# SARA DILLON'S PARAPHILIA ADDICTION IN CHRISTINA LAUREN'S BEAUTIFUL STRANGER

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#### ABSTRACT

This study is entitled Sara Dillon's Paraphilia Addiction in Christina Lauren's Beautiful Stranger. The problem statements are what kinds and the causes of Sara Dillon's paraphilia in Christina Lauren's Beautiful Stranger. This study refers to Theory of Sexuality by Sigmund Freud from Three Essays on the Theory of Sexuality and theory of paraphilia by John W. Santrock from Human Adjustment. The writer applies intrinsic approach by using characterization theory and extrinsic approach by using psychological approach. The research method used in this thesis is a qualitative descriptive analysis to analyze the kinds and the causes of Sara Dillon's paraphilia. The analysis shows that Sara Dillon is addicted to paraphilia, especially of exhibitionism and fetishism. Exhibitionism on Sara Dillon manisfests in the forms of having sex in public places and capture them as photographs for stranger. Furthermore, fetishism on Sara Dillon are jaws, ears and neck or in the non-genital objects. The causes of Sara Dillon's paraphilia are traumatic and frustration.

Keyword: paraphilia, exhibitionism, fetishism, traumatic, frustration

## INTRODUCTION

Paraphilia behaviors have existed from centuries ago, but this type of behaviors have only attracted attention of the psychologists since 1905. Freud also believed that paraphilia behaviors are caused by the deviation of sexual identity. Paraphilia was referred to any sexual behavior other than ordinary intercourse, that is penetration of the penis into vagina, but now paraphilia is referred to everyone whether woman or man showing abnormal behaviors such as harming self or sexual partner during proximity in 1905 (Buster, 2013: 905-15).

According to John W. Santrock, paraphilia refers to psychosexual disorders in which the source of an individual's satisfaction is an unusual object, ritual, or situation. Many sexual patterns deviate from what we consider to be "normal". Paraphilia disorder can only achieve arousal and satisfaction with specific paraphilia, feels contempt for the object of the sexual focus. These abnormal patterns of sexual arousal from unusual source include fetishism, transvestism, exhibitionism, voyeurism, sadism, masochism, and pedophilia (Santrock, 2006: 410-411).

According to Sadock (2017: 5150), paraphilia is discovered more common in men to women and the cause of it has not yet been determined exactly. Paraphilia includes uncontrolled or excessive sexual behaviors or sexual thoughts and knowledge which causes mental suffering, impaired job social performance or legal conflicts for the person affected (Bhugra, Popelyukļ & McMullen, 2010: 242-56). Paraphilia, in its common sense, is sexual behavior and fantasies against public morality. Since the time of Freud, paraphilia has meant dominance of one state and sexual fantasy on the whole sexual and love action of the patient. This is instead of erotic moods and behaviors like exhibition, romantic or erotic looking to the beloved. These people have behaviors like ogling the beloved, fantasies and masochism and sadism in erotic and love like biting the beloved, power play in sex, and sexual love at different stages of a sex to reach orgasm and unity themselves to target the sexual relationship or in a broader meaning love action. The causes of paraphilia disorder can be sexual abuse or trauma in childhood. It can be linked with severe personality disorders such as antisocial or narcissistic paraphilia disorders.

Additionally, paraphilia can also be found in character's problem in many ways. Paraphilia can be discovered in the real life and also in the character of a novel. A novel is contained

paraphilia disorder, for instance, *Beautiful Stranger* by Christina Lauren. The novel refers to paraphilia disorders suffered by Sara Dillon.

Due to the above reason, the writer will analyze Sara Dillon's paraphilia in Christina Lauren's *Beautiful Stranger*. The purpose of this thesis is to examine and evaluate abnormal sexual behavior which is paraphilia disorder between the kinds and the causes of the syndromes especially in character Sara Dillon. The writer interest in *Beautiful Stranger* because the novel has topic which has rarely become the object of researches. In this novel, this topic is more prominent because the novel illustrates the new habitual problems of the main character so the writer takes this topic as a research. Nowadays the writer places this thesis of Christina Lauren's work within the theory of sex by Sigmund Freud. The writer will focus on kinds and causes of Sara Dillon's paraphilia.

## REVIEW OF RELATED LITERATURE

## Character

Character is people who are appeared in a narrative prose or novel and it is interpreted by the readers as a person who has moral quality and certain tendency such as being expressed in what they say and what they do (Abrams, 1999: 32). Normally, a story consists of several characters one or more of this characters. One or more of this character appears as the main or primary character. In other way, Baldick states that characters are actors in fiction or drama (Baldick, 2001: 37). The characters can be concluded as an actor that shown in a work, which is interpreted by the reader, have the moral quality and a certain tendency as expressed in his speech and what is done in action.

## Characterization

Characterizations are depiction of a clear picture of someone who has featured in a story (Jones, 1968: 84). Characterizations are supplying a character in fiction or drama in a way, directly or indirectly, and invites the reader to interpret the quality of himself through words and actions (Baldick, 2001: 37). In short, the characterization is a clear depiction or portrayal about someone who featured in a story that can be either physical or psychological state. Therefore, characterizations are forming elements whose presence has needed to turn on characters in the story. So, the characterization itself only some requirement for describing or depiction of the role character itself.

## **Sigmund Freud's Theory**

One group among them, the "perverse," have, as it were, crossed off the difference between the sexes from their program. Only the same sex can arouse their sexual desires, the other sex, (even the sexual parts), no longer serve as objects for their sexual desires, and in extreme cases, become a subject for disgust (Freud, 1920: 263). Sexual perversion includes sexual behaviors aimed at achieving orgasm outside heterosexual sex, both of the same sex and with partners who are not yet mature and are associated with norms of sexual behavior in society that are generally acceptable.

According Ivan Bloch takes exception to the point of view which sees in a perversion a "sign of degeneration", he proves that such deviations from the aim of the sexual instinct, such loose relations to the object of sexuality, have occurred at all times, among the most primitive and the most highly civilized peoples, and have occasionally achieved toleration and general recognition (Freud, 1920: 265). Frustration in normal sexual satisfaction may lead to outbreaks of mental diseases. Consequences and aspects of this frustration will be forced into a stage of enjoyment of aspects of sexuality that begin to be abnormal, containment of this kind of desire will emphasize the desire to then deviate (Freud, 1920: 267).

According Freud (1905: 8) stated that he introduced two terms and call the person from whom the sexual attraction emanates the sexual object, and the action towards which the impulse

strives the sexual aim, then the scientifically examined experience shows us many deviations in reference to both sexual object and sexual aim. Sexual aberration based on sexual objects related to the sexual activities, whether intended for same-sex (homosexual), other types (hetero-sexual) or a combination between (bisexual). Selection of sexual objects against the same sex is called reversal (inversion).

There are three types of inverted, first, absolutely inverted, their sexual object must be always of the same sex, while the opposite sex can never be to them an object of sexual longing, but leaves them indifferent or may even evoke sexual repugnance. As men they are unable, on account of this repugnance, to perform the normal sexual act or miss all pleasure in its performance. Secondly, amphigenously inverted (psychosexually hermaphroditic), their sexual object may belong indifferently to either the same or to the other sex. The inversion lacks the character of exclusiveness. Third, occasionally inverted, under certain external conditions, chief among which are the inaccessibility of the normal sexual object and initiation, they are able to take as the sexual object a person of the same sex and thus find sexual gratification. In addition to inverted, in the type of sexual aberration based on the sexual object, there is a sexual instinct that becomes non-essential and constant, namely the immaturity sexual (Freud, 1905: 9).

Moreover with inverted, other forms of sexual aberration according Freud (1905: 17-26) included sexually immature and animal as sexual object, overestimation of the sexual object, sexual utilization of the mucous membrane, of the lips and mouth, sexual utilization of the anal opening, fetishism, exhibitionism, voyeurism, sadism and masochism. Classification of sexual aberration according Freud concluded that sexuality said as abnormality when it is not only by an aspect. It can be seen from the objects and the aims. When the object and the aims have been seen, it can be said that sexual behavior abnormal or not.

## The Definition of Paraphilia

According to John W. Santrock, paraphilia refers to psychosexual disorders in which the source of an individual's satisfaction is an unusual object, ritual, or situation. Many sexual patterns deviate from what we consider to be "normal". Paraphilia disorder can only achieve arousal and satisfaction with specific paraphilia, feels contempt for the object of the sexual focus. These abnormal patterns of sexual arousal from unusual source include fetishism, transvestism, exhibitionism, voyeurism, sadism, masochism, and pedophilia (Santrock, 2006: 410-411).

The term paraphilia was coined by psychologists Friedrich Salomo Krauss in the early 1900s to refer to the sexual variations that were just starting to be researched. Because of a lack of understanding, it included transvestism and other nonsexual variations as well. Previously, these were called perversions. Paraphiliacs treated by psychologists were seeking help for a behavior they could not control. The word retained this meaning and did not change to include those who were sexually curious.

Sigmund Freud held that human sexuality advanced through stages. He theorized that individuals would progress toward "normal" heterosexuality unless prevented. He saw all paraphilias as infantile not mature sexual behavior. Because the paraphilias that involved diapers fit well into this theory, they were well documented. Wilhelm Stekel's *Patterns of Psychosexual Infantilism* came from this perspective. Homosexuality, sadism, zoophilia, and many others were included in his examples. (Sadock, 2017: 5151-5152)

## The Kinds of Paraphilia

These abnormal patterns of sexual arousal from unusual source include fetishism, transvestism, exhibitionism, voyeurism, sadism, masochism, and pedophilia (Santrock, 2006: 410-411).

## **Fetishism**

Fetishism is a psychosexual disorder in which an individual relies on inanimate objects or a specific non-genital body part for sexual gratification. Some fetishists become obsessed with certain object, for instance women's underpants and stockings that arouse them. The objects take on greater importance than the arousing qualities of any one partner. Sexual arousal from a particular body part can be further classified as partialism. Most fetishists are male.

## **Exhibitionism**

Exhibitionism is a psychosexual disorder in which individuals expose their sexual anatomy to others to obtain sexual gratification. Exhibitionism provide substitute gratification and a sense of power to otherwise sexually anxious individuals, especially males. Various types of behavior are classified as exhibitionism, including flashing (the momentary display of bare female breasts by a woman with an up-and-down lifting of the shirt or bra or the exposure of a man's or woman's genitalia), mooning (the display of bare buttocks by pulling down of trousers and underwear. The act is most often done for the sake of humors, disparagement, or mockery), and reflectoporn (the act of stripping and taking a photograph using an object with a reflective surface as a mirror).

## Masochism

Masochism is a psychosexual disorder in which individuals derive sexual gratification from being subjected to physical pain inflicted by others or themselves. The word *masochism* comes from the novels of Austrian writer Leopold von Sacher-Masoch (1836-1895), whose male characters became sexually excited and gratified when they were physically abused by women.

## **Transvestism**

Transvestism is a psychosexual disorder in which an individual obtains sexual gratification by dressing up as a member of the opposite sex. Most transvestites view themselves as heterosexual and lead quiet, conventional lives, cross-dressing only in the privacy of their homes. One pattern of transvestites is to cross-dress only during sexual relations with their partners.

## Voyeurism

Voyeurism is a psychosexual disorder in which individuals derive sexual gratification from observing the sex organs or sex acts of others, often from a secret vantage point. The voyeur is usually hidden from view of others. Voyeurism is a form of paraphilia. Voyeurism provide substitute gratification and a sense of power to otherwise sexually anxious individuals, especially males. In many instances, voyeurs are sexually inhibited.

## Sadism

Sadism is a psychosexual disorder in which individuals derive sexual gratification from inflicting pain on others. The word *sadism* comes from the novels of the Marquis de Sade (1740-1814), who wrote about erotic scenes in which women were whipped.

#### Pedophilia

Pedophilia is a psychosexual disorder in which the sex object is a child, and the intimacy involves manipulation of the child's genitals (Renshaw, 2003). A pedophile covertly or overtly masturbates while talking to children, manipulates the child's sex organs, or engages the child in sexual behavior. Most pedophiles are men, usually in their treaties or forties. Like exhibitionists, pedophiles often have puritanical ideas about sex and see sex with children as being purer, safer, or less embarrassing. Often the target of a male pedophile is a child he knows, such as a child of a relative, neighbor, or family friend (Frost, 2004).

## Paraphilia's Causes

Associated with deviations of sexual behavior, Freud provides several indicators that are factors causing the occurrence of sexual behavior irregularities, namely sexual organ dysfunction, trauma, and frustration. Freud explained that sexual organ dysfunction is a condition in which a person's sex organs cannot function as they should. For example, women who cannot have an

orgasm, or men whose sex organs cannot get an erection. Trauma is a condition where someone gets emotional distress due to a major event or an undesirable event. While frustration is a disappointment in an individual due to not achieving a goal or desire. (Freud, 1920: 8)

Trauma or frustration may cause reaction (change) rather than conflict. For instance, early in infantile development a stimulus may produce change without conflict by an ethological process like imprinting, by classical conditioning, or by operant conditioning. (These participate in creating such non-conflictual behavior as modes of speech or preferences in toys, clothes, or food.) Freud did not believe trauma caused perversion of sexual development until it caused conflict. Conflict is awareness of the need to choose between alternatives and requires a development advanced enough that memory, judgment, and perhaps fantasy are beginning to influence behavior. (Stoller, 1985: 34)

## RESEARCH METHODOLOGY

The research will use intrinsic and extrinsic approach in examining the data. Intrinsic approach is the approach that is based on the text itself, meanwhile extrinsic approach is the approach that is out of the text, such as economy, history, environment, social and political (Wellek and Warren, 1948:4). Qualitative method is to gather data which refers to definition, description, concept, and meaning. Primary data are taken from the quotation of *Beautiful Strange*.

#### **ANALYSIS**

## Sara Dillon's Paraphilia

According to Sigmund Freud's theory of sexual aberration or sexual abnormality or namely paraphilia presented by Christina Lauren in the novel *Beautiful Stranger* contains sexual aberration based on the aims of the character Sara Dillon. Sigmund Freud states that sexual aberration based on aims act towards which the impulse strives. Christina Lauren in the *Beautiful Stranger* presented sexual aberration based on sexual aims included exhibitionism, fetishism, and masochism.

#### Exhibitionism

According to Santrock exhibitionism refers to a psychosexual disorder in which individuals expose their sexual anatomy to others in order to obtain sexual gratification (2006: 410-411). Exhibitionism can be read in the following quotation:

I led him past the restrooms, farther down the narrow hallway, to a tiny abandoned alcove overlooking the DJ station. We were trapped at a dead end, secluded around a corner but by no means hidden. Other than the wall forming the back of the club, the rest of the space around us was open, and only a waist-high glass wall kept us from falling to the dance floor below. "Okay. Touch me over here." (Lauren, 2013:13)

The above quotation shows that Sara wants her opponent, Max to touch her at the top of the dance floor. She wants Max to have sex with her on the top of the dance floor filled with many people who are still dancing. The quotation shows that Sara begins exhibitionism by engaging sexual in public place especially in a club with many people. By carrying out sexual desire especially exhibitionism, inviting someone to have sex in public places is the main factor to reach orgasm for established sexual aberration. This quotation marks the beginning of her relationship with someone she had just met, namely Max.

On the other side, Sara has more expectation to satisfy her sexual desire by seeing. She wants to change something from her life. She is strongly wanting Max to change her life by doing something mad with her (Lauren, 2013:15). It also can be read that Sara hides something and that is the reason why she does it with stranger.

I didn't care. Not even a little. And maybe even a tiny part of me wanted someone to wander up here, to see this perfect man touching me like this. I could hardly think of anything other than where his hands were, how my skirt was over my hips now, how he pressed so hard and insistent against my stomach. "Don't care." (Lauren, 2013:17)

The statement above explains that Sara does not pay attention on someone's position who are having sex in the upstairs. From this quotation shows that one of the symptoms of exhibitionism is someone wants to show their sexual activity and do not care if seen with other people. The exhibitionist wants someone to see their sexual activity or the body parts of the genitals they want to show. Exhibitionist shows their genitals for people who see or someone being the target feels surprised so that the exhibitionist can reach the orgasm.

After an unexpected incident at the club, Sara returns to her exhibitionism when she accidentally meets Max in his office. Max, who actually wants to visit his old college friend who is also Sara's boss, switches to visit Sara in her room office.

And then she picked up my hand and moved it slowly to the hem of her dress, which she lifted to her hip. Her skin was smooth beneath my palm, and I slipped my hand to her stomach, the muscles of her abdomen quivering under my touch. (Lauren, 2013:31)

Sara takes Max's hand and she moves slowly to her dress until she lifted up to her hips. This statement shows that Sara wants Max to touch her in her office. Sara leads Max to touch on her skin and her stomach under her dress. She leads him by moves his hand slowly until she feels aroused.

Sara's strong desires can not be stop and even it becomes stronger as it can be seen in the following quotation.

"We . . . shouldn't do this here," she said. And still, she pushed farther into my hand. All around my steady rhythm, I could feel her begin to tighten, her breath coming out in tiny, sharp pants. (Lauren, 2013:32)

The quotation above shows two facts. One, supervicially Sara says they should not have sex in front of the people by saying they should not do sex in that place. Two, deeply inside Sara realizes that she can not stop her desires who have sex in an office. Even though she realizes that it is unethical and there is a possibility that someone will come and find out what she is doing in her room office. Even though she knows about the fact, Sara still did it by pushing her body into Max's hand. Furthermore, Max feels guilty because he obeyed without seeing the conditions and he remembers that he just had a few minutes by Sara. After incident in her room office, Sara wants to clear her mind with having lunch at a restaurant near her office.

She has thought too much about what happened with her since she met Max in the club as it can be seen in the following quotation.

My mind immediately went to the image of the club on Saturday, packed with people and vibrating with the volume of music, voices, feet pounding. Again, Max's face flashed through my thoughts, the sound he made when he came, the sheer size of him in front of me, pressing me to the wall, lifting me, and gliding in and out. (Lauren, 2013:35)

The quotation above describes about what Sara imagines when she goes to the club among many people and the noise from the music that was heard at that time. She also imagines when Max had become her satisfaction, with his large penis size. She remembers when Max picks her up and presses her against the wall so he can have sex in the upstairs dance floor.

She does not realize if she will meet again with Max when he also lunch at the restaurant as it can be seems in the following quotation.

It was more than all right, but my heart pounded with a mixture of excitement and anxiety. Once again, I was letting him completely take my reason away, hide it in this dark corner where I couldn't find it.

"We're in a restaurant." (Lauren, 2013:39)

The statement Sara allows Max to take her reason away explains that Sara cannot stop her desires with Max in a restaurant. Sara warns Max to know about their current position. Even though she gives the warning, her desires appear more strongly than before. Max obeys what Sara really wants without looking around.

Sara's exhibitionism does not only reach a restaurant. She does sex again when Max makes fundraiser event at a museum with many important people attends. When Max dances with Sara, he wants Sara to have sex in a place she may be likes. Sara agrees to Max's offer and she goes to Max at the place which is still in the museum section.

I watched the shape of her body through the screen, backlit from the light in the hall. I knew that in the darkness, I remained invisible to her, and I took the opportunity to watch her as she scanned the room. I could imagine the pulse in her throat hammering with nerves and excitement. (Lauren, 2013:50)

In addition, the quotation above describes about Max's view of Sara when she comes to him with nerves but also interests with Max's offer. Max understands that Sara may be unique to compare with other women. He also takes her to a place that is fairly open and anyone can find out about the place.

On the other side, behind Sara's closed, she surprises Max again with her desires as it can be seen in the following quotation.

"Do you have a camera?" How did she do that? How did someone so contained, so naturally refined, let loose that completely? I reached into my jacket—still hanging open from my shoulders—and pulled out my phone, holding it up to her. "This'll do?" (Lauren, 2013:51)

When Sara asks Max if he has a camera, the statement explains that Sara wants to take a picture with Max when she still naked and they still having sex in that place. This quotation shows another symptoms that occurs to Sara, who wants to capture a photo of her body or while still having sex. This phenomenon can be called a reflectoporn where the exhibitionist captures a photo what should be personally exhibited to others so that she gets satisfaction or orgasm.

She leaned back and I brought the phone up, aiming at her. The first shot was of her shoulder. The second of her hand on her breast, her nipple caught between her fingers. A soft moan left her lips as I smoothed my hand up her thigh to slip between her legs. (Lauren, 2013:52)

In addition, the quotation above shows that Sara feels aroused when Max smoothed her thigh to slip between her legs. Max also captures her shoulder and her hand on her breast to show her nipples between her fingers. While Max captures her body, Sara made an agreement with him about not to take a pictures on her face.

Since incident at the museum, Sara makes a deal with Max. She wants to implement sexual relations without ties with Max by scheduling to meet with him every Friday. Max agrees with the Sara's option she offers, but on condition he also wants the location for their meet only he can be the one who plans it. Except Friday, no having sex is allows. Both of them finally agree with the deals.

Meet me Friday at 11th and Kent in Brooklyn. 6:00. Have a cab bring you and stay in it until I've opened the door. You may come straight from work. (Lauren, 2013:71)

In the first deal, Max sends a message for Sara to meet him in that location. This location is the place where according to their deals, every Friday they will sex and only Max plans the location. It is a warehouse fills with antiques, especially a mirror who the owner is Max's colleague. Max plans to have sex with Sara surrounded by many mirrors. From this statement, it can be assumed that Max submits Sara's desire to continue her exhibitionism.

Max knows that Sara is an exhibitionist who comfortable with public sex as it can be seen by the following quotation.

Had I misread her? To me she was pretty clearly at least a little exhibitionist, and more than a lot fascinated with the thrill of being seen. "You know I enjoy looking at nude photos of you. I know you enjoy public sex. Where have I misunderstood what we're doing here?" (Lauren, 2013:75)

The quotation above mention three facts. One, Max knows Sara is an exhibitionist. Two, he knows that Sara likes sensation of being seen and makes her fascinated. Three, He knows she likes sexual in a public place.

Furthermore, Sara enjoys with Max's plans that she feels happy and excited as it can be seen in the following quotation.

I reached out, wrapping my hands in her hair, and pulled, bringing her head back up. Her breath caught, eyes wide in surprise and hunger. "There you are," I said, drawing back slightly and shifting forward. "Right there." I nodded to the mirror opposite us. "I want you to look right there, yeah?"

She licked her lips, nodding as best she could.

"Do you like that?" I asked, tightening my hold.

She stuttered out a "Yes-s." (Lauren, 2013:78)

The quotation above explains about how Max leads Sara to have sex in front of many mirrors. Sara's descriptions of the quotation above shows that she feels enjoy and addicted to have sex with Max. She wants more pleasures than before. Max forces her to look at herself in front of mirrors and asks her if she likes it. From this quotation, mirror is a device that can reflect the image of someone and as a substitute device for people who watch exhibitionism until someone gets satisfaction and orgasm.

Everything that Max plans is to fulfill Sara's request for her as a partner in a sexual relationship as it can be seen in the following quotation.

Just as I was about to speak, and without any warning, he slid right inside me, so wet was I that he hadn't even really had to tease, stroke, or pet me. He just had to give me a book, the briefest teasing touches, and the sounds of him undressing. I groaned, wishing he could find a way to push all of him entirely inside me. I was convinced that being ripped in two by him would be the best pleasure I'd ever known. (Lauren, 2013:91)

The quotation above shows that Max wants Sara to read a book for him. Max plans to use a book as media for Sara's sexual desires and hides their activities when someone sees them. While Sara read the book, Max opens his trousers and begins to have sex without sound. Sara, who only reads, tries to stay afloat and hopes that someone will see her sexually in the library. Sara is more aroused if someone sees her sexually involved.

Furthermore, Max accidently meets Sara when he follows by paparazzi who wants to know about his life. Sara immediately takes him around the city by taxi when she knows about that problem. Sara intends to cheer up Max by having sex in the taxi. Max surprised with what

Sara does in the taxi (Lauren, 2013:104). She offers sex with him even though she knows that the day is not Friday.

During the agreement, Sara follows what was determined by Max. In addition to the warehouse and library, Max plans Sara's exhibitionism in several places. Including the rooftop of the building, the gym, his office, even in a club where voyeurism gather secretly Sara who does not miss the opportunity also enjoys the fantasy given by Max during their sexual relations.

## Fetishism

According Santrock (2006:410-411) fetishism is a psychosexual disorder in which an individual relies on inanimate objects or a specific body part for sexual gratification. Fetishism can be read as in the following quotation:

Turning me to face him, he swiveled us, pressed me back against the wall and bent to kiss me, first soft and then harder, hungrier. When I thought I'd lose my breath, he wandered away, sucking at my jaw, my ear, my neck, where my pulse hammered wildly. My dress had fallen back down my thighs, but his fingers teased at the edge, slowly lifting. (Lauren, 2013:16)

The quotation above shows that Sara carries out her fetishism sexual desires by receiving provocation from Max. Max makes his hand as a representative to fulfill the sexual instincts of Sara's fetishism by making Sara's jaws, ears and neck the sexual goals of fetishism accepted by Sara. To carry out sexual desire fetishism, body parts in the form of hands, tongue or feet is indeed the main device to reach the level of orgasm for this form of deviation.

## The Causes of Sara Dillon's Paraphilia

According to Sigmund Freud in theory of sexuality, the causes of the sexual perversion or sexual abnormality or it can be called paraphilia are sexual organ dysfunction, traumatic, and frustration. Based on the findings data, the factors that causes sexual deviations on Sara Dillon in Christina Lauren's *Beautiful Stranger* based on Sigmund Freud's theory of sexuality are divided into two: frustration and traumatic factors. Not found are the factors of sexual organ dysfunction which is the cause of sexual behavior irregularities.

#### Traumatic

Traumatic is a condition where someone gets emotional distress due to a major event or an undesirable event. Traumatic factors experienced by the characters that cause sexual deviations occur due to past incident. It is the conflict of ex-boyfriend. The incident that befell Sara is the main cause of Paraphilia by Sara's character. These findings can be found in the following excerpt.

In the middle of the article was the photo in question, of a man—obviously Andy—passionately kissing a woman—obviously not Sara.

Dillon and Morton have been linked since 2007, and the pair, the darlings of the Chicago social scene ever since, were engaged last December shortly after Morton announced his intention to run for the U.S. Senate. Sara Dillon, head of finance for the commercial firm Nieman & Shimazawa, is the only child of Roger and Samantha Dillon, founders of the wellknown department store chain found across seventeen states and hefty financial backers of the Morton campaign.

The Dillon family spokesperson couldn't be reached for comment, but a spokesperson for the Morton reelection campaign responded to the Tribune inquiry with only, "Mr. Morton's private life has never been a subject for public consumption." (Lauren, 2013:158)

The quotation above explains that Sara's ex-boyfriend, Andrew Morton called Andy is a congressman in the seventh district of Illinois. Sara and Andy have been in a long relationship until they gets engagement. The statement also explains that during Andy's campaign, the one

who helps in his financial support is Sara's family. The goodness of Sara's family replies by Andy's betrayal with bad news. Unfortunately, Andy betrays Sara by cheating on several women. The rumor reaches the mass media.

"Yelled. Threatened." I looked out the window and remembered Andy's face contorted in rage. His anger used to make me calmer, but that last time it made something in me snap. "He threw my clothes onto the street. Pushed me out the door." (Lauren, 2013:108)

The quotation above explains that when Sara says she wanted to get out to New York, Andy shows anger with yelling and threatening. He throws Sara's clothes onto the street and pushes her out from the house. Sara does not expect that the person she has loved for several years drives her from her own home.

I glanced through a few more photos before I pushed back from my desk, disgusted. That arsehole had used her. He'd asked her to marry him and then proceeded to fuck everything in a skirt. Christ, no wonder she had issues. And no wonder, too, that she was so mistrustful of paparazzi. (Lauren, 2013:157)

The statement above shows that while Andy is Sara's fiancé, he also sleeps with other women. The man just tricked Sara. This is the reason that makes Sara strange. No wonder if she likes to avoid and distrust paparazzi. From the quotation above shows that conflict between Andy and Sara results in her being afraid of meets with paparazzi because she always chases about the affair of her ex-boyfriend.

Thoughts of what I should do blurred along the edges as I thought about boring Sara in Chicago. Predictable Sara who always did what everyone expected of her. I didn't want to be that person anymore. I wanted to be reckless and wild and young. I wanted to live for myself for the first time in my life. (Lauren, 2013: 15)

The statement above shows that Sara wants to forget the past. She wants to forget her old self. She does not want to be someone who is predictable and follows the expectations of others. She wants to make herself happy in her own way with freely to do anything that smells reckless, wild and feels young. From the quotation, it can be concluded that Sara wants to leave her old self in Chicago and replace it with her new life in New York. The statement is also a factor causes her to commit sexual deviations.

#### Frustration

Frustration is a disappointment in an individual due to not achieving a goal or desire. Frustration factor that causes paraphilia in Beautiful Stranger by Christina Lauren is marked by Andy through taking the heart of Sara's dad by pursuing a hobby that is loved by his father. These findings can be found in the following excerpt.

Although Dad had no way of knowing that Andy had never played pinball in his life, Andy had acted like Dad's collection was the most amazing thing he'd ever seen and managed to sound like he'd been playing since he could reach the levers. Dad had been smitten, and at the time I'd been thrilled. I was only twenty-one and wasn't sure how my parents would feel about a boyfriend who was almost ten years older than me. But Dad immediately did everything he could—with his time and his checkbook—to support our relationship and Andy's ambitions. My father was always easy to win over and, once won, his esteem was almost impossible to lose. (Lauren, 2013:111)

The statement above explains that Sara's dad is easily seduces, his reticence is not easily lost. At that time, Sara's dad is easily seduced by Andy so that he gained his trust and wealth. Sara's dad did it for the sake of her daughter's relationship and Andy's ambitions.

According to one story published only two months ago, it was the world's worst-kept secret that Andy had cheated on Sara several times in the past year, and a growing perception was that he was using her for her family's name and their money, exploiting the press's love for their local-celebrity romance whenever his reputation was in need of a little public relations boost. (Lauren, 2013:158)

The quotation shows that Andy has targeted Sara's family for a long time. Andy betrays them because he wants public support for his personal reputation. He also uses the wealth that Sara's family has. Starting from there, Sara and her family do not trust Andy again and Sara prefers to move to New York.

"Well, that's the thing, Sare. I don't really. I mean, come on; in the three years you and I have known each other, I only had dinner with you guys maybe five times. I learned more about him from the papers than I did from any stories you told me. You hardly ever talked about him! I always just ended up with the sense that he was using your family's reputation to appear well connected and . . . wholesome." (Lauren, 2013: 60)

The statement above explained about the view from Sara's friend, Chloe, of what Andy is being to do with Sara. She does not really know about Andy, she only knows him through Sara's story and also the newspaper. Chloe thinks that when she first time to see him, she already feels that Andy is not a good person. She assumes that Andy only takes advantage of Sara's family reputation to look like someone important and become famous.

"He said, 'Fuck, Sare. Do we have to do this now? That's ancient history.' He fucked her, Max. Andy was the politician she talked about in her letter. Andrew Morton, whoring congressman from Illinois and fucking his way through the Seventh District. They slept together the night I met her, at a campaign event for Schumer." (Lauren, 2013: 163)

The statement above explains about Sara tells Max when she calls with Andy. Sara tells him about how she asks the woman who dates with Andy. And the woman is Max's ex-girlfriend, Cecily. Cecily is an actress from New York. Andy and Cecily sleeps together while attends a campaign event. From the statement above, it can be concluded that Andy is not a good man. He is just a womanizer who uses the reputation of those closest to him to be famous and become a congressman.

## Conclusion

After analyzing the novel, the writer comes to the conclusion of this research that Sara Dillon as the main character of the novel, *Beautiful Stranger*, has the sexual disorder which is paraphilia in types of exhibitionism and fetishism.

Sara Dillon is a woman who initially has a sexual desire by maintaining privacy, especially when having sex normally with her ex-boyfriend. However, the sexual relationship is not well established because an incident that causes her to start exhibitionism. It can be said that Sara's exhibitionism has a mild level where she will have sex in public place with only Max and even then it can still be controlled or well scheduled. Sara is also categorized as reflectoporn where she likes to capture photos of her naked body shape when she is having sex. It is not only exhibitionism, but Sara has a fetishism syndrome. According from the research, Sara has fetishism with jaws, ears, and neck. The objects take on greater importance than the arousing qualities of any one partner.

The analysis of this study also shows the causes of paraphilia on character Sara Dillon. The paraphilia found in Sara Dillon's character may have caused it to have the syndrome. They are traumatic and frustrating. Traumatic that he experiences in the form of problems between she

and her ex-boyfriend. While the frustration factor experienced is the betrayal of her ex-boyfriend towards his family.

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