

LAMPIRAN

Lampiran 1 Aitem Sebelum Uji Validitas dan Reliabilitas

a. Aitem Skala STRES Sebelum Uji Validitas dan Reliabilitas

| No | Pernyataan | Sangat Setuju | Setuju | Ragu-ragu | Tidak Setuju | Sangat Tidak Setuju |
|----|---|---------------|--------|-----------|--------------|---------------------|
| 1 | Saya merasa gelisah setiap kali mendampingi anak belajar di rumah | | | | | |
| 2 | Saya menjadi antusias saat mendampingi anak belajar di rumah | | | | | |
| 3 | Saya marah untuk hal-hal kecil yang menyangkut cara anak-anak saya menyelesaikan tugas dari guru yang membuat saya selalu membantu mereka | | | | | |
| 4 | Saya tetap sabar meskipun memberi pemahaman terhadap anak untuk dapat menyelesaikan tugas-tugas sekolahnya | | | | | |
| 5 | Saya merasa lelah yang berkepanjangan selama mendampingi anak belajar daring saya merasa lelah yang berkepanjangan | | | | | |
| 6 | Saya tetap merasa bugar meskipun setiap hari mendampingi anak belajar daring | | | | | |
| 7 | Saya sulit berkonsentrasi setiap kali anak meminta ditemani belajar daring | | | | | |
| 8 | Konsentrasi saya tetap terjaga meskipun seharian membagi waktu antara membantu anak belajar dan mengerjakan pekerjaan rumah tangga | | | | | |
| 9 | Saya tidak ingin bepergian sejak mendampingi anak-anak belajar secara daring | | | | | |
| 10 | Saya merasa bersemangat ketika keluarga mengajak bepergian di akhir pekan setelah sehari-hari mendampingi anak belajar | | | | | |
| 11 | Saya khawatir mengenai prestasi belajar anak saya yang belajar daring di rumah setiap hari | | | | | |
| 12 | Saya tidak pernah khawatir akan kemampuan saya menjelaskan ulang pelajaran yang belum dipahami anak saat belajar daring | | | | | |
| 13 | Saya menyelesaikan pekerjaan rumah tangga sampai larut karena mendampingi anak belajar lebih dulu | | | | | |

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| 14 | Sejak mendampingi anak belajar di rumah, saya merasa mengabaikan beberapa pekerjaan rumah tangga | | | | | |
| 15 | Saya jadi menunda banyak pekerjaan karena membagi waktu untuk mendampingi anak belajar daring | | | | | |
| 16 | Pekerjaan rumah tangga tetap saya selesaikan meskipun mendampingi anak belajar secara daring | | | | | |
| 17 | Saya mencubit anak saya karena tidak mau mengerjakan tugas pelajaran sekolah yang disampaikan guru secara daring | | | | | |
| 18 | Saya tetap menjaga sikap saya walaupun menghadapi pekerjaan rumah tangga yang banyak sambil mendampingi anak belajar di rumah | | | | | |
| 19 | Saya tidak tahu sampai kapan mendampingi anak saya belajar daring | | | | | |
| 20 | Sejak adanya sistem pembelajaran daring bagi anak, saya dapat melihat masa depan saya dari sudut pandang yang berbeda | | | | | |
| 21 | Perasaan gelisah saya muncul setiap kali ada tugas pelajaran yang diberikan guru pada anak saya | | | | | |
| 22 | Saya tetap menemani anak belajar di rumah dengan hati senang meskipun lelah setelah menyelesaikan berbagai pekerjaan rumah tangga | | | | | |
| 23 | Saya dapat menahan marah meskipun saat mendampingi anak belajar di rumah sambil membantu anak memahami penjelasan gurunya | | | | | |
| 24 | Badan terasa lelah setiap kali mengingat besok masih mendampingi anak belajar daring di rumah | | | | | |
| 25 | Saya merasa lebih mudah marah ketika anak-anak sulit memahami penjelasan guru saat pembelajaran daring | | | | | |
| 26 | Fokus perhatian saya menjadi teralihkan setiap kali mengingat anak saya kesulitan memahami pelajaran yang disampaikan gurunya | | | | | |
| 27 | Saya kehilangan minat untuk berekreasi karena waktu saya habis untuk mendampingi anak belajar daring setiap hari | | | | | |

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| 28 | Saya cemas karena merasa tidak mampu menjelaskan ulang materi pelajaran kepada anak saat belajar daring | | | | | |
| 29 | Saya menyelesaikan semua pekerjaan rumah tangga sebelum mendampingi anak belajar daring | | | | | |
| 30 | Saya tetap menjaga fokus perhatian meski terus memahamkan anak tentang materi pelajaran yang diberikan guru saat pembelajaran daring | | | | | |
| 31 | Saya menjadi antusias untuk dapat berlibur selepas mendampingi anak belajar daring | | | | | |
| 32 | Saya tidak merasa lelah meski membantu anak memahami pelajaran dari gurunya | | | | | |
| 33 | Saya menjadi kurang dapat efektif dalam menyelesaikan urusan rumah tangga sejak mendampingi anak belajar daring | | | | | |
| 34 | Saya tidak merasa cemas karena tetap dapat meluangkan waktu untuk memantau perkembangan belajar anak saya setiap hari | | | | | |
| 35 | Saya merasa tidak berdaya setiap kali anak meminta saya mendampingi belajar daring | | | | | |
| 36 | Saya mampu mengendalikan hal-hal penting dalam hidup saya meski tetap mendampingi anak belajar di rumah | | | | | |
| 37 | Rasa kegelisahan saya makin bertambah setiap kali jam di dinding menunjukkan waktu belajar daring anak saya | | | | | |
| 38 | Saya menjadi lebih emosi ketika anak tidak mau berusaha sendiri untuk menyelesaikan tugas dari guru saat belajar daring | | | | | |
| 39 | Tubuh saya menjadi lelah setiap kali mendampingi anak mengerjakan tugas | | | | | |
| 40 | Saya membentak anak saya setiap kali anak tidak memahami pelajaran yang telah di sampaikan guru saat belajar daring | | | | | |

b. Aitem Skala *SOCIAL SUPPORT* Sebelum Uji Validitas dan Reliabilitas

| No | Pernyataan | Sangat Setuju | Setuju | Ragu - ragu | Tidak Setuju | Sangat Tidak Setuju |
|----|--|---------------|--------|-------------|--------------|---------------------|
| 1 | Suami memberi saya hadiah karena telah mendampingi anak belajar di rumah dengan sabar | | | | | |
| 2 | Saya mendapat informasi dari teman terkait pelaksanaan pembelajaran daring anak saya | | | | | |
| 3 | Saya mendapat pujian dari suami ketika membantu anak menyelesaikan tugasnya | | | | | |
| 4 | Keluarga menyediakan transportasi agar saya dapat mengantar tugas-tugas anak ke sekolah selama pembelajaran masih dilakukan di rumah | | | | | |
| 5 | Saya mendapat saran dari teman untuk mengikuti berbagai webinar agar lebih terampil melakukan pendampingan anak belajar dari rumah | | | | | |
| 6 | Orang-orang di sekitar saya memberi perhatian pada saya karena telah mendampingi anak saya belajar di rumah | | | | | |
| 7 | Saya tidak pernah menerima bonus atau hadiah dari suami meskipun saya telah mendampingi anak-anak belajar setiap hari | | | | | |
| 8 | Saya merasa kesulitan mengoperasikan handphone atau laptop saat mendampingi anak belajar daring | | | | | |
| 9 | Tidak ada pujian apapun meski saya mampu membagi waktu antara menyelesaikan pekerjaan rumah tangga dengan mendampingi anak belajar | | | | | |
| 10 | Keluarga meminjami saya laptop atau handphone sebagai sarana anak saya belajar daring | | | | | |
| 11 | Saya merasa kebingungan mencari kendaraan atau alat transportasi setiap kali ada jadwal mengantarkan tugas hasil belajar anak ke sekolah | | | | | |
| 12 | Tidak ada seorangpun yang bersedia memberi saya arahan mengenai cara mengoperasikan handphone atau laptop saat mendampingi anak belajar daring | | | | | |
| 13 | Orang- orang di sekitar saya cenderung acuh saat saya kesulitan mendampingi anak belajar | | | | | |

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| 14 | Saya mendapatkan tambahan <i>kuota</i> internet dari suami untuk dapat mendampingi proses pembelajaran daring anak-anak saya | | | | | |
| 15 | Saya tidak mendapat saran dari keluarga mengenai cara-cara efektif dalam mendampingi anak belajar daring | | | | | |
| 16 | Saya mempunyai teman dekat yang bersedia mendengarkan semua suka dan duka saya dalam mendampingi anak belajar secara daring | | | | | |
| 17 | Tidak ada anggota keluarga yang bersedia menggantikan saya mendampingi anak belajar secara daring | | | | | |
| 18 | Saya merasa kebingungan memahami sistem pembelajaran anak secara daring | | | | | |
| 19 | Saya kesulitan mendapat bantuan <i>kuota</i> internet dari keluarga selama anak saya melakukan belajar secara daring | | | | | |
| 20 | Anak saya merasa bangga dengan saya karena mendampingi belajar secara daring | | | | | |
| 21 | Saya kesulitan mendapat pinjaman hand phone maupun laptop sebagai sarana untuk melaksanakan belajar daring anak saya | | | | | |
| 22 | Saya tidak memiliki orang terdekat yang bersedia mendengarkan keluhan saya saat mendampingi anak saya belajar secara daring | | | | | |
| 23 | Saya menerima pernyataan positif dari orang-orang di sekitar saya karena mendampingi anak belajar di rumah | | | | | |
| 24 | Tidak ada seorangpun anggota keluarga yang bersedia menginformasikan sumber bacaan yang dapat membantu saya menjelaskan pelajaran yang tidak dimengerti anak saya | | | | | |
| 25 | Saya mendapatkan arahan cara mengoperasikan handphone atau laptop untuk mendampingi anak belajar secara daring | | | | | |
| 26 | Saya menerima banyak pernyataan negatif dari orang-orang disekitar terkait cara saya mendampingi anak belajar di rumah | | | | | |
| 27 | Saya mendapat nasehat untuk mengatasi kesulitan pada saat melakukan tugas mendampingi anak belajar dari rumah | | | | | |

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| 28 | Saya memperoleh kiriman kue dari teman atau keluarga untuk menemani saya mendampingi anak belajar di rumah | | | | | |
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c. Aitem Skala *SELF-EFFICACY* Sebelum Uji Validitas dan Reliabilitas

| No | Pernyataan | Sangat Setuju | Setuju | Ragu-ragu | Tidak Setuju | Sangat Tidak Setuju |
|----|--|---------------|--------|-----------|--------------|---------------------|
| 1 | Saya tetap yakin mampu mengerjakan tugas rumah tangga yang cukup banyak meskipun membagi waktu dengan mendampingi anak belajar | | | | | |
| 2 | Meskipun sangat melelahkan saya yakin dapat mendampingi belajar daring anak-anak saya hingga selesai | | | | | |
| 3 | Sebagai ibu rumah tangga, saya mempunyai banyak tanggung jawab pekerjaan tetapi saya tetap dapat meluangkan waktu mendampingi anak belajar | | | | | |
| 4 | Meskipun tugas mendampingi anak cukup sulit, saya tetap melaksanakannya dengan sungguh-sungguh | | | | | |
| 5 | Saya berusaha keras dapat mendampingi anak saya belajar di rumah selayaknya mereka belajar di sekolah | | | | | |
| 6 | Saya tidak yakin mampu menjalankan tugas mendampingi anak belajar secara daring setelah mengerjakan pekerjaan rumah tangga yang banyak | | | | | |
| 7 | Sesulit apapun tugas mendampingi anak belajar, saya tetap yakin mampu melakukannya | | | | | |
| 8 | Saya berusaha mencari jalan keluar ketika ada hambatan dalam proses anak belajar secara daring | | | | | |
| 9 | Saya memperjuangkan keberhasilan saya untuk dapat mendampingi anak belajar secara daring | | | | | |
| 10 | Saya menunggu bantuan orang lain saat tidak tahu jawaban tugas anak dari guru yang diberikan saat belajar | | | | | |
| 11 | Saya enggan memikirkan cara yang mempermudah saya sebagai pendamping anak belajar daring | | | | | |
| 12 | Saya tetap bisa mendampingi anak-anak untuk mengerjakan tugas dari gurunya meskipun ada keterbatasan sarana | | | | | |

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| 13 | Saya merasa telah gagal menjadi ibu yang dapat mendampingi anak belajar daring sekaligus mengerjakan pekerjaan rumah tangga | | | | | |
| 14 | Selain mengurus rumah tangga, saya sanggup menjadi guru bagi anak saya selama belajar daring | | | | | |
| 15 | Saya memilih melakukan tugas yang mudah dulu sebelum mendampingi anak belajar secara daring | | | | | |
| 16 | Saya memiliki kemampuan mengurus keluarga sekaligus menjadi pendamping anak belajar daring | | | | | |
| 17 | Saya merasa tidak punya kemampuan yang dapat mendukung saya mendampingi anak belajar di rumah | | | | | |
| 18 | Saya merasa optimis dapat menjadi guru yang baik bagi anak saya selama belajar secara daring sambil mengerjakan pekerjaan rumah tangga yang banyak | | | | | |
| 19 | Saya keberatan jika harus mendampingi anak belajar secara daring terus menerus | | | | | |
| 20 | Saya tidak memiliki kemampuan untuk menyelesaikan tugas ganda sebagai ibu rumah tangga sekaligus sebagai pendamping anak saya belajar di rumah | | | | | |
| 21 | Sejak masa pandemi, saya menjadi rajin mengikuti webinar untuk memperoleh pengetahuan dalam menghadapi anak selama belajar di rumah | | | | | |
| 22 | Saya kewalahan dalam mengurus rumah tangga sambil mendampingi anak belajar secara daring | | | | | |
| 23 | Saya merasa tidak yakin dapat tetap memberi pemahaman pada anak yang tidak mengerti tentang pembelajaran yang diterima dari gurunya | | | | | |
| 24 | Saya merasa sangat yakin dengan kemampuan yang saya miliki dalam mendampingi anak belajar di rumah | | | | | |
| 25 | Meskipun ibu rumah tangga, saya merasa mampu menyelesaikan tugas saya sebagai pendamping anak saya yang sedang belajar secara daring | | | | | |
| 26 | Saya merasa tidak perlu menambah pengetahuan untuk dapat mendampingi anak belajar lebih baik | | | | | |

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| 27 | Saya mencari-cari alasan agar dapat menghindari tugas mendampingi anak belajar | | | | | |
| 28 | Saya merasa putus asa setiap kali harus mendampingi anak untuk belajar secara daring | | | | | |
| 29 | Saya pesimis dapat mendampingi anak belajar di rumah dengan sarana dan kemampuan yang serba terbatas | | | | | |
| 30 | Saya mengembangkan pengetahuan saya untuk dapat menjadi guru yang baik selama anak menjalankan sistem pembelajaran daring | | | | | |

Lampiran 2 Hasil Uji Validitas dan Reliabilitas

a. Aitem Skala STRES Sesudah Uji Validitas dan Reliabilitas

| No | Aitem | Keterangan |
|----|---|-------------|
| 1 | Saya merasa gelisah setiap kali mendampingi anak belajar di rumah | Valid |
| 2 | Saya menjadi antusias saat mendampingi anak belajar di rumah | Valid |
| 3 | Saya marah untuk hal-hal kecil yang menyangkut cara anak-anak saya menyelesaikan tugas dari guru yang membuat saya selalu membantu mereka | Valid |
| 4 | Saya tetap sabar meskipun memberi pemahaman terhadap anak untuk dapat menyelesaikan tugas-tugas sekolahnya | Valid |
| 5 | Saya merasa lelah yang berkepanjangan selama mendampingi anak belajar daring saya merasa lelah yang berkepanjangan | Valid |
| 6 | Saya tetap merasa bugar meskipun setiap hari mendampingi anak belajar daring | Valid |
| 7 | Saya sulit berkonsentrasi setiap kali anak meminta ditemani belajar daring | Valid |
| 8 | Konsentrasi saya tetap terjaga meskipun seharian membagi waktu antara membantu anak belajar dan mengerjakan pekerjaan rumah tangga | Valid |
| 9 | Saya tidak ingin bepergian sejak mendampingi anak-anak belajar secara daring | Tidak Valid |
| 10 | Saya merasa bersemangat ketika keluarga mengajak bepergian di akhir pekan setelah sehari-hari mendampingi anak belajar | Tidak Valid |
| 11 | Saya khawatir mengenai prestasi belajar anak saya yang belajar daring di rumah setiap hari | Valid |
| 12 | Saya tidak pernah khawatir akan kemampuan saya menjelaskan ulang pelajaran yang belum dipahami anak saat belajar daring | Valid |
| 13 | Saya menyelesaikan pekerjaan rumah tangga sampai larut karena mendampingi anak belajar lebih dulu | Valid |
| 14 | Sejak mendampingi anak belajar di rumah, saya merasa mengabaikan beberapa pekerjaan rumah tangga | Tidak Valid |
| 15 | Saya jadi menunda banyak pekerjaan karena membagi waktu untuk mendampingi anak belajar daring | Valid |
| 16 | Pekerjaan rumah tangga tetap saya selesaikan meskipun mendampingi anak belajar secara daring | Valid |
| 17 | Saya mencubit anak saya karena tidak mau mengerjakan tugas pelajaran sekolah yang disampaikan guru secara daring | Valid |
| 18 | Saya tetap menjaga sikap saya walaupun menghadapi pekerjaan rumah tangga yang banyak sambil mendampingi anak belajar di rumah | Valid |
| 19 | Saya tidak tahu sampai kapan mendampingi anak saya belajar daring | Valid |
| 20 | Sejak adanya sistem pembelajaran daring bagi anak, saya dapat melihat masa depan saya dari sudut pandang yang berbeda | Valid |
| 21 | Perasaan gelisah saya muncul setiap kali ada tugas pelajaran yang diberikan guru pada anak saya | Valid |

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| 22 | Saya tetap menemani anak belajar di rumah dengan hati senang meskipun lelah setelah menyelesaikan berbagai pekerjaan rumah tangga | Valid |
| 23 | Saya dapat menahan marah meskipun saat mendampingi anak belajar di rumah sambil membantu anak memahami penjelasan gurunya | Valid |
| 24 | Badan terasa lelah setiap kali mengingat besok masih mendampingi anak belajar daring di rumah | Valid |
| 25 | Saya merasa lebih mudah marah ketika anak-anak sulit memahami penjelasan guru saat pembelajaran daring | Valid |
| 26 | Fokus perhatian saya menjadi teralihkan setiap kali mengingat anak saya kesulitan memahami pelajaran yang disampaikan gurunya | Valid |
| 27 | Saya kehilangan minat untuk berekreasi karena waktu saya habis untuk mendampingi anak belajar daring setiap hari | Valid |
| 28 | Saya cemas karena merasa tidak mampu menjelaskan ulang materi pelajaran kepada anak saat belajar daring | Valid |
| 29 | Saya menyelesaikan semua pekerjaan rumah tangga sebelum mendampingi anak belajar daring | Tidak Valid |
| 30 | Saya tetap menjaga fokus perhatian meski terus memahamkan anak tentang materi pelajaran yang diberikan guru saat pembelajaran daring | Valid |
| 31 | Saya menjadi antusias untuk dapat berlibur selepas mendampingi anak belajar daring | Tidak Valid |
| 32 | Saya tidak merasa lelah meski membantu anak memahami pelajaran dari gurunya | Valid |
| 33 | Saya menjadi kurang dapat efektif dalam menyelesaikan urusan rumah tangga sejak mendampingi anak belajar daring | Valid |
| 34 | Saya tidak merasa cemas karena tetap dapat meluangkan waktu untuk memantau perkembangan belajar anak saya setiap hari | Valid |
| 35 | Saya merasa tidak berdaya setiap kali anak meminta saya mendampingi belajar daring | Valid |
| 36 | Saya mampu mengendalikan hal-hal penting dalam hidup saya meski tetap mendampingi anak belajar di rumah | Valid |
| 37 | Rasa kegelisahan saya makin bertambah setiap kali jam di dinding menunjukkan waktu belajar daring anak saya | Valid |
| 38 | Saya menjadi lebih emosi ketika anak tidak mau berusaha sendiri untuk menyelesaikan tugas dari guru saat belajar daring | Valid |
| 39 | Tubuh saya menjadi lelah setiap kali mendampingi anak mengerjakan tugas | Valid |
| 40 | Saya membentak anak saya setiap kali anak tidak memahami pelajaran yang telah di sampaikan guru saat belajar daring | Valid |

b. Aitem Skala *SOCIAL SUPPORT* Sesudah Uji Validitas dan Reliabilitas

| No | Aitem | Keterangan |
|----|---|-------------|
| 1 | Suami memberi saya hadiah karena telah mendampingi anak belajar di rumah dengan sabar | Valid |
| 2 | Saya mendapat informasi dari teman terkait pelaksanaan pembelajaran daring anak saya | Tidak Valid |

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| 3 | Saya mendapat pujian dari suami ketika membantu anak menyelesaikan tugasnya | Valid |
| 4 | Keluarga menyediakan transportasi agar saya dapat mengantar tugas-tugas anak ke sekolah selama pembelajaran masih dilakukan di rumah | Valid |
| 5 | Saya mendapat saran dari teman untuk mengikuti berbagai webinar agar lebih terampil melakukan pendampingan anak belajar dari rumah | Tidak Valid |
| 6 | Orang-orang di sekitar saya memberi perhatian pada saya karena telah mendampingi anak saya belajar di rumah | Valid |
| 7 | Saya tidak pernah menerima bonus atau hadiah dari suami meskipun saya telah mendampingi anak-anak belajar setiap hari | Valid |
| 8 | Saya merasa kesulitan mengoperasikan handphone atau laptop saat mendampingi anak belajar daring | Valid |
| 9 | Tidak ada pujian apapun meski saya mampu membagi waktu antara menyelesaikan pekerjaan rumah tangga dengan mendampingi anak belajar | Valid |
| 10 | Keluarga meminjami saya laptop atau handphone sebagai sarana anak saya belajar daring | Tidak Valid |
| 11 | Saya merasa kebingungan mencari kendaraan atau alat transportasi setiap kali ada jadwal mengantarkan tugas hasil belajar anak ke sekolah | Valid |
| 12 | Tidak ada seorangpun yang bersedia memberi saya arahan mengenai cara mengoperasikan handphone atau laptop saat mendampingi anak belajar daring | Valid |
| 13 | Orang-orang di sekitar saya cenderung acuh saat saya kesulitan mendampingi anak belajar | Valid |
| 14 | Saya mendapatkan tambahan <i>quota</i> internet dari suami untuk dapat mendampingi proses pembelajaran daring anak-anak saya | Valid |
| 15 | Saya tidak mendapat saran dari keluarga mengenai cara-cara efektif dalam mendampingi anak belajar daring | Valid |
| 16 | Saya mempunyai teman dekat yang bersedia mendengarkan semua suka dan duka saya dalam mendampingi anak belajar secara daring | Tidak Valid |
| 17 | Tidak ada anggota keluarga yang bersedia menggantikan saya mendampingi anak belajar secara daring | Valid |
| 18 | Saya merasa kebingungan memahami sistem pembelajaran anak secara daring | Valid |
| 19 | Saya kesulitan mendapat bantuan <i>quota</i> internet dari keluarga selama anak saya melakukan belajar secara daring | Valid |
| 20 | Anak saya merasa bangga dengan saya karena mendampingi belajar secara daring | Valid |
| 21 | Saya kesulitan mendapat pinjaman handphone maupun laptop sebagai sarana untuk melaksanakan belajar daring anak saya | Valid |
| 22 | Saya tidak memiliki orang terdekat yang bersedia mendengarkan keluhan saya saat mendampingi anak saya belajar secara daring | Valid |
| 23 | Saya menerima pernyataan positif dari orang-orang di sekitar saya karena mendampingi anak belajar di rumah | Valid |

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|----|---|-------|
| 24 | Tidak ada seorangpun anggota keluarga yang bersedia menginformasikan sumber bacaan yang dapat membantu saya menjelaskan pelajaran yang tidak dimengerti anak saya | Valid |
| 25 | Saya mendapatkan arahan cara mengoperasikan handphone atau laptop untuk mendampingi anak belajar secara daring | Valid |
| 26 | Saya menerima banyak pernyataan negatif dari orang-orang disekitar terkait cara saya mendampingi anak belajar di rumah | Valid |
| 27 | Saya mendapat nasehat untuk mengatasi kesulitan pada saat melakukan tugas mendampingi anak belajar dari rumah | Valid |
| 28 | Saya memperoleh kiriman kue dari teman atau keluarga untuk menemani saya mendampingi anak belajar di rumah | Valid |

c. Aitem Skala *SELF-EFFICACY* Sesudah Uji Validitas dan Reliabilitas

| No | Aitem | Keterangan |
|----|--|-------------|
| 1 | Saya tetap yakin mampu mengerjakan tugas rumah tangga yang cukup banyak meskipun membagi waktu dengan mendampingi anak belajar | Valid |
| 2 | Meskipun sangat melelahkan saya yakin dapat mendampingi belajar daring anak-anak saya hingga selesai | Valid |
| 3 | Sebagai ibu rumah tangga, saya mempunyai banyak tanggung jawab pekerjaan tetapi saya tetap dapat meluangkan waktu mendampingi anak belajar | Valid |
| 4 | Meskipun tugas mendampingi anak cukup sulit, saya tetap melaksanakannya dengan sungguh-sungguh | Valid |
| 5 | Saya berusaha keras dapat mendampingi anak saya belajar di rumah selayaknya mereka belajar di sekolah | Valid |
| 6 | Saya tidak yakin mampu menjalankan tugas mendampingi anak belajar secara daring setelah mengerjakan pekerjaan rumah tangga yang banyak | Valid |
| 7 | Sesulit apapun tugas mendampingi anak belajar, saya tetap yakin mampu melakukannya | Valid |
| 8 | Saya berusaha mencari jalan keluar ketika ada hambatan dalam proses anak belajar secara daring | Valid |
| 9 | Saya memperjuangkan keberhasilan saya untuk dapat mendampingi anak belajar secara daring | Valid |
| 10 | Saya menunggu bantuan orang lain saat tidak tahu jawaban tugas anak dari guru yang diberikan saat belajar | Tidak Valid |
| 11 | Saya enggan memikirkan cara yang mempermudah saya sebagai pendamping anak belajar daring | Valid |
| 12 | Saya tetap bisa mendampingi anak-anak untuk mengerjakan tugas dari gurunya meskipun ada keterbatasan sarana | Valid |
| 13 | Saya merasa telah gagal menjadi ibu yang dapat mendampingi anak belajar daring sekaligus mengerjakan pekerjaan rumah tangga | Valid |
| 14 | Selain mengurus rumah tangga, saya sanggup menjadi guru bagi anak saya selama belajar daring | Valid |
| 15 | Saya memilih melakukan tugas yang mudah dulu sebelum mendampingi anak belajar secara daring | Tidak Valid |

| | | |
|----|--|-------------|
| 16 | Saya memiliki kemampuan mengurus keluarga sekaligus menjadi pendamping anak belajar daring | Valid |
| 17 | Saya merasa tidak punya kemampuan yang dapat mendukung saya mendampingi anak belajar di rumah | Valid |
| 18 | Saya merasa optimis dapat menjadi guru yang baik bagi anak saya selama belajar secara daring sambil mengerjakan pekerjaan rumah tangga yang banyak | Valid |
| 19 | Saya keberatan jika harus mendampingi anak belajar secara daring terus menerus | Valid |
| 20 | Saya tidak memiliki kemampuan untuk menyelesaikan tugas ganda sebagai ibu rumah tangga sekaligus sebagai pendamping anak saya belajar di rumah | Valid |
| 21 | Sejak masa pandemi, saya menjadi rajin mengikuti webinar untuk memperoleh pengetahuan dalam menghadapi anak selama belajar di rumah | Tidak Valid |
| 22 | Saya kewalahan dalam mengurus rumah tangga sambil mendampingi anak belajar secara daring | Valid |
| 23 | Saya merasa tidak yakin dapat tetap memberi pemahaman pada anak yang tidak mengerti tentang pembelajaran yang diterima dari gurunya | Valid |
| 24 | Saya merasa sangat yakin dengan kemampuan yang saya miliki dalam mendampingi anak belajar di rumah | Valid |
| 25 | Meskipun ibu rumah tangga, saya merasa mampu menyelesaikan tugas saya sebagai pendamping anak saya yang sedang belajar secara daring | Valid |
| 26 | Saya merasa tidak perlu menambah pengetahuan untuk dapat mendampingi anak belajar lebih baik | Tidak Valid |
| 27 | Saya mencari-cari alasan agar dapat menghindari tugas mendampingi anak belajar | Valid |
| 28 | Saya merasa putus asa setiap kali harus mendampingi anak untuk belajar secara daring | Valid |
| 29 | Saya pesimis dapat mendampingi anak belajar di rumah dengan sarana dan kemampuan yang serba terbatas | Valid |
| 30 | Saya mengembangkan pengetahuan saya untuk dapat menjadi guru yang baik selama anak menjalankan sistem pembelajaran daring | Valid |

| TABULABI BTREB | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|----|----|----|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|---|---|---|
| No | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 | P17 | P18 | P19 | P20 | P21 | P22 | P23 | P24 | P25 | P26 | P27 | P28 | P29 | P30 | P31 | P32 | P33 | P34 | P35 | P36 | P37 | P38 | P39 | P40 | | | | |
| 87 | 3 | 2 | + | 2 | 3 | 2 | + | 3 | + | 2 | 5 | 2 | + | 2 | + | 2 | 3 | 2 | 5 | 3 | 3 | 3 | 3 | 3 | + | + | + | + | 2 | 2 | 3 | + | 3 | + | 2 | 2 | + | + | + | | | | | |
| 88 | + | 2 | 3 | 2 | 3 | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | + | 3 | | |
| 89 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | + | 2 | 2 | + | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | | |
| 90 | 2 | 2 | + | 3 | 3 | + | + | 3 | 3 | 1 | + | 3 | 3 | 3 | + | 2 | + | 3 | + | 3 | + | + | 2 | + | + | + | + | + | + | 2 | 1 | 2 | + | 2 | 2 | 3 | 3 | + | 3 | 3 | | | | |
| 91 | + | 2 | 2 | + | 3 | + | + | + | + | 1 | 5 | + | + | + | 2 | + | 2 | 5 | + | + | + | + | + | + | 5 | + | 1 | 5 | 2 | + | 1 | 5 | + | + | + | + | + | 2 | + | + | 2 | | | |
| 92 | 1 | 2 | 3 | 3 | 2 | 3 | 1 | 1 | 2 | 3 | 1 | 1 | 1 | 5 | 1 | 1 | 1 | 3 | 1 | 1 | 3 | 1 | 1 | 3 | 1 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 2 | |
| 93 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | + | 2 | + | 2 | + | 3 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 94 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 3 | 3 | 2 | 1 | 2 | 3 | 2 | 3 | 3 | 2 | + | 3 | + | 2 | + | + | 2 | 1 | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 1 | |
| 95 | + | 3 | 2 | 2 | 3 | + | 2 | + | 2 | 2 | + | + | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | + | 2 | + | 2 | 2 | 2 | | |
| 96 | 3 | 1 | 2 | 2 | 2 | 2 | 1 | 1 | + | 1 | 2 | 2 | 1 | 2 | + | 2 | 1 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 1 | 2 | 1 | 1 | 2 | 1 | |
| 97 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 98 | 2 | + | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | + | 2 | 3 | + | 3 | 2 | 2 | + | 2 | 2 | 3 | + | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | |
| 99 | 1 | 2 | 1 | 2 | 2 | 1 | 2 | + | 2 | 2 | 2 | 2 | + | 2 | 2 | 1 | 2 | + | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | |
| 100 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | + | 2 | + | 2 | 2 | 2 | + | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 101 | 2 | 2 | 2 | 2 | 5 | + | 2 | + | 3 | 2 | 5 | 1 | 5 | 2 | + | 3 | 2 | 3 | + | 3 | 2 | 2 | 3 | + | + | 3 | 3 | 2 | + | 3 | 2 | 3 | + | 3 | 3 | 3 | 3 | 3 | 3 | + | 3 | 3 | | |
| 102 | 1 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 1 | + | 3 | 1 | 5 | + | 1 | 2 | + | 3 | 5 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 103 | 2 | + | 2 | + | 3 | + | + | + | 2 | + | + | + | + | 2 | + | 2 | 2 | 2 | + | 2 | + | 2 | 2 | + | + | + | + | 2 | + | 2 | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 104 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | |
| 105 | 2 | + | 3 | 3 | 2 | 3 | 2 | 2 | + | 1 | 3 | 2 | 1 | + | 3 | 2 | 1 | 3 | 5 | 3 | 1 | 3 | 3 | 2 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 3 | 2 | 2 |
| 106 | 3 | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 1 | 1 | + | + | + | 2 | + | 2 | 2 | 2 | 3 | + | 2 | 2 | 2 | 2 | 3 | + | + | + | + | 3 | 2 | 1 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 3 | 2 | |
| 107 | 5 | 1 | + | 1 | 1 | 1 | 2 | 1 | 5 | 1 | 5 | 1 | + | + | 2 | 1 | 2 | 1 | + | 2 | 3 | 1 | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 2 | 2 | 1 | | |
| 108 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 109 | + | + | 2 | 2 | 5 | + | + | + | 5 | 2 | 5 | 2 | 2 | 1 | 5 | 2 | 2 | 2 | 5 | + | 3 | 2 | 1 | + | 3 | 1 | 2 | 2 | + | 3 | 3 | 2 | 5 | 5 | 5 | 3 | + | + | 2 | 2 | 2 | | | |
| 110 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | + | 2 | 2 | 2 | + | 3 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 111 | 2 | 2 | 2 | 2 | 3 | + | 5 | + | + | + | + | 1 | + | 2 | + | 1 | 1 | 1 | 5 | 1 | 1 | 2 | 2 | 5 | 2 | + | + | + | 2 | + | 3 | + | 1 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | | |
| 112 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 1 | 2 | + | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | | |
| 113 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 1 | + | 2 | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | + | + | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | |
| 114 | + | + | + | 2 | 3 | 2 | 2 | + | 5 | 1 | 5 | 5 | + | 2 | + | 2 | 2 | 2 | 5 | 3 | + | + | + | + | + | + | + | + | 2 | 2 | 2 | + | + | + | + | + | + | 2 | + | + | 2 | + | 2 | |
| 115 | 1 | 2 | 3 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 5 | 1 | 1 | 1 | 2 | 5 | 1 | 1 | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | |
| 116 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 117 | + | + | 2 | + | 2 | 2 | + | + | 2 | 2 | + | + | + | 2 | + | 2 | + | 2 | + | 2 | + | 2 | + | + | + | + | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 118 | 2 | 1 | 2 | + | 1 | 2 | 2 | 1 | 5 | + | 5 | 3 | 5 | 2 | + | 1 | 1 | 1 | 5 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 5 | + | 5 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | |
| 119 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | + | 2 | + | + | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | |
| 120 | + | 3 | 3 | 3 | 3 | 3 | + | 3 | + | 2 | + | 3 | + | 2 | + | 2 | + | 2 | + | 1 | + | 2 | 3 | + | + | + | 3 | 3 | 2 | 2 | 1 | 3 | + | 2 | + | 3 | + | 5 | + | + | + | + | | |
| 121 | 2 | + | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 1 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 122 | 1 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | + | 1 | 3 | 2 | 2 | + | 2 | 2 | 2 | 3 | + | 3 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | |
| 123 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 3 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | |
| 124 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 1 | + | 3 | 2 | + | 2 | 2 | + | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | + | 3 | 3 | + | 2 | 2 | 3 | 2 | + | 2 | + | 2 | 2 | 2 | 2 | 3 | 3 | 3 | |
| 125 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | + | 2 | 2 | + | 2 | 2 | 2 | 1 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | |
| 126 | 2 | + | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | + | 2 | + | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | |
| 127 | 2 | + | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | + | 2 | + | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | |
| 128 | 2 | 1 | + | 1 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 1 | 2 | + | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | + | 2 | 2 | |
| 129 | + | 2 | 3 | 2 | 3 | 3 | 2 | + | 2 | 2 | + | + | 2 | + | 3 | 2 | 2 | 1 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | + | 2 | 2 | 1 |

| TABULABI BTREB | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|----|----|----|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| No | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 | P17 | P18 | P19 | P20 | P21 | P22 | P23 | P24 | P25 | P26 | P27 | P28 | P29 | P30 | P31 | P32 | P33 | P34 | P35 | P36 | P37 | P38 | P39 | P40 |
| 130 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | + | 2 | + | 3 | 2 | 2 | + | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | |
| 131 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | + | 1 | + | 3 | + | + | + | 2 | 2 | 2 | + | 3 | 3 | 2 | 3 | + | + | 3 | 2 | + | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 3 | 2 | 2 | |
| 132 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 2 | 3 | 2 | 2 | + | 2 | 1 | 1 | 1 | 3 | 3 | 2 | 1 | 1 | 1 | 1 | 2 | 3 | 1 | + | 2 | 2 | 2 | + | 1 | 1 | 1 | 1 | 1 | 1 | |
| 133 | 1 | 2 | + | + | 2 | 2 | + | 2 | + | 2 | 5 | 3 | 2 | + | 2 | 2 | 2 | 2 | 5 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | |
| 134 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | + | 2 | 5 | 2 | + | + | 1 | 1 | 2 | 1 | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 5 | 2 | 2 | + | 1 | 2 | 2 | 2 | 2 | 3 | 1 | 1 | |
| 135 | 2 | + | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | + | 2 | 2 | + | 2 | 2 | 2 | 2 | + | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | |
| 136 | + | 2 | 2 | 2 | 3 | 3 | 2 | 2 | + | 2 | + | 5 | 2 | + | 2 | 2 | 2 | 2 | 3 | + | + | 2 | 3 | + | 3 | + | + | + | 2 | 2 | 2 | 2 | + | 2 | 2 | 3 | 3 | 2 | + | 3 |
| 137 | + | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | + | 2 | 2 | + | + | + | + | + | + | + | + | + | + | + | 2 | 2 | |
| 138 | 2 | 2 | 1 | 3 | 2 | 3 | + | 2 | 5 | 5 | 3 | 3 | 3 | 2 | 2 | 2 | 1 | 2 | + | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | + | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 1 | 2 | 1 | 1 | |
| 139 | + | 2 | 2 | 2 | 3 | + | 2 | 2 | 2 | 2 | + | 2 | + | 2 | + | 2 | 2 | 2 | + | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | + | 2 | 2 | 2 | + | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 |
| 140 | 5 | + | + | 1 | 3 | 2 | 5 | + | 2 | 2 | 5 | 3 | + | 1 | 5 | 1 | 2 | 2 | + | 2 | 5 | 2 | 2 | + | 5 | 5 | 5 | 5 | 2 | 3 | 2 | 2 | 5 | 3 | + | 3 | + | 5 | + | + |
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| 142 | 2 | 2 | + | + | 2 | + | 2 | + | + | 2 | + | 2 | 2 | + | + | 2 | 2 | 3 | + | + | 1 | 3 | 3 | 2 | + | + | 2 | + | 2 | 2 | 3 | 2 | 2 | + | 2 | 3 | 2 | + | 2 | + |
| 143 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | + | 2 | 2 | + | 2 | + | + | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 1 | 1 | 1 | 5 | 2 | 5 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |

Lampiran 4 Tabulasi Skala *Social Support* Uji Coba

| TABULASI SOCIAL SUPPORT | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|
| No | P41 | P42 | P43 | P44 | P45 | P46 | P47 | P48 | P49 | P50 | P51 | P52 | P53 | P54 | P55 | P56 | P57 | P58 | P59 | P60 | P61 | P62 | P63 | P64 | P65 | P66 | P67 | P68 | |
| 1 | 2 | 4 | 2 | 4 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | |
| 2 | 3 | 2 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | |
| 3 | 2 | 3 | 3 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 4 | 2 | 2 | 4 | 3 | 4 | 4 | 3 | 2 | 4 | 4 | 2 | 2 | |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | |
| 5 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | |
| 6 | 2 | 2 | 4 | 3 | 3 | 2 | 2 | 4 | 2 | 2 | 4 | 4 | 2 | 3 | 2 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 4 | 2 | 5 | 2 | 2 | |
| 7 | 4 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 1 | |
| 8 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 5 | 4 | 5 | 5 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | |
| 9 | 5 | 3 | 4 | 5 | 3 | 3 | 5 | 4 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 2 | 5 | 5 | 5 | 5 | 3 | 4 | 5 | 4 | 5 | 4 | 5 | 3 | |
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| 16 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | |
| 17 | 3 | 2 | 2 | 2 | 2 | 2 | 4 | 3 | 2 | 4 | 4 | 3 | 4 | 4 | 2 | 4 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 2 | 3 | 4 | 2 | 2 | |
| 18 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 2 | 2 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 2 | |
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| 23 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | |
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| 25 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 2 | 4 | 5 | 4 | 5 | 4 | 5 | 4 | 4 | 4 | 4 | 2 | |
| 26 | 2 | 1 | 2 | 5 | 1 | 2 | 1 | 5 | 1 | 5 | 5 | 5 | 5 | 4 | 1 | 4 | 4 | 5 | 5 | 4 | 5 | 5 | 3 | 5 | 5 | 3 | 2 | 2 | |
| 27 | 5 | 3 | 5 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 5 | 4 | |
| 28 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | |
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| 36 | 3 | 4 | 3 | 4 | 3 | 3 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | |
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| 38 | 2 | 2 | 2 | 4 | 3 | 3 | 3 | 2 | 3 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 3 | 2 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | |
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TABULASI SOCIAL SUPPORT

| No | P41 | P42 | P43 | P44 | P45 | P46 | P47 | P48 | P49 | P50 | P51 | P52 | P53 | P54 | P55 | P56 | P57 | P58 | P59 | P60 | P61 | P62 | P63 | P64 | P65 | P66 | P67 | P68 |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
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| 51 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 |
| 52 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 |
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| 57 | 3 | 2 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 |
| 58 | 3 | 3 | 3 | 4 | 2 | 3 | 2 | 4 | 4 | 2 | 1 | 2 | 2 | 4 | 3 | 4 | 2 | 1 | 2 | 4 | 2 | 4 | 3 | 2 | 4 | 4 | 3 | 2 |
| 59 | 4 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 3 | 4 | 4 | 5 | 4 | 5 | 2 | 4 | 2 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 5 |
| 60 | 4 | 4 | 5 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 3 |
| 61 | 1 | 2 | 5 | 2 | 2 | 1 | 1 | 4 | 3 | 2 | 2 | 4 | 1 | 4 | 2 | 4 | 2 | 3 | 4 | 4 | 3 | 1 | 2 | 2 | 4 | 4 | 1 | 1 |
| 62 | 2 | 2 | 4 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 63 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 64 | 4 | 1 | 5 | 5 | 1 | 4 | 4 | 4 | 4 | 5 | 5 | 5 | 5 | 4 | 2 | 5 | 2 | 4 | 5 | 5 | 5 | 4 | 2 | 2 | 5 | 5 | 2 | 1 |
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| 66 | 5 | 2 | 5 | 5 | 4 | 5 | 1 | 4 | 1 | 5 | 1 | 5 | 5 | 2 | 5 | 5 | 5 | 1 | 4 | 5 | 4 | 4 | 5 | 4 | 4 | 3 | 5 | 4 |
| 67 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 2 | 4 | 3 | 4 | 4 | 2 | 2 | 4 | 2 | 4 | 2 |
| 68 | 2 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 2 |
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| 70 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 5 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| 71 | 1 | 2 | 1 | 1 | 3 | 1 | 1 | 2 | 2 | 1 | 5 | 3 | 2 | 1 | 3 | 4 | 1 | 1 | 1 | 4 | 1 | 4 | 4 | 2 | 3 | 3 | 3 | 1 |
| 72 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 1 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 2 |
| 73 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 |
| 74 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | 4 | 2 |
| 75 | 1 | 2 | 1 | 4 | 3 | 1 | 1 | 5 | 2 | 5 | 5 | 1 | 5 | 5 | 1 | 1 | 4 | 4 | 4 | 5 | 5 | 3 | 2 | 2 | 4 | 4 | 2 | 1 |
| 76 | 5 | 2 | 5 | 5 | 3 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 3 | 5 | 4 | 4 | 2 | 4 | 2 | 4 | 2 | 2 |
| 77 | 1 | 2 | 1 | 1 | 1 | 4 | 4 | 4 | 1 | 1 | 5 | 1 | 5 | 5 | 1 | 1 | 1 | 1 | 1 | 2 | 5 | 1 | 5 | 1 | 1 | 4 | 2 | 1 |
| 78 | 3 | 4 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 2 |

Lampiran 5 Tabulasi Skala *Self Efficacy* Uji Coba

| TABULASI SEFT EFFICACY | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|
| No | P69 | P70 | P71 | P72 | P73 | P74 | P75 | P76 | P77 | P78 | P79 | P80 | P81 | P82 | P83 | P84 | P85 | P86 | P87 | P88 | P89 | P90 | P91 | P92 | P93 | P94 | P95 | P96 | P97 | P98 | |
| 1 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 5 | 5 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 5 | 1 | 2 | 4 | 2 | 5 | |
| 2 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 2 | 3 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | |
| 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 4 | 4 | 2 | 2 | 4 | |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | |
| 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 4 | 5 | 4 | 5 | 5 | 5 | 4 | 5 | 3 | 4 | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 4 | 5 | |
| 6 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 5 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 2 | 4 | 3 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | |
| 7 | 4 | 4 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 5 | 4 | 4 | 4 | |
| 8 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 1 | |
| 9 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 3 | 5 | 4 | 5 | 5 | 1 | 5 | 5 | 5 | 5 | |
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TABULASI SEFT EFFICACY

| No | P69 | P70 | P71 | P72 | P73 | P74 | P75 | P76 | P77 | P78 | P79 | P80 | P81 | P82 | P83 | P84 | P85 | P86 | P87 | P88 | P89 | P90 | P91 | P92 | P93 | P94 | P95 | P96 | P97 | P98 | |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|
| 41 | 3 | 5 | 5 | 5 | 5 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | |
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| 44 | 5 | 5 | 5 | 5 | 4 | 4 | 5 | 5 | 5 | 2 | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | |
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Lampiran 6 Uji Skala Stres

Notes

| | | |
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| | Split File | <none> |
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| | Matrix Input | |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Missing Value Handling | Cases Used | Statistics are based on all cases with valid data for all variables in the procedure. |
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| | | /VARIABLES=P1 P2 P3 P4 P5 P6 P7 P8 P9 P10 P11 P12 P13 P14 P15 P16 P17 P18 P19 P20 P21 P22 P23 P24 P25 P26 P27 P28 P29 P30 P31 P32 P33 P34 P35 P36 P37 P38 P39 P40 V42 V43 |
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/COMPRESSED.

RELIABILITY

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P25 P26 P27 P28 P29 P30 P31 P32 P33 P34 P35 P36 P37 P38 P39 P40

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/MODEL=ALPHA

/SUMMARY=TOTAL.

Reliability

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| | Matrix Input | |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Missing Value Handling | Cases Used | Statistics are based on all cases with valid data for all variables in the procedure. |
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| | | P6 P7 P8 P9 P10 P11 P12 P13 |
| | | P14 P15 P16 P17 P18 P19 P20 |
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| | | P28 P29 P30 P31 P32 P33 P34 |
| | | P35 P36 P37 P38 P39 P40 |
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| Syntax | | |
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| | Elapsed Time | 00:00:00.02 |

[DataSet1] C:\Users\User\Downloads\Data Stress lin.sav

Scale: uji diskriminasi aitem skala stress (1)

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 143 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 143 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .932 | 40 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
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| P2 | 101.01 | 390.774 | .569 | .929 |
| P3 | 101.00 | 394.887 | .478 | .930 |
| P4 | 101.28 | 401.132 | .318 | .932 |
| P5 | 100.93 | 388.051 | .666 | .929 |
| P6 | 100.92 | 392.564 | .567 | .930 |
| P7 | 100.91 | 383.294 | .690 | .928 |
| P8 | 100.99 | 385.929 | .675 | .928 |
| P9 | 100.16 | 406.840 | .085 | .934 |
| P10 | 101.43 | 403.092 | .220 | .932 |
| P11 | 99.60 | 391.946 | .427 | .931 |
| P12 | 100.90 | 393.596 | .480 | .930 |
| P13 | 100.41 | 393.172 | .394 | .931 |
| P14 | 100.26 | 440.024 | -.623 | .941 |
| P15 | 100.38 | 382.943 | .614 | .929 |
| P16 | 101.32 | 397.417 | .453 | .931 |
| P17 | 101.31 | 394.513 | .465 | .930 |
| P18 | 101.28 | 398.935 | .514 | .930 |
| P19 | 99.61 | 399.634 | .355 | .931 |
| P20 | 100.91 | 398.618 | .365 | .931 |
| P21 | 100.74 | 384.742 | .633 | .929 |
| P22 | 101.22 | 391.565 | .650 | .929 |
| P23 | 101.03 | 393.611 | .531 | .930 |
| P24 | 100.54 | 379.405 | .741 | .928 |
| P25 | 100.54 | 382.377 | .677 | .928 |
| P26 | 100.31 | 384.738 | .596 | .929 |
| P27 | 100.94 | 390.039 | .530 | .930 |
| P28 | 100.55 | 385.602 | .574 | .929 |
| P29 | 100.71 | 407.741 | .081 | .934 |
| P30 | 101.20 | 396.102 | .567 | .930 |
| P31 | 101.14 | 408.177 | .083 | .934 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| P32 | 100.97 | 386.259 | .665 | .929 |
| P33 | 100.43 | 382.177 | .653 | .928 |
| P34 | 101.15 | 388.821 | .680 | .929 |
| P35 | 100.96 | 385.350 | .657 | .929 |
| P36 | 101.18 | 392.643 | .651 | .929 |
| P37 | 100.94 | 383.095 | .667 | .928 |
| P38 | 100.52 | 383.716 | .640 | .929 |
| P39 | 100.88 | 382.866 | .739 | .928 |
| P40 | 101.15 | 383.295 | .646 | .929 |

RELIABILITY

```

/VARIABLES=P1 P2 P3 P4 P5 P6 P7 P8 P11 P12 P13 P15 P16 P17 P18 P19 P20 P21 P22 P23 P24 P25 P26 P27
P28 P30 P32 P33 P34 P35 P36 P37 P38 P39 P40
/SCALE('uji diskriminasi aitem skala stress (2)') ALL
/MODEL=ALPHA
/SUMMARY=TOTAL.

```

Reliability

| | | Notes |
|------------------------|--------------------------------|--|
| Output Created | | 09-DEC-2021 15:35:15 |
| Comments | | |
| | Data | C:\Users\User\Downloads\Data Stress lin.sav |
| | Active Dataset | DataSet1 |
| Input | Filter | <none> |
| | Weight | <none> |
| | Split File | <none> |
| | N of Rows in Working Data File | 143 |
| | Matrix Input | |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Missing Value Handling | Cases Used | Statistics are based on all cases with valid data for all variables in the procedure. |
| | | RELIABILITY |
| | | /VARIABLES=P1 P2 P3 P4 P5 P6 P7 P8 P11 P12 P13 P15 P16 P17 P18 P19 P20 P21 P22 P23 P24 P25 P26 P27 P28 P30 P32 P33 P34 P35 P36 P37 P38 P39 P40 |
| Syntax | | /SCALE('uji diskriminasi aitem skala stress (2)') ALL |
| | | /MODEL=ALPHA |
| | | /SUMMARY=TOTAL. |
| Resources | Processor Time | 00:00:00.00 |
| | Elapsed Time | 00:00:00.00 |

[DataSet1] C:\Users\User\Downloads\Data Stress lin.sav

Scale: uji diskriminasi aitem skala stress (2)

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 143 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 143 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .950 | 35 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| P1 | 87.53 | 392.575 | .573 | .948 |
| P2 | 87.73 | 396.059 | .579 | .948 |
| P3 | 87.71 | 400.628 | .476 | .949 |
| P4 | 87.99 | 407.261 | .305 | .950 |
| P5 | 87.64 | 393.175 | .680 | .947 |
| P6 | 87.64 | 398.430 | .560 | .948 |
| P7 | 87.62 | 389.420 | .676 | .947 |
| P8 | 87.70 | 391.184 | .685 | .947 |
| P11 | 86.31 | 397.428 | .431 | .949 |
| P12 | 87.62 | 398.816 | .492 | .949 |
| P13 | 87.12 | 398.810 | .395 | .950 |
| P15 | 87.10 | 388.286 | .620 | .948 |
| P16 | 88.03 | 403.062 | .454 | .949 |
| P17 | 88.03 | 400.027 | .469 | .949 |
| P18 | 87.99 | 404.908 | .502 | .949 |
| P19 | 86.32 | 404.839 | .370 | .950 |
| P20 | 87.62 | 404.673 | .355 | .950 |
| P21 | 87.45 | 389.771 | .648 | .948 |
| P22 | 87.93 | 397.094 | .653 | .948 |
| P23 | 87.75 | 399.542 | .522 | .949 |
| P24 | 87.25 | 384.570 | .750 | .947 |
| P25 | 87.25 | 387.514 | .688 | .947 |
| P26 | 87.03 | 389.450 | .617 | .948 |
| P27 | 87.66 | 395.621 | .531 | .948 |
| P28 | 87.26 | 391.038 | .578 | .948 |
| P30 | 87.91 | 402.125 | .554 | .948 |
| P32 | 87.68 | 391.685 | .670 | .947 |
| P33 | 87.15 | 387.042 | .670 | .947 |
| P34 | 87.87 | 394.299 | .685 | .947 |
| P35 | 87.67 | 390.856 | .660 | .947 |
| P36 | 87.90 | 398.038 | .660 | .948 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| P37 | 87.66 | 388.523 | .671 | .947 |
| P38 | 87.23 | 388.841 | .651 | .948 |
| P39 | 87.59 | 387.806 | .756 | .947 |
| P40 | 87.86 | 388.896 | .646 | .948 |

Lampiran 7 Uji Skala *Social Support*

```

GET DATA /TYPE=XLSX
/FILE='C:\Users\User\Downloads\Tabulasi(Jawaban) .xlsx'
/SHEET=name 'Sos Support'
/CELLRANGE=full
/READNAMES=on
/ASSUMEDSTRWIDTH=32767.
EXECUTE.
DATASET NAME DataSet1 WINDOW=FRONT.

SAVE OUTFILE='C:\Users\User\Downloads\Data Sos Support lin.sav'
/COMPRESSED.
RELIABILITY
/VARIABLES=P41 P42 P43 P44 P45 P46 P47 P48 P49 P50 P51 P52 P53 P54 P55 P56 P57 P58 P59
P60 P61 P62 P63 P64 P65 P66 P67 P68
/SCALE('uji diskriminasi aitem skala sos support (1)') ALL
/MODEL=ALPHA
/SUMMARY=TOTAL.

```

Reliability

| | | Notes |
|------------------------|--------------------------------|--|
| Output Created | | 09-DEC-2021 15:44:22 |
| Comments | | |
| | Data | C:\Users\User\Downloads\Data |
| | Active Dataset | Sos Support lin.sav |
| Input | Filter | DataSet1 |
| | Weight | <none> |
| | Split File | <none> |
| | N of Rows in Working Data File | 143 |
| | Matrix Input | |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Missing Value Handling | Cases Used | Statistics are based on all cases with valid data for all variables in the procedure. |
| | | RELIABILITY |
| | | /VARIABLES=P41 P42 P43 P44 P45 P46 P47 P48 P49 P50 P51 P52 P53 P54 P55 P56 P57 P58 P59 P60 P61 P62 P63 P64 P65 P66 P67 P68 |
| Syntax | | /SCALE('uji diskriminasi aitem skala sos support (1)') ALL |
| | | /MODEL=ALPHA |
| | | /SUMMARY=TOTAL. |
| Resources | Processor Time | 00:00:00.02 |
| | Elapsed Time | 00:00:00.02 |

[DataSet1] C:\Users\User\Downloads\Data Sos Support lin.sav

Scale: uji diskriminasi aitem skala sos support (1)

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 143 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 143 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .890 | 28 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| 1 | 94.48 | 170.307 | .647 | .882 |
| 2 | 94.64 | 183.867 | .200 | .893 |
| 3 | 94.13 | 172.144 | .572 | .884 |
| 4 | 93.73 | 176.777 | .525 | .885 |
| 5 | 94.37 | 181.418 | .292 | .890 |
| 6 | 94.24 | 173.605 | .590 | .884 |
| 7 | 94.43 | 173.853 | .539 | .885 |
| 8 | 93.84 | 180.727 | .325 | .890 |
| 9 | 94.38 | 172.140 | .596 | .883 |
| 10 | 94.27 | 181.496 | .236 | .893 |
| 11 | 93.52 | 183.702 | .312 | .889 |
| 12 | 93.54 | 178.476 | .571 | .885 |
| 13 | 93.62 | 178.899 | .496 | .886 |
| 14 | 93.84 | 179.882 | .350 | .889 |
| 15 | 93.99 | 174.127 | .573 | .884 |
| 16 | 93.82 | 183.389 | .272 | .890 |
| 17 | 94.20 | 173.877 | .546 | .885 |
| 18 | 94.13 | 177.491 | .416 | .888 |
| 19 | 93.71 | 176.843 | .551 | .885 |
| 20 | 93.50 | 181.449 | .430 | .887 |
| 21 | 93.59 | 180.271 | .412 | .888 |
| 22 | 93.71 | 178.614 | .510 | .886 |
| 23 | 93.81 | 181.830 | .356 | .889 |
| 24 | 93.88 | 176.260 | .544 | .885 |
| 25 | 93.84 | 179.488 | .430 | .887 |
| 26 | 93.54 | 184.377 | .317 | .889 |
| 27 | 93.94 | 177.757 | .499 | .886 |
| 28 | 94.77 | 175.052 | .513 | .885 |

RELIABILITY

/VARIABLES=P41 P43 P44 P46 P47 P48 P49 P51 P52 P53 P54 P55 P57 P58 P59 P60 P61 P62 P63 P64 P65 P66 P67 P68

/SCALE('uji diskriminasi aitem skala sos support (2)') ALL

/MODEL=ALPHA

/SUMMARY=TOTAL.

Reliability

Notes

| | | |
|------------------------|--------------------------------|---|
| Output Created | | 09-DEC-2021 15:45:24 |
| Comments | | |
| Input | Data | C:\Users\User\Downloads\Data |
| | Active Dataset | Sos Support lin.sav |
| | Filter | DataSet1 |
| | Weight | <none> |
| | Split File | <none> |
| | N of Rows in Working Data File | 143 |
| | Matrix Input | |
| Missing Value Handling | Definition of Missing | User-defined missing values are treated as missing. |
| | Cases Used | Statistics are based on all cases with valid data for all variables in the procedure. |
| Syntax | | RELIABILITY /VARIABLES=P41 P43 P44 P46 P47 P48 P49 P51 P52 P53 P54 P55 P57 P58 P59 P60 P61 P62 P63 P64 P65 P66 P67 P68 /SCALE('uji diskriminasi aitem skala sos support (2)') ALL /MODEL=ALPHA /SUMMARY=TOTAL. |
| Resources | Processor Time | 00:00:00.00 |
| | Elapsed Time | 00:00:00.01 |

[DataSet1] C:\Users\User\Downloads\Data Sos Support lin.sav

Scale: uji diskriminasi aitem skala sos support (2)

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 143 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 143 | 100.0 |

- a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .897 | 24 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| 1 | 81.73 | 142.003 | .618 | .890 |
| 3 | 81.38 | 143.745 | .540 | .892 |
| 4 | 80.98 | 147.133 | .527 | .893 |
| 6 | 81.49 | 144.900 | .564 | .892 |
| 7 | 81.69 | 144.471 | .540 | .892 |
| 8 | 81.09 | 149.886 | .360 | .897 |
| 9 | 81.64 | 142.881 | .598 | .891 |
| 11 | 80.78 | 152.414 | .370 | .896 |
| 12 | 80.79 | 148.420 | .588 | .892 |
| 13 | 80.87 | 148.153 | .544 | .892 |
| 14 | 81.09 | 150.013 | .349 | .897 |
| 15 | 81.24 | 144.802 | .570 | .891 |
| 17 | 81.45 | 144.390 | .550 | .892 |
| 18 | 81.38 | 146.490 | .467 | .894 |
| 19 | 80.96 | 146.449 | .589 | .891 |
| 20 | 80.76 | 151.426 | .431 | .895 |
| 21 | 80.85 | 148.976 | .478 | .894 |
| 22 | 80.97 | 148.710 | .517 | .893 |
| 23 | 81.06 | 152.158 | .338 | .897 |
| 24 | 81.13 | 146.060 | .573 | .892 |
| 25 | 81.09 | 150.182 | .405 | .895 |
| 26 | 80.79 | 153.420 | .358 | .896 |
| 27 | 81.20 | 149.243 | .444 | .894 |
| 28 | 82.02 | 147.190 | .448 | .895 |

Lampiran 8 Uji Skala *Self Efficacy*

```

NEW FILE.
DATASET NAME DataSet2 WINDOW=FRONT.
DATASET ACTIVATE DataSet2.
DATASET CLOSE DataSet1.
GET DATA /TYPE=XLSX
  /FILE='C:\Users\User\Downloads\Tabulasi(Jawaban) .xlsx'
  /SHEET=name 'Self Efficacy'
  /CELLRANGE=full
  /READNAMES=on
  /ASSUMEDSTRWIDTH=32767.
EXECUTE.
DATASET NAME DataSet3 WINDOW=FRONT.

SAVE OUTFILE='C:\Users\User\Downloads\Data SE lin.sav'
  /COMPRESSED.
RELIABILITY
  /VARIABLES=P69 P70 P71 P72 P73 P74 P75 P76 P77 P78 P79 P80 P81 P82 P83 P84 P85 P86 P87 P88 P89 P90
P91 P92 P93 P94 P95 P96 P97 P98
  /SCALE('uji diskriminasi aitem skala SE (1)') ALL
  /MODEL=ALPHA
  /SUMMARY=TOTAL.

```

Reliability

Notes

| | | 09-DEC-2021 15:51:07 |
|------------------------|--------------------------------|--|
| Output Created | | |
| Comments | | |
| | Data | C:\Users\User\Downloads\Data SE lin.sav |
| | Active Dataset | DataSet3 |
| Input | Filter | <none> |
| | Weight | <none> |
| | Split File | <none> |
| | N of Rows in Working Data File | 143 |
| | Matrix Input | |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Missing Value Handling | Cases Used | Statistics are based on all cases with valid data for all variables in the procedure. |
| | | RELIABILITY |
| | | /VARIABLES=P69 P70 P71 P72 P73 P74 P75 P76 P77 P78 P79 P80 P81 P82 P83 P84 P85 P86 P87 P88 P89 P90 P91 P92 P93 P94 P95 P96 P97 P98 |
| Syntax | | /SCALE('uji diskriminasi aitem skala SE (1)') ALL |
| | | /MODEL=ALPHA |
| | | /SUMMARY=TOTAL. |
| Resources | Processor Time | 00:00:00.02 |
| | Elapsed Time | 00:00:00.02 |

[DataSet3] C:\Users\User\Downloads\Data SE lin.sav

Scale: uji diskriminasi aitem skala SE (1)

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 143 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 143 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .928 | 30 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| 1 | 110.41 | 182.286 | .634 | .925 |
| 2 | 110.30 | 182.479 | .642 | .925 |
| 3 | 110.19 | 183.929 | .665 | .925 |
| 4 | 110.17 | 184.774 | .723 | .924 |
| 5 | 110.19 | 184.830 | .636 | .925 |
| 6 | 110.71 | 179.040 | .713 | .923 |
| 7 | 110.24 | 183.989 | .674 | .925 |
| 8 | 110.15 | 189.464 | .466 | .927 |
| 9 | 110.14 | 187.994 | .569 | .926 |
| 10 | 111.15 | 191.971 | .146 | .932 |
| 11 | 110.57 | 188.642 | .399 | .928 |
| 12 | 110.30 | 188.564 | .501 | .927 |
| 13 | 110.43 | 183.345 | .581 | .925 |
| 14 | 110.31 | 184.496 | .648 | .925 |
| 15 | 110.30 | 192.423 | .266 | .929 |
| 16 | 110.36 | 183.316 | .678 | .924 |
| 17 | 110.59 | 182.046 | .645 | .925 |
| 18 | 110.52 | 182.082 | .647 | .925 |
| 19 | 111.34 | 178.577 | .566 | .926 |
| 20 | 110.62 | 179.309 | .743 | .923 |
| 21 | 111.24 | 189.862 | .233 | .931 |
| 22 | 110.89 | 178.987 | .581 | .926 |
| 23 | 110.97 | 178.647 | .607 | .925 |
| 24 | 110.53 | 183.561 | .564 | .926 |
| 25 | 110.32 | 182.783 | .710 | .924 |
| 26 | 110.58 | 192.682 | .164 | .931 |
| 27 | 110.24 | 188.285 | .410 | .927 |
| 28 | 110.43 | 184.091 | .559 | .926 |
| 29 | 110.57 | 181.739 | .558 | .926 |
| 30 | 110.37 | 189.305 | .381 | .928 |

DATASET ACTIVATE DataSet3.

DATASET CLOSE DataSet2.

RELIABILITY

/VARIABLES=P69 P70 P71 P72 P73 P74 P75 P76 P77 P79 P80 P81 P82 P84 P85 P86 P87 P88 P90 P91 P92 P93
P95 P96 P97 P98

/SCALE('uji diskriminasi aitem skala SE (2)') ALL

/MODEL=ALPHA

/SUMMARY=TOTAL.

Reliability

Notes

| | | |
|------------------------|--------------------------------|---|
| Output Created | | 09-DEC-2021 15:55:21 |
| Comments | | |
| Input | Data | C:\Users\User\Downloads\Data SE lin.sav |
| | Active Dataset | DataSet3 |
| | Filter | <none> |
| | Weight | <none> |
| | Split File | <none> |
| | N of Rows in Working Data File | 143 |
| | Matrix Input | |
| Missing Value Handling | Definition of Missing | User-defined missing values are treated as missing. |
| | Cases Used | Statistics are based on all cases with valid data for all variables in the procedure. |
| Syntax | | RELIABILITY /VARIABLES=P69 P70 P71 P72 P73 P74 P75 P76 P77 P79 P80 P81 P82 P84 P85 P86 P87 P88 P90 P91 P92 P93 P95 P96 P97 P98 /SCALE('uji diskriminasi aitem skala SE (2)') ALL /MODEL=ALPHA /SUMMARY=TOTAL. |
| Resources | Processor Time | 00:00:00.00 |
| | Elapsed Time | 00:00:00.00 |

[DataSet3] C:\Users\User\Downloads\Data SE lin.sav

Scale: uji diskriminasi aitem skala SE (2)

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 143 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 143 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .939 | 26 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| 1 | 96.43 | 161.021 | .647 | .936 |
| 2 | 96.31 | 161.288 | .651 | .936 |
| 3 | 96.20 | 162.726 | .671 | .936 |
| 4 | 96.18 | 163.474 | .732 | .935 |
| 5 | 96.20 | 163.444 | .649 | .936 |
| 6 | 96.72 | 157.978 | .723 | .935 |
| 7 | 96.26 | 163.080 | .663 | .936 |
| 8 | 96.16 | 168.094 | .462 | .938 |
| 9 | 96.15 | 166.638 | .569 | .937 |
| 11 | 96.58 | 167.654 | .377 | .939 |
| 12 | 96.31 | 167.274 | .495 | .938 |
| 13 | 96.44 | 161.840 | .601 | .936 |
| 14 | 96.32 | 163.375 | .647 | .936 |
| 16 | 96.37 | 161.995 | .692 | .935 |
| 17 | 96.61 | 160.888 | .652 | .936 |
| 18 | 96.54 | 160.729 | .664 | .935 |
| 19 | 97.35 | 158.271 | .547 | .938 |
| 20 | 96.63 | 158.263 | .753 | .934 |
| 22 | 96.90 | 158.004 | .587 | .937 |
| 23 | 96.99 | 158.112 | .596 | .937 |
| 24 | 96.55 | 162.419 | .566 | .937 |
| 25 | 96.34 | 161.647 | .715 | .935 |
| 27 | 96.26 | 166.630 | .425 | .938 |
| 28 | 96.44 | 162.910 | .562 | .937 |
| 29 | 96.59 | 160.793 | .556 | .937 |
| 30 | 96.38 | 167.914 | .379 | .939 |

TABULASI STRES AFTER VALIDASI

| No | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P11 | P12 | P13 | P15 | P16 | P17 | P18 | P19 | P20 | P21 | P22 | P23 | P24 | P25 | P26 | P27 | P28 | P30 | P32 | P33 | P34 | P35 | P36 | P37 | P38 | P39 | P40 | | |
|----|----|----|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|
| 47 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 1 | 2 | 4 | 1 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 73 |
| 48 | 2 | 1 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 48 |
| 49 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 5 | 2 | 4 | 4 | 2 | 2 | 2 | 5 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 3 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 118 | |
| 50 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 73 | |
| 51 | 4 | 4 | 1 | 2 | 2 | 2 | 2 | 2 | 5 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 81 | |
| 52 | 3 | 2 | 2 | 2 | 2 | 3 | 4 | 2 | 4 | 5 | 2 | 1 | 2 | 5 | 1 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 87 | |
| 53 | 5 | 3 | 4 | 1 | 5 | 3 | 5 | 3 | 5 | 2 | 4 | 5 | 4 | 4 | 4 | 2 | 4 | 3 | 4 | 2 | 2 | 5 | 5 | 4 | 4 | 5 | 3 | 4 | 5 | 2 | 5 | 3 | 5 | 5 | 4 | 139 | |
| 54 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 4 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 71 | |
| 55 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 5 | 1 | 4 | 2 | 1 | 1 | 1 | 1 | 2 | 2 | 1 | 1 | 2 | 3 | 2 | 2 | 2 | 1 | 1 | 2 | 1 | 5 | 1 | 2 | 2 | 2 | 63 | | |
| 56 | 2 | 2 | 2 | 1 | 2 | 3 | 4 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 2 | 5 | 5 | 5 | 5 | 4 | 5 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 1 | 128 | | |
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|-----|----|----|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
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TABULASI SOCIAL SUPPORT AFTER VALIDASI

| No | 1 | 3 | 4 | 6 | 7 | 8 | 9 | 11 | 12 | 13 | 14 | 15 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | |
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| 13 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 96 |
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| 22 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 92 | |
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| 24 | 2 | 4 | 2 | 2 | 2 | 5 | 2 | 5 | 1 | 4 | 1 | 2 | 4 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 4 | 4 | 4 | 1 | 82 |
| 25 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 2 | 4 | 5 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 2 | 91 |
| 26 | 2 | 2 | 5 | 2 | 1 | 5 | 1 | 5 | 5 | 5 | 4 | 1 | 4 | 5 | 5 | 4 | 5 | 5 | 3 | 3 | 5 | 5 | 3 | 2 | 87 |
| 27 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 5 | 4 | 94 |
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| 30 | 3 | 3 | 2 | 2 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 1 | 1 | 2 | 5 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 73 |
| 31 | 2 | 2 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 2 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 2 | 3 | 2 | 4 | 3 | 3 | 2 | 69 |
| 32 | 4 | 2 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 2 | 84 |
| 33 | 3 | 4 | 4 | 4 | 3 | 5 | 3 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 5 | 2 | 4 | 92 |

TABULASI SOCIAL SUPPORT AFTER VALIDASI

| No | 1 | 3 | 4 | 6 | 7 | 8 | 9 | 11 | 12 | 13 | 14 | 15 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | |
|----|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|
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| 36 | 3 | 3 | 4 | 3 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 82 |
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| 40 | 2 | 5 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 83 |
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| 42 | 2 | 3 | 3 | 2 | 4 | 1 | 1 | 4 | 3 | 3 | 1 | 5 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 4 | 3 | 3 | 1 | 65 |
| 43 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 80 |
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| 53 | 2 | 2 | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 3 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 3 | 3 | 1 | 3 | 3 | 3 | 44 |
| 54 | 4 | 5 | 5 | 5 | 5 | 4 | 4 | 5 | 4 | 3 | 4 | 4 | 2 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 99 |
| 55 | 4 | 4 | 5 | 5 | 4 | 4 | 2 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 5 | 5 | 5 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 101 |
| 56 | 4 | 5 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 91 |
| 57 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 94 |
| 58 | 3 | 3 | 4 | 3 | 2 | 4 | 4 | 1 | 2 | 2 | 4 | 3 | 2 | 1 | 2 | 4 | 2 | 4 | 3 | 2 | 4 | 4 | 3 | 2 | 68 |
| 59 | 4 | 2 | 4 | 4 | 2 | 4 | 3 | 4 | 5 | 4 | 5 | 2 | 2 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 88 |
| 60 | 4 | 5 | 3 | 3 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 3 | 83 |
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| 64 | 4 | 5 | 5 | 4 | 4 | 4 | 4 | 5 | 5 | 5 | 4 | 2 | 2 | 4 | 5 | 5 | 5 | 4 | 2 | 2 | 5 | 5 | 2 | 1 | 93 |
| 65 | 3 | 4 | 2 | 4 | 3 | 5 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 94 |
| 66 | 5 | 5 | 5 | 5 | 1 | 4 | 1 | 1 | 5 | 5 | 2 | 5 | 5 | 1 | 4 | 5 | 4 | 4 | 5 | 4 | 4 | 3 | 5 | 4 | 92 |

TABULASI SOCIAL SUPPORT AFTER VALIDASI

| No | 1 | 3 | 4 | 6 | 7 | 8 | 9 | 11 | 12 | 13 | 14 | 15 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | |
|-----|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|
| 100 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 5 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 101 |
| 101 | 2 | 3 | 3 | 2 | 2 | 4 | 3 | 4 | 4 | 2 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 1 | 78 |
| 102 | 1 | 1 | 3 | 2 | 1 | 1 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 4 | 3 | 3 | 3 | 2 | 3 | 4 | 2 | 2 | 56 |
| 103 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 90 |
| 104 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 96 |
| 105 | 2 | 2 | 3 | 2 | 1 | 4 | 1 | 4 | 3 | 4 | 2 | 2 | 2 | 4 | 3 | 4 | 4 | 4 | 2 | 3 | 2 | 4 | 4 | 1 | 67 |
| 106 | 2 | 4 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 80 |
| 107 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 119 |
| 108 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 96 |
| 109 | 2 | 2 | 2 | 2 | 1 | 5 | 1 | 5 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 5 | 4 | 3 | 5 | 2 | 5 | 2 | 1 | 75 |
| 110 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 5 | 4 | 4 | 5 | 4 | 4 | 5 | 4 | 3 | 95 |
| 111 | 2 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 91 |
| 112 | 4 | 4 | 4 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 88 |
| 113 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 96 |
| 114 | 1 | 2 | 4 | 4 | 2 | 5 | 2 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 2 | 4 | 5 | 1 | 5 | 4 | 2 | 92 |
| 115 | 1 | 1 | 5 | 1 | 1 | 5 | 1 | 5 | 5 | 5 | 5 | 1 | 2 | 5 | 5 | 4 | 5 | 3 | 3 | 5 | 4 | 5 | 3 | 1 | 81 |
| 116 | 3 | 3 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 3 | 4 | 2 | 2 | 82 |
| 117 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 78 |
| 118 | 1 | 2 | 1 | 4 | 2 | 5 | 5 | 4 | 4 | 4 | 1 | 5 | 2 | 5 | 4 | 5 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 76 |
| 119 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 2 | 2 | 87 |
| 120 | 2 | 2 | 2 | 2 | 2 | 4 | 1 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 4 | 1 | 2 | 4 | 4 | 4 | 5 | 2 | 74 |
| 121 | 2 | 4 | 4 | 3 | 2 | 4 | 2 | 4 | 5 | 4 | 5 | 2 | 1 | 5 | 5 | 5 | 5 | 5 | 4 | 2 | 4 | 5 | 2 | 2 | 86 |
| 122 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 5 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 96 |
| 123 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 96 |
| 124 | 3 | 4 | 4 | 3 | 2 | 2 | 2 | 4 | 3 | 4 | 4 | 3 | 4 | 2 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 2 | 76 |
| 125 | 4 | 3 | 4 | 4 | 3 | 5 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 92 |
| 126 | 2 | 2 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 80 |
| 127 | 2 | 2 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 80 |
| 128 | 2 | 5 | 4 | 3 | 2 | 5 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 2 | 86 |
| 129 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 89 |
| 130 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 72 |
| 131 | 2 | 2 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 83 |
| 132 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 1 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 1 | 5 | 5 | 5 | 5 | 4 | 111 |

Lampiran 11 Tabulasi Skala *Self Efficacy* Sesudah Validasi

| TABULASI SEFT EFFICACY AFT ER VALIDASI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|-----|--|--|--|
| No | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 11 | 12 | 13 | 14 | 16 | 17 | 18 | 19 | 20 | 22 | 23 | 24 | 25 | 27 | 28 | 29 | 30 | | | | |
| 1 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 5 | 2 | 4 | 2 | 5 | 101 | | | |
| 2 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 95 | | | |
| 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 3 | 3 | 4 | 2 | 2 | 4 | 85 | | | |
| 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 102 | | | |
| 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 5 | 4 | 5 | 5 | 4 | 5 | 3 | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 118 | | | |
| 6 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 98 | | | |
| 7 | 4 | 4 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 5 | 4 | 4 | 4 | 105 | | | |
| 8 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 1 | 123 | | | |
| 9 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 128 | | | |
| 10 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 108 | | | |
| 11 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 97 | | | |
| 12 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 100 | | | |
| 13 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | | | |
| 14 | 2 | 4 | 2 | 4 | 4 | 1 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 1 | 3 | 3 | 2 | 2 | 3 | 76 | | | |
| 15 | 4 | 3 | 4 | 3 | 4 | 2 | 2 | 4 | 4 | 2 | 4 | 2 | 4 | 2 | 3 | 2 | 2 | 2 | 1 | 1 | 1 | 3 | 4 | 4 | 2 | 2 | 71 | | | |
| 16 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 99 | | | |
| 17 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 4 | 5 | 5 | 4 | 4 | 94 | | | |
| 18 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 101 | | | |
| 19 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | | | |
| 20 | 4 | 5 | 4 | 4 | 5 | 4 | 5 | 4 | 5 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 5 | 4 | 5 | 5 | 4 | 4 | 106 | | | |
| 21 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | | | |
| 22 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 101 | | | |
| 23 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | | | |
| 24 | 5 | 5 | 4 | 4 | 5 | 4 | 5 | 5 | 5 | 4 | 4 | 5 | 4 | 5 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 5 | 4 | 113 | | | |
| 25 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 91 | | | |
| 26 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 5 | 4 | 5 | 4 | 4 | 5 | 3 | 3 | 5 | 5 | 4 | 4 | 4 | 5 | 5 | 5 | 4 | 108 | | | |
| 27 | 4 | 5 | 4 | 5 | 4 | 3 | 5 | 4 | 5 | 4 | 4 | 4 | 5 | 5 | 3 | 5 | 3 | 4 | 3 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 110 | | | |
| 28 | 5 | 5 | 4 | 5 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 100 | | | |
| 29 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 4 | 4 | 5 | 5 | 4 | 5 | 110 | | | | |
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| 33 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 5 | 5 | 5 | 4 | 102 | | | |
| 34 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 125 | | | |
| 35 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 103 | | | |
| 36 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 4 | 4 | 5 | 4 | 5 | 5 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 5 | 117 | | | |

TABULASI SEFT EFFICACY AFTER VALIDASI

| No | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 11 | 12 | 13 | 14 | 16 | 17 | 18 | 19 | 20 | 22 | 23 | 24 | 25 | 27 | 28 | 29 | 30 | |
|----|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|
| 37 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 1 | 4 | 1 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 94 |
| 38 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 102 |
| 39 | 4 | 4 | 4 | 4 | 5 | 2 | 4 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 2 | 4 | 1 | 4 | 1 | 1 | 3 | 3 | 5 | 2 | 1 | 5 | 93 |
| 40 | 5 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 104 |
| 41 | 3 | 5 | 5 | 5 | 5 | 2 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 99 |
| 42 | 1 | 2 | 2 | 3 | 4 | 3 | 2 | 3 | 5 | 3 | 3 | 3 | 2 | 1 | 4 | 3 | 3 | 3 | 5 | 4 | 3 | 1 | 5 | 5 | 4 | 2 | 79 |
| 43 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 |
| 44 | 5 | 5 | 5 | 5 | 4 | 4 | 5 | 5 | 5 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 104 |
| 45 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 4 | 4 | 3 | 3 | 86 |
| 46 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 102 |
| 47 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 88 |
| 48 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 1 | 5 | 5 | 4 | 5 | 4 | 5 | 5 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 119 |
| 49 | 2 | 2 | 4 | 3 | 2 | 2 | 3 | 4 | 3 | 4 | 4 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 3 | 2 | 4 | 3 | 2 | 2 | 67 |
| 50 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 |
| 51 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 4 | 2 | 2 | 3 | 4 | 4 | 4 | 4 | 96 |
| 52 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 90 |
| 53 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 1 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 3 | 4 | 51 |
| 54 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 5 | 4 | 4 | 5 | 5 | 5 | 4 | 5 | 4 | 4 | 3 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 110 |
| 55 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 4 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 125 |
| 56 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 88 |
| 57 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 |
| 58 | 2 | 3 | 3 | 4 | 3 | 2 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 2 | 1 | 2 | 1 | 2 | 3 | 3 | 4 | 2 | 1 | 1 | 71 |
| 59 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 5 | 109 |
| 60 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 98 |
| 61 | 3 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 4 | 97 |
| 62 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 5 | 107 |
| 63 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 102 |
| 64 | 5 | 4 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 120 |
| 65 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 101 |
| 66 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 1 | 4 | 1 | 1 | 5 | 5 | 5 | 3 | 1 | 5 | 108 |
| 67 | 4 | 4 | 4 | 4 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 3 | 2 | 3 | 2 | 4 | 4 | 2 | 3 | 4 | 4 | 3 | 2 | 2 | 83 |
| 68 | 3 | 3 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 98 |
| 69 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 4 | 82 |
| 70 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 |
| 71 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 4 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 4 | 5 | 4 | 121 |
| 72 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 1 | 3 | 3 | 2 | 3 | 4 | 4 | 4 | 4 | 4 | 91 |

TABULASI SEFT EFFICACY AFTER VALIDASI

| No | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 11 | 12 | 13 | 14 | 16 | 17 | 18 | 19 | 20 | 22 | 23 | 24 | 25 | 27 | 28 | 29 | 30 | | |
|-----|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-----|-----|
| 109 | 4 | 5 | 5 | 5 | 5 | 3 | 5 | 5 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 3 | 1 | 4 | 1 | 1 | 3 | 5 | 5 | 4 | 5 | 4 | 102 | |
| 110 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | |
| 111 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | |
| 112 | 4 | 4 | 4 | 5 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 105 | |
| 113 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 103 | |
| 114 | 4 | 5 | 5 | 4 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 2 | 5 | 5 | 4 | 121 |
| 115 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 4 | 127 |
| 116 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 2 | 4 | 4 | 3 | 2 | 3 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 88 | |
| 117 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | |
| 118 | 5 | 5 | 5 | 5 | 5 | 4 | 4 | 5 | 5 | 1 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 4 | 4 | 5 | 4 | 5 | 5 | 4 | 3 | 5 | 5 | 118 |
| 119 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 98 | |
| 120 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 4 | 86 | |
| 121 | 4 | 4 | 4 | 4 | 5 | 4 | 5 | 5 | 4 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 4 | 108 | |
| 122 | 3 | 4 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 5 | 4 | 3 | 4 | 100 | |
| 123 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | |
| 124 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 2 | 2 | 3 | 3 | 4 | 3 | 4 | 3 | 90 | |
| 125 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 104 | |
| 126 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 100 | |
| 127 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 100 | |
| 128 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 4 | 4 | 5 | 5 | 5 | 5 | 2 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 4 | 4 | 119 | |
| 129 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 99 | |
| 130 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 80 | |
| 131 | 4 | 4 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 99 | |
| 132 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 129 | |
| 133 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 4 | 5 | 4 | 5 | 5 | 4 | 5 | 4 | 4 | 4 | 4 | 2 | 5 | 4 | 4 | 4 | 5 | 116 | |
| 134 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 2 | 4 | 98 | |
| 135 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 100 | |
| 136 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 95 | |
| 137 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 2 | 4 | 4 | 4 | 90 | |
| 138 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 3 | 4 | 5 | 4 | 5 | 5 | 2 | 2 | 5 | 3 | 4 | 4 | 4 | 5 | 5 | 2 | 3 | 109 | |
| 139 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 100 | |
| 140 | 4 | 5 | 5 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 5 | 1 | 3 | 4 | 2 | 3 | 2 | 2 | 1 | 1 | 5 | 3 | 4 | 1 | 1 | 3 | 80 | |
| 141 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 94 | |
| 142 | 3 | 5 | 4 | 3 | 2 | 1 | 2 | 5 | 4 | 3 | 3 | 1 | 2 | 3 | 2 | 4 | 1 | 1 | 5 | 3 | 5 | 5 | 1 | 2 | 4 | 5 | 79 | |
| 143 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 1 | 4 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 5 | 5 | 4 | 5 | 5 | 5 | 5 | 4 | 121 | |

Tabulasi Skala Stres, Social Support dan Self-Efficacy Uji Coba II

| TABULASI ANAREG | | | |
|-----------------|----------------|---------------|--------|
| NO | SOCIAL SUPPORT | SELF EFFICACY | STRESS |
| 2 | 89 | 95 | 93 |
| 3 | 88 | 85 | 114 |
| 4 | 96 | 102 | 92 |
| 5 | 77 | 118 | 88 |
| 6 | 73 | 98 | 74 |
| 7 | 81 | 105 | 81 |
| 9 | 109 | 128 | 89 |
| 11 | 88 | 97 | 75 |
| 12 | 86 | 100 | 88 |
| 13 | 96 | 104 | 74 |
| 16 | 72 | 99 | 120 |
| 17 | 71 | 94 | 89 |
| 18 | 83 | 101 | 84 |
| 19 | 83 | 104 | 73 |
| 20 | 93 | 106 | 84 |
| 21 | 87 | 104 | 92 |
| 22 | 92 | 101 | 83 |
| 23 | 95 | 104 | 76 |
| 24 | 82 | 113 | 75 |
| 25 | 91 | 91 | 92 |
| 26 | 87 | 108 | 86 |
| 27 | 94 | 110 | 78 |
| 28 | 94 | 100 | 80 |
| 29 | 64 | 110 | 99 |
| 30 | 73 | 106 | 124 |
| 31 | 69 | 92 | 105 |
| 32 | 84 | 99 | 100 |
| 33 | 92 | 102 | 77 |
| 35 | 97 | 103 | 72 |
| 36 | 82 | 117 | 93 |
| 37 | 70 | 94 | 124 |
| 38 | 77 | 102 | 96 |
| 39 | 94 | 93 | 96 |
| 40 | 83 | 104 | 81 |
| 41 | 89 | 99 | 87 |
| 42 | 65 | 79 | 113 |
| 43 | 80 | 104 | 75 |
| 44 | 90 | 104 | 111 |
| 45 | 70 | 86 | 99 |
| 46 | 84 | 102 | 76 |
| 47 | 82 | 88 | 73 |
| 49 | 77 | 67 | 118 |
| 50 | 76 | 104 | 73 |
| 51 | 92 | 96 | 81 |
| 52 | 78 | 90 | 87 |
| 54 | 99 | 110 | 71 |
| 56 | 91 | 88 | 128 |
| 57 | 94 | 104 | 78 |
| 58 | 68 | 71 | 118 |
| 59 | 88 | 109 | 78 |

| TABULASI ANAREG | | | |
|-----------------|----------------|---------------|--------|
| NO | SOCIAL SUPPORT | SELF EFFICACY | STRESS |
| 60 | 83 | 96 | 94 |
| 61 | 61 | 97 | 113 |
| 62 | 88 | 107 | 72 |
| 63 | 96 | 102 | 83 |
| 64 | 93 | 120 | 74 |
| 65 | 94 | 101 | 83 |
| 66 | 92 | 108 | 98 |
| 67 | 71 | 83 | 108 |
| 68 | 85 | 98 | 85 |
| 69 | 76 | 82 | 128 |
| 70 | 99 | 104 | 72 |
| 71 | 51 | 121 | 81 |
| 72 | 86 | 91 | 106 |
| 73 | 79 | 106 | 104 |
| 74 | 88 | 102 | 74 |
| 75 | 72 | 101 | 90 |
| 76 | 91 | 100 | 87 |
| 78 | 84 | 102 | 87 |
| 79 | 88 | 102 | 87 |
| 80 | 62 | 89 | 122 |
| 81 | 85 | 105 | 87 |
| 82 | 83 | 106 | 91 |
| 83 | 84 | 101 | 102 |
| 84 | 78 | 96 | 82 |
| 85 | 96 | 104 | 83 |
| 87 | 98 | 120 | 113 |
| 88 | 69 | 77 | 116 |
| 89 | 88 | 103 | 74 |
| 90 | 92 | 97 | 113 |
| 91 | 77 | 67 | 129 |
| 93 | 78 | 97 | 87 |
| 94 | 102 | 100 | 86 |
| 96 | 92 | 80 | 92 |
| 96 | 113 | 120 | 65 |
| 97 | 96 | 104 | 70 |
| 98 | 76 | 87 | 93 |
| 100 | 101 | 116 | 74 |
| 101 | 78 | 80 | 108 |
| 102 | 56 | 87 | 91 |
| 103 | 90 | 88 | 111 |
| 104 | 96 | 103 | 79 |
| 105 | 67 | 100 | 80 |
| 106 | 80 | 90 | 100 |
| 108 | 96 | 102 | 72 |
| 109 | 75 | 102 | 111 |
| 110 | 95 | 104 | 73 |
| 111 | 91 | 104 | 94 |
| 112 | 88 | 105 | 77 |
| 113 | 95 | 103 | 94 |
| 114 | 92 | 121 | 125 |

| TABULASI ANAREG | | | |
|-----------------|----------------|---------------|--------|
| NO | SOCIAL SUPPORT | SELF EFFICACY | STRESS |
| 116 | 82 | 88 | 73 |
| 117 | 78 | 104 | 108 |
| 119 | 87 | 98 | 89 |
| 120 | 74 | 86 | 116 |
| 121 | 86 | 108 | 73 |
| 122 | 96 | 100 | 88 |
| 123 | 96 | 104 | 75 |
| 124 | 76 | 90 | 92 |
| 125 | 92 | 104 | 73 |
| 126 | 80 | 100 | 93 |
| 127 | 80 | 100 | 93 |
| 128 | 86 | 119 | 74 |
| 129 | 89 | 99 | 91 |
| 130 | 72 | 80 | 84 |
| 131 | 83 | 99 | 96 |
| 133 | 96 | 116 | 83 |
| 134 | 98 | 98 | 72 |
| 135 | 90 | 100 | 82 |
| 136 | 86 | 96 | 99 |
| 137 | 88 | 90 | 93 |
| 138 | 100 | 109 | 82 |
| 139 | 90 | 100 | 89 |
| 140 | 57 | 80 | 126 |
| 141 | 72 | 94 | 96 |
| 142 | 85 | 79 | 101 |

Lampiran 12 Uji Asumsi atau Uji Prasyarat

```

DATASET ACTIVATE DataSet0.
SAVE OUTFILE='C:\Users\User\Downloads\Data Anareg lin Baru.sav'
/COMPRESSED.
NPAR TESTS
/K-S(NORMAL)=Sos_Support Self_Efficacy Stress
/STATISTICS DESCRIPTIVES
/MISSING ANALYSIS.

```

NPar Tests

| | | Notes |
|------------------------|--------------------------------------|--|
| Output Created | | 11-DEC-2021 20:01:50 |
| Comments | | |
| Input | Data | C:\Users\User\Downloads\Data Anareg lin Baru.sav |
| | Active Dataset | DataSet0 |
| | Filter | <none> |
| | Weight | <none> |
| | Split File | <none> |
| Missing Value Handling | N of Rows in Working Data File | 125 |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Syntax | Cases Used | Statistics for each test are based on all cases with valid data for the variable(s) used in that test. |
| | | NPAR TESTS /K-S(NORMAL)=Sos_Support Self_Efficacy Stress /STATISTICS DESCRIPTIVES /MISSING ANALYSIS. |
| Resources | Processor Time | 00:00:00.02 |
| | Elapsed Time | 00:00:00.04 |
| | Number of Cases Allowed ^a | 131072 |

a. Based on availability of workspace memory.

[DataSet0] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Descriptive Statistics

| | N | Mean | Std. Deviation | Minimum | Maximum |
|---------------|-----|---------|----------------|---------|---------|
| Sos_Support | 125 | 84.3200 | 11.09025 | 51.00 | 113.00 |
| Self_Efficacy | 125 | 99.3040 | 10.98256 | 67.00 | 128.00 |
| Stress | 125 | 90.9760 | 15.79070 | 65.00 | 129.00 |

One-Sample Kolmogorov-Smirnov Test

| | | Sos_Support | Self_Efficacy | Stress |
|----------------------------------|----------------|-------------|---------------|----------|
| N | | 125 | 125 | 125 |
| Normal Parameters ^{a,b} | Mean | 84.3200 | 99.3040 | 90.9760 |
| | Std. Deviation | 11.09025 | 10.98256 | 15.79070 |
| Most Extreme Differences | Absolute | .078 | .125 | .113 |
| | Positive | .066 | .110 | .113 |
| | Negative | -.078 | -.125 | -.091 |
| Kolmogorov-Smirnov Z | | .872 | 1.395 | 1.263 |
| Asymp. Sig. (2-tailed) | | .433 | .041 | .082 |

a. Test distribution is Normal.

b. Calculated from data.

MEANS TABLES=Stress BY Sos_Support Self_Efficacy
 /CELLS MEAN COUNT STDDEV
 /STATISTICS LINEARITY.

Means

| | | Notes |
|------------------------|--------------------------------|--|
| Output Created | | 11-DEC-2021 20:03:26 |
| Comments | | |
| Input | Data | C:\Users\User\Downloads\Data |
| | Active Dataset | Anareg lin Baru.sav |
| | Filter | DataSet0 |
| | Weight | <none> |
| | Split File | <none> |
| Missing Value Handling | N of Rows in Working Data File | 125 |
| | Definition of Missing | For each dependent variable in a table, user-defined missing values for the dependent and all grouping variables are treated as missing. |
| | Cases Used | Cases used for each table have no missing values in any independent variable, and not all dependent variables have missing values. |
| Syntax | | MEANS TABLES=Stress BY Sos_Support Self_Efficacy /CELLS MEAN COUNT STDDEV /STATISTICS LINEARITY. |
| Resources | Processor Time | 00:00:00.02 |
| | Elapsed Time | 00:00:00.05 |

[DataSet0] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Case Processing Summary

| | Cases | | | | | |
|------------------------|----------|---------|----------|---------|-------|---------|
| | Included | | Excluded | | Total | |
| | N | Percent | N | Percent | N | Percent |
| Stress * Sos_Support | 125 | 100.0% | 0 | 0.0% | 125 | 100.0% |
| Stress * Self_Efficacy | 125 | 100.0% | 0 | 0.0% | 125 | 100.0% |

ANOVA Table

| | | | Sum of Squares | df |
|----------------------|----------------|--------------------------|----------------|----|
| Stress * Sos_Support | Between Groups | (Combined) | 15380.466 | 44 |
| | | Linearity | 6535.948 | 1 |
| | | Deviation from Linearity | 8844.518 | 43 |
| | Within Groups | 15538.462 | 80 | |
| | Total | 30918.928 | 124 | |

ANOVA Table

| | | | Mean Square | F | Sig. |
|----------------------|----------------|--------------------------|-------------|--------|------|
| Stress * Sos_Support | Between Groups | (Combined) | 349.556 | 1.800 | .011 |
| | | Linearity | 6535.948 | 33.650 | .000 |
| | | Deviation from Linearity | 205.686 | 1.059 | .405 |
| | Within Groups | 194.231 | | | |
| | Total | | | | |

Measures of Association

| | R | R Squared | Eta | Eta Squared |
|----------------------|-------|-----------|------|-------------|
| Stress * Sos_Support | -.460 | .211 | .705 | .497 |

Stress * Self_Efficacy

ANOVA Table

| | | | Sum of Squares | df |
|------------------------|----------------|--------------------------|----------------|----|
| Stress * Self_Efficacy | Between Groups | (Combined) | 15739.853 | 40 |
| | | Linearity | 7415.117 | 1 |
| | | Deviation from Linearity | 8324.735 | 39 |
| | Within Groups | 15179.075 | 84 | |
| | Total | 30918.928 | 124 | |

ANOVA Table

| | | | Mean Square | F | Sig. |
|------------------------|----------------|--------------------------|-------------|--------|------|
| Stress * Self_Efficacy | Between Groups | (Combined) | 393.496 | 2.178 | .001 |
| | | Linearity | 7415.117 | 41.035 | .000 |
| | | Deviation from Linearity | 213.455 | 1.181 | .260 |
| | Within Groups | 180.703 | | | |
| | Total | | | | |

Measures of Association

| | R | R Squared | Eta | Eta Squared |
|------------------------|-------|-----------|------|-------------|
| Stress * Self_Efficacy | -.490 | .240 | .713 | .509 |

```

REGRESSION
/MISSING LISTWISE
/STATISTICS COLLIN TOL
/CRITERIA=PIN(.05) POUT(.10)
/NOORIGIN
/DEPENDENT Stress
/METHOD=ENTER Sos_Support Self_Efficacy.
    
```

Regression

Notes

| | | |
|------------------------|--|---|
| Output Created | | 11-DEC-2021 20:05:25 |
| Comments | | |
| Input | Data Active Dataset Filter Weight Split File N of Rows in Working Data File | C:\Users\User\Downloads\Data Anareg lin Baru.sav DataSet0 <none> <none> <none> 125 |
| Missing Value Handling | Definition of Missing Cases Used | User-defined missing values are treated as missing. Statistics are based on cases with no missing values for any variable used. |
| Syntax | | REGRESSION /MISSING LISTWISE /STATISTICS COLLIN TOL /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT Stress /METHOD=ENTER Sos_Support Self_Efficacy. |
| Resources | Processor Time Elapsed Time Memory Required Additional Memory Required for Residual Plots | 00:00:00.05 00:00:00.05 1636 bytes 0 bytes |

[DataSet0] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|--|-------------------|--------|
| 1 | Self_Efficacy, Sos_Support ^b | . | Enter |

a. Dependent Variable: Stress

b. All requested variables entered.

Coefficients^a

| Model | | Collinearity Statistics | |
|-------|---------------|-------------------------|-------|
| | | Tolerance | VIF |
| 1 | Sos_Support | .797 | 1.254 |
| | Self_Efficacy | .797 | 1.254 |

a. Dependent Variable: Stress

Collinearity Diagnostics^a

| Model | Dimension | Eigenvalue | Condition Index | Variance Proportions | | |
|-------|-----------|------------|-----------------|----------------------|-------------|---------------|
| | | | | (Constant) | Sos_Support | Self_Efficacy |
| 1 | 1 | 2.985 | 1.000 | .00 | .00 | .00 |
| | 2 | .009 | 18.192 | .24 | .99 | .13 |
| | 3 | .006 | 22.322 | .76 | .01 | .87 |

a. Dependent Variable: Stress

```
REGRESSION
/MISSING LISTWISE
/STATISTICS COLLIN TOL
/CRITERIA=PIN(.05) POUT(.10)
/NOORIGIN
/DEPENDENT Stress
/METHOD=ENTER Sos_Support Self_Efficacy
/SAVE RESID.
```

Regression

Notes

| | | |
|-------------------------------|---|--|
| Output Created | | 11-DEC-2021 20:06:18 |
| Comments | | |
| Input | Data | C:\Users\User\Downloads\Data Anareg lin Baru.sav |
| | Active Dataset | DataSet0 |
| | Filter | <none> |
| | Weight | <none> |
| | Split File | <none> |
| Missing Value Handling | N of Rows in Working Data File | 125 |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Syntax | Cases Used | Statistics are based on cases with no missing values for any variable used. |
| | | REGRESSION /MISSING LISTWISE /STATISTICS COLLIN TOL /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT Stress /METHOD=ENTER Sos_Support Self_Efficacy /SAVE RESID. |
| Resources | Processor Time | 00:00:00.02 |
| | Elapsed Time | 00:00:00.05 |
| | Memory Required | 1644 bytes |
| | Additional Memory Required for Residual Plots | 0 bytes |
| Variables Created or Modified | RES_1 | Unstandardized Residual |

[DataSet0] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|--|-------------------|--------|
| 1 | Self_Efficacy, Sos_Support ^b | | Enter |

- a. Dependent Variable: Stress
b. All requested variables entered.

Model Summary^a

| | |
|--|--|
| | |
|--|--|

- a. Dependent Variable:
Stress

Coefficients^a

| Model | | Collinearity Statistics | |
|-------|---------------|-------------------------|-------|
| | | Tolerance | VIF |
| 1 | Sos_Support | .797 | 1.254 |
| | Self_Efficacy | .797 | 1.254 |

- a. Dependent Variable: Stress

Collinearity Diagnostics^a

| Model | Dimension | Eigenvalue | Condition Index | Variance Proportions | | |
|-------|-----------|------------|-----------------|----------------------|-------------|---------------|
| | | | | (Constant) | Sos_Support | Self_Efficacy |
| 1 | 1 | 2.985 | 1.000 | .00 | .00 | .00 |
| | 2 | .009 | 18.192 | .24 | .99 | .13 |
| | 3 | .006 | 22.322 | .76 | .01 | .87 |

- a. Dependent Variable: Stress

Residuals Statistics^a

| | Minimum | Maximum | Mean | Std. Deviation | N |
|----------------------|-----------|----------|---------|----------------|-----|
| Predicted Value | 65.7960 | 112.4955 | 90.9760 | 8.81571 | 125 |
| Residual | -24.73133 | 48.36896 | .00000 | 13.10074 | 125 |
| Std. Predicted Value | -2.856 | 2.441 | .000 | 1.000 | 125 |
| Std. Residual | -1.872 | 3.662 | .000 | .992 | 125 |

- a. Dependent Variable: Stress

```
COMPUTE ABS_RES=ABS_RES(RES_1).
EXECUTE.
NONPAR CORR
/VARIABLES=Sos_Support Self_Efficacy ABS_RES
/PRINT=SPEARMAN TWOTAIL NOSIG
/MISSING=PAIRWISE.
```

Nonparametric Correlations

Notes

| | | |
|------------------------|--------------------------------|--|
| Output Created | | 11-DEC-2021 20:07:48 |
| Comments | | |
| Input | Data | C:\Users\User\Downloads\Data Anareg lin Baru.sav |
| | Active Dataset | DataSet0 |
| | Filter | <none> |
| | Weight | <none> |
| | Split File | <none> |
| Missing Value Handling | N of Rows in Working Data File | 125 |
| | Definition of Missing | User-defined missing values are treated as missing. |
| Cases Used | | Statistics for each pair of variables are based on all the cases with valid data for that pair. |
| | | NONPAR CORR /VARIABLES=Sos_Support Self_Efficacy ABS_RES /PRINT=SPEARMAN TWOTAIL NOSIG /MISSING=PAIRWISE. |
| Syntax | | |
| Resources | Processor Time | 00:00:00.03 |
| | Elapsed Time | 00:00:00.03 |
| | Number of Cases Allowed | 142987 cases ^a |

a. Based on availability of workspace memory

[DataSet0] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Correlations

| | | Sos_Support | Self_Efficacy | ABS_RES |
|------------------------------|-------------------------|-------------|---------------|---------|
| Sos_Support | Correlation Coefficient | 1.000 | .458** | -.228* |
| | Sig. (2-tailed) | . | .000 | .011 |
| | N | 125 | 125 | 125 |
| Spearman's rho Self_Efficacy | Correlation Coefficient | .458** | 1.000 | -.019 |
| | Sig. (2-tailed) | .000 | . | .833 |
| | N | 125 | 125 | 125 |
| ABS_RES | Correlation Coefficient | -.228* | -.019 | 1.000 |
| | Sig. (2-tailed) | .011 | .833 | . |
| | N | 125 | 125 | 125 |

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

Lampiran 13 Uji Hipotesis

```

REGRESSION
/DESCRIPTIVES MEAN STDDEV CORR SIG N
/MISSING LISTWISE
/STATISTICS COEFF OUTS R ANOVA CHANGE
/CRITERIA=PIN(.05) POUT(.10)
/NOORIGIN
/DEPENDENT Stress
/METHOD=ENTER Sos_Support Self_Efficacy.

```

Regression

Notes

| | | 11-DEC-2021 20:23:02 |
|------------------------|--|--|
| Output Created | | |
| Comments | | |
| Input | Data Active Dataset Filter Weight Split File N of Rows in Working Data File | C:\Users\User\Downloads\Data Anareg lin Baru.sav DataSet0 <none> <none> <none> 125 |
| Missing Value Handling | Definition of Missing Cases Used | User-defined missing values are treated as missing. Statistics are based on cases with no missing values for any variable used. |
| Syntax | | REGRESSION /DESCRIPTIVES MEAN STDDEV CORR SIG N /MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA CHANGE /CRITERIA=PIN(.05) POUT(.10) /NOORIGIN /DEPENDENT Stress /METHOD=ENTER Sos_Support Self_Efficacy. |
| Resources | Processor Time Elapsed Time Memory Required Additional Memory Required for Residual Plots | 00:00:00.03 00:00:00.05 1676 bytes 0 bytes |

[DataSet0] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Descriptive Statistics

| | Mean | Std. Deviation | N |
|---------------|---------|----------------|-----|
| Stress | 90.9760 | 15.79070 | 125 |
| Sos_Support | 84.3200 | 11.09025 | 125 |
| Self_Efficacy | 99.3040 | 10.98256 | 125 |

Correlations

| | | Stress | Sos_Support | Self_Efficacy |
|---------------------|---------------|--------|-------------|---------------|
| Pearson Correlation | Stress | 1.000 | -.460 | -.490 |
| | Sos_Support | -.460 | 1.000 | .450 |
| | Self_Efficacy | -.490 | .450 | 1.000 |
| Sig. (1-tailed) | Stress | . | .000 | .000 |
| | Sos_Support | .000 | . | .000 |
| | Self_Efficacy | .000 | .000 | . |
| N | Stress | 125 | 125 | 125 |
| | Sos_Support | 125 | 125 | 125 |
| | Self_Efficacy | 125 | 125 | 125 |

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|--|-------------------|--------|
| 1 | Self_Efficacy, Sos_Support ^b | . | Enter |

a. Dependent Variable: Stress

b. All requested variables entered.

Model Summary

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate | Change Statistics | | |
|-------|-------------------|----------|-------------------|----------------------------|-------------------|----------|-----|
| | | | | | R Square Change | F Change | df1 |
| 1 | .558 ^a | .312 | .300 | 13.20769 | .312 | 27.622 | 2 |

Model Summary

| Model | Change Statistics | |
|-------|-------------------|---------------|
| | df2 | Sig. F Change |
| 1 | 122 ^a | .000 |

a. Predictors: (Constant), Self_Efficacy, Sos_Support

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|--------|-------------------|
| 1 | Regression | 9636.878 | 2 | 4818.439 | 27.622 | .000 ^b |
| | Residual | 21282.050 | 122 | 174.443 | | |
| | Total | 30918.928 | 124 | | | |

a. Dependent Variable: Stress

b. Predictors: (Constant), Self_Efficacy, Sos_Support

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|---------------|-----------------------------|------------|---------------------------|--------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | 177.648 | 11.766 | | 15.098 | .000 |
| | Sos_Support | -.427 | .120 | -.300 | -3.569 | .001 |
| | Self_Efficacy | -.510 | .121 | -.355 | -4.216 | .000 |

a. Dependent Variable: Stress

GET

FILE='C:\Users\User\Downloads\Data Anareg lin Baru.sav'.

DATASET NAME DataSet1 WINDOW=FRONT.

CORRELATIONS

/VARIABLES=Sos_Support Self_Efficacy Stress

/PRINT=TWOTAIL NOSIG /STATISTICS XPROD /MISSING=PAIRWISE.

Correlations

| | | Notes | |
|------------------------|--------------------------------|--|----------------------|
| Output Created | | | 03-JAN-2022 09:09:41 |
| Comments | | | |
| Input | Data | C:\Users\User\Downloads\Data Anareg lin Baru.sav | |
| | Active Dataset | DataSet1 | |
| | Filter | <none> | |
| | Weight | <none> | |
| | Split File | <none> | |
| | N of Rows in Working Data File | | 125 |
| Missing Value Handling | Definition of Missing | User-defined missing values are treated as missing. | |
| | Cases Used | Statistics for each pair of variables are based on all the cases with valid data for that pair. | |
| Syntax | | CORRELATIONS /VARIABLES=Sos_Support Self_Efficacy Stress /PRINT=TWOTAIL NOSIG /STATISTICS XPROD /MISSING=PAIRWISE. | |
| Resources | Processor Time | | 00:00:00.00 |
| | Elapsed Time | | 00:00:00.08 |

[DataSet1] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Correlations

| | | Sos_Support | Self_Efficacy | Stress |
|---------------|-----------------------------------|-------------|---------------|------------|
| Sos_Support | Pearson Correlation | 1 | .450** | -.460** |
| | Sig. (2-tailed) | | .000 | .000 |
| | Sum of Squares and Cross-products | 15251.200 | 6796.840 | -9984.040 |
| | Covariance | 122.994 | 54.813 | -80.516 |
| Self_Efficacy | N | 125 | 125 | 125 |
| | Pearson Correlation | .450** | 1 | -.490** |
| | Sig. (2-tailed) | .000 | | .000 |
| | Sum of Squares and Cross-products | 6796.840 | 14956.448 | -10531.088 |
| Stress | Covariance | 54.813 | 120.617 | -84.928 |
| | N | 125 | 125 | 125 |
| | Pearson Correlation | -.460** | -.490** | 1 |
| | Sig. (2-tailed) | .000 | .000 | |
| Stress | Sum of Squares and Cross-products | -9984.040 | -10531.088 | 30918.928 |
| | Covariance | -80.516 | -84.928 | 249.346 |
| | N | 125 | 125 | 125 |

** . Correlation is significant at the 0.01 level (2-tailed).

REGRESSION

```

/DESCRIPTIVES MEAN STDDEV CORR SIG N
/MISSING LISTWISE /STATISTICS COEFF OUTS R ANOVA ZPP
/CRITERIA=PIN(.05) POUT(.10) /NOORIGIN
/DEPENDENT Stress /METHOD=ENTER Sos_Support Self_Efficacy
/RESIDUALS DURBIN NORMPROB(ZRESID).

```

Regression

Notes

| | | |
|------------------------|---|---|
| Output Created | | 03-JAN-2022 09:11:35 |
| Comments | | |
| Input | Data | C:\Users\User\Downloads\Data Anareg lin Baru.sav |
| | Active Dataset | DataSet1 |
| | Filter | <none> |
| | Weight | <none> |
| | Split File | <none> |
| | N of Rows in Working Data File | 125 |
| Missing Value Handling | Definition of Missing | User-defined missing values are treated as missing. |
| | Cases Used | Statistics are based on cases with no missing values for any variable used. |
| Syntax | REGRESSION | |
| | /DESCRIPTIVES MEAN STDDEV CORR SIG N | |
| | /MISSING LISTWISE | |
| | /STATISTICS COEFF OUTS R ANOVA ZPP | |
| | /CRITERIA=PIN(.05) POUT(.10) | |
| Resources | /NOORIGIN | |
| | /DEPENDENT Stress | |
| | /METHOD=ENTER Sos_Support Self_Efficacy | |
| | /RESIDUALS DURBIN NORMPROB(ZRESID). | |
| | Processor Time | 00:00:02.22 |
| | Elapsed Time | 00:00:03.02 |
| Resources | Memory Required | 1684 bytes |
| | Additional Memory Required for Residual Plots | 304 bytes |

[DataSet1] C:\Users\User\Downloads\Data Anareg lin Baru.sav

Descriptive Statistics

| | Mean | Std. Deviation | N |
|---------------|---------|----------------|-----|
| Stress | 90.9760 | 15.79070 | 125 |
| Sos_Support | 84.3200 | 11.09025 | 125 |
| Self_Efficacy | 99.3040 | 10.98256 | 125 |

Correlations

| | | Stress | Sos_Support | Self_Efficacy |
|---------------------|---------------|--------|-------------|---------------|
| Pearson Correlation | Stress | 1.000 | -.460 | -.490 |
| | Sos_Support | -.460 | 1.000 | .450 |
| | Self_Efficacy | -.490 | .450 | 1.000 |
| Sig. (1-tailed) | Stress | . | .000 | .000 |
| | Sos_Support | .000 | . | .000 |
| | Self_Efficacy | .000 | .000 | . |
| N | Stress | 125 | 125 | 125 |
| | Sos_Support | 125 | 125 | 125 |
| | Self_Efficacy | 125 | 125 | 125 |

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|--|-------------------|--------|
| 1 | Self_Efficacy, Sos_Support ^b | . | Enter |

- a. Dependent Variable: Stress
b. All requested variables entered.

Model Summary^b

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate | Durbin-Watson |
|-------|-------------------|----------|-------------------|----------------------------|---------------|
| 1 | .558 ^a | .312 | .300 | 13.20769 | 2.398 |

- a. Predictors: (Constant), Self_Efficacy, Sos_Support
b. Dependent Variable: Stress

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|--------|-------------------|
| 1 | Regression | 9636.878 | 2 | 4818.439 | 27.622 | .000 ^b |
| | Residual | 21282.050 | 122 | 174.443 | | |
| | Total | 30918.928 | 124 | | | |

- a. Dependent Variable: Stress
b. Predictors: (Constant), Self_Efficacy, Sos_Support

Coefficients^a

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. | Correlations |
|-------|---------------|-----------------------------|------------|---------------------------|--------|------|--------------|
| | | B | Std. Error | Beta | | | Zero-order |
| 1 | (Constant) | 177.648 | 11.766 | | 15.098 | .000 | |
| | Sos_Support | -.427 | .120 | -.300 | -3.569 | .001 | -.460 |
| | Self_Efficacy | -.510 | .121 | -.355 | -4.216 | .000 | -.490 |

Coefficients^a

| Model | | Correlations | |
|-------|---------------|--------------|-------|
| | | Partial | Part |
| 1 | (Constant) | | |
| | Sos_Support | -.307 | -.268 |
| | Self_Efficacy | -.357 | -.317 |

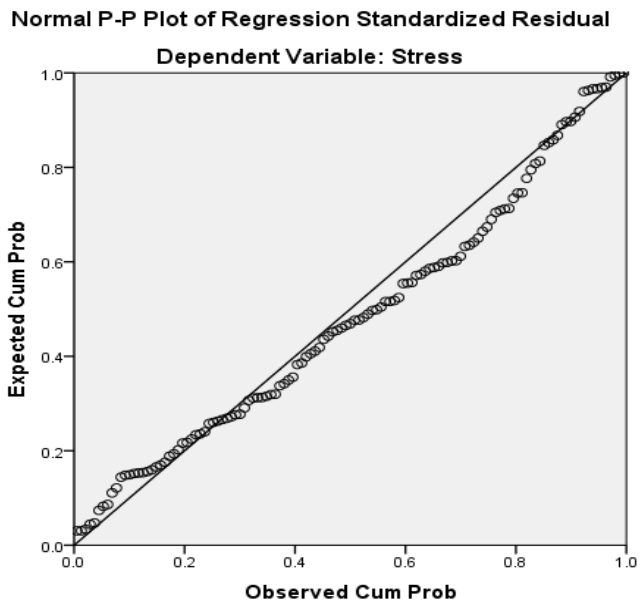
- a. Dependent Variable: Stress

Residuals Statistics^a

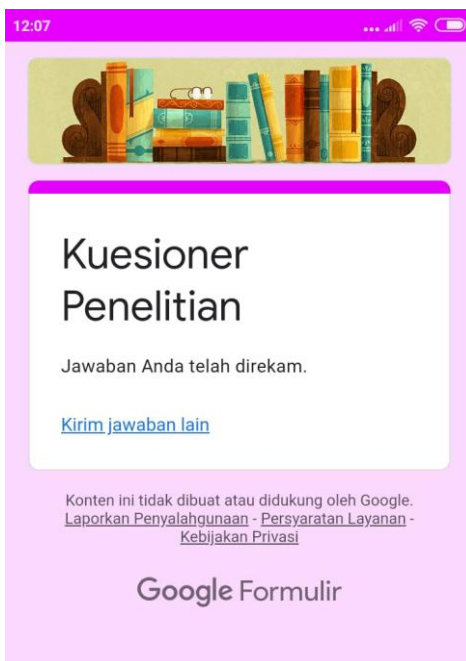
| | Minimum | Maximum | Mean | Std. Deviation | N |
|----------------------|-----------|----------|---------|----------------|-----|
| Predicted Value | 65.7960 | 112.4955 | 90.9760 | 8.81571 | 125 |
| Residual | -24.73133 | 48.36896 | .00000 | 13.10074 | 125 |
| Std. Predicted Value | -2.856 | 2.441 | .000 | 1.000 | 125 |
| Std. Residual | -1.872 | 3.662 | .000 | .992 | 125 |

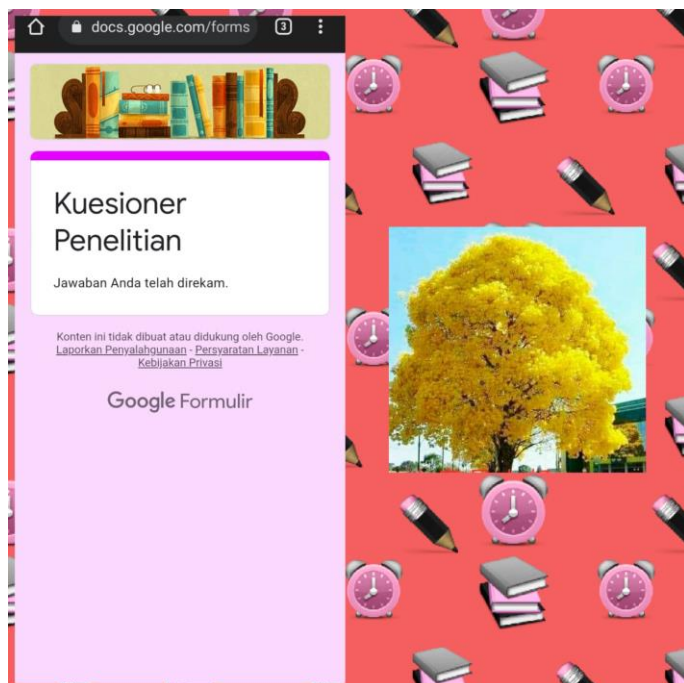
- a. Dependent Variable: Stress

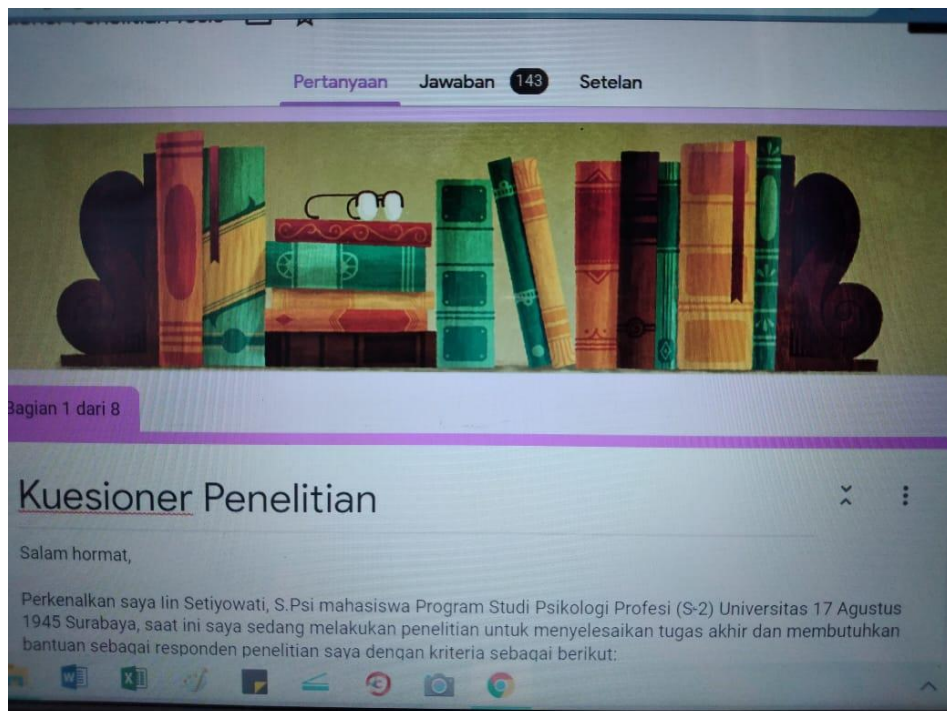
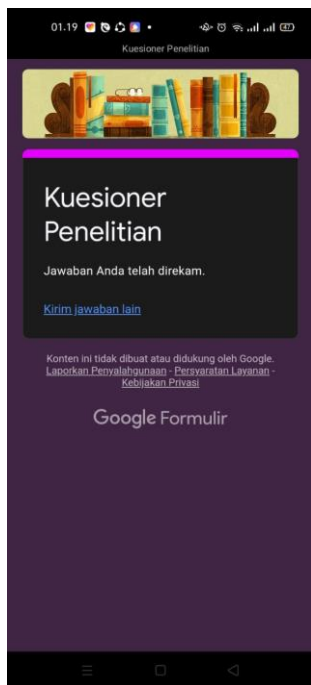
Charts



Lampiran 14 Dokumentasi







Lampiran 15 Surat Ijin Penelitian

SURAT KETERANGAN

Yang bertanda tangan dibawah ini Ketua RT 004, RW 002 Perumahan Graha Kencana Pakal, Kelurahan Sumberejo, Kecamatan Pakal, Surabaya, menerangkan bahwa :

Nama : Iin Setiyowati
NPM : 1521700001
Program / Jurusan : Magister Profesi Psikologi
Universitas 17 Agustus 1945 Surabaya

Benar-benar telah melakukan penelitian untuk ibu rumah tangga yang mempunyai anak berusia sekolah TK maupun SD yang terdampak sistem pembelajaran daring di masa pandemi covid-19 dan berada di wilayah Perumahan Graha Kencana Pakal, Kelurahan Sumberejo, Kecamatan Pakal, Surabaya untuk menyelesaikan tugas akhir (tesis), yang dilaksanakan mulai tanggal 21 November 2021 sampai dengan tanggal 6 Desember 2021.

Demikian surat keterangan ini dibuat dengan sesungguhnya untuk digunakan sebagaimana mestinya.

Surabaya, 18 Desember 2021
Ketua RT 004

