo a realization about his life towards an awareness that will shape his personality. The problem that he raises in this research is about the forms of individual personality that will be related to the process of realization, the factors that can affect the process of realization, as well as the implications that are obtained as a result of the achievement of individual self-realization. The objectives of the research are to identify and analyze forms, factors, and implications of self-realization. In the process of analyzing this problem, the researcher uses three theories, The first theory is Analytical psychology by Carl Jung to analyze individual personality forms, Self-Actualization by Carl Rogers to analyze the factors that influence self-realization, and Hierarchy of needs by Maslow. to analyze the implications of the self-realization process of each individual. The research method used is the researcher used a psychological approach. The results of the analysis show that four characters experience self-realization in the novel, namely, Veronica, Zedka, Eduard, and Mary. They each have their reasons and get their realization targets. They were met in Villete, a mental hospital where they could carry out the realization process.

**Keywords :** *Self-Realization, Veronica Decides to Die, Villete.*