

CHAPTER V

CONCLUSION

Defense mechanism phenomena performed by Lilly in S.A Swann's *Wolfbreed* and Lucy in Lynn Okamoto's *Elfen Lied* show that violence and discrimination can cause anxiety in a person's mind. Based on findings and discussion is done in the previous chapter, this research concludes that Lilly performs six types of defense mechanisms in *Wolfbreed*, Lucy performs four types of defense mechanisms in *Elfen Lied*, there are two similarities and differences between Lilly and Lucy's defense mechanisms, and defense mechanisms phenomenon are exposed to build a storyline and show community culture in dealing with anxiety.

Lilly in *Wolfbreed*, performs six types of defense mechanisms to reduce anxiety in her mind. Lilly's defense mechanisms are repression, regression, sublimation, projection, introjection, and reaction formation. Each of these defense mechanisms is triggered by certain things or conditions that can cause anxiety in Lilly's mind. Several things or situations that trigger Lilly to use defense mechanisms are Lilly's past memories, punishment from her master, guilt, and tense situations due to pursuit of Order soldiers. According to Lilly's defense mechanism, it shows Lilly's personality in dealing with anxiety by considering reality or situations and not disturbing people around her. Next, Lucy does some defense mechanisms in *Elfen Lied*.

Lucy performs four types of defense mechanisms to reduce anxiety in her mind. Lucy's defense mechanisms are repression, regression, displacement, and fixation. This defense mechanism is triggered by certain things and conditions that can cause anxiety in Lucy's mind. Some objects and situations that trigger Lucy to perform defense mechanisms are memories about her past, guilt, violence, and discrimination committed by people around her. According to Lucy's defense mechanism, it shows Lucy's personality in dealing with anxiety by eliminating all obstructions and distractions which are causing anxiety to Lucy's mind. Furthermore, there are similarities and differences between Lilly and Lucy in performing defense mechanisms.

Similarities of Lilly and Lucy's defense mechanisms are repression and regression. Both characters perform a repression to forget their past and identity and they perform a regression to return their psychological state to a previous state or

when in a safe condition. In addition, there are differences in defense mechanisms between Lilly and Lucy.

Lilly and Lucy perform different defense mechanisms when releasing anger and building relationships with other people. Lilly performs a sublimation to release her anger on something that has positive value according to community's view. Meanwhile, Lucy performs a displacement to release her anger on something that has negative value according to community's view. Next, Lilly performs an introjection to build relationships with other people. Meanwhile, Lucy performs a fixation to build relationships with other people. Furthermore, Defense mechanisms performed by both characters show how defense mechanisms expose in *Wolfbreed* and *Elfen Lied*.

Each author in both stories uses defense mechanisms phenomena to build a storyline in their literary works. Swann and Okamoto use defense mechanisms repression and regression to build a new storyline to presents a situation as if main characters, Lilly and Lucy are meeting with other characters for first time. Both defense mechanisms use to cover their past and memory. When defense mechanisms occur, Lilly and Lucy's identities are closed again and make a new storyline continue. In addition to building a storyline, Lilly and Lucy's defense mechanism reflects community's culture in dealing with anxiety.

Except repression and regression, other defense mechanisms show how community culture in where literary work is located in dealing with anxiety. Community culture in dealing with anxiety which is reflected in *Wolfbreed* is people tend to release their anger for something that has positive value according to community's view, assuming that mistakes made are mistakes of other people, imitating or obeying advice of people close to them, and run away from a situation. This behavior is American culture in dealing with anxiety as reflected in *Wolfbreed*. Furthermore, defense mechanisms show community culture in dealing with anxiety as reflected in *Elfen Lied*.

In *Elfen Lied*, community cultures which are reflected in dealing with anxiety are people tend to release their anger for something that has negative value according to community's view and to lock themselves in a room or to be alone in the social environment. This behavior is a Japanese culture in dealing with anxiety as reflected in *Elfen Lied*.