

CHAPTER I

INTRODUCTION

1.1 Background of the Study

God created human with various personalities and various kinds of thoughts. As human, we are created to help each other. On this earth, we cannot live alone. We need other people's help to live, therefore we should respect each other. All interactions with other people that human has from birth until death are formed by family, and also form by the environment. Filkowski, Cochran, and Haas stated that altruistic behavior is often defined as an action that is done with the intention to help another (2016: 65). Altruistic behavior is behaviors that are focused on helping others. Reznikova (2012: 203).

Altruistic behavior can be found in Jojo Moyes's novel, *After You*. The novel tells about a woman named Louisa Clark who suffers a difficult life. Will Traynor, a man who has a quadriplegic disease that she loved so much has passed away. In the first nine months, Louisa feels daze. She moves to the Paris without her parents permission with the appetites that Will has directed to her. She always feels haunted by Will, as if she is seeing it all through her eyes, hearing his voice in her ears. Six weeks later she comes back to England. Louisa gets an accident that she never wants before. When she is in the rooftop enjoying the night view, she is shocked and her foot slips when she realizes that there is a girl in her rooftop. One day, she appears and confesses that she is Will's daughter. It is the beginning of all the stories in this novel.

Louisa's Mum has told her that being with Will at the end will affect the rest of her life. She recommends Louisa to join The Moving On Circle Community where this community consists of some people who have lost their beloved ones and share their stories together to reduce buried burdens. Louisa's life also begins to change since joining this community, and meet Sam is all this story begins.

The writer is interested in studying altruism from the *After You* novel by Jojo Moyes because the story that is packaged into *After You* novel is interesting. We can also learn how altruistic behavior can affect a person's life. Altruistic behavior includes positive actions because people who have altruistic behavior have a sincere sense of helping people. He or she feels happy if they can help someone to sacrifice something for that person.

1.2 Statement of the Problem

Dealing with the background of the study above, the writer can state the following problems.

1. What are the causes of Altruism in Moyes's *After You*?
2. What are the effects of Altruism in Moyes's *After You*?

1.3 Objective of the Study

Based on the statements of the problem above, the objectives of the study are to describe the causes and the effects of altruistic behavior that appear from the characters in *After You* novel.

1.4 Scope of Limitation

This study is focuses on the main characters from the novel *After You* which are Louisa, Lily, Nathan, and Sam. The discussion is focused on the analysis of the causes and the effects of altruistic behavior that appear in the *After You* novel. There are causes and effects of altruistic behavior that are summarized by the writer. The data collection is taken from the novel *After You* written by Jojo Moyes.

1.5 Significance of the Study

This study is aimed to provide English literature student additional understanding of the novel through psychological studies especially about the causes and the effect of altruistic behavior. The writer gives some information and understanding about altruistic behavior theory for readers who are interested in analyzing another novel. From this study, it is presented as a reflection if in this life there are people who have altruistic behavior that will influence someone's life.

1.6 Organization of the Study

This thesis divided into five chapters. Chapter one consists of Background of the Study, Statement of the Problem, Objectives of the Study, Scope of Limitation, Significance of the Study, and Organization of the Study. Chapter two consists of Psychology of Literature, The Altruism Theory, Causes of Altruistic Behavior, and Effects of Altruistic Behavior. Chapter three consists of The Literary Approach, Research Design, Source of The Data, Procedure of Data Collection and Procedure of Data Analysis.

Chapter four consists of Causes of Altruistic Behavior that Appear in Moyes's *After You* and Effects of Altruistic Behavior in Moyes's *After You*. Last chapter, Chapter five discusses conclusion from the thesis.