

LAMPIRAN

LAMPIRAN A. KUESIONER PENELITIAN

Kuesioner Skala *Body Dysmorphic Disorder*

Keterangan Pilihan Jawaban:

- SS : Sangat Setuju
- S : Setuju
- TS : Tidak Setuju
- STS : Sangat Tidak Setuju

| No | Pernyataan | Pilihan Jawaban | | | |
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| | | SS | S | TS | STS |
| 1. | Saya selalu membandingkan penampilan saya dengan orang lain | | | | |
| 2. | Saya iri ketika wajah saya tidak semulus seperti teman-teman saya | | | | |
| 3. | Saya sering bercermin karena menyukai penampilan saya | | | | |
| 4. | Saya cuek dengan penampilan saya sehari-hari | | | | |
| 5. | Meskipun ada beberapa jerawat pada wajah saya, saya tetap percaya diri | | | | |
| 6. | Dalam sehari saya sering sekali bercermin | | | | |

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| 7. | Saya sering memperhatikan kekurangan ditubuh saya | | | | |
| 8. | Saya bercermin hanya ketika butuh saja | | | | |
| 9. | Saya tidak masalah jika memiliki kekurangan dalam tubuh saya | | | | |
| 10. | Sekalipun kulit saya cerah, saya tetap membutuhkan produk pemutih kulit | | | | |
| 11. | Saya merasa tidak percaya diri jika keluar rumah tanpa memakai riasan wajah lengkap | | | | |
| 12. | Saya tidak pernah mempunyai niatan untuk memutihkan kulit | | | | |
| 13. | Sehari-hari saya berpenampilan biasa-biasa saja | | | | |
| 14. | Saya sedih ketika teman-teman hanya memandang fisik saja | | | | |
| 15. | Apapun bentuk fisik saya tidak menjadikan itu sebuah prioritas | | | | |
| 16. | Saya percaya diri dengan fisik yang saya miliki | | | | |
| 17. | Ketika didepan cermin saya sedih akan | | | | |

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| | bentuk fisik yang saya miliki | | | |
| 18. | Saya merasa cemas dengan penampilan yang saya miliki | | | |
| 19. | Saya merasa cemas ketika penampilan saya dinilai orang lain | | | |
| 20. | Saya merasa bahwa penampilan saya masih ada yang kurang | | | |
| 21. | Meskipun mempunyai beberapa bekas luka saya tidak terlalu memfokuskan hal tersebut | | | |
| 22. | Saya merasa penampilan saya baik-baik saja | | | |
| 23. | Saya menghindari bertemu dengan orang lain karena malu dengan penampilan saya | | | |
| 24. | Saya sangat bersyukur dengan bentuk fisik yang saya miliki | | | |
| 25. | Saya merasa penampilan saya terlihat oke | | | |
| 26. | Saya kawatir jika teman-teman menjauhi saya hanya karena penampilan saya | | | |

Kuesioner Skala *Self Esteem*

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| No | Pernyataan | Pilihan Jawaban | | | |
|----|---|-----------------|---|----|-----|
| | | SS | S | TS | STS |
| 1. | Saya selalu bersyukur dengan keadaan hidupsaya | | | | |
| 2. | Saya bersyukur dengan apa yang sayamiliki | | | | |
| 3. | Saya rasa banyak hal-hal yang baik dalam dirisaya | | | | |
| 4. | Saya selalu merasa kurang dengan apa yang sayamiliki | | | | |
| 5. | Terkadang saya merasa bahwa diri saya tidak lebih baik dari oranglain | | | | |
| 6. | Saya sering merasa tidakberguna | | | | |
| 7. | Membantu seseorang jika orang tersebut dalam kesulitan | | | | |

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| 8. | Saya acuh ketika orang lain membutuhkan bantuan | | | | |
| 9. | Saya cenderung masa bodoh ketika teman sayagagal | | | | |
| 10. | Memberi dukungan dan semangat ketika teman sayagagal | | | | |
| 11. | Mengajak teman berdiskusi bersama untuk mengerjakan tugas | | | | |
| 12. | Saya tidak suka bersosialisasi | | | | |
| 13. | Saya aktif dalam berbagai kelompok sosial yang berbeda | | | | |
| 14. | Saya nyaman bertemu dengan orang baru | | | | |
| 15. | Saya mudah bergaul dengan orang lain | | | | |
| 16. | Saya merasa canggung jika bergabung dengan suatu kelompok sosial | | | | |
| 17. | Saya merasa tidak percaya diri jika bertemu orang baru | | | | |

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| 18. | Saya sulit beradaptasi dengan lingkungan | | | |
| 19. | Saya mampu mengerjakan sesuatu seperti apa yang dapat dilakukan orang lain | | | |
| 20. | Saya orang yang gagal | | | |
| 21. | Saya merasa takut ketika ditunjuk guru untuk menjawab pertanyaan | | | |
| 22. | Saya berusaha menjawab se bisa saya ketika ditunjuk guru untuk menjawab pertanyaan | | | |
| 23. | Pada saat pembelajaran di kelas saya suka mengajukan pertanyaan | | | |
| 24. | Saya sulit mengungkapkan gagasan-gagasan yang saya miliki | | | |
| 25. | Saya harus bisa mencapai apa yang saya cita-citakan | | | |
| 26. | Jika saya gagal, maka saya akan berusaha sampai berhasil | | | |
| 27. | Saya selalu fokus dalam mengikuti belajar mengajar di kelas | | | |
| 28. | Saya bingung dengan cita-cita yang akan | | | |

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| | sayacapai | | | |
| 29. | Ketika gagal saya akanpasrah | | | |
| 30. | Saya lebih senang berbicara dengan teman dibanding memperhatikan materi pelajaran dikelas | | | |
| 31. | Saya mampu menyelesaikan tugas tepatwaktu | | | |
| 32. | Setiap diberi tugas saya berusaha untuk menyelesaiakannya | | | |
| 33. | Saya selalu tepat waktu dalam mengumpulkantugas | | | |
| 34. | Saya tidak yakin jika diberi tugas dapat menyelesaikan tepatwaktu | | | |
| 35. | Jika diberi tugas dan tidak bisa menyelesaiakannya saya akanmenyerah | | | |
| 36. | Saya sering telat dalam mengumpulkantugas | | | |
| 37. | Saya selalu bersemangat dan percaya diri ketikapresentasi | | | |
| 38. | Saya dapat menyampaikan pendapat dikelas | | | |

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| | dengan suara yang jelas | | | |
| 39. | Saya mudah bergaul dengan siapa saja tanpa membeda-bedakan status, ras, agama,dll | | | |
| 40. | Saya gugup pada saat presentasi | | | |
| 41. | Suara saya bergetar saat menyampaikan pendapat dikelas | | | |
| 42. | Saya tidak percaya diri ketika memulai obrolan dengan orang baru | | | |
| 43. | Saya sulit mengungkapkan gagasan yang saya miliki | | | |
| 44. | Saya dapat menyampaikan pemikiran saya kepada orang lain dengan mudah | | | |
| 45. | Ketika berdiskusi, lawan bicara saya dapat memahami gagasan saya dengan mudah | | | |
| 46. | Lawan bicara sering kali bingung dengan gagasan yang saya sampaikan | | | |
| 47. | Saya berusaha tidak menyontek sekalipun sedang terdesak | | | |
| 48. | Jika saya kesulitan mengerjakan tugas saya akan bertanya pada guru | | | |

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| 49. | Saya lebih suka menyontek tugas teman daripada berfikirsendiri | | | | |
| 50. | Terkadang saya berbuat licik atau curang | | | | |

Kuesioner Skala *Body Image*

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- SS : Sangat Setuju
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| No | Pernyataan | Pilihan Jawaban | | | |
|----|--|-----------------|---|----|-----|
| | | SS | S | TS | STS |
| 1. | Saya selalu memperhatikan perut dan paha saya yang besar ketika didepan cermin | | | | |
| 2. | Saya merasa warna kulit yang saya miliki kurang putih | | | | |
| 3. | Ukuran pinggang saya sudah sesuai | | | | |
| 4. | Saya suka dengan penampilan saya sehari-hari | | | | |

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| 5. | Saya merasa bentuk tubuh saya kurang ideal | | | |
| 6. | Saya tidak puas dengan rambut saya saat ini dan ingin mengubahnya | | | |
| 7. | Saya tidak pernah mengkawatirkan bentuk tubuh yang saya miliki | | | |
| 8. | Saya suka dengan rambut keriting yang saya miliki | | | |
| 9. | Saya sering mengenakan pakaian gelap agar tidak terlihat gemuk | | | |
| 10. | Saya memakai behel gigi hanya untuk terlihat lebih menarik | | | |
| 11. | Saya mengenakan pakaian yang menurut saya nyaman dipakai | | | |
| 12. | Tanpa behel gigi menurut saya sudah terlihat menarik | | | |
| 13. | Saya iri dengan teman saya yang mempunyai wajah mulus tanpa jerawat | | | |
| 14. | Saya merasa minder ketika berjalan dengan teman saya yang lebih tinggi | | | |
| 15. | Saya merasa cukup dengan kondisi wajah | | | |

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| | saya yang sekarang | | | |
| 16. | Saya merasa percaya diri meskipun berjalan dengan teman saya yang lebih tinggi | | | |
| 17. | Saya membutuhkan pengakuan dari orang lain bahwa saya menarik | | | |
| 18. | Saya terobsesi dengan berat badan ideal tanpa memperdulikan gizi yang masuk | | | |
| 19. | Menurut saya penampilan saya sudah cukup menarik | | | |
| 20. | Tidak hanya olahraga saya juga memperhatikan gizi ketika menjalani diet | | | |
| 21. | Saya sering menimbang berat badan untuk mengontrol berat badan saya | | | |
| 22. | Saya sedikit merasa iri ketika teman saya berhasil menurunkan berat badannya | | | |
| 23. | Saya merasa malu jika ada yang mengatakan badan saya tidak ideal | | | |
| 24. | Berat badan saya sesuai dengan ukuran tubuh saya | | | |
| 25. | Saya mencintai bentuk badan saya dengan apa adanya | | | |

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| 26. | Saya tidak memperdulikan apa perkataan orang lain mengenai bentuk badan saya | | | | |
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LAMPIRAN B. TABULASI DATA

TABULASI DATA SKALA *BODY DYSMORPHIC DISORDER*

| NO | AITEM 1-15 | | | | | | | | | | | | | | |
|-----|------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 1. | 3 | 4 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 3 | 1 | 1 | 1 | 4 | 4 |
| 2. | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 1 | 1 | 1 | 1 | 2 | 3 |
| 3. | 3 | 1 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 1 | 1 | 2 | 1 | 3 | 4 |
| 4. | 3 | 3 | 4 | 3 | 2 | 4 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 |
| 5. | 4 | 4 | 4 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 3 |
| 6. | 3 | 3 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 1 | 4 | 1 | 3 | 4 |
| 7. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 3 |
| 8. | 4 | 3 | 4 | 3 | 2 | 4 | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 2 | 3 |
| 9. | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 4 | 3 |
| 10. | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 1 | 1 | 2 | 2 | 2 | 2 |
| 11. | 3 | 3 | 3 | 1 | 3 | 4 | 2 | 3 | 3 | 2 | 2 | 1 | 1 | 3 | 3 |
| 12. | 4 | 3 | 4 | 3 | 2 | 3 | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 4 | 3 |
| 13. | 4 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 2 | 3 | 3 |
| 14. | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 1 | 2 | 2 | 2 | 3 |

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| 15. | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 2 | 1 |
| 16. | 4 | 4 | 4 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 3 |
| 17. | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 3 |
| 18. | 3 | 2 | 4 | 1 | 1 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 1 | 2 | 3 |
| 19. | 2 | 2 | 3 | 3 | 2 | 2 | 1 | 3 | 3 | 2 | 1 | 1 | 1 | 3 | 3 |
| 20. | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 |
| 21. | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 22. | 4 | 1 | 4 | 4 | 2 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 |
| 23. | 3 | 2 | 4 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 |
| 24. | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 3 | 2 | 1 | 1 | 2 | 2 |
| 25. | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 3 |
| 26. | 4 | 2 | 4 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 3 |
| 27. | 2 | 2 | 3 | 4 | 3 | 3 | 2 | 2 | 2 | 1 | 1 | 3 | 1 | 2 | 2 |
| 28. | 3 | 3 | 4 | 2 | 2 | 4 | 4 | 4 | 3 | 3 | 1 | 4 | 1 | 4 | 1 |
| 29. | 3 | 1 | 2 | 3 | 1 | 2 | 1 | 3 | 3 | 1 | 1 | 1 | 2 | 2 | 3 |
| 30. | 3 | 1 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 1 | 1 | 1 | 2 | 4 | 2 |
| 31. | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 1 | 1 | 3 | 1 | 2 | 1 | 2 | 3 |
| 32. | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 |

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| 33. | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 |
| 34. | 3 | 4 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 |
| 35. | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 |
| 36. | 3 | 3 | 4 | 1 | 3 | 3 | 4 | 3 | 3 | 3 | 1 | 3 | 2 | 2 | 1 | 1 |
| 37. | 4 | 2 | 2 | 3 | 3 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 |
| 38. | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 3 |
| 39. | 3 | 4 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 3 |
| 40. | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 4 | 2 | 3 | 3 | 2 | 2 | 2 |
| 41. | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 |
| 42. | 2 | 3 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 4 | 1 | 2 | 2 | 2 | 2 | 2 |
| 43. | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 3 |
| 44. | 2 | 3 | 1 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 |
| 45. | 2 | 3 | 2 | 2 | 3 | 1 | 1 | 1 | 1 | 3 | 1 | 2 | 2 | 2 | 2 | 2 |
| 46. | 3 | 4 | 2 | 3 | 3 | 2 | 3 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 3 |
| 47. | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 1 | 2 | 2 | 1 | 3 | 3 |
| 48. | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 3 |
| 49. | 2 | 4 | 3 | 2 | 2 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 1 | 2 | 2 | 2 |
| 50. | 3 | 3 | 2 | 4 | 4 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 |

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| 51. | 2 | 4 | 3 | 3 | 2 | 3 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 52. | 2 | 3 | 4 | 2 | 4 | 4 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 53. | 3 | 3 | 3 | 3 | 2 | 4 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 54. | 2 | 4 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 55. | 3 | 4 | 4 | 4 | 3 | 4 | 2 | 3 | 3 | 4 | 2 | 2 | 2 | 2 | 2 |
| 56. | 2 | 4 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 57. | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 3 |
| 58. | 2 | 4 | 3 | 2 | 4 | 4 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 3 |
| 59. | 3 | 4 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 3 | 1 | 1 | 1 | 2 | 4 |
| 60. | 3 | 4 | 2 | 3 | 3 | 3 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 61. | 2 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 62. | 2 | 4 | 3 | 3 | 4 | 4 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 63. | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 64. | 2 | 3 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 65. | 2 | 4 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 66. | 2 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 67. | 2 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |
| 68. | 2 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |

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| 69. | 2 | 4 | 3 | 2 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 70. | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |
| 71. | 2 | 4 | 3 | 2 | 4 | 3 | 2 | 4 | 3 | 4 | 2 | 2 | 2 | 2 | 2 |
| 72. | 2 | 4 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |
| 73. | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 74. | 2 | 4 | 3 | 2 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 75. | 2 | 3 | 2 | 2 | 4 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |
| 76. | 2 | 4 | 3 | 2 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 77. | 2 | 4 | 3 | 2 | 3 | 4 | 2 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |
| 78. | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 3 |
| 79. | 3 | 2 | 3 | 4 | 4 | 3 | 2 | 3 | 2 | 3 | 1 | 2 | 2 | 2 | 3 |
| 80. | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 |
| 81. | 3 | 2 | 4 | 3 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 4 | 2 | 1 | 4 |
| 82. | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 2 | 2 | 4 | 4 |
| 83. | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 2 | 4 | 2 | 4 | 4 |
| 84. | 3 | 1 | 4 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 1 | 1 | 3 | 4 |
| 85. | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 3 |
| 86. | 4 | 4 | 4 | 1 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 1 | 3 | 4 | 3 |

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| 87. | 4 | 3 | 4 | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 2 | 2 | 4 | 3 |
| 88. | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 3 | 2 | 3 | 4 | 1 |
| 89. | 4 | 4 | 4 | 3 | 4 | 4 | 2 | 4 | 2 | 4 | 2 | 2 | 1 | 2 | 2 |
| 90. | 4 | 4 | 4 | 3 | 4 | 3 | 2 | 1 | 2 | 4 | 2 | 2 | 3 | 2 | 1 |
| 91. | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 3 |
| 92. | 4 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 1 | 4 |
| 93. | 3 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 94. | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 95. | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 4 | 2 | 2 | 3 | 2 | 3 |
| 96. | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 2 | 4 | 2 | 1 | 3 | 1 | 1 |
| 97. | 4 | 1 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 4 | 3 |
| 98. | 3 | 3 | 4 | 3 | 3 | 3 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 99. | 3 | 4 | 3 | 3 | 4 | 3 | 2 | 4 | 2 | 4 | 2 | 2 | 2 | 2 | 2 |
| 100. | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |

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| 17. | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 |
| 18. | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 |
| 19. | 3 | 1 | 2 | 3 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 |
| 20. | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 21. | 3 | 1 | 2 | 3 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 1 |
| 22. | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 2 | 1 | 2 | 1 | 1 |
| 23. | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 24. | 2 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 1 | 1 | 1 | 2 |
| 25. | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 1 | 2 | 4 | |
| 26. | 3 | 2 | 2 | 3 | 2 | 1 | 3 | 2 | 1 | 1 | 1 | 1 |
| 27. | 1 | 3 | 1 | 2 | 1 | 1 | 1 | 1 | 2 | 3 | 2 | |
| 28. | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 2 | 1 | 3 | 3 | |
| 29. | 3 | 1 | 2 | 3 | 3 | 2 | 2 | 1 | 1 | 2 | 1 | |
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| 35. | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 |
| 36. | 1 | 1 | 1 | 2 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 37. | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 1 | 3 | 2 | |
| 38. | 3 | 2 | 3 | 4 | 3 | 3 | 3 | 2 | 2 | 3 | 4 | |
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| 69. | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 3 |
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| 71. | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 4 |
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| 93. | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 4 |
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| 100. | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 3 |

TABULASI DATA SKALA SELF ESTEEM

| NO | AITEM 1-20 | | | | | | | | | | | | | | | | | | | |
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| 22. | 3 | 4 | 3 | 1 | 1 | 1 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 2 | 1 |
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| 28. | 2 | 2 | 3 | 1 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 2 |
| 29. | 4 | 4 | 4 | 2 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 2 | 2 |
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| 31. | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 4 | 3 |
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| 45. | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | |
| 46. | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 1 | 3 | 3 |
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| 49. | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | |
| 50. | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | |
| 51. | 3 | 3 | 4 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | |

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| 70. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | |
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| 88. | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
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| 94. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 |
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| NO | AITEM 21-35 | | | | | | | | | | | | | | |
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| | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 |
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| 13. | 3 | 4 | 4 | 2 | 4 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 |
| 14. | 3 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 15. | 3 | 3 | 3 | 1 | 4 | 4 | 3 | 2 | 4 | 3 | 4 | 4 | 4 | 3 | 4 |
| 16. | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 4 |

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| 71. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 |
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| 87. | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 1 | 4 | 2 | 4 | 4 | 3 | 4 | 4 | |
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| NO | AITEM 36-50 | | | | | | | | | | | | | | | |
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| 7. | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 3 |
| 8. | 4 | 3 | 3 | 4 | 4 | 3 | 1 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 3 | 3 |
| 9. | 4 | 2 | 2 | 3 | 4 | 3 | 1 | 2 | 3 | 3 | 4 | 4 | 4 | 2 | 3 | |
| 10. | 2 | 2 | 3 | 2 | 4 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 1 | 3 | 2 | 3 |
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| 15. | 4 | 3 | 2 | 4 | 3 | 2 | 1 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | |
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| 20. | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 21. | 2 | 3 | 1 | 3 | 1 | 4 | 1 | 1 | 3 | 3 | 3 | 2 | 3 | 1 | 1 | |
| 22. | 1 | 1 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | |
| 23. | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | |
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| 25. | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 1 | 3 | 3 | 3 | 3 | |
| 26. | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | |
| 27. | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 1 | |
| 28. | 2 | 1 | 4 | 2 | 4 | 4 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | |
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| 37. | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 |
| 38. | 3 | 3 | 2 | 3 | 4 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
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| 40. | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 3 |
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| 44. | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 4 |
| 45. | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 46. | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 |
| 47. | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 4 | 3 |
| 48. | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 |
| 49. | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 |
| 50. | 3 | 4 | 2 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 |
| 51. | 2 | 3 | 2 | 3 | 2 | 1 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 |
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| 73. | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 74. | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 |
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| 77. | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
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| 81. | 4 | 4 | 4 | 4 | 1 | 1 | 4 | 3 | 1 | 1 | 1 | 4 | 4 | 1 | 1 | |
| 82. | 2 | 1 | 1 | 3 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | |
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| 84. | 1 | 4 | 4 | 3 | 1 | 1 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 2 | 1 | |
| 85. | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | |
| 86. | 2 | 4 | 2 | 4 | 1 | 1 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 1 | 2 | |
| 87. | 3 | 4 | 1 | 4 | 1 | 1 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 1 | 2 | |
| 88. | 1 | 4 | 1 | 4 | 1 | 2 | 3 | 3 | 3 | 3 | 2 | 4 | 4 | 2 | 1 | |

TABULASI DATA SKALA BODY IMAGE

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| 1. | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 4 | 3 | 2 | 4 | 4 | 4 | 1 | 1 |
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| 5. | 2 | 1 | 2 | 3 | 1 | 2 | 1 | 3 | 1 | 1 | 4 | 1 | 1 | 1 | 1 |
| 6. | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 2 |
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| 8. | 4 | 2 | 3 | 3 | 4 | 2 | 4 | 3 | 4 | 4 | 4 | 2 | 2 | 3 | 2 |
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| 11. | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 2 | 2 | 2 | 2 |
| 12. | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 1 | 1 | 4 |
| 13. | 2 | 2 | 2 | 3 | 1 | 2 | 2 | 3 | 2 | 4 | 3 | 2 | 1 | 1 | 1 |
| 14. | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 |
| 15. | 4 | 4 | 4 | 4 | 2 | 1 | 2 | 3 | 4 | 2 | 3 | 3 | 2 | 3 | 3 |

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| 18. | 3 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 2 | 2 |
| 19. | 3 | 3 | 2 | 3 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 3 |
| 20. | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 |
| 21. | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 4 | 3 | 3 |
| 22. | 3 | 1 | 2 | 3 | 2 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 1 | 2 | 3 | 3 |
| 23. | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 3 | 3 |
| 24. | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 3 | 2 | 4 | 4 | 3 | 3 | 4 | 4 |
| 25. | 2 | 3 | 2 | 2 | 1 | 1 | 2 | 3 | 2 | 2 | 3 | 2 | 1 | 3 | 2 | 2 |
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| 34. | 3 | 1 | 3 | 2 | 1 | 3 | 2 | 2 | 3 | 1 | 3 | 2 | 1 | 3 | 2 |
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| 37. | 3 | 3 | 3 | 2 | 1 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
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| 41. | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 |
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| 50. | 1 | 2 | 1 | 3 | 3 | 2 | 3 | 2 | 4 | 1 | 3 | 3 | 1 | 3 | 3 |
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| 52. | 2 | 1 | 1 | 2 | 1 | 3 | 2 | 2 | 2 | 1 | 3 | 2 | 1 | 3 | 2 |
| 53. | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | 3 | 3 | 3 | 3 | 2 |
| 54. | 3 | 2 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 1 | 3 | 3 | 2 | 4 | 2 |
| 55. | 2 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 1 | 3 | 2 | 2 | 3 | 2 |
| 56. | 3 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | 3 | 2 | 2 | 3 | 2 |
| 57. | 3 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | 3 | 2 | 1 | 3 | 2 |
| 58. | 3 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | 3 | 3 | 1 | 3 | 3 |
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| 60. | 3 | 1 | 3 | 2 | 1 | 3 | 2 | 2 | 3 | 1 | 3 | 3 | 1 | 3 | 2 |
| 61. | 3 | 1 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 1 | 3 | 3 | 1 | 3 | 3 |
| 62. | 3 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | 3 | 2 | 1 | 3 | 3 |
| 63. | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 2 | 1 | 3 | 3 |
| 64. | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 1 | 3 | 3 |
| 65. | 2 | 1 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 1 | 3 | 2 | 1 | 3 | 2 |
| 66. | 2 | 1 | 2 | 2 | 1 | 3 | 2 | 2 | 2 | 1 | 3 | 2 | 1 | 2 | 4 |
| 67. | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 2 | 2 | 3 |
| 68. | 3 | 1 | 3 | 2 | 1 | 3 | 2 | 2 | 3 | 1 | 3 | 3 | 1 | 3 | 3 |
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| 74. | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 4 | 3 | 3 |
| 75. | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 2 | 2 | 2 | 2 |
| 76. | 3 | 1 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 1 | 3 | 2 | 1 | 3 | 3 |
| 77. | 2 | 1 | 2 | 2 | 1 | 3 | 1 | 2 | 2 | 1 | 3 | 3 | 1 | 3 | 3 |
| 78. | 2 | 1 | 2 | 4 | 3 | 1 | 2 | 4 | 1 | 1 | 4 | 1 | 1 | 1 | 2 |
| 79. | 3 | 4 | 2 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 2 | 2 | 4 | 2 |
| 80. | 3 | 3 | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 2 |
| 81. | 2 | 4 | 3 | 4 | 1 | 1 | 2 | 4 | 1 | 1 | 4 | 1 | 3 | 4 | 2 |
| 82. | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 4 | 1 | 4 | 4 | 1 |
| 83. | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 4 | 4 | 1 | 1 | 1 |
| 84. | 4 | 1 | 4 | 4 | 1 | 3 | 4 | 4 | 3 | 2 | 4 | 1 | 3 | 1 | 4 |
| 85. | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 |
| 86. | 4 | 1 | 4 | 4 | 1 | 1 | 3 | 4 | 1 | 1 | 4 | 3 | 1 | 1 | 2 |
| 87. | 3 | 1 | 4 | 4 | 3 | 1 | 4 | 4 | 2 | 1 | 4 | 3 | 1 | 3 | 2 |

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| 88. | 3 | 1 | 4 | 4 | 3 | 1 | 3 | 4 | 1 | 1 | 4 | 3 | 1 | 2 | 2 |
| 89. | 3 | 2 | 3 | 4 | 3 | 1 | 3 | 4 | 1 | 1 | 4 | 3 | 1 | 3 | 3 |
| 90. | 3 | 1 | 3 | 4 | 3 | 1 | 2 | 4 | 2 | 1 | 4 | 3 | 1 | 3 | 3 |
| 91. | 3 | 1 | 3 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | 4 | 3 | 1 | 3 | 2 |
| 92. | 3 | 3 | 3 | 3 | 2 | 2 | 1 | 3 | 3 | 1 | 3 | 3 | 2 | 3 | 3 |
| 93. | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 2 | 1 | 3 | 3 |
| 94. | 3 | 1 | 2 | 3 | 2 | 3 | 2 | 3 | 2 | 1 | 3 | 2 | 1 | 3 | 3 |
| 95. | 3 | 1 | 3 | 4 | 3 | 1 | 3 | 4 | 1 | 1 | 4 | 3 | 1 | 1 | 2 |
| 96. | 1 | 2 | 4 | 4 | 1 | 1 | 4 | 4 | 1 | 1 | 4 | 4 | 1 | 2 | 2 |
| 97. | 4 | 3 | 4 | 3 | 4 | 1 | 4 | 4 | 2 | 1 | 4 | 1 | 3 | 3 | 4 |
| 98. | 3 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 1 | 2 | 2 |
| 99. | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 |
| 100. | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 1 | 3 | 3 |

| NO. | AITEM 16-26 | | | | | | | | | | | |
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| 1. | 1 | 3 | 2 | 1 | 3 | 3 | 4 | 3 | 4 | 3 | 2 | |
| 2. | 2 | 4 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | |
| 3. | 3 | 4 | 4 | 2 | 4 | 3 | 3 | 3 | 3 | 2 | 2 | |
| 4. | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | |
| 5. | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 4 | 1 | |
| 6. | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | |
| 7. | 3 | 2 | 2 | 2 | 2 | 1 | 3 | 2 | 2 | 2 | 2 | |
| 8. | 3 | 3 | 3 | 2 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | |
| 9. | 4 | 3 | 1 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | |
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| 11. | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 4 | 2 | 4 | |
| 12. | 4 | 3 | 1 | 4 | 4 | 3 | 3 | 2 | 3 | 3 | 4 | |
| 13. | 3 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | |
| 14. | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 2 | 3 | |
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| 22. | 3 | 2 | 2 | 3 | 3 | 3 | 4 | 3 | 1 | 1 | 1 | 1 |
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| 26. | 4 | 3 | 3 | 4 | 4 | 2 | 2 | 2 | 3 | 3 | 3 | 3 |
| 27. | 3 | 4 | 4 | 4 | 4 | 3 | 2 | 3 | 2 | 2 | 3 | 3 |
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| 29. | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 1 | 2 | 2 | 2 | 2 |
| 30. | 3 | 4 | 3 | 3 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
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|------------|---|---|---|---|---|---|---|---|---|---|---|
| 53. | 2 | 3 | 3 | 2 | 4 | 3 | 3 | 4 | 3 | 3 | 3 |
| 54. | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 4 | 3 | 3 | 3 |
| 55. | 2 | 3 | 1 | 1 | 1 | 2 | 2 | 1 | 1 | 5 | 1 |
| 56. | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 57. | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 58. | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 59. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 60. | 2 | 3 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 61. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 62. | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 63. | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 |
| 64. | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 |
| 65. | 2 | 2 | 3 | 2 | 1 | 2 | 1 | 1 | 1 | 1 | 1 |
| 66. | 1 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 67. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 68. | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 69. | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 1 | 1 | 5 | 1 |
| 70. | 2 | 3 | 2 | 2 | 3 | 3 | 2 | 3 | 2 | 1 | 2 |

| | | | | | | | | | | | | |
|-----|---|---|---|---|---|---|---|---|---|---|---|---|
| 71. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 72. | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 |
| 73. | 2 | 3 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 2 | 2 |
| 74. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 75. | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 76. | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 77. | 3 | 2 | 1 | 2 | 1 | 3 | 1 | 2 | 2 | 2 | 2 | 2 |
| 78. | 4 | 1 | 1 | 2 | 4 | 1 | 1 | 1 | 2 | 2 | 2 | 2 |
| 79. | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 80. | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 |
| 81. | 4 | 2 | 2 | 3 | 2 | 4 | 1 | 4 | 1 | 1 | 1 | 1 |
| 82. | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 83. | 3 | 3 | 1 | 2 | 4 | 1 | 2 | 4 | 1 | 1 | 1 | 1 |
| 84. | 4 | 2 | 1 | 4 | 4 | 2 | 2 | 2 | 4 | 4 | 4 | 4 |
| 85. | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 86. | 3 | 1 | 1 | 4 | 4 | 1 | 1 | 1 | 2 | 1 | 2 | 1 |
| 87. | 2 | 2 | 1 | 1 | 3 | 2 | 1 | 1 | 1 | 1 | 1 | 1 |
| 88. | 3 | 3 | 1 | 2 | 4 | 2 | 1 | 3 | 4 | 4 | 4 | 3 |

LAMPIRAN C. HASIL UJI VALIDITAS

HASIL UJI VALIDITAS *BODY DYSMORPHIC DISORDER*

Scale: Skala BDD Putaran 1 Case Processing Summary

| | N | % |
|-----------------------|-----|-------|
| Cases Valid | 100 | 100.0 |
| Excluded ^a | 0 | .0 |
| Total | 100 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .849 | 26 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item Total Correlation | Cronbach's Alpha if Item Deleted |
|--------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| Item_1 | 62.1700 | 76.688 | .350 | .845 |
| Item_2 | 61.9200 | 75.024 | .374 | .844 |
| Item_3 | 62.0600 | 75.815 | .389 | .844 |
| Item_4 | 62.4000 | 77.293 | .314 | .846 |
| Item_5 | 62.0400 | 76.887 | .296 | .847 |
| Item_6 | 62.1700 | 74.688 | .499 | .840 |
| Item_7 | 62.8300 | 75.496 | .524 | .840 |
| Item_8 | 62.3000 | 74.535 | .443 | .842 |

| | | | | |
|---------|---------|--------|-------|------|
| Item_9 | 62.7800 | 78.860 | .280 | .847 |
| Item_10 | 61.8900 | 72.301 | .525 | .838 |
| Item_11 | 63.1100 | 74.564 | .621 | .837 |
| Item_12 | 62.9400 | 79.289 | .182 | .850 |
| Item_13 | 63.0800 | 78.499 | .309 | .846 |
| Item_14 | 62.6800 | 76.907 | .326 | .846 |
| Item_15 | 62.5000 | 81.566 | -.025 | .857 |
| Item_16 | 62.6200 | 82.339 | -.081 | .859 |
| Item_17 | 63.0900 | 78.002 | .356 | .845 |
| Item_18 | 62.6200 | 71.874 | .719 | .832 |
| Item_19 | 61.7500 | 74.189 | .495 | .840 |
| Item_20 | 62.4800 | 73.666 | .538 | .838 |
| Item_21 | 62.5700 | 73.258 | .655 | .835 |
| Item_22 | 62.6800 | 71.816 | .735 | .832 |
| Item_23 | 62.8500 | 76.250 | .416 | .843 |

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| Item_24 | 63.1600 | 77.752 | .256 | .848 |
| Item_25 | 62.7200 | 77.557 | .302 | .846 |
| Item_26 | 62.0900 | 73.073 | .407 | .844 |

Reliability

| | |
|----------------|--|
| Output Created | 29-APR-2021 07:36:35 |
| Comments | |
| Input | Active Dataset Filter Weight Split File N of Rows in Working Data File |
| | DataSet2 <none> <none> <none> |
| | 100 |

| | | |
|------------------------|---|--|
| Missing Value Handling | Matrix Input Definition of Missing Cases Used | User-defined missing values are treated as missing. Statistics are based on all cases with valid data for all variables in the procedure. |
|------------------------|---|--|

| | | |
|-----------|---|-------------|
| Syntax | RELIABILITY /VARIABLES=Item_1 Item_2 Item_3 Item_4 Item_5 Item_6 Item_7 Item_8 Item_9 Item_10 Item_11 Item_13 Item_14 Item_17 Item_18 Item_19 Item_20 Item_21 Item_22 Item_23 Item_24 Item_25 Item_26 /SCALE('Skala Self Esteem Putaran 2') ALL /MODEL=ALPHA /SUMMARY=TOTAL. | |
| Resources | Processor Time | 00:00:00.00 |
| | Elapsed Time | 00:00:00.02 |

Scale: Skala BDD Putaran 2

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 100 | 100.0 |
| | Excluded ^a | 0 | .0 |
| Total | | 100 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .871 | 23 |

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| Item_1 | 55.1700 | 76.062 | .301 | .870 |
| Item_2 | 54.9200 | 72.660 | .450 | .866 |
| Item_3 | 55.0600 | 74.804 | .373 | .868 |
| Item_4 | 55.4000 | 76.222 | .300 | .870 |
| Item_5 | 55.0400 | 75.029 | .342 | .869 |
| Item_6 | 55.1700 | 73.031 | .535 | .863 |
| Item_7 | 55.8300 | 74.345 | .517 | .864 |
| Item_8 | 55.3000 | 72.939 | .470 | .865 |
| Item_9 | 55.7800 | 77.992 | .238 | .871 |
| Item_10 | 54.8900 | 70.119 | .590 | .861 |
| Item_11 | 56.1100 | 73.210 | .634 | .861 |
| Item_13 | 56.0800 | 76.882 | .348 | .868 |
| Item_14 | 55.6800 | 76.402 | .269 | .871 |
| Item_17 | 56.0900 | 77.295 | .299 | .870 |
| Item_18 | 55.6200 | 70.884 | .703 | .858 |
| Item_19 | 54.7500 | 72.694 | .516 | .863 |
| Item_20 | 55.4800 | 72.939 | .501 | .864 |
| Item_21 | 55.5700 | 72.308 | .633 | .860 |
| Item_22 | 55.6800 | 70.543 | .742 | .856 |
| Item_23 | 55.8500 | 74.533 | .457 | .865 |
| Item_24 | 56.1600 | 76.176 | .282 | .871 |
| Item_25 | 55.7200 | 76.587 | .280 | .870 |
| Item_26 | 55.0900 | 70.810 | .468 | .866 |

Reliability

| | |
|----------------|--------------------------------|
| Output Created | 29-APR-2021 07:37:52 |
| Comments | |
| Input | Active Dataset |
| | Filter |
| | Weight |
| | Split File |
| | N of Rows in Working Data File |
| | Matrix Input |
| | 100 |

| | | | |
|-----------|------------------------|-----------------------|--|
| | Missing Value Handling | Definition of Missing | |
| | | Cases Used | |
| Syntax | | | User-defined missing values are treated as missing. Statistics are based on all cases with valid data for all variables in the procedure. |
| Resources | | Processor Time | 00:00:00.00 |
| | | Elapsed Time | 00:00:00.02 |

Scale: Skala BDD Putaran 3

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 100 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 100 | 100.0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .871 | 22 |

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|---------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| Item_1 | 52.9300 | 73.763 | .288 | .871 |
| Item_2 | 52.6800 | 69.977 | .468 | .865 |
| Item_3 | 52.8200 | 72.452 | .365 | .868 |
| Item_4 | 53.1600 | 73.792 | .297 | .870 |
| Item_5 | 52.8000 | 72.424 | .353 | .869 |
| Item_6 | 52.9300 | 70.712 | .527 | .863 |
| Item_7 | 53.5900 | 72.063 | .502 | .864 |
| Item_8 | 53.0600 | 70.744 | .454 | .865 |
| Item_10 | 52.6500 | 67.543 | .603 | .860 |
| Item_11 | 53.8700 | 70.862 | .627 | .861 |
| Item_13 | 53.8400 | 74.459 | .342 | .869 |
| Item_14 | 53.4400 | 74.168 | .250 | .872 |
| Item_17 | 53.8500 | 74.816 | .299 | .870 |
| Item_18 | 53.3800 | 68.541 | .699 | .857 |
| Item_19 | 52.5100 | 70.273 | .517 | .863 |
| Item_20 | 53.2400 | 70.669 | .490 | .864 |
| Item_21 | 53.3300 | 69.880 | .635 | .860 |
| Item_22 | 53.4400 | 68.188 | .740 | .856 |
| Item_23 | 53.6100 | 71.957 | .469 | .865 |
| Item_24 | 53.9200 | 73.529 | .295 | .870 |
| Item_25 | 53.4800 | 74.111 | .280 | .871 |
| Item_26 | 52.8500 | 68.068 | .489 | .865 |

HASIL UJI VALIDITAS *SELF ESTEEM*

Scale: skala self esteem putaran 1

Case Processing Summary

| | N | % |
|-------|-----------------------|-----|
| Cases | Valid | 100 |
| | Excluded ^a | ,0 |
| | Total | 100 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| ,851 | 50 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|--------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| item1 | 143,9100 | 113,416 | ,409 | ,846 |
| item2 | 143,8400 | 114,742 | ,331 | ,848 |
| item3 | 143,9100 | 112,648 | ,483 | ,845 |
| item4 | 144,7800 | 114,173 | ,273 | ,849 |
| item5 | 144,2000 | 116,444 | ,206 | ,850 |
| item6 | 144,0500 | 112,715 | ,435 | ,845 |
| item7 | 144,0300 | 113,504 | ,477 | ,845 |
| item8 | 144,0800 | 115,731 | ,320 | ,848 |
| item9 | 144,0100 | 115,162 | ,362 | ,847 |
| item10 | 143,9300 | 113,904 | ,452 | ,846 |
| item11 | 143,9200 | 110,963 | ,590 | ,842 |

| | | | | |
|--------|----------|---------|-------|------|
| item12 | 144,0000 | 114,505 | ,385 | ,847 |
| item13 | 144,1600 | 111,671 | ,598 | ,843 |
| item14 | 144,2500 | 112,997 | ,455 | ,845 |
| item15 | 144,0900 | 113,214 | ,514 | ,845 |
| item16 | 144,1200 | 115,238 | ,307 | ,848 |
| item17 | 144,2300 | 114,947 | ,308 | ,848 |
| item18 | 144,5300 | 112,555 | ,326 | ,848 |
| item19 | 143,9700 | 113,120 | ,429 | ,846 |
| item20 | 144,1400 | 112,829 | ,536 | ,844 |
| item21 | 144,3500 | 115,503 | ,195 | ,851 |
| item22 | 143,8500 | 111,503 | ,569 | ,843 |
| item23 | 143,8900 | 110,543 | ,626 | ,842 |
| item24 | 144,6400 | 115,627 | ,166 | ,852 |
| item25 | 143,6700 | 114,203 | ,364 | ,847 |
| item26 | 143,8300 | 114,001 | ,419 | ,846 |
| item27 | 144,1200 | 111,824 | ,517 | ,844 |
| item28 | 144,7400 | 114,518 | ,243 | ,850 |
| item29 | 143,9700 | 115,605 | ,287 | ,848 |
| item30 | 144,4500 | 120,008 | -,086 | ,857 |
| item31 | 144,1800 | 111,260 | ,561 | ,843 |
| item32 | 143,9500 | 112,472 | ,517 | ,844 |
| item33 | 144,2000 | 112,000 | ,506 | ,844 |
| item34 | 144,3800 | 113,066 | ,409 | ,846 |
| item35 | 144,0400 | 116,120 | ,247 | ,849 |
| item36 | 144,4200 | 117,135 | ,106 | ,852 |
| item37 | 144,1800 | 114,573 | ,319 | ,848 |
| item38 | 144,9200 | 124,398 | -,358 | ,863 |
| item39 | 144,1200 | 112,955 | ,488 | ,845 |
| item40 | 144,6500 | 123,462 | -,250 | ,864 |
| item41 | 144,5800 | 123,781 | -,300 | ,863 |
| item42 | 144,4200 | 119,963 | -,084 | ,856 |
| item43 | 144,5900 | 117,052 | ,150 | ,851 |
| item44 | 144,2800 | 112,567 | ,473 | ,845 |
| item45 | 144,2700 | 112,886 | ,518 | ,844 |

| | | | | |
|--------|----------|---------|------|------|
| item46 | 144,4700 | 117,524 | ,102 | ,852 |
| item47 | 143,9200 | 112,519 | ,483 | ,845 |
| item48 | 143,9000 | 113,061 | ,477 | ,845 |
| item49 | 144,3500 | 117,442 | ,103 | ,852 |
| item50 | 144,3800 | 118,016 | ,051 | ,853 |

Scale: skala self esteem putaran 2

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 100 | 100,0 |
| | Excluded ^a | 0 | ,0 |
| | Total | 100 | 100,0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| ,920 | 33 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|-------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| item1 | 98,4800 | 100,474 | ,535 | ,917 |
| item2 | 98,4100 | 101,578 | ,479 | ,917 |
| item3 | 98,4800 | 100,454 | ,554 | ,916 |
| item6 | 98,6200 | 101,511 | ,421 | ,918 |
| item7 | 98,6000 | 100,949 | ,587 | ,916 |
| item8 | 98,6500 | 104,412 | ,298 | ,919 |

| | | | | |
|--------|---------|---------|------|------|
| item9 | 98,5800 | 103,903 | ,338 | ,919 |
| item10 | 98,5000 | 101,465 | ,550 | ,917 |
| item11 | 98,4900 | 98,980 | ,648 | ,915 |
| item12 | 98,5700 | 103,379 | ,353 | ,919 |
| item13 | 98,7300 | 99,492 | ,676 | ,915 |
| item14 | 98,8200 | 101,078 | ,500 | ,917 |
| item15 | 98,6600 | 100,813 | ,613 | ,916 |
| item16 | 98,6900 | 102,964 | ,378 | ,919 |
| item17 | 98,8000 | 102,707 | ,372 | ,919 |
| item18 | 99,1000 | 101,182 | ,325 | ,921 |
| item19 | 98,5400 | 100,857 | ,501 | ,917 |
| item20 | 98,7100 | 101,784 | ,505 | ,917 |
| item22 | 98,4200 | 99,862 | ,597 | ,916 |
| item23 | 98,4600 | 99,301 | ,625 | ,915 |
| item25 | 98,2400 | 101,578 | ,464 | ,917 |
| item26 | 98,4000 | 101,374 | ,530 | ,917 |
| item27 | 98,6900 | 100,357 | ,528 | ,917 |
| item31 | 98,7500 | 100,149 | ,546 | ,916 |
| item32 | 98,5200 | 101,626 | ,471 | ,917 |
| item33 | 98,7700 | 101,330 | ,451 | ,918 |
| item34 | 98,9500 | 102,977 | ,308 | ,920 |
| item37 | 98,7500 | 102,210 | ,391 | ,919 |
| item39 | 98,6900 | 100,539 | ,581 | ,916 |
| item44 | 98,8500 | 100,775 | ,508 | ,917 |
| item45 | 98,8400 | 101,509 | ,518 | ,917 |
| item47 | 98,4900 | 100,616 | ,528 | ,917 |
| item48 | 98,4700 | 101,363 | ,504 | ,917 |

Scale: skala self esteem putaran 3

Case Processing Summary

| | N | % |
|-------|-------|------------|
| Cases | Valid | 100 100,0 |

| | | | |
|-------|-----------------------|-----|-------|
| | Excluded ^a | 0 | ,0 |
| Total | | 100 | 100,0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| ,919 | 32 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|--------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| item1 | 95,4200 | 97,418 | ,543 | ,916 |
| item2 | 95,3500 | 98,492 | ,487 | ,917 |
| item3 | 95,4200 | 97,458 | ,556 | ,916 |
| item6 | 95,5600 | 98,532 | ,421 | ,918 |
| item7 | 95,5400 | 98,069 | ,578 | ,916 |
| item9 | 95,5200 | 101,101 | ,315 | ,919 |
| item10 | 95,4400 | 98,532 | ,545 | ,916 |
| item11 | 95,4300 | 96,147 | ,638 | ,915 |
| item12 | 95,5100 | 100,555 | ,335 | ,919 |
| item13 | 95,6700 | 96,567 | ,674 | ,915 |
| item14 | 95,7600 | 98,002 | ,508 | ,917 |
| item15 | 95,6000 | 97,758 | ,621 | ,915 |
| item16 | 95,6300 | 99,912 | ,382 | ,918 |
| item17 | 95,7400 | 99,770 | ,366 | ,919 |
| item18 | 96,0400 | 98,160 | ,328 | ,921 |
| item19 | 95,4800 | 97,848 | ,503 | ,917 |
| item20 | 95,6500 | 98,795 | ,504 | ,917 |
| item22 | 95,3600 | 96,980 | ,590 | ,916 |
| item23 | 95,4000 | 96,263 | ,632 | ,915 |
| item25 | 95,1800 | 98,634 | ,460 | ,917 |
| item26 | 95,3400 | 98,388 | ,530 | ,916 |
| item27 | 95,6300 | 97,347 | ,531 | ,916 |

| | | | | |
|--------|---------|--------|------|------|
| item31 | 95,6900 | 97,145 | ,549 | ,916 |
| item32 | 95,4600 | 98,675 | ,468 | ,917 |
| item33 | 95,7100 | 98,329 | ,453 | ,917 |
| item34 | 95,8900 | 99,998 | ,305 | ,920 |
| item37 | 95,6900 | 99,145 | ,397 | ,918 |
| item39 | 95,6300 | 97,488 | ,588 | ,916 |
| item44 | 95,7900 | 97,743 | ,513 | ,917 |
| item45 | 95,7800 | 98,476 | ,522 | ,917 |
| item47 | 95,4300 | 97,601 | ,532 | ,916 |
| item48 | 95,4100 | 98,446 | ,498 | ,917 |

HASIL UJI VALIDITAS *BODY IMAGE*

Scale: BI putaran 1

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| | Valid | 100 | 100,0 |
| Cases | Excluded ^a | 0 | ,0 |
| | Total | 100 | 100,0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| ,891 | 26 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|-------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| item1 | 63,4000 | 117,838 | ,528 | ,886 |
| item2 | 64,2800 | 115,032 | ,451 | ,887 |

| | | | | |
|--------|---------|---------|-------|------|
| item3 | 63,6500 | 119,301 | ,339 | ,889 |
| item4 | 63,5500 | 120,816 | ,215 | ,892 |
| item5 | 63,9800 | 115,515 | ,509 | ,886 |
| item6 | 63,7200 | 123,012 | ,081 | ,896 |
| item7 | 63,7800 | 115,911 | ,503 | ,886 |
| item8 | 63,4200 | 120,044 | ,282 | ,891 |
| item9 | 63,6300 | 114,619 | ,556 | ,885 |
| item10 | 64,3400 | 115,136 | ,421 | ,888 |
| item11 | 62,8900 | 125,129 | -,002 | ,894 |
| item12 | 63,5900 | 118,345 | ,373 | ,889 |
| item13 | 64,3500 | 115,402 | ,412 | ,889 |
| item14 | 63,5600 | 121,239 | ,194 | ,893 |
| item15 | 63,7700 | 117,007 | ,493 | ,886 |
| item16 | 63,5100 | 117,182 | ,465 | ,887 |
| item17 | 63,5400 | 115,786 | ,623 | ,884 |
| item18 | 63,7600 | 112,406 | ,632 | ,883 |
| item19 | 63,6900 | 114,782 | ,571 | ,884 |
| item20 | 63,4000 | 114,242 | ,597 | ,884 |
| item21 | 63,6000 | 114,485 | ,631 | ,883 |
| item22 | 63,8200 | 113,058 | ,591 | ,884 |
| item23 | 63,6500 | 112,109 | ,633 | ,883 |

| | | | | |
|--------|---------|---------|------|------|
| item24 | 63,6600 | 110,813 | ,732 | ,880 |
| item25 | 63,5800 | 116,650 | ,375 | ,889 |
| item26 | 63,6300 | 110,054 | ,747 | ,880 |

Scale: BI putaran 2

Case Processing Summary

| | | N | % |
|-------|-----------------------|-----|-------|
| Cases | Valid | 100 | 100,0 |
| | Excluded ^a | 0 | ,0 |
| | Total | 100 | 100,0 |

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| ,904 | 21 |

Item-Total Statistics

| | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|--------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| item1 | 49,3900 | 101,816 | ,524 | ,900 |
| item2 | 50,2700 | 99,149 | ,450 | ,902 |
| item3 | 49,6400 | 103,445 | ,316 | ,905 |
| item5 | 49,9700 | 100,211 | ,471 | ,901 |
| item7 | 49,7700 | 100,745 | ,453 | ,902 |
| item9 | 49,6200 | 98,097 | ,598 | ,898 |
| item10 | 50,3300 | 99,112 | ,427 | ,903 |
| item12 | 49,5800 | 102,185 | ,375 | ,903 |
| item13 | 50,3400 | 99,297 | ,420 | ,903 |
| item15 | 49,7600 | 101,396 | ,464 | ,901 |
| item16 | 49,5000 | 101,545 | ,438 | ,902 |
| item17 | 49,5300 | 99,484 | ,653 | ,898 |
| item18 | 49,7500 | 96,472 | ,646 | ,897 |
| item19 | 49,6800 | 99,331 | ,544 | ,899 |
| item20 | 49,3900 | 98,422 | ,596 | ,898 |
| item21 | 49,5900 | 98,588 | ,635 | ,898 |
| item22 | 49,8100 | 96,640 | ,630 | ,897 |
| item23 | 49,6400 | 96,273 | ,642 | ,897 |

| | | | | |
|--------|---------|---------|------|------|
| item24 | 49,6500 | 94,856 | ,756 | ,894 |
| item25 | 49,5700 | 100,288 | ,394 | ,904 |
| item26 | 49,6200 | 94,177 | ,768 | ,893 |

HASIL UJI NORMALITAS

One-Sample Kolmogorov-Smirnov Test

| | | SelfEsteem | BodyImage | BDD |
|----------------------------------|----------------|------------|-----------|---------|
| N | | 104 | 104 | 104 |
| Normal Parameters ^{a,b} | Mean | 103,0385 | 57,3654 | 54,0385 |
| | Std. Deviation | 10,90019 | 11,13122 | 7,83807 |
| | Absolute | ,060 | ,047 | ,109 |
| Most Extreme Differences | Positive | ,037 | ,047 | ,064 |
| | Negative | -,060 | -,042 | -,109 |
| Kolmogorov-Smirnov Z | | ,613 | ,477 | 1,111 |
| Asymp. Sig. (2-tailed) | | ,846 | ,977 | ,169 |

HASIL UJI LINIERITAS

Case Processing Summary

| | Cases | | | | | |
|--|----------|---------|----------|---------|-------|---------|
| | Included | | Excluded | | Total | |
| | N | Percent | N | Percent | N | Percent |
| BODY DYSMORPHIC DISORDER * SELF ESTEEM | 104 | 100,0% | 0 | 0,0% | 104 | 100,0% |
| BODY DYSMORPHIC DISORDER * BODY IMAGE | 104 | 100,0% | 0 | 0,0% | 104 | 100,0% |

BODY DYSMORPHIC DISORDER * SELF ESTEEM

Report

BODY DYSMORPHIC DISORDER

| SELF ESTEEM | Mean | N | Std. Deviation |
|-------------|---------|---|----------------|
| 72,00 | 50,0000 | 1 | . |
| 76,00 | 68,0000 | 1 | . |
| 77,00 | 60,0000 | 1 | . |
| 81,00 | 67,0000 | 1 | . |
| 86,00 | 62,0000 | 1 | . |

| | | | |
|--------|---------|---|----------|
| 87,00 | 53,0000 | 4 | 14,89966 |
| 89,00 | 55,3333 | 3 | 2,51661 |
| 91,00 | 43,3333 | 3 | 10,96966 |
| 92,00 | 51,5000 | 2 | 4,94975 |
| 93,00 | 60,3333 | 3 | 10,06645 |
| 94,00 | 57,0000 | 5 | 6,20484 |
| 95,00 | 53,0000 | 1 | . |
| 96,00 | 50,3333 | 3 | 6,11010 |
| 97,00 | 54,0000 | 2 | 2,82843 |
| 98,00 | 52,6667 | 3 | 3,78594 |
| 99,00 | 59,2000 | 5 | 2,77489 |
| 100,00 | 52,0000 | 1 | . |
| 101,00 | 49,8333 | 6 | 6,24233 |
| 102,00 | 39,5000 | 2 | 3,53553 |
| 103,00 | 54,4000 | 5 | 9,65919 |
| 104,00 | 53,0000 | 3 | 5,29150 |
| 105,00 | 62,0000 | 2 | 5,65685 |
| 106,00 | 55,3333 | 3 | 3,51188 |
| 107,00 | 59,3333 | 3 | 6,42910 |
| 108,00 | 53,8000 | 5 | 2,16795 |
| 109,00 | 51,3333 | 3 | 6,42910 |

| | | | |
|--------|---------|---|----------|
| 110,00 | 56,8000 | 5 | 13,14154 |
| 111,00 | 51,5000 | 4 | 9,14695 |
| 112,00 | 50,5000 | 2 | 17,67767 |
| 113,00 | 55,5000 | 4 | 1,73205 |
| 114,00 | 56,0000 | 2 | 1,41421 |

Report

BODY DYSMORPHIC DISORDER

| SELF ESTEEM | Mean | N | Std. Deviation |
|-------------|---------|-----|----------------|
| 115,00 | 42,0000 | 1 | . |
| 117,00 | 49,6000 | 5 | 2,07364 |
| 118,00 | 54,0000 | 3 | 3,46410 |
| 119,00 | 62,5000 | 2 | ,70711 |
| 121,00 | 66,0000 | 1 | . |
| 123,00 | 53,0000 | 2 | ,00000 |
| 127,00 | 44,0000 | 1 | . |
| Total | 54,0385 | 104 | 7,83807 |

ANOVA Table

| | | | Sum of Squares | df |
|--|----------------|--------------------------|----------------|-----|
| | | (Combined) | 2700,879 | 37 |
| BODY DYSMORPHIC DISORDER * SELF ESTEEM | Between Groups | Linearity | 46,845 | 1 |
| | | Deviation from Linearity | 2654,034 | 36 |
| | Within Groups | | 3626,967 | 66 |
| | Total | | 6327,846 | 103 |

ANOVA Table

| | | Mean Square | F |
|---|-----------------------------|-------------|-------|
| | (Combined) | 72,997 | 1,328 |
| BODY DYSMORPHIC DISORDER * SELF ESTEEM | Between Groups | 46,845 | ,852 |
| | | 73,723 | 1,342 |
| | Deviation from Linearity | | |
| | Within Groups | 54,954 | |
| | Total | | |

ANOVA Table

| | | Sig. |
|----------------------------|----------------|------------|
| BODY DYSMORPHIC DISORDER * | Between Groups | (Combined) |

| | | |
|-------------|--------------------------|------|
| SELF ESTEEM | Linearity | ,359 |
| | Deviation from Linearity | ,149 |
| | Within Groups | |
| | Total | |

Measures of Association

| | R | R Squared | Eta | Eta Squared |
|--|-------|-----------|------|-------------|
| BODY DYSMORPHIC DISORDER * SELF ESTEEM | -,086 | ,007 | ,653 | ,427 |

BODY DYSMORPHIC DISORDER * BODY IMAGE

Report

BODY DYSMORPHIC DISORDER

| BODY IMAGE | Mean | N | Std. Deviation |
|------------|---------|---|----------------|
| 34,00 | 62,0000 | 2 | 9,89949 |
| 36,00 | 68,0000 | 1 | . |
| 37,00 | 54,0000 | 2 | 7,07107 |
| 38,00 | 66,0000 | 1 | . |

| | | | |
|-------|---------|---|---------|
| 39,00 | 67,0000 | 2 | 5,65685 |
| 40,00 | 59,0000 | 1 | . |
| 42,00 | 66,0000 | 1 | . |
| 43,00 | 59,5000 | 2 | 4,94975 |
| 44,00 | 63,0000 | 1 | . |
| 45,00 | 59,0000 | 4 | 4,76095 |
| 46,00 | 57,0000 | 1 | . |
| 48,00 | 55,0000 | 4 | 5,59762 |
| 49,00 | 57,5000 | 2 | 6,36396 |
| 50,00 | 55,0000 | 3 | 2,64575 |
| 51,00 | 55,8000 | 5 | 4,14729 |
| 52,00 | 57,0000 | 4 | 1,63299 |
| 53,00 | 52,0000 | 2 | 2,82843 |
| 54,00 | 57,5000 | 2 | 2,12132 |
| 55,00 | 58,2000 | 5 | 6,18061 |
| 56,00 | 51,0000 | 4 | 4,83046 |
| 57,00 | 62,0000 | 1 | . |
| 58,00 | 51,0000 | 4 | 7,65942 |
| 59,00 | 57,7500 | 4 | 5,85235 |
| 60,00 | 50,6667 | 3 | 5,13160 |
| 61,00 | 53,6667 | 6 | 2,33809 |

| | | | |
|-------|---------|---|----------|
| 62,00 | 50,6000 | 5 | 9,55510 |
| 63,00 | 52,8000 | 5 | 5,97495 |
| 64,00 | 49,5000 | 2 | 3,53553 |
| 66,00 | 42,6667 | 3 | 10,01665 |
| 67,00 | 57,0000 | 4 | 4,16333 |
| 68,00 | 43,5000 | 2 | 6,36396 |

Report

BODY DYSMORPHIC DISORDER

| BODY IMAGE | Mean | N | Std. Deviation |
|------------|---------|-----|----------------|
| 69,00 | 50,6000 | 5 | 9,55510 |
| 71,00 | 52,0000 | 1 | . |
| 72,00 | 72,0000 | 1 | . |
| 74,00 | 51,0000 | 1 | . |
| 75,00 | 37,0000 | 1 | . |
| 76,00 | 45,6667 | 3 | 6,35085 |
| 78,00 | 48,0000 | 1 | . |
| 81,00 | 38,0000 | 1 | . |
| 84,00 | 40,5000 | 2 | 4,94975 |
| Total | 54,0385 | 104 | 7,83807 |

ANOVA Table

| | | | Sum of Squares | df |
|--|----------------|--------------------------|----------------|-----|
| BODY DYSMORPHIC DISORDER * BODY IMAGE | | (Combined) | 3951,963 | 39 |
| | Between Groups | Linearity | 2025,663 | 1 |
| | | Deviation from Linearity | 1926,299 | 38 |
| | Within Groups | | 2375,883 | 64 |
| | Total | | 6327,846 | 103 |

ANOVA Table

| | | | Mean Square | F |
|--|----------------|-----------------------------|-------------|--------|
| BODY DYSMORPHIC DISORDER * BODY IMAGE | | (Combined) | 101,332 | 2,730 |
| | Between Groups | Linearity | 2025,663 | 54,566 |
| | | Deviation from Linearity | 50,692 | 1,366 |
| | Within Groups | | 37,123 | |
| | Total | | | |

ANOVA Table

| | | Sig. |
|----------------------------|----------------|--------------------------|
| | (Combined) | ,000 |
| | Between Groups | Linearity |
| BODY DYSMORPHIC DISORDER * | | Deviation from Linearity |
| BODY IMAGE | | ,134 |
| | Within Groups | |
| | Total | |

Measures of Association

| | R | R Squared | Eta | Eta Squared |
|--|-------|-----------|------|-------------|
| BODY DYSMORPHIC DISORDER * BODY IMAGE | -,566 | ,320 | ,790 | ,625 |

HASIL UJI MULTIKOLINIERITAS

Coefficients^a

| Model | Collinearity Statistics | |
|-------|-------------------------|-------|
| | Tolerance | VIF |
| 1 | SelfEsteem ,881 | 1,136 |
| | BodyImage ,881 | 1,136 |

a. Dependent Variable: BDD

Collinearity Diagnostics^a

| Model | Dimension | Eigenvalue | Condition Index | Variance Proportions | | |
|-------|-----------|------------|-----------------|----------------------|------------|-----------|
| | | | | (Constant) | SelfEsteem | BodyImage |
| 1 | 1 | 2,973 | 1,000 | ,00 | ,00 | ,00 |
| 1 | 2 | ,021 | 11,783 | ,10 | ,06 | ,99 |
| | 3 | ,005 | 23,354 | ,90 | ,94 | ,01 |

a. Dependent Variable: BDD

HASIL UJI REGRESI BERGANDA

Descriptive Statistics

| | Mean | Std. Deviation | N |
|------------|----------|----------------|-----|
| BDD | 54,0385 | 7,83807 | 104 |
| SelfEsteem | 103,0385 | 10,90019 | 104 |
| BodyImage | 57,3654 | 11,13122 | 104 |

Correlations

| | | BDD | SelfEsteem | BodyImage |
|---------------------|------------|-------|------------|-----------|
| Pearson Correlation | BDD | 1,000 | -,086 | -,566 |
| | SelfEsteem | -,086 | 1,000 | ,345 |
| | BodyImage | -,566 | ,345 | 1,000 |
| Sig. (1-tailed) | BDD | . | ,193 | ,000 |
| | SelfEsteem | ,193 | . | ,000 |
| | BodyImage | ,000 | ,000 | . |
| N | BDD | 104 | 104 | 104 |
| | SelfEsteem | 104 | 104 | 104 |
| | BodyImage | 104 | 104 | 104 |

Variables Entered/Removed^a

| Model | Variables Entered | Variables Removed | Method |
|-------|---------------------------------------|-------------------|--------|
| 1 | BodyImage, SelfEsteem ^b | . | Enter |

- a. Dependent Variable: BDD
b. All requested variables entered.

Model Summary

| Model | Change Statistics | |
|-------|-------------------|---------------|
| | df2 | Sig. F Change |
| 1 | 101 ^a | ,000 |

- a. Predictors: (Constant), BodyImage, SelfEsteem

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|--------|-------------------|
| 1 | Regression | 2111,706 | 2 | 1055,853 | 25,294 | ,000 ^b |
| | Residual | 4216,140 | 101 | 41,744 | | |
| | Total | 6327,846 | 103 | | | |

a. Dependent Variable: BDD

b. Predictors: (Constant), BodyImage, SelfEsteem

Coefficients^a

| Model | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|-----------------------------|------------|---------------------------|-------|------|
| | B | Std. Error | Beta | | |
| 1 | (Constant) | 69,420 | 6,185 | | ,000 |
| | SelfEsteem | ,089 | ,062 | ,124 | ,154 |
| | BodyImage | -,429 | ,061 | -,609 | ,000 |

a. Dependent Variable: BDD