

# CLAIRE'S FULFILLMENT OF HER HIERARCHY OF NEEDS IN CAROLINE ROBERTS' MY SUMMER OF MAGIC MOMENTS

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## CLAIRE'S FULFILLMENT OF HER HIERARCHY OF NEEDS IN CAROLINE ROBERTS' *MY SUMMER OF MAGIC MOMENTS*

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### Abstract

Every human being cannot be separated from their needs, especially those that are basic. Because, the needs of every individual human are closely related and affect their survival, if a person's basic needs are not met, then she/he will be difficult to maintain his/her life and reach a higher level of need. A person must meet her/his needs so that the life goals are fulfilled and feel happy. This research focuses on how someone with a hierarchical need motivated to meet all levels of needs is seen in Claire Maxwell in the novel *My Summer of Magic Moments* by Caroline Roberts. This study aims to find and explain the conditions of the main character after divorce and breast cancer to meet her hierarchy of needs seen from Abraham Maslow's theory. The method used in this research is descriptive qualitative and psychological approaches applied to analyse the psychological problems of the main characters. The results show that the main character, make various efforts to fulfilled the five level of her hierarchy of needs: Psychological needs, Safety needs, Love and belonging needs, Esteem needs, and Self-actualization needs. From the efforts to meet these needs, the main characters have motivations that encourage these needs to be achieved. And, the main character will feel the effects of whether or not these needs are met to her.

*Keywords:* Hierarchy of Needs, Self-motivation, humanistic psychology, self-actualization

### 1. Introduction

Lots of events happen in a person's life every day which can make the person feel happy, cheerful, sad, down, or even to the point of being depressed. We can feel some of these feelings whenever or wherever we are. From social, economic, and family circle. In this life, humans do something to achieve their needs. By working they can earn income that can eventually be used to buy things they need or go to school so that they get a higher level of education and get more respect from the community.

All humans must be familiar with the word needs because needs are human life partners. Everyone even newborns or adults have their own needs. According to Maslow through Theory Hierarchy Needs, the theory of motivation in psychology with a pyramid model consists of five levels of human needs. In a hierarchy an individual must meet lower needs before meeting higher needs. The hierarchical

arrangement from the bottom up namely: Physiological needs, Safety needs, Love and belonging, Esteem, Self-actualization. (Maslow, 1994: 29)

Need is something that is owned and inherent in the person. Because of their needs humans are motivated to carry out activities that can be used to meet their needs. Hierarchy of Needs can be found in *My Summer of Magic Moments*, a contemporary romance novel written by Caroline Roberts and published on June, 2017. Claire Maxwell as the main character described as a woman who was struggling to find happiness and start a new life after a series of chemotherapy that she went through which made she lose her hair and leave a wound in her left breast.

### Statement of The Problem

1. How does Claire fulfill hierarchy of needs as shown in Caroline Robert's *My Summer of Magic Moments*?
2. What are Claire's motivations in Caroline Robert's *My Summer of Magic Moments* ?
3. What are the effects of the fulfillment of Hierarchy of needs in Caroline Robert's *My Summer of Magic Moments* ?

## 2. METHOD

The research design for this research is qualitative research method. It is Uses literary criticism design to describe and understand Claire's human needs and her ways to fulfill her hierarchy of needs and motivation self-reflection in the novel.

According to Sharan B. Merriam, "A qualitative research method is a study which includes and emphasizes understanding, experience, qualitative characteristics, and making meaning. This method has six types that can be used namely qualitative case studies, critical qualitative research, narrative analysis, phenomenology, ethnography, and grounded theory. In this study the authors chose the narrative type method, which uses stories as the main data. (Merriam, 2009: 03)"

The data analysis technique used in this study is a qualitative descriptive technique. This analysis technique is intended to make a descriptive presentation of each data functionally and relatively.

In this study writer use Psychological approach. As a leader of humanistic psychology, Abraham Maslow approached the study of personality psychology by focusing on subjective experiences and free will. He was mainly concerned with an individual's innate drive toward self-actualization—a state of fulfillment in which a person is achieving at his or her highest level of capability.

The main data source is from the novel *My Summer of Magic Moments* by Caroline Roberts, online academic journals, and textbooks that will help support this analysis. Data can be in the form of sentence quotes or paraphrases from Claire's hierarchy needs. The Main instrument in this research is the writer herself because all of the data collections are collected without other equipment such as questioner.

For collecting the data, the writer read *My Summer of Magic Moments* novel by Caroline Robert carefully and repeatedly mark data about stories and dialogues related to them characteristics and problems related to meeting needs. Analyse the data using

5 Abraham Maslow's theory hierarchy of needs and then explain data about the main character's problem on how the main character meet her needs.

### 3. DISCUSSION

2 After analysing the data the writer try to connect the data of the main 5 aracter with Maslow's hierarchy of needs theory. The writer had found that Claire as the main character can fulfill all of the level of her needs. There are physiological needs, safety needs, love and belonging needs, esteem needs, and self-actualization needs.

#### Claire's Fulfillment of her Hierarchy of Needs

The novel *My Summer of Magic Moments* tells the story of the main character, Claire Maxwell. She finds new love and wants to make peace with herself after all the events she has faced. Claire must try hard and face several obstacles to achieve her dream.

The most basic needs that must be met by Claire first are physiological needs. If physiological needs have been met, then the level of need increases in a sense of security. If Claire has been able to meet the need for security and comfort, then she will try to meet the need for love. Going up to the next level is the need for appreciation. Furthermore, the highest need of this pyramid hierarchy is the need for self-actualization.

#### Physiological Needs

Some of the physiological needs of Claire describe in the novel are sleeping, drinking, eating, sex, home, and clothing. Claire fulfills her physiological needs with some ways; Claire has done several series of chemotherapy because of her breast cancer. This is very draining in her body. She has to lose a few strands of her hair and also left scars on her breast. To replenish all the energy and passion of her life she decided to spend three weeks on vacation and rest.

*"She tried to comfort herself in a rather ancient place. That place needed attention and affection, but maybe she was just tired because she had had a bad day. She decided to go to bed early, so she pulled a handmade patchwork quilt into herself in the double room upstairs, and told herself that everything would look better in the morning. (Robert, 2017: 03)"*

Sleep is a very important thing. Sleep can improve the immune system and can reduce the risk of health conditions. However, there are some things that can make it difficult for Claire to sleep one of them is because of the thoughts in her mind. However, Claire was still able to get the need for this sleep. When her sister came to the cottage to stay with her Claire felt like she was getting quality sleep with someone she loved.

*"It was the best night's sleep she'd had in ages. Claire tried to look what time is it and it showed that already ten o'clock. (Robert, 2017: 63)*

Next Claire's physiological needs that must be met is drinking. In this discussion it is not about daily drink water but rather drinking alcoholic beverages. After all this time she could not drink because the cancer she suffered did not allow her to do it all,

after all ended Claire also met her needs for drinking and relaxing by enjoying the beach view.

Because this need is very important according to Claire, She makes a list of activities that can make her relax, including drinking wine as below. It shows that Claire tries to fulfill her drink need.

*“Number 2: Sip a glass of chilled white wine with the sun on her face, the sound of the sea, and a lovely view. Perfect. She just needed to go and buy the bottle of wine. (Robert, 2017: 33)”*

The third need in this level is eating. The need to eat is one of the most important things in human life besides sleep and drinking. Claire likes to eat her sister’s cook. Eating delicious food can make her mood feel better. In *My Summer of Magic Moments* novel eating is one of the activities that are often told. By eating together, not only satisfies the stomach but is an activity that can make some people gather and share stories about anything.

*“After eating, Claire was completely satisfied in just ten minutes. Replace the hunger she felt before. Really lovely food. (Robert, 2017: 142)”*

Because of Claire’s health improved, this naturally affected Claire’s appetite.

*“She hadn’t eaten this much in ages. But her appetite was definitely back. (Robert, 2017: 199)”*

Besides resting, drinking and eating, one of the most important things is having sex with Claire’s lover. Claire, who has not been touched by her husband for a long time, has a desire to do it again with Ed, the male neighbor she has met while on vacation. Sex, in fact is not just a matter of physiological satisfaction and biological needs, but it is related to the physical and mental health of everyone. At first, Claire wants to make love because it has been a long time since she did it, but after meeting Ed Claire do sex because she wants to feel close or connected to him. She wants to care about Ed and her feeling and their relationship. Although Claire still has anxiety over the scar, she still misses the male touch.

*“After the surging kisses and touches and undressed clothes, Claire did not allow Ed to open the bra and expose the scars. This made her feel like she was ruining the situation and Ed suddenly left her. (Robert, 2017: 82)”*

Claire's next physiological needs are have a place to live, it is very important because in her home Claire can shelter and feel safe. She doesn’t have to feel afraid if it’s hot or cold outside. It also can help Claire meet her previous need if she has a home. Claire has a home when she still lives with Paul her ex-husband before they divorce but in the end Claire and Paul decide to sell their house so Claire has no place to stay. Finally, Claire tries to find a new flat for herself even though it is not as good as her previous home.

*“It was near to the city center and on the bus route – ideal. It had a small courtyard garden out the back, two bedrooms, a compact but newly painted living room – three walls cream, one teal, which she actually didn’t mind – and a decent-sized kitchen with a good oven, ideal for her baking hobby, which she’d kept up. (Robert, 2017: 230-231)”*

Another Claire’s physiological need is clothing. Appearance is also one of the attractions of a person. The first impression arising from a person's appearance can show from that person's identity. By showing the best appearance, Claire will become an attractive person. She also must have realized that the weightiness of the first

impression moment is so important, not only from attitude, but also of course from her appearance.

*“she uses foundation, some blusher, and red lipstick but she hopes it’s not too much. She wears dress with floral and strap pattern and also she wears cardigan. She wants to look summery and pretty but not overdressed. (Robert, 2017: 188)”*

### **Safety Needs**

Claire and her family finances condition are stable so she doesn’t have to worry about it. But she has to keep working, besides she really likes her job she also has to fulfill her living needs from the work. But there are no serious problems about her finances. The main safety need for Claire is about her health. Even though her family, and best friends are very loving and caring for her but she still have a fear about her breast cancer.

*“The worry of waiting makes everything feel spinning. She was in the hospital for a scan. She lays on a flat bed, then move slowly past the scanner, trying her best not to move. Her emotions are in roller-coaster mode. Biopsy has been ordered for the following Monday. She is a bit tired. She really wants to get rid of cancer from his life.. (Robert, 2017: 290)”*

Because of Claire's fear of cancer that she had previously suffered before and made her very traumatized by leaving a scar on her breast. This good news means a lot to her. Finally, she was no longer shackled by various chemotherapy routines.

*“Her energy levels had increased again in the past couple of weeks, thank goodness. She must have just been at a low with that infection that had affected her glands. The bump in her groin had disappeared now, thankfully. She’d head off, get out of Ed’s space and do her own thing. Perfect. (Roberts, 2017: 323)”*

Claire must also meet the safety needs of her anxiety. although she tried not to show it but Claire’s family especially her sister always made sure that Claire was fine.

*“Sally text her younger sister and ask about her holiday, protective about Claire as always. And Sal had always looked out for her, had been a good shoulder to lean on throughout her cancer treatment. (Roberts, 2017: 43)*

Claire also needs to fulfill her safety needs by working. People work for various reasons or purposes, including Claire. The most basic reason or purpose is to make a living, which is to get the basic things she need to be able to continue to live, such as food, clothing and shelter. She needs to work to be able to pay these costs.

By working, her skills as a journalist are used every day so that those skills are getting better and more developed. She will progress and her position in the work will increase.

*“She had no intention of losing her features slot, or her job. She loved writing, and she sure as hell needed the money right now. Once the mortgage was taken out of the house sale, what was left – and then halved – would be eaten up as a deposit on a new flat, and then after that all the bills would be hers alone. It was a daunting thought, but she’d manage somehow. She felt ready. And ‘a place of her own’ had rather a nice ring to it. She licked the chocolate off her fingers and went inside to get her laptop. (Roberts, 2017: 114)”*

### **Love and Belonging Needs**

The next level is Love and Belonging, Claire needs efforts to meet this need. Claire divorced with her ex-husband, Paul, after having been married for six years with him. Claire's relationship with her ex-husband is not good even before Claire is found to have breast cancer. This problem absolutely makes Claire feel very down because she is dumped when she falls.

*"Things had started to go wrong between her and her husband even before the cancer. And then afterwards, once she'd been given the 'all-clear', she'd learnt how very wrong. Nothing like being kicked when you're down. (Roberts, 2017: 14)"*

In her marriage, there are some things that make Claire and Paul disagree. One of them is in terms of having children.

*"Claire has never had a family of her own because Paul with all his busy life. Initially Claire was fine with it, but she saw her sister being happy despite being stressed because she had children. Claire can only hope that one day Paul will change his mind and want to have children. (Roberts, 2017: 62)"*

Without her husband and children, Claire feels that her love and belonging needs are not fulfilled. Therefore at one time, when she is spending her vacation for three weeks in a cottage in Bamburgh, Inadvertently, she meets a man next door named Ed who can attract her attention. After fighting with her mind because of her failure in a previous marriage and also the cancer scars on her breasts, she traumatized and not confident. But she begins to feel that this is the time to start a new relationship and fulfill her love needs. This condition makes her try to find someone who can love her wholeheartedly.

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Even though Claire has gotten everything and she's surrounded by people who love her, but she can't live alone. She needs someone who loves and takes care of her with all his heart. She needs a life partner. This condition drives her to find someone who can fulfill her love and belonging needs.

*"A lover, hah ... she wasn't doing so well in those stakes. But the touch of a lover could be so very special when it was right. She sighed, remembering how it had felt all those years ago with Paul right back at the very beginning. And then Ed. Well, to start with, that day in the rain, anyhow. She could still feel the intense burn of his kiss. (Roberts, 2017: 112)"*

In the sense of trauma, Claire still wants to have a life partner.

*"she might one day find a lover who wouldn't run away from the scene, or wouldn't marry her and then run off with another woman six years later, just as she was given the all-clear from cancer. She could still believe in the magic of love, couldn't she? Life was going to be good again, wasn't it? She was just finding her feet at the moment. (Roberts, 2017: 113)"*

All the effort Claire has gone through finally gets the desired result. She and Ed are finally able to accept each other's shortcomings, Claire with her scar and Ed with a past story about his wife and child who died in a car accident. Claire can meet her belonging needs.

*"She awoke the next morning, with a man next to her. The photo of his wife and child still there but it's fine, because that would always be part of his life. And they deserved to be. (Robert, 2017: 353)"*

Besides a man, Claire and her family are very close. It is their support that always makes Claire feel strong and loved. However, Claire always misses her father who died five years ago. She misses the love and advice from her father.

*"Her father died five years ago from a heart attack when he was sixty-two years old. Claire really missed her father until now. She felt life had changed a lot, even she was with her illness. However, Claire's relationship with her mother and sister Sally was very close. They are always there to support whatever the situation. (Robert, 2017: 11)"*

The source of Claire's happiness is having a meaningful relationship with her family. This meaningful relationship will later become a source of strength for her to achieve what she needs. The relationship in her family is a relationship that is consistent, not perfect. Claire's mother and sister always try to calm her down and accompany her while she still has to do the chemotherapy routine. The most important thing is after all there is no perfect family figure. Claire and her family can express what they feel and don't hide a problem.

The role of the family as a supporter for Claire grows stronger in the situation at that time. The bad events that Claire has been through make her family's intimacy stronger. In addition it also makes their care more visible, they remind, look after, and protect each other. Family as a source of happiness, joy, and a place to share joy and sorrow must be able to sustain Claire's spirit so that she doesn't give up easily. Difficult times can be passed by growing enthusiasm.

A series of incidents from the cancer suffered and also the decision of Claire and her ex-husband to sell their former home. However, Claire used to have many memories she spends with Paul. Then her meeting with Ed, who initially has many problems and misunderstandings, makes Claire need encouragement from the people closest to her.

Claire spends a lot of time with her mother and sister's family. This is one of Claire's ways to fulfill her love needs.

*"There was nothing quite like a Sunday lunch with the family gathered round. It was like being wrapped in a warm, delicious blanket. (Robert, 2017: 141)"*

Beside partners and family, Claire has her best friend as her other strong support system. Friendship turns out to play an important role to make the mind and body strong. Claire and her friends also will give awareness about each person has a uniqueness that each needs to be respected, so that no need to be emotional when experiencing differences in opinions and so on.

*"This was her now. This was Claire Maxwell. She had to accept it. And she could. Her fear was how someone else, a man, a lover, might feel about it. She felt such a deep yearning to be held, to be loved again. Not just by her mum, her sister, her friends, precious though that support was, but by a man. She longed to get lost in someone else's touch, have wonderful, gasp-out-loud, satisfying sex. It had been such a long time. Having Ed so near today had shaken up her world. (Robert, 2017: 88)"*

Even though hard times don't last forever, the process of going through them is often difficult. Fortunately Claire has friends who will help her to get through it and make the situation easier. Friends certainly have a big role in providing support when she needs it. Although friendship does not last forever, but every friendship will always teach her about something and give something special, whatever it is. When going



through a difficult time without friends will also make her realize how valuable the friendship she has. Friendship also teaches her about herself and how important it is to have someone who knows and understands her. Friends are the true key to going through difficult times.

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### **Esteem Needs**

The fourth level is Esteem needs. From the needs of love and belonging needs, it makes someone want to be respected both from others and themselves. Individuals will feel confident, strong, capable, and valuable, if the need for self-esteem is met. Conversely, individuals will feel frustrated and upset, if these needs are not met. The result is very influential on the development of individuals in facing their lives to come, because they feel inferior, weak, worthless, and desperate to accept the real life. They feel pessimistic about other people. In the novel *My Summer of Magic Moments*, this need explains how Claire fulfills her need for respect and freedom.

Since the beginning of the meeting Claire always feels insecure about the scar on her breast. She feels that was a shame. These feelings make her first meeting with Ed chaotic. Then because she also wants her love needs met, the only way is to be honest with Ed about her condition. It's hard at first because Claire still try to deal with herself about her condition. When Claire finally tells Ed everything and Ed understands and respects her condition, she is relieved and her needs for esteem are fulfilled.

Besides Claire, who is respected by Ed, and otherwise Claire respects Ed's past, so this action fulfilling the love and esteem needs at once.

*"Everything had changed since then, not only know his body, Claire also know his past and his hurts. (Robert, 2017: 322)*

*"Whatever she felt for him deep down, she understood his distance, his grief, and respected it. (Robert, 2017:323)*

Aside from respect by other people, Claire also needs to respect herself by giving herself the freedom to be able to spend time to relax, not just thinking about work.

*"There was no rush, no timescale, no deadline, no one to please but herself. It came with a great sense of freedom. On days like this, it was a joy to breathe in fresh salty air, to hear a gull's cry, the laughter of children, watch lovers holding hands as they wandered the sands. (Robert, 2017: 323)"*

From the quotes above prove that Claire needs to be respected and trusted by others. When this need is reached, Claire's confidence will also increase and have self-esteem. Because Claire's esteem needs are fulfilled, she can live her days with enthusiasm and appreciate the little things around her that can make her happy.

### **Self-Actualization Needs**

Self-actualization is achieved when all needs are met, especially the highest needs. When Claire has managed to meet the physiological needs, security, love and belonging, and esteem needs, then what she needs to meet next is appreciation. In meeting these highest needs, Claire must exert all the potential that exists in her.

Self-actualization is not a permanent condition, but a process of development that does not end. Self-actualization signifies that this potential is actually created, actualized in a process of continuous opening. This need becomes a desire that triggers Claire to explore her inner potential and develop as much as possible, so that she is able to be herself with her own abilities.

In this novel, the characteristic described by Claire are need for privacy, creativeness, and acceptance of self and others. Claire needs time for herself, for everything she has gone through. Although she is very close to her mother and sister, but she wanted to spend time for her own. This is one of the ways Claire meets her privacy needs.

Staying alone can be one of the best ways to get to know of herself, Claire can discover new things about herself such as strengths, weakness, to motivation without distracted by others. Not only that, Claire also can improve the ability of self-introspection which is certainly beneficial to herself and others. Claire can take maximum rest and spend quality time so that effort to relieve stress becomes easier. Maybe living alone can make her lonely, but this makes the moments with her friends and family become more valuable.

*“Claire’s mother and sister were very supportive during her recovery period. Even though they were very close, Claire politely declined their offer when they wanted to accompany her while she was break. She wants to have a little time for herself. (Robert, 2017: 11)*

Next characteristic of Self-Actualization in this novel is creativity. As a journalist, Claire must think of new things to be filled in her newspaper column. She tried to meet the needs of this one hierarchy by creating a column about sharing stories or experiences with readers about their 'magic moment'.

*“Claire gets an idea while making the dough. The idea of 'magic moments' is a column for exchanging stories about what makes your life special, not only big things but small things that are around. Hurt because her husband makes her unable to think lately. She tried hard to sharp her creativity for this column so that her work as a journalist was not abandoned. (Roberts, 2017: 70)”*

In addition, Claire's column is filled by other journalists for two weeks while she is on holiday. So Claire feels she needs to send something to the newspaper for the next week. Claire is very sure that this column will be fun because there will be a lot of stories people gather about their 'magic moments' in that column.

*“Email replies from her boss make Claire pushed to send the finished article, so he can read and check it. Because it's been filled in by another journalist for two weeks, then Claire has to make a comeback with articles that blast. (Robert, 2017: 113)”*

After Claire publishes the column, it turns out that many of her readers send various stories about their 'magic moments'. This thing of course fulfilled Claire's self-actualization needs because her work is recognized and accepted by others.

The ability to identify her needs and make sure those needs are fulfilled positively can help Claire increase her chances of success life. When she feels safe, supported, a sense of belonging and self-actualized, Claire attitude may also influence those around her.

<sup>1</sup> It is important to assess whether Claire feel her needs are being met in her current position. Her needs are important and valuable, so she keeps them high on her list of priorities. Claire also looks for ways to make changes in her professional life and create a positive, engaging living atmosphere.

### Claire's Motivation in Caroline Roberts' My Summer of Magic Moments

<sup>14</sup> Motivation comes from the word motif. Motives cannot be observed directly, but can be interpreted in their behavior, in the form of stimuli, or the power generation of a particular behavior.

<sup>3</sup> Maslow sees people from motivation that impact human behavior to realize goals in life so that the lives they live in are more joyful and more fulfilling. The inspirations possessed by people are the premise for the realization of human needs that must be satisfied.

Instrumental motivation is an encouragement that makes Claire as a journalist certainly wants her work to be better and more developed. She uses the column in the Herald as a medium to share happy stories about the magic moments of her readers. This also makes the column go up.

Social motivation makes a person more involved in the task. Claire and her best friends make a charity event for cancer sufferers, she feels pity when she sees a little boy who has cancer. Because she is also a cancer survivor so Claire tried hard to make the 'Pretty Muddy' campaign run smoothly.

*"You can make a difference by telling everyone about it, your newspaper can make everyone aware about his charity. Make something positive happen from it. (Roberts, 2017: 235)*

With the achievement of motivation, Claire gathered all her courage to meet and start a new relationship because her last relationship that failed and traumatized her. However, Claire felt that she would feel happy if she wanted and was able to get her new love.

Since Claire and her ex-husband, Paul decided to sell their old home, a house full of memories. Claire moved to a new place with her own will and tried to start a new life with a new place because she got a boost from intrinsic motivation.

Motivation can be distinguished based on the types. There is a type of motivation that occurs because of the desire of someone who wants to get something. Another type of motivation is motivation that occurs because someone wants to pursue a predetermined target in order to succeed in accordance with what is expected.

*"Claire still believe that change will occur, but she is not sure when it will happen and how it will work. But the certain thing is she cannot spend the rest of her life just like this. So she started to stand up even though her feet are not strong enough to stand again. For now the fact that she had no longer cancer was enough for the main reason why she should start a new life. (Robert, 2017: 31)"*

## **The Effects of the Fulfillment Hierarchy of Needs in Caroline Roberts' My Summer of Magic Moments**

The needs of the hierarchy are very beneficial for daily life. This hierarchy is described as a pyramid which means that if the lowest needs are not met, then to achieve higher needs will be more difficult to achieve. Claire's main goal must be fulfilled her hierarchical needs to achieve her aim and get a happy life.

In the novel *My Summer of Magic Moments*, Claire and her best friend Bella's Babe hold a charity event by running but not running as usual. Three miles run over mud and obstacles at Newcastle Racecourse. Claire feels that this will be more successful in attracting publicity and sponsorship. The struggle in the mud will be good news in the newspaper, maybe it will be a little strange but fun.

This has an effect on Claire's leadership spirit while fulfilling social belonging needs, respecting others, self-respect for doing something worthwhile, and feeling a new challenge. However, this might not meet Claire's security needs, because this activity drains much of Claire's energy that has just recovered from her cancer. In the end, Claire successfully holds the event and her health does not threaten her either.

Hierarchy of Needs also effect Claire to remember that it is very important to remember and think about her feelings. From the incident she is dumped by her ex-husband, or her illness. She realizes that her happiness is the most important. After being declared that she completely cleans of cancer, she feels very happy and loves her body more than before.

When her ex-husband decided not to have children, in her deepest heart she needs children to love her and complete her life. She is also relieved that no child would be hurt because she and her ex-husband had to separate.

At the end of the story, Ed proposes Claire to marry him. This has a good effect on Claire. Just like starting a new life, with a new self and a new life partner. She can correct the mistakes of her past, so she does not feel failure and sadness again.

*"They had so much to do. So much to say. So much life to live. One day at a time. One magic moment at a time. (Robert, 2017: 354)"*

Almost all of Claire's five hierarchical levels of needs are met. Even though at first there are a few obstacles, but Claire tries hard to get her needs met. Of course her needs are met in the end. Claire feels that her life is become happier because she knows all of her level needs from her hierarchy of needs and she tries to achieve them. When she get the goals, her life of course becomes better than before.

### **4. Conclusion**

The hierarchy of needs shown by the main character, Claire, in the novel *My Summer of Magic Moments* by Caroline Roberts is explained into five levels, namely: Physiological needs, safety needs, love and belonging needs, esteem needs, and self-actualization needs. Claire exerted all her physical strength and feelings to fulfill her hierarchical needs. She tries hard to achieve her life goals. Although not all of her goals went smoothly, but in the end she managed to get all her needs. Claire strives to meet the needs of her love with the man she just met named Ed while she is on vacation. Although initially there was a misunderstanding between them but

eventually they can be together. She also tries to meet her safety needs by checking her body to the hospital, and finally she is declared that she is clear from cancer. Actually all levels of Claire's needs are met and also explained, but in this novel are more emphasis on these two levels of needs

When a bad life happens to Claire, she has the motivation to struggle to meet her hierarchy of needs. Claire's strongest motivation for meeting her hierarchical needs is love from her family. The first is from her mother, Jane. Even though Claire is an adult, she still needs care and affection from her mother. The importance of mother's role in Claire's life made her stronger in living her life. Besides Claire's father has died, sometimes she still needs him and all his advice. The second is her sister, Sally. As a sister, Sally is always there for Claire even though she already has a family of her own. Sally spends her time for a vacation and stay with Claire. They share stories and memories. Besides that Ed who later becomes Claire's lover also get a big part in Claire's struggle in fulfilling her life goals.

After meeting all of her needs, it definitely affects Claire's life. From basic needs to the highest needs being met, Claire's life has become better and she is happier than before. Her life goals are fulfilled, this was all because of the results of her hard work that never give up.

Finally, after analyzing this lesson the writer has learned that it is important to be aware of what our hierarchy needs. Because that's where we can realize what the purpose of our lives and pursue what makes us happy. Don't pay too much attention to what other people think, stay focused on yourself as long as it doesn't harm yourself and others.

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