

WILL'S DEPRESSION IN JOJO MOYES'S *ME BEFORE YOU*

A THESIS

**Presented in a Partial Fulfilment of the Requirements for Completing the
Sarjana Degree in Department of English Literature**



By

**SANTI ETIKA FEBRIANTI
1611600067**

**FACULTY OF CULTURAL SCIENCE
UNIVERSITY OF 17 AGUSTUS 1945 SURABAYA
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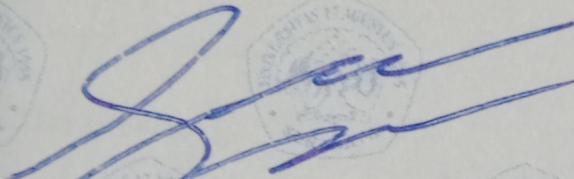
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Surabaya, 16 June 2020

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Adeline Grace M.L., S.S., M.Pd.

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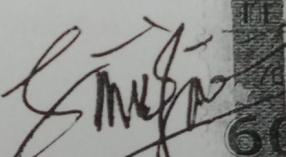
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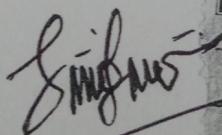
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ABSTRAK

Penelitian ini adalah tentang analisis Depresi pada tokoh Will dalam novel *Me Before You* karya Jojo Moyes. *Me Before You* adalah novel yang menceritakan tentang seseorang yang mengalami depresi dan bagaimana pengaruhnya dalam hidupnya. Dalam tesis ini, penulis meneliti kehidupan seorang pria yang mengalami depresi setelah kecelakaan sepeda motor yang membuatnya lumpuh. Penulis mengambil salah satu ide utama dari novel itu yaitu depresi dan menganalisis gejala depresi pada Will Traynor, penyebab depresi pada Will Traynor dan efek depresi pada Will Traynor. Tesis ini menggunakan teori psikologi dan metode yang digunakan adalah deskriptif kualitatif. Setelah menganalisis depresi pada salah satu karakter utama. Penulis menemukan gejala depresi, yaitu: percaya tidak ada yang peduli, mementingkan diri sendiri, kehilangan harapan, merasa tidak bahagia, mudah marah, kehilangan minat, kelelahan dan kehilangan energi masalah fisik dan upaya bunuh diri. Selanjutnya, penyebab depresi adalah kesepian atau isolasi, tidak pernah berpikir positif dan trauma. Akhirnya, efek dari depresi adalah terlalu banyak tidur, masalah kesehatan dan bunuh diri.

Kata kunci: *depresi, gejala depresi, penyebab depresi, efek depresi*

ABSTRACT

The study is about the analysis of Will's Depression in Jojo Moyes's *Me Before You*. *Me Before You* is a novel tells about a person who experiences depression and how it affects his life. In this thesis, the writer examines the life of a man who is depressed after a motorcycle accident which makes him quadriplegic. The writer picks up the one of the main ideas of the novel that is depression and analyzes the symptoms of depression on Will Traynor, the causes of depression on Will Traynor and the effects of depression on Will Traynor. This thesis uses the theory of psychology and the method used is descriptive qualitative. After analyzing the depression on the one of the main character's, the writer finds the symptoms of depression, namely: believing no one cares, self-centeredness, loss of hope, feeling unhappy, easily angry, lost of interest, fatigue and loss of energy, physical problems and suicidal attempts. Next, the causes of depression are loneliness or isolation, never think positively and trauma. Finally, the effects of depression are sleeping too much, health problems and committing suicide.

Keywords: *depression, symptoms of depression, causes of depression, effects of the depression*

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