80

LAMPIRAN

Lampiran 1. Skala Penelitian

ANGKET PENELITIAN

Saya bersedia menjadi subjek dalam penelitian

Nama Lengkap **:**

NBI **:**

Jenis Kelamin **:**

Angkatan **:**

Program MBKM **:**

Petunjuk Pengisian Angket :

1. sebelum saudara/i menjawab daftar pertanyaan yang telah disiapkan, terlebih dahulu isi daftar identitas yang telah disediakan
2. saudara/i tidak perlu khawatir terhadap jawaban saudara/i, semua informasi yang saudara/i berikan bersifat rahasia dan akan digunakan sesuai kebutuhan dalam penelitian ini
3. jawablah peryataan-pertanyaan pada angket ini sesuai dengan keadaan diri saudara/i diminta untuk mengisi dengan jujur sesuai keadaan saudara/i yang sebenarnya

      STS : Sangat Tidak Setuju   TS : Tidak Setuju

      S : Setuju   SS : Sangat Setuju

Skala Kecemasan

No	Pertanyaan	SS	S	TS	STS
1.	Saya gelisah saat bertemu dengan orang baru				
2.	Saya berbicara dengan cepat saat berada disituasi yang tidak nyaman				
3.	Saya menghindari lingkungan yang membuat saya tidak nyaman				
4.	Saya mudah beradaptasi dengan kegiatan baru				
5.	Saya dapat menjalani kegiatan dengan baik meskipun tidak menyukai kegiatan tersebut				
6.	Saya dapat mengendalikan emosi dengan baik				
7.	Saya berhati-hati terhadap sesuatu yang baru saya pelajari				
8.	Saya tidak mudah percaya kepada orang lain				
9.	Saya selektif dalam memilih teman				
10.	Saya tidak memperdulikan pemikiran orang lain terhadap saya				
11.	Saya mudah bergaul dengan siapapun				
12.	Saya tenang ketika berada di lingkungan yang baru				
13.	Menurut saya daya ingat menurun saat mengikuti banyak kegiatan di kampus				
14.	Saya mudah lupa ketika sedang presentasi				

15.	Saya sulit fokus saat mengikuti banyak kegiatan				
16.	Saya mudah memahami materi yang disampaikan				
17.	Saya mampu mengerjakan lebih dari satu tugas secara bersamaan				
18.	Saya dapat menjawab pertanyaan sesuai dengan topik				
19.	Saya bermimpi buruk tentang situasi yang tidak sesuai dengan keinginan saya				
20.	Saya bermimpi buruk ketika terlalu banyak beban pikiran				
21.	Saya bermimpi tentang rencana saya yang dapat berjalan dengan lancar				
22.	Saya tidur dengan nyenyak ketika lelah mengerjakan tugas seharian				
23.	Saya tidak sabaran dalam menghadapi sesuatu				
24.	Saya mudah bersalah pada orang lain				
25.	Saya khawatir sesuatu yang tidak berjalan sesuai rencana				
26.	Saya tetap tenang ketika dihadapkan pada situasi yang baru				
27.	Saya tidak terlalu memikirkan jawaban saya yang salah				
28.	Saya tidak mudah gugup saat menghadapi situasi				

	baru				

Skala Penyesuaian Diri

No	Pertanyaan	SS	S	TS	STS
1.	Saya dapat mengendalikan perasaan dengan baik				
2.	Saya mengevaluasi diri saya sendiri				
3.	Saya mengenal diri saya dengan baik				
4.	Saya kurang bisa memahami diri saya dengan baik				
5.	Saya membandingkan diri saya dengan orang lain				
6.	Saya berandai-andai menjadi individu yang sempurna				
7.	Saya mengenali diri dengan baik				
8.	Saya orang yang paling paham tentang keadaan diri saya				
9	Saya tau keadaan yang membuat saya tidak nyaman				
10.	Saya sulit menemukan kekurangan yang ada pada diri saya				
11.	Tidak mudah bagi saya menjalani hidup ini				
12.	Saya kurang mencintai diri saya sendiri				
13.	Saya merespon sesuai dengan realistis yang ada				
14.	Saya membiasakan diri untuk realistis				
15.	Saya sulit mencapai presetasi bila membiasakan diri				

	menjadi realistis				
16.	Saya mengejar angan-angan walaupun saya tidak mempunyai kemamuan				
17.	Saya dapat mengendalikan emosi				
18	Saya berusaha berpikir positif terhadap segala hal yang terjadi				
19	Bukan hal yang mudah bagi saya mengontrol diri				
20	Tidak mudah bagi saya untuk bijak				
21	Saya mengembangkan diri dengan berbagai cara salah satunya berdiskusi				
22	Saya suka mempelajari skill baru untuk mengasah kemampuan saya				
23	Saya takut gagal sehingga saya cenderung tidak suka melakukan hal-hal baru				
24	Saya tidak percaya pada diri sendiri ketika saya mampu melakukannya				
25	Bagi saya yang penting mengerjakan, tidak perlu mencapai hasil				
26	Prestasi tidak perlu dicapai yang penting sudah berkontribusi				
27	Saya mudah puas dengan capaian apapun				
28	Saya terpacu menghasilkan sesuatu yang lebih baik lagi				

29	Saya berusaha mencapai yang terbaik				
30	Saya tidak mudah puas dengan hasil yang saya capai				

Skala Komunikasi Efektif

No	Pertanyaan	SS	S	TS	STS
1	Saya mampu menyampaikan informasi dengan baik				
2	Saya tidak bertele-tele dalam menyampaikan pesan				
3	Saya mampu menyampaikan pesan				
4	Tidak mudah bagi saya menjelaskan sesuatu hal pada orang lain				
5	Saya sulit merangkai kalimat dengan baik				
6	Saya kurang mampu memberikan informasi agar mudah dipahami oleh orang lain				
7	Saya memahami pesan yang diberikan				
8	Saya mampu fokus ketika menerima penjelasan				
9	Saya pendengar yang baik				
10	Saya mudah mengalihkan pembicaraan				
11	Terkadang saya bingung dengan penjelasan orang lain				
12	Saya membutuhkan penjelasan yang mendetail untuk memahami instruksi				
13	Saya mengunakan bahasa tubuh saat merespon.				
14	Saya aktif berpendapat di media sosial				
15	Saya bertukar pesan melalui media sosial				

16	Saya lebih menyukai berinteraksi secara langsung, menghindari medsos				
17	Saya hanya menikmati sosial media dengan melihat-lihat tanpa berkomentar				
18	Saya tidak dapat memahami pesan yang disampaikan dengan visual				
19	Saya memahami terlebih dahulu isi pesan yang akan saya sampaikan				
20	Saya berpikir sebelum berbicara				
21	Saya bertanya jika saya bingung dengan yang akan saya sampaikan				
22	Saya kurang mampu menggunakan bahasa yang baik dan benar				
23	Saya kurang bisa memahami perkataan orang lain				
24	Kadang penjelasan saya sulit dipahami				
25	Saya suka mengomentari hal-hal yang ada di pikiran saya				
26	Saya antusias untuk memberikan sebuah respon ketika teman saya bercerita				
27	Saya tau kapan saya akan memberikan respon ketika berbicara				
28	Saya tidak merespon lawan bicara				
29	Saya lebih suka memperhatikan gadget ketika				

	berbicara dengan lawan bicara				
30	Saya tidak pandai memberikan apresiasi terhadap lawan bicara				

Lampiran 2. Tabulasi Data Skala Kecemasan

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Lampiran 3. Tabulasi Data Skala Penyesuaian Diri

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Lampiran 4. Tabulasi Data Skala Komunikasi Efektif

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85	4	4	4	4	4	4	4	4	2	4	4	4	2	4	4	4	4	4
86	2	3	2	2	2	2	2	2	2	2	3	2	2	3	3	3	3	2
87	3	3	3	3	3	3	3	3	2	2	3	3	3	4	3	3	4	3
88	4	4	4	1	4	4	4	4	1	4	3	4	3	3	4	4	4	2
89	3	3	3	3	3	2	3	3	2	3	3	3	3	3	4	3	4	3
90	3	3	3	2	2	2	3	3	2	2	3	2	2	3	3	2	2	2
91	4	1	4	1	1	1	1	4	1	4	4	1	1	4	4	1	1	3
92	4	3	2	3	2	3	1	3	1	2	2	2	1	3	2	3	3	1

93	4	3	4	3	1	1	2	4	3	4	2	3	3	3	2	1	2	3
94	3	3	3	3	3	3	3	3	3	1	3	4	3	2	3	3	3	3
95	3	2	4	3	2	3	4	2	3	3	3	1	2	3	2	1	2	3
96	2	3	4	1	2	3	2	3	1	2	2	3	2	2	4	2	2	2
97	4	2	3	2	1	1	2	4	2	3	2	1	1	2	3	3	2	2
98	3	3	4	2	3	1	3	2	1	2	3	3	3	2	4	3	3	2
99	2	4	3	2	2	3	2	2	1	2	3	2	3	2	4	2	3	3
100	3	4	3	2	1	3	4	4	1	1	3	1	3	3	3	2	3	1
101	3	4	4	3	3	3	4	4	2	2	3	3	3	3	4	4	4	2
102	4	4	3	2	3	3	4	3	3	1	4	2	2	3	3	2	2	3
103	3	3	3	3	3	3	4	4	2	3	3	3	3	4	4	4	4	4
104	4	3	2	3	1	2	3	2	1	1	2	1	1	3	4	3	1	2
105	4	4	2	3	1	2	4	3	3	3	4	3	4	2	4	2	2	2
106	3	3	3	3	1	2	2	2	3	1	4	1	2	4	3	2	2	2
107	3	2	2	1	3	3	4	3	4	1	3	1	2	2	2	2	2	3
108	4	3	4	3	2	3	2	2	1	1	3	2	2	2	3	2	2	3
109	3	3	3	3	3	4	4	3	2	2	3	2	4	4	4	4	1	4
110	3	3	3	2	3	3	3	3	3	2	3	4	3	3	3	3	4	4
111	3	3	3	3	2	3	3	3	2	3	3	2	3	3	3	3	3	2

Lampiran 5. Uji Validitas dan Reliabilitas Skala Kecemasan

RELIABILITY

 /VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006 VAR00007 VAR00008 VAR00009

   VAR00010 VAR00011 VAR00012 VAR00013 VAR00014 VAR00015 VAR00016 VAR00017 VAR00018 VAR00019 VAR00020

   VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00027 VAR00028

 /SCALE('Koding 1') ALL

 /MODEL=ALPHA

 /SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 14:16:31
Comments		
Input	Active Dataset	DataSet5
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

116

Syntax		RELIABILITY
		/VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006 VAR00007 VAR00008 VAR00009
		VAR00010 VAR00011 VAR00012 VAR00013 VAR00014 VAR00015 VAR00016 VAR00017 VAR00018 VAR00019 VAR00020
		VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00027 VAR00028
		/SCALE('Koding 1') ALL
		/MODEL=ALPHA
		/SUMMARY=TOTAL.
Resources	Processor Time	00:00:00,02
	Elapsed Time	00:00:00,02

Scale: Koding 1

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excludeda	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,814	28

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted

118

VAR00001	65,8649	72,627	,521	,799
VAR00002	65,6577	74,700	,409	,805
VAR00003	65,0811	78,675	,121	,816
VAR00004	66,1171	73,868	,550	,800
VAR00005	66,1712	76,725	,329	,808
VAR00006	66,2793	77,512	,281	,810
VAR00007	64,8649	83,663	-,281	,826
VAR00008	65,0721	81,613	-,089	,824
VAR00009	65,1712	80,507	-,009	,821
VAR00010	65,9459	73,524	,409	,804
VAR00011	66,1081	72,206	,586	,797
VAR00012	65,9730	72,754	,529	,799
VAR00013	65,5495	77,213	,226	,812
VAR00014	65,5586	74,285	,452	,803
VAR00015	65,4324	75,575	,304	,809
VAR00016	66,0360	74,726	,477	,803
VAR00017	65,9730	74,263	,432	,804
VAR00018	66,2523	76,190	,461	,805
VAR00019	65,7027	72,265	,514	,799
VAR00020	65,4324	75,393	,311	,809
VAR00021	66,1081	77,370	,244	,811
VAR00022	66,2072	76,711	,241	,812

VAR00023	65,5135	76,834	,210	,814
VAR00024	65,3784	73,183	,446	,803
VAR00025	65,1261	73,984	,459	,803
VAR00026	66,0631	75,169	,406	,805
VAR00027	65,6667	76,188	,293	,810
VAR00028	65,8288	74,870	,394	,805

RELIABILITY

 /VARIABLES=VAR00001 VAR00002 VAR00004 VAR00005 VAR00010 VAR00011 VAR00012 VAR00014 VAR00015

   VAR00016 VAR00017 VAR00018 VAR00019 VAR00020 VAR00024 VAR00025 VAR00026 VAR00028

 /SCALE('Koding 2') ALL

 /MODEL=ALPHA

 /SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 14:17:19
Comments		
Input	Active Dataset	DataSet5
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

Syntax		RELIABILITY
		/VARIABLES=VAR00001 VAR00002 VAR00004 VAR00005 VAR00010 VAR00011 VAR00012 VAR00014 VAR00015
		VAR00016 VAR00017 VAR00018 VAR00019 VAR00020 VAR00024 VAR00025 VAR00026 VAR00028
		/SCALE('Koding 2') ALL
		/MODEL=ALPHA
		/SUMMARY=TOTAL.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00

Scale: Koding 2

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excludeda	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the
procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,850	18

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	39,8468	51,349	,551	,837
VAR00002	39,6396	53,778	,380	,845
VAR00004	40,0991	52,654	,562	,838
VAR00005	40,1532	55,458	,300	,848

VAR00010	39,9279	52,122	,433	,843
VAR00011	40,0901	50,992	,619	,834
VAR00012	39,9550	51,316	,572	,836
VAR00014	39,5405	52,523	,506	,840
VAR00015	39,4144	54,463	,280	,851
VAR00016	40,0180	53,291	,498	,841
VAR00017	39,9550	52,880	,450	,842
VAR00018	40,2342	54,926	,439	,844
VAR00019	39,6847	50,818	,561	,837
VAR00020	39,4144	53,918	,318	,849
VAR00024	39,3604	52,014	,456	,842
VAR00025	39,1081	53,243	,423	,843
VAR00026	40,0450	54,043	,388	,845
VAR00028	39,8108	53,355	,415	,844

RELIABILITY

  /VARIABLES=VAR00001 VAR00002 VAR00004 VAR00005 VAR00010 VAR00011 VAR00012 VAR00014 VAR00016

   VAR00017 VAR00018 VAR00019 VAR00020 VAR00024 VAR00025 VAR00026 VAR00028

 /SCALE('Koding 2') ALL

 /MODEL=ALPHA

/SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 14:17:36
Comments		
Input	Active Dataset	DataSet5
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.

	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.
Syntax		RELIABILITY /VARIABLES=VAR00001 VAR00002 VAR00004 VAR00005 VAR00010 VAR00011 VAR00012 VAR00014 VAR00016 VAR00017 VAR00018 VAR00019 VAR00020 VAR00024 VAR00025 VAR00026 VAR00028 /SCALE('Koding 2') ALL /MODEL=ALPHA /SUMMARY=TOTAL.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00

Scale: Koding 3

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excludedª	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,851	17

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	37,1261	47,238	,551	,838
VAR00002	36,9189	49,948	,345	,848
VAR00004	37,3784	48,637	,547	,839

VAR00005	37,4324	51,248	,294	,850
VAR00010	37,2072	48,020	,430	,845
VAR00011	37,3694	46,926	,617	,835
VAR00012	37,2342	47,199	,574	,837
VAR00014	36,8198	48,549	,489	,842
VAR00016	37,2973	49,084	,501	,841
VAR00017	37,2342	48,672	,453	,843
VAR00018	37,5135	50,543	,458	,844
VAR00019	36,9640	46,690	,565	,837
VAR00020	36,6937	49,578	,329	,850
VAR00024	36,6396	47,814	,462	,843
VAR00025	36,3874	48,712	,456	,843
VAR00026	37,3243	49,948	,376	,847
VAR00028	37,0901	48,992	,432	,844

RELIABILITY

  /VARIABLES=VAR00001 VAR00002 VAR00004 VAR00010 VAR00011 VAR00012 VAR00014 VAR00016 VAR00017

   VAR00018 VAR00019 VAR00020 VAR00024 VAR00025 VAR00026 VAR00028

 /SCALE('Koding 4') ALL

 /MODEL=ALPHA

 /SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 14:18:04
Comments		
Input	Active Dataset	DataSet5
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.

	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

Syntax		RELIABILITY
		
		  /VARIABLES=VAR00001 VAR00002 VAR00004 VAR00010 VAR00011 VAR00012 VAR00014 VAR00016 VAR00017
		
		    VAR00018 VAR00019 VAR00020 VAR00024 VAR00025 VAR00026 VAR00028
		
		  /SCALE('Koding 4') ALL
		
		  /MODEL=ALPHA
		
		  /SUMMARY=TOTAL.

Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00

Scale: Koding 4

130

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excluded^a	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the
procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,850	16

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	35,1441	44,252	,549	,837
VAR00002	34,9369	46,769	,353	,847
VAR00004	35,3964	45,696	,535	,839

VAR00010	35,2252	45,158	,415	,845
VAR00011	35,3874	44,021	,608	,834
VAR00012	35,2523	44,263	,567	,836
VAR00014	34,8378	45,428	,496	,840
VAR00016	35,3153	46,054	,497	,840
VAR00017	35,2523	45,609	,455	,842
VAR00018	35,5315	47,433	,458	,843
VAR00019	34,9820	43,654	,569	,836
VAR00020	34,7117	46,334	,342	,849
VAR00024	34,6577	44,591	,479	,841
VAR00025	34,4054	45,789	,443	,843
VAR00026	35,3423	46,991	,362	,847
VAR00028	35,1081	45,843	,440	,843

Lampiran 6. Uji Validitas dan Reliabilitas Skala Penyesuaian Diri

Warning # 849 in column 23. Text: in_ID

The LOCALE subcommand of the SET command has an invalid parameter. It could

not be mapped to a valid backend locale.

RELIABILITY

 /VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006
VAR00007 VAR00008 VAR00009

   VAR00010 VAR00011 VAR00012 VAR00013 VAR00014 VAR00015 VAR00016
VAR00017 VAR00018 VAR00019 VAR00020

   VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00027
VAR00028 VAR00029 VAR00030

 /SCALE('koding 1') ALL

 /MODEL=ALPHA

 /SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 17:37:13
Comments		
Input	Active Dataset	DataSet0
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

Syntax		RELIABILITY
		/VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006 VAR00007 VAR00008 VAR00009
		VAR00010 VAR00011 VAR00012 VAR00013 VAR00014 VAR00015 VAR00016 VAR00017 VAR00018 VAR00019 VAR00020
		VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00027 VAR00028 VAR00029 VAR00030
		/SCALE('koding 1') ALL
		/MODEL=ALPHA
		/SUMMARY=TOTAL.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,01

[DataSet0]

Scale: koding 1

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excluded^a	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,792	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	77,4685	71,760	,363	,784
VAR00002	77,3423	71,827	,387	,784
VAR00003	77,6306	69,544	,480	,779
VAR00004	77,9459	68,452	,451	,779
VAR00005	78,1171	66,541	,582	,772
VAR00006	78,5495	68,904	,395	,781
VAR00007	77,6036	69,060	,549	,776
VAR00008	77,5405	69,269	,514	,778
VAR00009	77,3063	72,196	,315	,786
VAR00010	77,7838	69,916	,369	,783
VAR00011	78,5315	67,979	,492	,777
VAR00012	77,8559	65,288	,589	,770
VAR00013	77,4234	72,883	,261	,788
VAR00014	77,3694	72,581	,315	,786
VAR00015	77,9279	71,649	,274	,787
VAR00016	78,3514	71,975	,223	,790
VAR00017	77,4955	70,816	,386	,783
VAR00018	77,3604	70,233	,446	,781

VAR00019	78,1351	68,554	,487	,777
VAR00020	78,0631	67,114	,589	,772
VAR00021	77,3694	72,617	,272	,788
VAR00022	77,4505	70,523	,443	,781
VAR00023	77,9550	67,607	,511	,776
VAR00024	78,0180	67,763	,457	,778
VAR00025	78,1351	77,627	-,175	,807
VAR00026	78,1532	79,913	-,313	,815
VAR00027	78,0991	75,945	-,058	,803
VAR00028	78,7838	80,135	-,436	,811
VAR00029	78,9640	79,690	-,366	,810
VAR00030	78,2523	72,045	,208	,791

RELIABILITY

  /VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006 VAR00007 VAR00008 VAR00009

    VAR00010 VAR00011 VAR00012 VAR00014 VAR00017 VAR00018 VAR00019 VAR00020 VAR00022 VAR00023 VAR00024

  /SCALE('koding 2') ALL

  /MODEL=ALPHA

  /SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 17:40:56
Comments		
Input	Active Dataset	DataSet0
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

Syntax		RELIABILITY
		/VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006 VAR00007 VAR00008 VAR00009
		VAR00010 VAR00011 VAR00012 VAR00014 VAR00017 VAR00018 VAR00019 VAR00020 VAR00022 VAR00023 VAR00024
		/SCALE('koding 2') ALL
		/MODEL=ALPHA
		/SUMMARY=TOTAL.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,04

Scale: koding 2

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excluded^a	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,877	20

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	53,0721	68,649	,376	,875
VAR00002	52,9459	68,488	,425	,873
VAR00003	53,2342	65,690	,561	,869

VAR00004	53,5495	64,995	,490	,871
VAR00005	53,7207	64,403	,526	,870
VAR00006	54,1532	66,149	,382	,876
VAR00007	53,2072	65,820	,578	,869
VAR00008	53,1441	66,161	,529	,870
VAR00009	52,9099	69,155	,319	,876
VAR00010	53,3874	66,185	,428	,873
VAR00011	54,1351	65,391	,467	,872
VAR00012	53,4595	61,360	,663	,864
VAR00014	52,9730	69,463	,327	,876
VAR00017	53,0991	67,563	,411	,874
VAR00018	52,9640	66,999	,471	,872
VAR00019	53,7387	65,886	,466	,872
VAR00020	53,6667	64,188	,591	,867
VAR00022	53,0541	66,724	,523	,870
VAR00023	53,5586	63,903	,570	,868
VAR00024	53,6216	64,219	,500	,871

Lampiran 7. Uji Validitas dan Reliabilitas Skala Komunikasi Efektif

RELIABILITY

 /VARIABLES=VAR00019 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00027

  VAR00028 VAR00029 VAR00030 VAR00031 VAR00032 VAR00033 VAR00034 VAR00035 VAR00036 VAR00037 VAR00038

  VAR00039 VAR00040 VAR00041 VAR00042 VAR00043 VAR00044 VAR00045 VAR00046 VAR00047 VAR00048

 /SCALE('koding 1') ALL

 /MODEL=ALPHA

 /SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 14:10:09
Comments		
Input	Active Dataset	DataSet4
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

144

Syntax		RELIABILITY
		/VARIABLES=VAR00019 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00027
		VAR00028 VAR00029 VAR00030 VAR00031 VAR00032 VAR00033 VAR00034 VAR00035 VAR00036 VAR00037 VAR00038
		VAR00039 VAR00040 VAR00041 VAR00042 VAR00043 VAR00044 VAR00045 VAR00046 VAR00047 VAR00048
		/SCALE('koding 1') ALL
		/MODEL=ALPHA
		/SUMMARY=TOTAL.
Resources	Processor Time	00:00:00,02
	Elapsed Time	00:00:00,02

Scale: koding 1

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excluded[a]	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the
procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,822	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted

VAR00019	81,4865	80,398	,407	,815
VAR00020	81,5135	79,252	,466	,812
VAR00021	81,3694	80,781	,432	,814
VAR00022	81,9730	77,808	,487	,811
VAR00023	81,9910	76,518	,552	,808
VAR00024	81,8108	77,591	,537	,809
VAR00025	81,4054	80,298	,480	,813
VAR00026	81,4324	80,357	,490	,813
VAR00027	81,0811	82,602	,269	,819
VAR00028	81,9910	82,336	,187	,823
VAR00029	82,3604	79,724	,394	,815
VAR00030	82,4324	81,357	,279	,819
VAR00031	81,5856	83,536	,147	,824
VAR00032	82,2883	85,916	-,033	,832
VAR00033	81,3874	82,112	,303	,818
VAR00034	82,4775	88,252	-,181	,836
VAR00035	82,6126	81,058	,267	,820
VAR00036	81,8288	79,270	,429	,813
VAR00037	81,2793	81,876	,402	,816
VAR00038	81,2523	82,518	,289	,819
VAR00039	81,3423	84,209	,123	,824
VAR00040	82,0360	77,308	,513	,810

VAR00041	81,7928	78,802	,477	,812
VAR00042	82,1802	81,404	,299	,818
VAR00043	81,7387	86,286	-,053	,832
VAR00044	81,3784	80,092	,511	,812
VAR00045	81,1892	81,791	,384	,816
VAR00046	81,3604	78,378	,516	,810
VAR00047	81,3063	79,487	,393	,815
VAR00048	81,5315	78,851	,441	,813

RELIABILITY

 /VARIABLES=VAR00019 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00029

  VAR00033 VAR00036 VAR00037 VAR00040 VAR00041 VAR00044 VAR00045 VAR00046 VAR00047 VAR00048

 /SCALE('koding 2') ALL

 /MODEL=ALPHA

 /SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 14:13:29
Comments		
Input	Active Dataset	DataSet4
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

Syntax		RELIABILITY
		/VARIABLES=VAR00019 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00029
		VAR00033 VAR00036 VAR00037 VAR00040 VAR00041 VAR00044 VAR00045 VAR00046 VAR00047 VAR00048
		/SCALE('koding 2') ALL
		/MODEL=ALPHA
		/SUMMARY=TOTAL.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00

Scale: koding 2

Case Processing Summary

150

		N	%
Cases	Valid	111	100,0
	Excluded[a]	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,861	19

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00019	52,6216	54,056	,421	,856
VAR00020	52,6486	53,048	,486	,854
VAR00021	52,5045	54,616	,423	,856
VAR00022	53,1081	51,734	,514	,852

VAR00023	53,1261	50,420	,600	,848
VAR00024	52,9459	51,488	,572	,850
VAR00025	52,5405	54,051	,490	,854
VAR00026	52,5676	54,339	,473	,855
VAR00029	53,4955	53,925	,368	,859
VAR00033	52,5225	55,688	,295	,861
VAR00036	52,9640	54,053	,359	,859
VAR00037	52,4144	55,409	,407	,857
VAR00040	53,1712	51,307	,541	,851
VAR00041	52,9279	52,740	,490	,853
VAR00044	52,5135	54,052	,502	,854
VAR00045	52,3243	55,439	,376	,858
VAR00046	52,4955	52,507	,519	,852
VAR00047	52,4414	53,176	,414	,857
VAR00048	52,6667	52,224	,500	,853

RELIABILITY

  /VARIABLES=VAR00019 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024
VAR00025 VAR00026 VAR00029

   VAR00036 VAR00037 VAR00040 VAR00041 VAR00044 VAR00045 VAR00046
VAR00047 VAR00048

 /SCALE('koding 3') ALL

/MODEL=ALPHA

/SUMMARY=TOTAL.

Reliability

Notes

Output Created		04-JUL-2022 14:13:58
Comments		
Input	Active Dataset	DataSet4
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
	Matrix Input	

Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on all cases with valid data for all variables in the procedure.

Syntax		RELIABILITY
		
		  /VARIABLES=VAR00019 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00029
		
		  VAR00036 VAR00037 VAR00040 VAR00041 VAR00044 VAR00045 VAR00046 VAR00047 VAR00048
		
		  /SCALE('koding 3') ALL
		
		  /MODEL=ALPHA
		
		  /SUMMARY=TOTAL.

Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00

Scale: koding 3

Case Processing Summary

		N	%
Cases	Valid	111	100,0
	Excluded[a]	0	,0
	Total	111	100,0

a. Listwise deletion based on all variables in the
procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
,861	18

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted

VAR00019	49,4775	50,870	,420	,856
VAR00020	49,5045	49,816	,492	,853
VAR00021	49,3604	51,396	,423	,855
VAR00022	49,9640	48,671	,508	,852
VAR00023	49,9820	47,200	,611	,847
VAR00024	49,8018	48,360	,573	,849
VAR00025	49,3964	50,841	,491	,853
VAR00026	49,4234	51,192	,466	,854
VAR00029	50,3514	50,685	,372	,858
VAR00036	49,8198	50,967	,348	,859
VAR00037	49,2703	52,344	,384	,857
VAR00040	50,0270	48,008	,556	,849
VAR00041	49,7838	49,498	,497	,852
VAR00044	49,3694	50,962	,490	,853
VAR00045	49,1802	52,313	,362	,858
VAR00046	49,3514	49,303	,524	,851
VAR00047	49,2973	49,865	,425	,856
VAR00048	49,5225	49,143	,494	,852

Lampiran 8. Uji Normalitas Variabel Penyesuaian Diri dengan Kecemasan

Warning # 849 in column 23. Text: in_ID

The LOCALE subcommand of the SET command has an invalid parameter. It could

not be mapped to a valid backend locale.

GET

  FILE='C:\Users\USER\Downloads\Uji Normalitas.sav'.

DATASET NAME DataSet1 WINDOW=FRONT.

GET

  FILE='C:\Users\USER\Downloads\Uji Non parametrik.sav'.

DATASET NAME DataSet2 WINDOW=FRONT.

REGRESSION

  /MISSING LISTWISE

  /STATISTICS COEFF OUTS R ANOVA

  /CRITERIA=PIN(.05) POUT(.10)

  /NOORIGIN

  /DEPENDENT Kecemasan

  /METHOD=ENTER Penyesuaian_Diri

/SAVE RESID.

Regression

Notes

Output Created		06-JUL-2022 14:33:54
Comments		
Input	Data	C:\Users\USER\Downloads\Uji Non parametrik.sav
	Active Dataset	DataSet2
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111

158

Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax		REGRESSION /MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT Kecemasan /METHOD=ENTER Penyesuaian_Diri /SAVE RESID.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,02
	Memory Required	2400 bytes
	Additional Memory Required for Residual Plots	0 bytes
Variables Created or Modified	RES_1	Unstandardized Residual

[DataSet2] C:\Users\USER\Downloads\Uji Non parametrik.sav

Variables Entered/Removed[a]

Model	Variables Entered	Variables Removed	Method
1	Penyesuaian_Di ri[b]	.	Enter

a. Dependent Variable: Kecemasan

b. All requested variables entered.

Model Summary[b]

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,698[a]	,487	,482	5,139

a. Predictors: (Constant), Penyesuaian_Diri

b. Dependent Variable: Kecemasan

ANOVAᵃ

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	2729,327	1	2729,327	103,356	,000ᵇ
	Residual	2878,367	109	26,407		
	Total	5607,694	110			

a. Dependent Variable: Kecemasan

b. Predictors: (Constant), Penyesuaian_Diri

Coefficientsᵃ

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	72,043	3,435		20,974	,000
	Penyesuaian_Diri	-,474	,047	-,698	-10,166	,000

a. Dependent Variable: Kecemasan

Residuals Statistics^a

	Minimum	Maximum	Mean	Std. Deviation	N
Predicted Value	23,69	48,82	37,48	4,981	111
Residual	-13,335	11,931	,000	5,115	111
Std. Predicted Value	-2,767	2,276	,000	1,000	111
Std. Residual	-2,595	2,322	,000	,995	111

a. Dependent Variable: Kecemasan

NPAR TESTS

/K-S(NORMAL)=RES_1

/MISSING ANALYSIS.

NPar Tests

Notes

Output Created		06-JUL-2022 14:35:21
Comments		
Input	Data	C:\Users\USER\Downloads\Uji Non parametrik.sav
	Active Dataset	DataSet2
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics for each test are based on all cases with valid data for the variable(s) used in that test.
Syntax		NPAR TESTS /K-S(NORMAL)=RES_1 /MISSING ANALYSIS.
Resources	Processor Time	00:00:00,02
	Elapsed Time	00:00:00,02
	Number of Cases Allowed[a]	786432

a. Based on availability of workspace memory.

One-Sample Kolmogorov-Smirnov Test

		Unstandardized Residual
N		111
Normal Parameters[a,b]	Mean	,0000000
	Std. Deviation	5,11536628
Most Extreme Differences	Absolute	,054
	Positive	,045
	Negative	-,054
Test Statistic		,054
Asymp. Sig. (2-tailed)		,200[c,d]

a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

d. This is a lower bound of the true significance.

Lampiran 9. Uji Normalitas Variabel Komunikasi Efektif dengan Kecemasan

NPAR TESTS

 /K-S(NORMAL)=RES_1

 /MISSING ANALYSIS.

NPar Tests

Notes

Output Created		06-JUL-2022 14:39:54
Comments		
Input	Active Dataset	DataSet0
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics for each test are based on all cases with valid data for the variable(s) used in that test.

Syntax		NPAR TESTS
		/K-S(NORMAL)=RES_1
		/MISSING ANALYSIS.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00
	Number of Cases Allowed[a]	786432

a. Based on availability of workspace memory.

One-Sample Kolmogorov-Smirnov Test

		Unstandardized Residual
N		111
Normal Parameters[a,b]	Mean	,0000000
	Std. Deviation	5,95238664
Most Extreme Differences	Absolute	,071
	Positive	,038
	Negative	-,071
Test Statistic		,071
Asymp. Sig. (2-tailed)		,200[c,d]

a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

d. This is a lower bound of the true significance.

Lampiran 10. Uji Linieritas

MEANS TABLES=Kecemasan BY Penyesuaian_Diri Komunikasi_Efektif

 /CELLS=MEAN COUNT STDDEV

 /STATISTICS LINEARITY.

Means

Notes

Output Created		05-JUL-2022 23:49:00
Comments		
Input	Active Dataset	DataSet0
	Filter	<none>
	Weight	<none>
	Split File	<none>

	N of Rows in Working Data File	111
Missing Value Handling	Definition of Missing	For each dependent variable in a table, user-defined missing values for the dependent and all grouping variables are treated as missing.
	Cases Used	Cases used for each table have no missing values in any independent variable, and not all dependent variables have missing values.

Syntax		MEANS TABLES=Kecemasan BY Penyesuaian_Diri Komunikasi_Efektif
		
		  /CELLS=MEAN COUNT STDDEV
		
		  /STATISTICS LINEARITY.

Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00

Case Processing Summary

Cases

	Included		Excluded		Total	
	N	Percent	N	Percent	N	Percent
Kecemasan * Penyesuaian_Diri	111	100,0%	0	0,0%	111	100,0%
Kecemasan * Komunikasi_Efektif	111	100,0%	0	0,0%	111	100,0%

Kecemasan * Penyesuaian_Diri

Report

Kecemasan

Penyesuaian_Diri	Mean	N	Std. Deviation
49	51,00	1	.
51	53,00	1	.
54	34,00	1	.
55	45,00	1	.
56	43,00	1	.
59	43,25	4	4,992

60	43,00	2	7,071
61	38,00	1	.
62	44,33	3	4,619
63	35,00	1	.
64	45,67	3	2,082
65	40,86	7	4,880
66	40,60	5	2,510
67	37,71	7	3,498
68	37,33	3	1,528
69	39,00	4	10,488
70	40,50	4	2,646
71	42,00	3	3,000
72	38,50	6	6,892
73	39,75	4	2,500
74	42,33	3	5,508
75	36,00	3	5,568
76	34,22	9	4,147
77	31,50	2	3,536
78	40,60	5	5,857
79	32,00	4	2,449
80	34,50	4	4,359
81	32,00	1	.

82	38,33	3	7,234
83	31,50	2	7,778
85	37,00	2	1,414
86	31,00	1	.
89	27,00	1	.
92	29,50	2	,707
94	25,00	1	.
97	21,50	2	7,778
98	23,00	2	7,071
101	17,00	1	.
102	26,00	1	.
Total	37,48	111	7,140

ANOVA Table

			Sum of Squares	df
Kecemasan * Penyesuaian_Diri	Between Groups	(Combined)	3797,119	38
		Linearity	2729,327	1
		Deviation from Linearity	1067,792	37
	Within Groups		1810,575	72
	Total		5607,694	110

ANOVA Table

			Mean Square	F
Kecemasan * Penyesuaian_Diri	Between Groups	(Combined)	99,924	3,974
		Linearity	2729,327	108,535
		Deviation from Linearity	28,859	1,148
	Within Groups		25,147	
	Total			

ANOVA Table

			Sig.
Kecemasan * Penyesuaian_Diri	Between Groups	(Combined)	,000
		Linearity	,000
		Deviation from Linearity	,304
	Within Groups		
	Total		

Measures of Association

	R	R Squared	Eta	Eta Squared
Kecemasan * Penyesuaian_Diri	-,698	,487	,823	,677

Kecemasan * Komunikasi_Efektif

Report

Kecemasan

Komunikasi_Efektif	Mean	N	Std. Deviation
37	46,00	1	.
39	35,00	1	.
40	40,67	3	9,074
41	46,00	3	6,083
42	42,33	3	4,509
43	32,50	2	9,192
44	39,60	5	8,264
45	36,50	2	3,536

46	42,00	5	5,000
47	42,00	3	5,196
48	41,00	2	2,828
49	43,80	5	2,168
50	38,44	9	5,940
51	39,60	5	3,782
52	40,91	11	3,754
53	38,17	6	2,639
54	35,43	7	10,374
55	38,00	6	4,561
56	37,00	4	8,756
57	33,60	5	5,727
58	30,67	3	2,082
59	35,00	3	2,646
60	33,00	1	.
61	44,00	2	4,243
62	31,67	3	4,041
63	25,00	1	.
64	33,00	1	.
66	22,50	2	7,778
67	30,00	1	.
68	28,50	2	2,121

69	26,50	2	,707
70	24,00	2	8,485
Total	37,48	111	7,140

ANOVA Table

			Sum of Squares	df
Kecemasan * Komunikasi_Efektif	Between Groups	(Combined)	2940,448	31
		Linearity	1710,294	1
		Deviation from Linearity	1230,154	30
	Within Groups		2667,246	79
	Total		5607,694	110

ANOVA Table

			Mean Square	F
Kecemasan * Komunikasi_Efektif	Between Groups	(Combined)	94,853	2,809
		Linearity	1710,294	50,656
		Deviation from Linearity	41,005	1,215
	Within Groups		33,763	

					Total		

ANOVA Table

			Sig.
Kecemasan * Komunikasi_Efektif	Between Groups	(Combined)	,000
		Linearity	,000
		Deviation from Linearity	,244
	Within Groups		
	Total		

Measures of Association

	R	R Squared	Eta	Eta Squared
Kecemasan * Komunikasi_Efektif	-,552	,305	,724	,524

Lampiran 11. Uji Multikolinieritas

REGRESSION

 /MISSING LISTWISE

 /STATISTICS COLLIN TOL

 /CRITERIA=PIN(.05) POUT(.10)

 /NOORIGIN

 /DEPENDENT Kecemasan

 /METHOD=ENTER Penyesuaian_Diri Komunikasi_Efektif.

Regression

Notes

Output Created	05-JUL-2022 23:53:37

Comments		
Input	Active Dataset	DataSet0
	Filter	\<none>
	Weight	\<none>
	Split File	\<none>
	N of Rows in Working Data File	111
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax		REGRESSION /MISSING LISTWISE /STATISTICS COLLIN TOL /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT Kecemasan /METHOD=ENTER Penyesuaian_Diri Komunikasi_Efektif.
Resources	Processor Time	00:00:00,00
	Elapsed Time	00:00:00,00
	Memory Required	2896 bytes

Additional Memory Required for Residual Plots	0 bytes

Variables Entered/Removed[a]

Model	Variables Entered	Variables Removed	Method
1	Komunikasi_Efektif, Penyesuaian_Diri[b]	.	Enter

a. Dependent Variable: Kecemasan

b. All requested variables entered.

Coefficients[a]

Model		Collinearity Statistics	
		Tolerance	VIF
1	Penyesuaian_Diri	,458	2,183
	Komunikasi_Efektif	,458	2,183

a. Dependent Variable: Kecemasan

Collinearity Diagnostics^a

Mode l	Dimensio n	Eigenvalu e	Conditio n Index	Variance Proportions		
				(Constant)	Penyesuaian_Di ri	Komunikasi_Efekti f
1	1	2,983	1,000	,00	,00	,00
	2	,012	16,062	1,00	,15	,12
	3	,005	23,866	,00	,85	,88

a. Dependent Variable: Kecemasan

Lampiran 12. Heterokedastisitas

REGRESSION

 /MISSING LISTWISE

 /STATISTICS COLLIN TOL

 /CRITERIA=PIN(.05) POUT(.10)

 /NOORIGIN

 /DEPENDENT Kecemasan

 /METHOD=ENTER Penyesuaian_Diri Komunikasi_Efektif

 /SAVE RESID.

Regression

Notes

Output Created		05-JUL-2022 23:57:38
Comments		
Input	Active Dataset	DataSet0
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.
Syntax		REGRESSION /MISSING LISTWISE /STATISTICS COLLIN TOL /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT Kecemasan /METHOD=ENTER Penyesuaian_Diri Komunikasi_Efektif /SAVE RESID.
Resources	Processor Time	00:00:00,00

	Elapsed Time	00:00:00,08
	Memory Required	2912 bytes
	Additional Memory Required for Residual Plots	0 bytes
Variables Created or Modified	RES_1	Unstandardized Residual

Variables Entered/Removed[a]

Model	Variables Entered	Variables Removed	Method
1	Komunikasi_Efe ktif, Penyesuaian_Di ri[b]	.	Enter

a. Dependent Variable: Kecemasan

b. All requested variables entered.

Model Summary[a]

a. Dependent
Variable: Kecemasan

Coefficients^a

Model		Collinearity Statistics	
		Tolerance	VIF
1	Penyesuaian_Diri	,458	2,183
	Komunikasi_Efektif	,458	2,183

a. Dependent Variable: Kecemasan

Collinearity Diagnostics^a

Model	Dimension	Eigenvalue	Condition Index	Variance Proportions		
				(Constant)	Penyesuaian_Diri	Komunikasi_Efektif
1	1	2,983	1,000	,00	,00	,00
	2	,012	16,062	1,00	,15	,12
	3	,005	23,866	,00	,85	,88

a. Dependent Variable: Kecemasan

Residuals Statistics[a]

	Minimum	Maximum	Mean	Std. Deviation	N
Predicted Value	23,58	48,82	37,48	4,998	111
Residual	-13,370	11,030	,000	5,099	111
Std. Predicted Value	-2,780	2,269	,000	1,000	111
Std. Residual	-2,598	2,143	,000	,991	111

a. Dependent Variable: Kecemasan

COMPUTE ABS_RES=ABS_RES(RES_1).

EXECUTE.

NONPAR CORR

 /VARIABLES=Penyesuaian_Diri Komunikasi_Efektif ABS_RES

 /PRINT=SPEARMAN TWOTAIL NOSIG

 /MISSING=PAIRWISE.

Nonparametric Correlations

Notes

Output Created		06-JUL-2022 00:00:45
Comments		
Input	Active Dataset	DataSet0
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics for each pair of variables are based on all the cases with valid data for that pair.

Syntax		NONPAR CORR
		/VARIABLES=Penyesuaian_ Diri Komunikasi_Efektif ABS_RES
		/PRINT=SPEARMAN TWOTAIL NOSIG
		/MISSING=PAIRWISE.
Resources	Processor Time	00:00:00,02
	Elapsed Time	00:00:00,02
	Number of Cases Allowed	524288 cases[a]

a. Based on availability of workspace memory

Correlations

			Penyesuaian_Diri	Komunikasi_Efektif
Spearman's rho	Penyesuaian_Diri	Correlation Coefficient	1,000	,719[**]
		Sig. (2-tailed)	.	,000
		N	111	111
	Komunikasi_Efektif	Correlation Coefficient	,719[**]	1,000
		Sig. (2-tailed)	,000	.

	N	111	111
ABS_RES	Correlation Coefficient	-,010	-,092
	Sig. (2-tailed)	,918	,336
	N	111	111

Correlations

			ABS_RES
Spearman's rho	Penyesuaian_Diri	Correlation Coefficient	-,010
		Sig. (2-tailed)	,918
		N	111
	Komunikasi_Efektif	Correlation Coefficient	-,092
		Sig. (2-tailed)	,336
		N	111
	ABS_RES	Correlation Coefficient	1,000
		Sig. (2-tailed)	.
		N	111

**. Correlation is significant at the 0.01 level (2-tailed).

Lampiran 13. Uji Korelasi Linier Berganda

Warning # 849 in column 23. Text: in_ID

The LOCALE subcommand of the SET command has an invalid parameter. It could

not be mapped to a valid backend locale.

REGRESSION

 /DESCRIPTIVES MEAN STDDEV CORR SIG N

 /MISSING LISTWISE

 /STATISTICS COEFF OUTS R ANOVA ZPP

 /CRITERIA=PIN(.05) POUT(.10)

 /NOORIGIN

 /DEPENDENT Kecemasan

 /METHOD=ENTER Penyesuaian_Diri Komunikasi_Efektif

 /RESIDUALS DURBIN NORMPROB(ZRESID).

Regression

Notes

Output Created		07-JUL-2022 10:31:19
Comments		
Input	Active Dataset	DataSet0
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	111
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics are based on cases with no missing values for any variable used.

Syntax		REGRESSION
		/DESCRIPTIVES MEAN STDDEV CORR SIG N
		/MISSING LISTWISE
		/STATISTICS COEFF OUTS R ANOVA ZPP
		/CRITERIA=PIN(.05) POUT(.10)
		/NOORIGIN
		/DEPENDENT Kecemasan
		/METHOD=ENTER Penyesuaian_Diri Komunikasi_Efektif
		/RESIDUALS DURBIN NORMPROB(ZRESID).
Resources	Processor Time	00:00:01,64
	Elapsed Time	00:00:00,71
	Memory Required	2912 bytes
	Additional Memory Required for Residual Plots	280 bytes

[DataSet0]

Descriptive Statistics

	Mean	Std. Deviation	N
Kecemasan	37,4775	7,13996	111
Penyesuaian_Diri	72,9189	10,50812	111
Komunikasi_Efektif	52,4685	7,44412	111

Correlations

		Kecemasan	Penyesuaian_Diri	Komunikasi_Efektif
Pearson Correlation	Kecemasan	1,000	-,698	-,552
	Penyesuaian_Diri	-,698	1,000	,736
	Komunikasi_Efektif	-,552	,736	1,000
Sig. (1-tailed)	Kecemasan	.	,000	,000
	Penyesuaian_Diri	,000	.	,000
	Komunikasi_Efektif	,000	,000	.
N	Kecemasan	111	111	111
	Penyesuaian_Diri	111	111	111
	Komunikasi_Efektif	111	111	111

Variables Entered/Removed[a]

Model	Variables Entered	Variables Removed	Method
1	Komunikasi_Efektif, Penyesuaian_Diri[b]	.	Enter

a. Dependent Variable: Kecemasan

b. All requested variables entered.

Model Summary[b]

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate	Durbin-Watson
1	,700[a]	,490	,481	5,14605	1,792

a. Predictors: (Constant), Komunikasi_Efektif, Penyesuaian_Diri

b. Dependent Variable: Kecemasan

ANOVA[a]

Model	Sum of Squares	df	Mean Square	F	Sig.

1	Regression	2747,653	2	1373,827	51,878	,000[b]
	Residual	2860,041	108	26,482		
	Total	5607,694	110			

a. Dependent Variable: Kecemasan

b. Predictors: (Constant), Komunikasi_Efektif, Penyesuaian_Diri

Coefficients[a]

Model		Unstandardized Coefficients		Standardized Coefficients		
		B	Std. Error	Beta	t	Sig.
1	(Constant)	73,213	3,716		19,702	,000
	Penyesuaian_Diri	-,432	,069	-,635	-6,259	,000
	Komunikasi_Efektif	-,081	,097	-,084	-,832	,407

Coefficients[a]

Model		Correlations		
		Zero-order	Partial	Part
1	(Constant)			
	Penyesuaian_Diri	-,698	-,516	-,430

Komunikasi_Efektif	-,552	-,080	-,057

a. Dependent Variable: Kecemasan

Residuals Statistics[a]

	Minimum	Maximum	Mean	Std. Deviation	N
Predicted Value	23,5815	48,8154	37,4775	4,99787	111
Residual	-13,36958	11,03040	,00000	5,09906	111
Std. Predicted Value	-2,780	2,269	,000	1,000	111
Std. Residual	-2,598	2,143	,000	,991	111

a. Dependent Variable: Kecemasan

Charts

Normal P-P Plot of Regression Standardized Residual

Dependent Variable: Kecemasan