

**THE POWER OF NARRATIVE SELF HEALING TO BRIONY IN IAN
MCEWAN'S *ATONEMENT***

A Thesis

**Presented in a Partial Fulfillment of the Requirements for Completing the
Sarjana Degree in Department of English Literature**



BY

TEGAR FEBRIAN PUTRA

1611700022

FAKULTAS ILMU BUDAYA

UNIVERSITAS 17 AGUSTUS 1945 SURABAYA

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Surabaya, 08 July 2021

Advisor,



Mateus Rudi Supsiadji, S.S., M.Pd.

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Thesis Examining Committee

Dr. Tri Pramesti, M.S.

Chairperson

Mateus Rudi Supsiadji, S.S., M.Pd.

Secretary

Drs. Y.B. Agung Prasaja, M.Hum.

Member

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Drs. Danu Wahyono, M.Hum.

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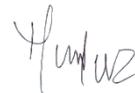
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BADAN PERPUSTAKAAN
Jl. SEMOLOWARU 45 SURABAYA
TELP. 031 593 1800 (Ext. 311)
e-mail : perpus@untag-sby.ac.id

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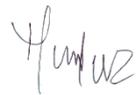
First, the writer praise and gratitude extend to the presence of God Almighty for the mercy, the writer was able to complete the thesis entitled *THE POWER OF NARRATIVE SELF-HEALING OF BRIONY IN IAN MCEWAN'S ATONEMENT* well and with all smoothness. This thesis presented in partial fulfillment of the requirements for completing the undergraduate degree in the Department of English Literature.

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Surabaya, 26 July 2021



Tegar Febrian Putra

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ABSTRACT

This study of *The Power of Narrative Self-Healing to Briony in Ian McEwan's Atonement* is about how Briony heals herself by applying narrative self-healing. This study's aim is to explain how narrative self-healing is exposed in the *Atonement* and to explain Briony's reason to apply narrative self-healing. The researcher uses the psychology-analytical approach, particularly the the Four Stages of Psychotherapy (Jung, 1966: 53-75). Jung's Four Stages of Psychotherapy consists of confession, explanation, education, and transformation. The researcher also applies qualitative descriptive analysis as the method to analyze the kinds of narrative self-healing applied by Briony in the *Atonement*. From this study, the researcher discovers how Briony exposes her narrative self-healing in *Atonement*, such as when she writes her confession of her guilt that she has accused Robbie of doing bad things, her explanation of her guilty to Robbie, her explanation of her effort to make some apologies of her guilty, and the transformation of her guilty feeling. Moreover, the researcher discovers some of Briony's reasons as well, that is how she applies the narrative self-healing those are because Briony like writing a lot, Briony can not forgive herself, Briony falling love with Robbie, and Briony diagnosed with Vascular Dimensia.

Keywords: narrative self-healing, stages of psychoteraphy, guilty feeling